

Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star School
Lunch Provider!



July/August K-8 Lunch Menu



Where **remarkable** happens every day

Lunch Menu

**Peanut Butter &
Jelly Sandwich
Or
Sunbutter & Jelly
Sandwich
Available Daily**

**All meals include:
Fresh Fruit & Fresh
Veggies**

**Assorted Fresh Fruit
Varieties Rotated
Daily**

**Milk Choices Served
Daily:
1% White
or 1% Chocolate**

**Menu may be subject
to change**

**Need Carbs or Allergen
Information?
Scan Below**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		30 Mmmburger w/Cheese Or Combo Deli Sub Sandwich Seasoned Sweet Corn Homemade Coleslaw Watermelon Chunks Ice Cold Milk Choice	31 WG Baked Chicken Nuggets w/Goldfish Or Yogurt Fun Meal Emoticon Fries Fresh Cauliflower Strawberries Ice Cold Milk Choice	1 OL Cheesy Cheese Pizza Or Turkey Ham & Cheese Sandwich Seasoned Green Beans Grape Tomatoes Chilled Pineapple Ice Cold Milk Choice
4 Chicken & Waffles Or Chef Salad w/Dinner Roll Tator Tots Celery Sticks Homemade Cinnamon Applesauce Ice Cold Milk Choice	5 Cheese Quesadilla Or Italian Sub Sandwich Refried Beans Grape Tomatoes Diced Peaches Ice Cold Milk Choice	6 WG Cheesy Mac & Cheese w/Dinner Roll Or Buffalo Chicken Salad w/Dinner Roll Brown Sugar Glazed Carrots Fresh Broccoli Florets Blueberries Ice Cold Milk Choice	7 Sweet & Sour Chicken with Fried Rice Or Crispy Chicken Caesar Salad w/Dinner Roll Roasted Broccoli Sliced Red Peppers Diced Pears Ice Cold Milk Choice	8 Chili Dog/Beef Hot Dog Or Turkey & Cheese Sandwich Roasted Parm Potatoes Sliced Cucumbers Cantaloupe Chunks Ice Cold Milk Choice
11 Crispy/Spicy Chicken Sandwich Or Grilled Chicken Caesar Salad w/Dinner Roll BBQ Baked Beans Homemade Coleslaw Mandarin Oranges Ice Cold Milk Choice	12 Chicken Fajita with Spanish Rice Or Turkey Ham & Cheese Sandwich Mexi-Cali Corn Grape Tomatoes Craisins Ice Cold Milk Choice	13 Grilled Cheese Sandwich Or Yogurt Fun Meal Creamy Tomato Soup Celery Sticks Fresh Grapes Ice Cold Milk Choice	14 Swedish Meatballs w/Dinner Roll Or Crispy Chicken Salad w/Dinner Roll Garlic Mashed Potatoes Sliced Cucumbers Chilled Pineapple Ice Cold Milk Choice	15 OL Turkey Pepperoni Pizza Or Combo Deli Sub Sandwich Seasoned Green Beans Leafy Green Salad w/Ranch Strawberries Ice Cold Milk Choice
18 BBQ Pulled Pork Sandwich Or Buffalo Chicken Salad w/Dinner Roll Seasoned Sweet Corn Sliced Cucumbers Diced Cinnamon Pears Ice Cold Milk Choice	19 Taco Tuesday with Brown Rice Or Italian Sub Sandwich Southwest Black Beans Mexican Corn Salad Blueberries Ice Cold Milk Choice	20 WG Italian Breaded Mozz Sticks w/Marinara Or Crispy Chicken Wrap Roasted Broccoli Baby Carrots Chilled Mixed Fruit Mini WG Rice Krispie Treat Ice Cold Milk Choice	21 Breakfast for Lunch Scrambled Eggs, Turkey Sausage Link & Pancakes Or Turkey & Cheese Sandwich Tator Tots Celery Sticks Watermelon Chunks Ice Cold Milk Choice	22 Chicken Tenders w/Goldfish Or Chef Salad w/Dinner Roll Roasted O'Brien Potatoes Grape Tomatoes Homemade Strawberry Applesauce Ice Cold Milk Choice
25 Chicken Stir-Fry with Fried Rice Or Crispy Chicken Caesar Salad w/Dinner Roll Stir-Fry Vegetables Baby Carrots Diced Peaches Ice Cold Milk Choice	26 Nacho Supreme/Cheese Nachos Or Combo Deli Sub Sandwich Refried Beans Sliced Cucumbers Watermelon Applesauce Cup Ice Cold Milk Choice	27 SIP Day Half Day	28 Popcorn Chicken w/Cheeze-Its Or Turkey Ham & Cheese Sandwich Waffle Fries Homemade Coleslaw Fresh Grapes Ice Cold Milk Choice	29 Italian Meatball Sub Or Chef Salad w/Dinner Roll Roasted Broccoli Fresh Cauliflower Honey Dew Melon Ice Cold Milk Choice

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity employer. Read the full statement [here](#).



