



# Shulamith Newsletter

PARSHA VAYERA

 הדלקת נרות:  
 5:31 PM

## PARSHA VAYERA "NEW LEVEL UNLOCKED"

After years of challenges, waiting and praying, Avraham and Sarah are blessed with the promised child Yitzchak. It is through this child that Hashem promised Avraham that his life's mission will be passed onto and begin the growth of a great nation. Yitzchak was so protected by his parents that they even had to send Yishmael and Hagar away from him so that he would not be influenced by their ways. Avraham and Sara were "all in" on Yitzchak.

Things seemed pretty good for Avraham and Sarah. Avraham just agreed to a treaty with Avimelech as the posuk said, "וַיָּגֵר אַבְרָהָם בְּאֶרֶץ פְּלִשְׁתִּים יָמִים רַבִּים" – And Avraham resided in the land of Plishtim for many days". Avraham seems to have finally settled down in peace in his old age to focus on his mission of bringing people closer to Hashem and raising the next generation through Yitzchak. Then Avraham got the call...

וַיֹּאמֶר קַח-נָא אֶת-בְּנֶךָ אֶת-יִצְחָק אֲשֶׁר-אַהֲבָתָּ וְלֶחֱלֹק לְךָ אֶל-אֶרֶץ הַמֹּרְיָה וְהַעֲלֵהוּ שָׁם לְעֹלָה עַל אֶחָד הַהָרִים אֲשֶׁר אֹמַר אֵלֶיךָ: – And he said, take please your son, your favorite son Yitzchak, who you love, and to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I will show you." The tenth and final נִסְיוֹן, akeidat Yitzchak. This is the test that unlocked the final level of Avraham's potential, and he passed with flying colors. What does it mean to unlock potential? We all have potential, in fact, we tell our kids that they have the potential to be whoever they want to be – even the President! However, there is a big difference between potential and execution. Sure, I have the potential to learn an extra hour of Torah after a long day of work but the execution is the hard part. Because Avraham knew that potential without execution is meaningless, he was zoche to unlock that final level to achieve this bracha, "כִּי-יְבָרַךְ אֲבִרְכָּךְ וְהִרְבָּה אֲרֻכָּה אֶת-זֶרְעֶךָ כְּכּוֹכְבֵי הַשָּׁמַיִם וְכַחֲלוֹ אֲשֶׁר עַל-שַׁפְתַּי הַיָּם וַיִּרְשׁ זֶרְעֶךָ אֶת שַׁעַר אֵיבוֹ: וְהִתְבָּרְכוּ בְּזֶרְעֶךָ כָּל גּוֹי הָאָרֶץ: – I will bestow My blessing upon you and make your descendants as numerous as the stars of heaven and the sands on the seashore; and your descendants shall seize the gates of their enemies. All the nations of the earth shall bless themselves by your descendants, because you have obeyed My command."

The word נִסְיוֹן, test, can be literally translated to mean "to be lifted up". Every day we experience tests, some days harder and some days easier. We learn from Avraham that these tests are necessary to lift us up to unlock Hashem's bracha.

# HAPPY BIRTHDAY

**November 1- Devorah & Sarah Raizel Blank**

**November 3- Raizy Rosenberg**

**November 3- Ayalah Rothschild**

## DATES TO REMEMBER

**November 7 - Election Day - NO SCHOOL FOR STUDENTS**

**November 9-Kristellnacht Commemoration (Grades 6-8)**

**November 17 - Grade 8 Mock HS Interviews**

**November 23-24 - THANKSGIVING VACATION**

**What's for  
lunch?**



<u>6th</u>	<u>7th</u>	<u>8th</u>	<u>9th</u>
Mac n Cheese Plain Pasta Sliced Veggies Tuna Fruit	Election Day No School	Potato Knishes Cheese Bourekas Tuna American Cheese Sliced Veggies	Cheese Pretzels Marinara Sauce Garlic Green Beans Sliced Veggies Tuna Fruit



# Preschool News

Dear Parents,

There is always something that we can learn from the Parsha, as the Torah is our guide to life. In this week's Parsha, פרשת וירא, we see that even though Avraham was recovering from his ברית מילה he was upset that he did not have visitors coming to see him. Avraham loved to do the mitzvah of הכנסת אורחים - welcoming guests.

If you would have entered our classroom this week you would have seen that our Succah was transformed into a tent with four doors, similar to the tent that Avraham must have had. We learned that Hashem had made the sun extremely hot on the third day after Avraham's brit so that Avraham could rest up and recover quickly. However, when Hashem saw how unhappy Avraham was by the lack of guests He sent three angels disguised as men to visit Avraham. That led us into a discussion of how we can make our guests feel comfortable and at home. We used אברהם אבינו as our role model. We also decorated welcome mats that the girls took home.

We very much enjoyed practicing the mitzvah of הכנסת אורחים when we invited the first grade for snack on Wednesday afternoon and Mrs. Michelle Choina as our special Shabbat party guest on Friday. We tried to make them feel at home and offered them chairs, food and drinks! We authored a book entitled "How We Welcome Our Guests". We learned in the Parsha that each angel that came to Avraham had a special task he had to accomplish. The מלאך מיכאל had the job to tell Avraham and Sarah that they would have a baby boy. When Sarah heard she laughed. After all, Avraham was 100 years old and Sarah was 90 years old. When their son was born they named him Yitzchak because of Sarah's laughter when Hashem told them she would have a son. We understood from this that often names have special meaning and so we compiled a "Guess Who I Am" book. The girls were so interested to share with the class who they were named after and the meaning of their names.

The מלאך גבריאל was in charge of destroying Sodom. We learned that even Lot was impressed by Avraham's ability to make his guests comfortable. In fact, Lot invited the מלאך גבריאל and the מלאך מיכאל into his house even though it meant going against the whole city of Sodom. The job of מלאך גבריאל was to tell Lot that he should leave Sodom .... The girls know the story of Lot's wife. We also discussed the mitzvah of ביקור חולים, visiting the sick in order to help people feel better. We realized that if it is impossible for us to visit the sick person we can also perform this mitzvah by sending a get well card. Also, when a classmate is sick we can use our class lists to call our friend to wish them רפואה שלמה. We really want to follow in the ways of our forefathers! As we know, children who are read to every day have a better chance of becoming successful readers. Since the beginning of the school year we have set time aside on a daily basis to read to the girls. During this time we have been introducing the girls to the title of the book, the author, illustrator, and different parts of the book such as the publisher, title page and even the copyright. We have familiarized ourselves with various authors. Now, we are going to introduce our "Author of the Month" series.

Each month we will look at another author's specific style of writing to see what he prefers to write about, e.g. people, animals or places. For the month of November we are reading books written by Tomie de Paola. When we began reading books he authored we realized that the ideas for a great number of his books originated from real life experiences. Tomie de Paolo based his book "The Art Lesson" on an event that occurred in school when he was young. We, therefore, decided to write our own stories. We are amazed at how easily the girls came up with their true stories!

Wishing you all a שבת שלום,

Morah Caroline  
Morah Ahuva



# Preschool Pictures

Prela invited 1st grade (הכניסה אורחים) to their classroom for a special treat! They are following in the footsteps of our forefathers!





# 1st Grade learned their tzva'im and made their own crayon boxes!



**Pre 1A did Hachnasat orchim with kita alef! Thank you for the delicious cupcakes and fresh orange juice!**



# Shulamith Snapshots

**The Shulamith Package Party was a HUGE success! We raised over \$7,000! A special thank you to Randi Sina and Coach Ruchie for their dedication.**



**Welcome Arianna to  
3rd Grade!**



**8th Grade  
received their  
senior  
sweatshirts!**





# Gym with Coach Ruchie



## Morah Shirel's 2nd grade working in their parasha notebooks





# Art with Morah Sigal





# Art with Morah Sigal



**Grade 4 learning the  
"recipe" for proper speech  
using a chocolate chip  
cookie recipe!**

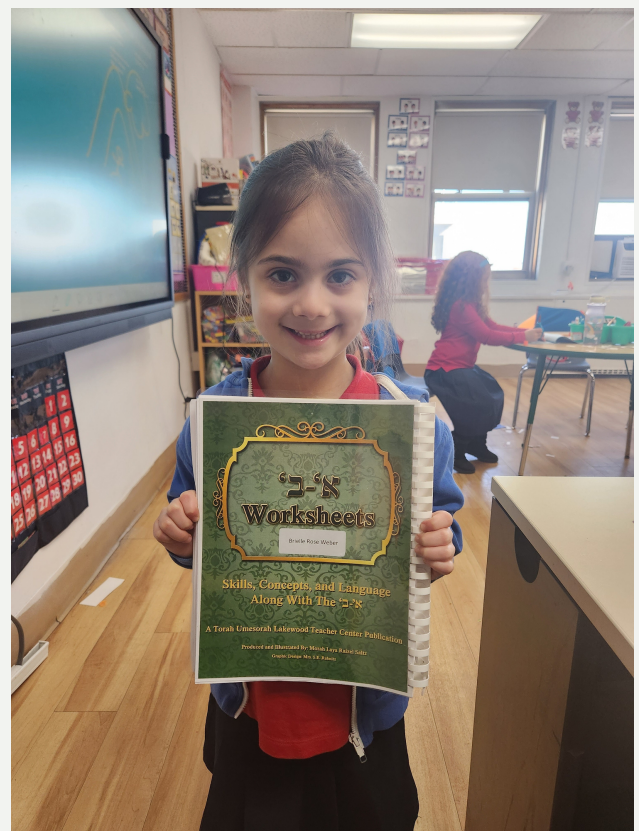


## 4th Grade Made Snowstorms in a Jar with Morah Amy!



**Congratulations!!  
Brielle, in 1st Grade  
completed her entire extra booklet!**

**Congratulations to  
Mrs. Pomerantz's  
3rd grade class!**





## 2nd grade - Happy 7th Birthday Devorah and Sara!



## 2nd grade - Happy 8th Birthday

Raizy!







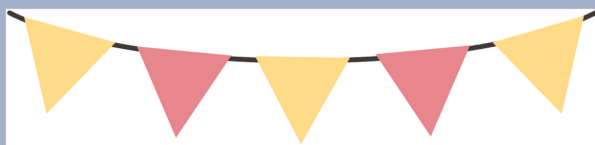
## Third Grade Learned About Properties of Matter with Morah Amy





# Upcoming Events

## SCHOOLWIDE MIDDOT PROGRAM...COMING SOON!



## CINNAMON BUN SALE

NOVEMBER 21ST

ICED TEA & CINNAMON BUNS

\$1.00 EACH

Raising funds for the 8th grade Shabbaton!



Shulamith  
school for girls  
Brooklyn

# Field Trips 2023-2024

Looking forward to an enriched year at Shulamith!

## *Save the dates!*

- November 14-Museum of the Native American Indian (Grade 5)
- November 28-Brooklyn Children's Museum-STEM activity (Grades 1-3)
- November 29-NY Hall of Science-STEM Learning Lab (Grades 4-5)
- November 30-Cradle of Aviation Museum-"Code a Drone" STEM Lab (Grade 6)
- December 5-Yeshiva University Museum-Rambam Exhibit (Grade 8)
- December 13-NY Hall of Science (Pre1A)
- December 27-Dave & Busters Benching Contest Winners (Grade TBD)
- January 11-Brooklyn Botanical Gardens (Pre1A)
- March 6-DNA Learning Center @ City Tech (Grades 6-8)
- April 9-Jewish Children's Museum (Pre1A)
- May 28-Schoolwide Lag Baomer Trip! Urban Air (Pre1A-8)



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### **Upcoming Events...**

Melava Malka-February 3 (Grades 4-8)

Grade 8 Shabbaton-March 1-3

Grade 2 Chumash Play-April 3

Grade 6 Bat Mitzvah Culminating Event-May 15

Grade 1 Siddur Play-May 22

Grade 8 Senior Trip to Washington-May 29-30


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**Ana Mandelbaum**



# Check this out...



**BNOS OF MARINE PARK**



**JOIN US FOR A FUN SHABBOS AFTERNOON!**

ABOUT	LOCATION	TIME
Girls grades K-5 are invited to join Bnos of Marine Park for parsha, games, and nosh.	Rabbi Eichenstein's shul 4017 ave P	2:30-3:30 pm starting 10/21 until Pesach



**PRIZES! FUN! FRIENDS! PIZZA!**

**Join CHILLZONE, the weekly groups for Jewish kids and teens!**

**CHILLZONE.ORG**



**BENTCHING CONTEST!**

**2023-2024**

One more month until we announce a winner!

