

October 2023 Menu -Jr Sr High

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Fruit Frudel	Breakfast Pizza	Biscuits & Gravy	Donut	Breakfast Burrito
Hot Ham & Cheese or Turkey & Cheese Wrap	Beef-A-Roni or Turkey & Cheese Wrap	Hot Dog/Chili Dog or Turkey & Cheese Wrap	Chicken Fajitas or Turkey & Cheese Wrap	Feistada or Turkey & Cheese Wrap
9	10	11	12	13
French Toast	Chef's Choice	Egg Scramble & Toast	Muffin & Yogurt	NO SCHOOL END OF FIRST QUARTER
Breaded Chicken Patty or Yofurt/Muffin	Cheese Burger or Yofurt/Muffin	Corn Dog or Yofurt/Muffin	Spaghetti or Yofurt/Muffin	
16	17	18	19	20
NO SCHOOL TEACHER IN-SERVICE	Breakfast Pizza	Biscuits & Gravy	Donut	Breakfast Sandwich
	Mandarin Chicken or Yoqurt/Muffin	Chicken Strips or Uncrustable	Pig in Blanket or Uncrustable	Pizza Crunchers or Uncrustable
23	24	25	26	27
Fruit Frudel	Bagel Pizza	Egg Scramble & Toast	Muffin & Yogurt	Breakfast Burrito
Hot Ham & Cheese or Uncrustable	Biscuit & Gravy or Uncrustable	Chicken Soft Shell Tacos or Ham & Cheese Hoagie	Beef-A-Roni or Ham & Cheese Hoagie	Pizza- Chef's Choice or Ham & Cheese Hoagie
30	31			
Chef's Choice	Breakfast Pizza			OFFERED DAILY:
Pepperoni French Bread or Ham & Cheese Hoagie	Chicken Gravy over Tato or Ham & Cheese Hoagie			Canned and Fresh Fruit Fresh Vegetables