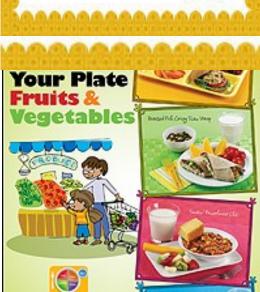
## Menus for October 2023





This institution is an equal opportunity provider.

Menu are subject to change due to weather. equipment breakdown, administrative instruction, and or product accessibility.

## Tuesday, October 3 Thursday, October 5 Monday, October 2 Wednesday, October 4 Breakfast Breakfast **Breakfast** Breakfast Honey Bun Sausage Biscuit Choices of Cereal / Yogurt Chicken Biscuit Fresh Apple Slice Apples Peaches Cup Applesauce Lunch Lunch Lunch Lunch Oven Roasted Chicken Chicken Fillet Taco (Turkey) Cheeseburger & Roll **Baby Carrots** Cajun Pinto Lettuce & Tomato Bowl Green Beans Lima Beans Lettuce Cup French Fries Yams **Applesauce** Pears Mandarina Orange Fresh Banana Fruit Cocktail Apple slice Pineapple Pears Monday, October 9 Tuesday, October 10 Wednesday, October 11 Thursday, October 12 Breakfast Breakfast Breakfast **Breakfast** Blueberry Muffins Breakfast Pizza Honey Bun Glazed Cinnamon Bun Fresh Banana Mix Fruit Applesauce Sliced Apples Lunch Lunch Lunch Lunch Pizza Sliced Chicken Alfredo Turkey & Cheese Sub Hot Dog on Bun Golden Corn Broccoli Bláckeve Peas Baked Beans Salad Bowl French Fries Yams Sweet Potato Fries Applesauce Mix fruit Applesauce Apple sliced Fresh Orange Fresh Orange Peaches Pears Monday, October 16 Wednesday, October 18 Thursday, October 19 Tuesday, October 17 **Breakfast** Breakfast Breakfast Breakfast French Toast Honey Bun Banana Muffin Chicken Biscuit Banana Fresh Pears Mix Fruit Fruit Choice Lunch Lunch Lunch Lunch BBQ /Bun Chicken Nuggets Hamburger Steak w/ Gravy Pizza Sliced **Baked Fries** Glazed Carrots Mash Potatoes Broccoli **Baby Carrots** Garden Beans Green Beans Sweet Potato Fries Apple slice Peaches Pears Apple Slice Applesauce Fruit Cocktail Fresh Oranges Pineapples Monday, October 23 Tuesday, October 24 Wednesday, October 25 Thursday, October 26 Breakfast Breakfast Breakfast **Breakfast** Supper Donut Breakfast Pizza Nutri Grain Cereal Bar Sausage Biscuit Fresh Banana Fresh Apple Peaches Mix Fruit

Lunch Fish Sticks Golden Corn French Fries Peaches Pears

French Toast

Banana Fresh

Peaches

Applesauce

Lunch Chicken Burger

Cajun Pinto Bean Green Beans Applesauce Pears

Lunch Spaghetti with Roll Salad Bowl **Baby Carrots** Pears Fruit Cocktail

Lunch Turkey & Cheese Sub Lettuce with Tomato Green Peas Apple Slice Peaches

Friday, October 27 Breakfast Blueberry Muffins Fresh Apple

Friday, October 6

**Breakfast** 

Banana Bread

Fresh Orange

Lunch

Spicy Chicken Wings

Sweet Potato Fries

Green Peas

Mix fruit

Peaches

Friday, October 13

**Breakfast** 

Choices of Cereal/Yogurt

Dice Pears

Lunch

Cheese Sticks w/ Marinara

Yams Golden Corn

Pineapples

Mandarin Orange

Friday, October 20

Breakfast

French Toast

Mixed Fruit

Lunch

BBQ /Bun

Baked Fries

Cole Slaw

Mandarin Oranges

Applesauce )

Lunch Chicken Nuggets Baked Fries Golden Corn Peaches Mix Fruit

Tuesday, October 31 Monday, October 30 **Breakfast** Breakfast

Lunch Cheese Sticks w Marinara Sauce Green Beans Salad Bowl

Lunch Cheeseburger Lettuce & Tomato Bowl French Fries Mandarina Orange Pineapple

Chicken Biscuit

Applesauce

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