

Artificial  
Ingredients,  
Additives,  
Preservatives

High-Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

\*\*\*\*  
4-Star School  
LunchProvider!



## September K-8 Lunch Menu



Where remarkable happens every day

### Lunch Menu

**Peanut Butter &  
Jelly Sandwich  
Or  
Sunbutter & Jelly  
Sandwich  
Available Daily**

**All meals include:  
Fresh Fruit & Fresh  
Veggies**

**Assorted Fresh Fruit  
Varieties Rotated  
Daily**

**Milk Choices Served  
Daily:**

1% White  
or 1% Chocolate

**Menu may be subject  
to change.**

**Need Carbs or Allergen  
Information?  
Scan Below**



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1 <b>Labor Day No School</b>	2 Mmmburger w/Cheese Or Combo Deli Sub Sandwich Seasoned Sweet Corn Homemade Coleslaw Chilled Mixed Fruit Ice Cold Milk Choice	3 Chicken Enchilada with Brown Rice Or Grilled Chicken Caesar Salad w/Dinner Roll Southwest Black Beans Baby Carrots Blue Raspberry Applesauce Cup Ice Cold Milk Choices	4 WG Baked Chicken Nuggets w/Goldfish Or Yogurt Fun Meal Emoticon Fries Fresh Cauliflower Strawberries Ice Cold Milk Choice	5 OL Cheesy Cheese Pizza Or Turkey Ham & Cheese Sandwich Seasoned Green Beans Grape Tomatoes Chilled Pineapple Ice Cold Milk Choice
8 Chicken & Waffles Or Chef Salad w/Dinner Roll Tator Tots Celery Sticks Homemade Cinnamon Applesauce Ice Cold Milk Choice	9 Cheese Quesadilla Or Italian Sub Sandwich Refried Beans Grape Tomatoes Diced Peaches Ice Cold Milk Choice	10 WG Cheesy Mac & Cheese w/Dinner Roll Or Buffalo Chicken Salad w/Dinner Roll Brown Sugar Glazed Carrots Fresh Broccoli Florets Blueberries Ice Cold Milk Choice	11 Sweet & Sour Chicken with Fried Rice Or Crispy Chicken Caesar Salad w/Dinner Roll Roasted Broccoli Sliced Red Peppers Diced Pears Ice Cold Milk Choice	12 Chili Dog/Beef Hot Dog Or Turkey & Cheese Sandwich Roasted Parm Potatoes Sliced Cucumbers Mixed Berry Cups Ice Cold Milk Choice
15 Crispy/Spicy Chicken Sandwich Or Grilled Chicken Caesar Salad w/Dinner Roll BBQ Baked Beans Homemade Coleslaw Mandarin Oranges Ice Cold Milk Choice	16 Chicken Fajita with Spanish Rice Or Turkey Ham & Cheese Sandwich Mexi-Cali Corn Grape Tomatoes Craisins Ice Cold Milk Choice	17 Grilled Cheese Sandwich Or Yogurt Fun Meal Creamy Tomato Soup Celery Sticks Fresh Grapes Ice Cold Milk Choice	18 Swedish Meatballs w/Dinner Roll Or Crispy Chicken Salad w/Dinner Roll Garlic Mashed Potatoes Sliced Cucumbers Chilled Pineapple Ice Cold Milk Choice	19 OL Turkey Pepperoni Pizza Or Combo Deli Sub Sandwich Seasoned Green Beans Leafy Green Salad w/Ranch Strawberries Ice Cold Milk Choice
22 BBQ Pulled Pork Sandwich Or Buffalo Chicken Salad w/Dinner Roll Seasoned Sweet Corn Sliced Cucumbers Diced Cinnamon Pears Ice Cold Milk Choice	23 Taco Tuesday with Brown Rice Or Italian Sub Sandwich Southwest Black Beans Mexican Corn Salad Blueberries Ice Cold Milk Choice	24 <b>SIP DAY HALF DAY</b>	25 <b>Breakfast for Lunch</b> Scrambled Eggs, Turkey Sausage Link & Pancakes Or Turkey & Cheese Sandwich Tator Tots Celery Sticks Chilled Mixed Fruit Ice Cold Milk Choice	26 Chicken Tenders w/Goldfish Or Chef Salad w/Dinner Roll Roasted O'Brien Potatoes Grape Tomatoes Homemade Strawberry Applesauce Ice Cold Milk Choice
29 Chicken Stir-Fry with Fried Rice Or Crispy Chicken Caesar Salad w/Dinner Roll Stir-Fry Vegetables Baby Carrots Diced Peaches Ice Cold Milk Choice	30 Nacho Supreme/Cheese Nachos Or Combo Deli Sub Sandwich Refried Beans Sliced Cucumbers Watermelon Applesauce Cup Ice Cold Milk Choice			

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity employer. Read the full statement [here](#).



