



WINTER/SPRING 2024
community education
catalog

WWW.ISD15.ORG/SFCE | ST. FRANCIS AREA SCHOOLS, MINNESOTA



Welcome to the Winter/Spring 2024 Community Education Catalog

Our Community Education staff have been busy evaluating programs and course offerings, looking for new and innovative ways to engage the community, and working better to serve the residents of St. Francis Area Schools.

We are excited about offering engaging and fun programming, and our staff remains committed to providing our community with high-quality, educational-based programming that residents have been accustomed to.

As we continue to grow and engage with our community, I would like to encourage you to get involved in our programs as either a participant or an instructor. We are looking for people with a passion and skill set to offer classes to members of our community and staff to hire in our childcare programs. School district-wide, there are a wide array of open job positions with competitive wages. To view current openings, please visit our website at www.isd15.org/jobs.

Lastly, I want to extend my appreciation to the SFAS Community Education staff, who work very hard to serve our community. Thank you for your hard work; your efforts are greatly appreciated!.

Chris Lindquist
Director of Community Education
St. Francis Area Schools
chris.lindquist@isd15.org

All classes and events are subject to change



St. Francis Area Schools will take into consideration the weather when determining whether to cancel after school activities or events.

Tune into the local television, radio or news websites for the latest information about closings and delays.

FEATURED CLASSES

Introduction to Cross Country Skiing

TODD MURAWSKI - ANOKA COUNTY PARKS

Cross-country skiing is great exercise and a fun way to get outdoors in the winter. This introductory class is appropriate for people of all abilities, aged 8 years and older. The activity fee includes ski rental, instruction, and cross-country skiing through scenic Bunker Hills Regional Park. No experience necessary. (max 12 participants)

AE24SKIING

\$35

Sunday, January 21 | 2:00-4:00 p.m.

Bunker Hills Campground Visitor Center

Family Snowshoeing

TODD MURAWSKI - ANOKA COUNTY PARKS

Winter is a great time to get out and enjoy nature's wonders. Lake George Regional Park is a beautiful setting for exploring on snowshoes. After just a few minutes of instruction and getting into snowshoes we will head out into the less traveled areas of the parks. This program is well suited for families and groups of all ages. (max 20 participants)

AE24SNOW

\$15

Saturday, February 24 | 4:00-5:30 p.m.

Lake George Regional Park

St. Francis Area Schools Mission

Our mission is to equip all students with the knowledge and skills to empower them to achieve their dreams and full potential while becoming responsible citizens in a dynamic world.

Core Values

We believe that ...

- Trust and respect are fundamental for thriving relationships.
- Our community flourishes when individuals, families and organizations collaborate.
- Every person matters and has value.
- Responsibility and accountability are essential for personal growth, organizational improvement and community engagement.
- Commitment to high expectations is essential to help achieve full individual and collective potential.
- Everyone benefits when culture and diversity are understood and respected.
- Lifelong learning enriches individuals and creates opportunities.
- Open exchanges of ideas and communicated planning are integral for continuous improvement.



St. Francis Area Schools

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Cuisine

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We have more options for you! For a complete and updated look at our classes please go online at isd15.org/sfce.



Air Fryer Hype! Copycat KFC & Recipe Ideas

TESS GEORGAKOPOULOS

Have you ever wondered what the air fryer hype is about? Do you have one and want ideas about what to make in it besides fries or crisping up frozen processed foods? Are you thinking about purchasing one but would like to know more about it first? Well ... this class may just answer all those questions for you!

AE24FRYER \$40

Saturday, January 20 | 4:00-6:00 p.m.

Fee can include numerous people from the SAME household only.

Virtual

Wholesome Hoagies

TESS GEORGAKOPOULOS

Few things bring more joy than the smell of freshly made bread. Learning how to make bread in your own kitchen however is one of those things! This class is sure to provide this experience as you learn to create your own wholesome hoagie ("Hero") Rolls from scratch. You will also master the art of creating the most wonderful chicken Parmesan to fill them with.

AE24HOGIE \$45

Saturday, January 27 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual

Sweethearts' Delight: Elegant Eclairs & Paczki

TESS GEORGAKOPOULOS

Learn to make two mouthwatering sweets to share or give to your sweetheart, family or friends on Valentine's Day! During this class, you will learn to make a decadent French pastry known as a chocolate eclair filled with pastry cream and covered in chocolate ganache, and another wonderfully rich yeasted dessert known as Paczki (Polish Doughnuts) filled with preserves or pastry cream.

AE24CLAIR \$45

Saturday, February 3 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual

Soup & Bread Bowls

TESS GEORGAKOPOULOS

Warm and delicious soups are such a welcome treat for dinner any time of year. Expand your family's soup rotation and your culinary repertoire as you learn to create two wonderful soups in addition to homemade Italian bread bowls! Choose one soup for your cook-along, and watch a demonstration of the other or choose to make both! It's up to you!

AE24SOUPS \$45

Saturday, February 24 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual

Classic Soups and Famous Stews

LAUREL SEVERSON

Create some of the best hearty soups - New England clam chowder, wild rice, pumpkin, split pea with ham, and corn bisque with rosemary. Then top it off with the very famous French beef stew in red wine (boeuf bourguignon). What could be better for an easy meal during cold weather - soup, salad and some great bread!

AE24STEW \$35

Plus \$15 supply fee payable to the instructor. Cash only.

Thursday, February 29 | 6:00-9:00 p.m.

St. Francis High School - E206





Falafel! Falafel, Pita Pockets & Dips

TESS GEORGAKOPOULOS

If there were ever a combination where nutrition meets delicious and simplicity, the combination would be called “Fun with Falafel!” Experience this fun, and taste this nutritious deliciousness while participating in this virtual cook-along class! Create wonderful full-flavored falafel and all that is needed to make, stuff, top, and serve to enjoy them thoroughly! On the Menu: falafel, delicious homemade pita-pocket bread, yogurt tahini sauce, and a marvelous hummus!

AE24PITA \$45

Saturday, March 2 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual

Mediterranean Mezze

TESS GEORGAKOPOULOS

The word “Mezze” refers to what we all know as finger foods and dips. Many Mediterranean meals consist of a variety of “mezze” items that come together creating the most wonderful flavors, tastes and textures. Similar to charcuterie boards, Mediterranean families have been creating charcuterie tables for generations. On the mezze menu:

Mediterranean kebab: ground meat skewers with Greek dressing, tiropitakia; phyllo wrapped cheese triangles, accompanied by tzatziki; Greek yogurt dip, and Greek white bean dip or hummus, in addition to homemade pita bread! Learn how to make, wrap, present, and plate these delicious wonders with a Greek salad!

AE24MEZZE \$45

Saturday, March 16 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual

GREAT MN Hot Dishes

LAUREL SEVERSON

The MN hot dish is a one-dish supper baked in your oven using a single piece of cookware. We will: use fresh ingredients and do easy preparation for a family meal or make impressive elegant company fare for friends or recipes for pot luck. Many of these hot dishes can be made ahead, chilled then baked. Join us to create up to 15 sensational dishes.

AE24HOTDISH \$35

Plus \$16 supply fee payable to the instructor. Cash only.

Wednesday, March 20 | 6:00-9:00 p.m.

St. Francis High School - E206

Dim Sum Dumpling Dynasty

TESS GEORGAKOPOULOS

Dim Sum refers to a Chinese or Cantonese meal consisting of numerous small appetizers or finger foods traditionally enjoyed in restaurants. It is considered a shared dining and social experience that can last for hours. Dim Sum often includes some sort of dumpling, and one of the most popular dumpling options is pot stickers! Join Tess as she guides you through the step-by-step process of creating pot stickers including a dipping sauce!

AE24DIMSUM \$45

Saturday, March 23 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual



Festive Spring Salads

LAUREL SEVERSON

Head into spring with a wild rice and chicken salad or wild rice with mushrooms and cashews. We will also feature a vegetarian salad using multi-colored peppers and quinoa. What could be more refreshing than fruit? A fruit salad of cantaloupe and strawberries with an orange sauce. Equally as pretty is raspberry-spinach salad with glazed pecans. Then round out the evening with 3 easy dressings for your favorite combination of assorted garden greens - feta cheese, creamy blue cheese and orange dressing.

AE24SALADS \$35

Plus \$15 supply fee payable to the instructor. Cash only.

Monday, April 22 | 6:00-9:00 p.m.

St. Francis High School - E206



Homemade Tuscan Gnocchi Meal

TESS GEORGAKOPOULOS

Gnocchi are bite-sized tender soft pillows of pasta-ish goodness that will become a family favorite. This may just sound too good to be true. Not only is this all true, but gnocchi are even simpler to make than other fresh pasta options! During this fun-filled class, participants will learn how to create these little morsels of goodness, and then turn them into a scrumptious meal the instructor has created called creamy Tuscan gnocchi with chicken, and make a wonderful loaf of fresh bread as well!

AE24TUSCAN \$40

Saturday, April 27 | 4:00-6:00 p.m.

Fee can include numerous people from the SAME household only.

Virtual

Magnificent Muffins and Popovers

LAUREL SEVERSON

Serve freshly baked breads in less than 1 hour. Whether for a memorable weekend breakfast, brunch, teatime, to accompany a salad/soup or for another occasion, hot-from-your-oven breads are wonderful. Muffins may be sweet or savory. We'll feature remarkable recipes to taste in class and take home plus tips, techniques and equipment to ensure success every time. And of course, expect to learn all the valuable tips to ensure success every time!

AE24MUFFINS \$35

Plus \$13 supply fee payable to the instructor. Cash only.

Wednesday, May 1 | 6:00-9:00 p.m.

St. Francis High School - E206

California Sushi Roll Extravaganza

TESS GEORGAKOPOULOS

Join Tess as she walks you through how to make a variety of California sushi rolls that will make you wonder why you haven't tried to make your own before. Make them vegetarian, with or without seaweed, spicy or not, it is totally up to you! Learn the skill of creating delicious seasoned sushi rice, spicy mayo, and how to stuff, wrap and shape the rolls, with wonderful filling ingredients. Make it a date night or family night as you create lasting memories in your kitchen!

AE24SUSHI \$40

Saturday, May 11 | 4:00-6:00 p.m.

Fee can include numerous people from the SAME household only.

Virtual



Spring Roll Symphony

TESS GEORGAKOPOULOS

No need to look beyond your own kitchen for restaurant quality spring rolls! Whether you are looking to host a memorable Dim Sum get-together or simply want to create something fresh and bright to welcome in the spring, this is the class you have been looking for! Join Tess as she walks you through the process of creating two types of spring rolls. Join in the fun as we dive into the world of spring rolls learning the techniques to create fillings, and how to wrap, roll, and cook these delightful packets of bright deliciousness!

AE24ROLLS \$45

Saturday, May 18 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual



Do you have a hobby or interest, such as technology, woodworking, wild game processing, you would like to share with others?

Adult Community Education
is seeking instructors!



Flatbread Pizza & Pizza Panini from Scratch

TESS GEORGAKOPOULOS

Apart from cheese and toppings, homemade dough and sauce, are the key ingredients used to create mouthwatering pizza of course! Dive into the world of pizza making and join the ever-growing number of participants that have enjoyed Tess' fun-filled cook-along pizza classes and experience for yourselves why participants keep coming back for more! Take out pizza may just become a thing of the past!

AE24PIZZA \$45

Saturday, May 25 | 4:00-6:30 p.m.

Fee can include numerous people from the SAME household only.

Virtual



JOBS POSITIONS WITH IMMEDIATE NEED



Bus Drivers

Recruit a Bus Driver and you may be eligible for \$1,000 (form required). No school bus license required to apply. Paid training will be provided.



Educational Assistants

There is a high need for Special Education EAs at multiple school sites. Transportation is also seeking bus EAs.



Nutrition Services

There is a continuous need for helpers in kitchen and cafeteria long-term and substitute positions at multiple schools. Flexible schedule with school holidays off.



Kids Connection Instructors and Substitute Instructors

Mornings and/or afternoons at CCES, EBES, SFES. Flexible schedule, great before or after school job for 16+ students.

If you know of a potential candidate for an open position, please encourage them to apply. For more information visit www.isd15.org/jobs

Questions? Contact erin.kringler@isd15.org

Savvy Social Security Planning for Women

CODY CLEM AND TRAVIS FISHER

Social Security is one of the few income sources that keep up with inflation and lasts for life. But most women fail to maximize their benefits because they don't understand the little-known rules that can help them get more out of the system.

This workshop will cover:

- How much Social Security you stand to receive over your lifetime
- How the decisions you make in your 60s can determine the amount of income you will have in your 80s
- How to take advantage of spousal benefits, survivor benefits, divorced-spouse benefits, and even divorced spouse survivor benefits
- How to coordinate your retirement benefit with benefits you might receive as a spouse or divorced spouse
- Why women who are married should decide when their husbands apply for Social Security
- Why you should consider your husband's life expectancy when deciding when to claim your retirement benefit
- What to do if your husband or ex-husband dies
- What to do if your marital status changes
- How to plan for the extra-long life



This workshop is for women and for men who have women in their lives (wives, sisters, mothers). It features essential information all women need to have if they are concerned about financial security in retirement.

Cody Clem, Registered Representative, North Metro Money Management, 23624 St. Francis Boulevard NW, Suite 8, St. Francis, MN 55070, 763-434-9724.

Travis Fisher, Registered Representative, North Metro Money Management, 23624 St. Francis Boulevard NW, Suite 8, St. Francis, MN 55070, 763-434-9724.

Securities are offered through Parkland Securities, LLC member FINRA/SIPC. Fee-based investment advisory services are offered through Sigma Planning Corporation, a registered investment advisor. North Metro Money Management is Independent of Parkland Securities, LLC and Sigma Planning Corporation.

AE24SSW1

Tuesday, February 13

AE24SSW2

Thursday, May 23

Time: 6:30-8:00 p.m.

Location: St. Francis High School - Saints Room D125

Fee: \$15

Social Security Planning for Couples

CODY CLEM AND TRAVIS FISHER

The Social Security decisions spouses make when they are in their 60s will determine the amount of total income they receive over their lifetime — including the lifetime of the spouse who lives the longest. This workshop will cover some little-known rules that can help married couples get more out of the Social Security system.

This workshop will cover:

- How much Social Security you and your spouse stand to receive over your joint lifetime
- Rules and guidelines for when spouses should apply for benefits
- How the decisions you make in your 60s can determine the amount of income you—or your surviving spouse—will have in your 80s and 90s
- How spouses with little or no prior earnings can take advantage of Social Security benefits
- How a little-known rule passed in 2000 has opened the door to creative spousal strategies
- The number-one most important thing all higher-earning spouses should do
- Two key things you need to know about Social Security survivor benefits
- How remarriage affects survivor benefits from a former spouse
- How to avoid mistakes at your Social Security office

This workshop is primarily for married couples as it discusses Social Security benefits available to spouses.

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AE24SSC1

Wednesday, February 21

AE24SSC2

Thursday, May 16

Time: 6:30-8:00 p.m.

Location: St. Francis High School - Saints Room D125

Fee: \$25 per couple; only one name is needed at registration

Social Security for Baby Boomers

CODY CLEM AND TRAVIS FISHER

Social Security is far more complicated than most people realize. The decisions baby boomers make now can have a tremendous impact on the total amount of benefits they stand to receive over their lifetime. To help baby boomers better understand the Social Security system, this workshop will cover:

- 5 factors to consider when deciding when to apply for benefits
- When it makes sense to delay benefits -- and when it does not
- Why you should always check your earnings record for accuracy
- How to estimate your benefits
- How to coordinate benefits with your spouse
- How to minimize taxes on Social Security benefits
- How to coordinate Social Security with your other sources of retirement income

Cody Clem, Registered Representative, North Metro Money Management, 23624 St. Francis Boulevard NW, Suite 8, St. Francis, MN 55070, 763-434-9724.

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AE24SS1

Wednesday, February 28

AE24SS2

Thursday, April 4

Time: 6:30-8:00 p.m.

Location: St. Francis High School - Saints Room D125

Fee: \$25/couple

Understanding Estate Planning & Trusts

BOLT HOFFER BOYD LAW FIRM

Is a trust right for me? You may need a trust if you: own a business, cabin, condo, or rental properties; have minor children; want to avoid probate, or; want to protect assets for future generations. Several types of trusts – revocable living trusts, irrevocable trusts, and support trusts for children/grandchildren – will be discussed. Hear how trusts can protect assets, avoid probate, reduce estate taxes, and protect assets from creditors. Q&A time included.

AE24ESTATE \$25

Tuesday, February 13 | 6:30-8:30 p.m.

St. Francis High School - E104



Homebuyer 101

MICHELLE ANDERSON

Whether you are a first time home buyer or thinking about selling or buying in the near future, this class will offer a variety of resources to successfully navigate the process. This class will focus on the process of purchasing a home in today's market. Understand the difference in financing options including FHA, VA and conventional financing. Learn the process of buying, including the cost of purchasing a home and become familiar with real estate terminology.

AE24HOME \$10 INDIVIDUAL/\$15 COUPLE

Thursday, February 22 | 6:00-7:30 p.m.

St. Francis High School - E104

Write Your Own Will

BOLT HOFFER BOYD LAW FIRM

Whether you are married, single, or divorced, it is important to have a will to make sure your wishes are honored. Learn about estates and wills while preparing your own legal will during class. You will receive all of the tools needed to complete this important document, including instructions, a professionally prepared form, witnesses, and a notary public. This class is tailored to people who have an estate of less than \$2 million and do not own a business. Spouses must register separately.

AE24WW1 \$90

Tuesday, January 23 | 6:00-9:00 p.m.

St. Francis High School - E207

AE24WW2 \$90

Tuesday, April 9 | 6:00-9:00 p.m.

St. Francis High School - E207



Hypnosis - Stop the Obsessions

DR. MARY FISCHER

All behavior changes must occur at an unconscious level to be lasting. With hypnosis you can make that change. You will be able to choose between quitting smoking, vaping, and chewing tobacco or losing weight and stopping the cravings. You will be relaxed and in control at all times. Fee includes CD and lifetime membership card for free reinforcement. Bring a pillow and blanket to class and you can check in starting at 5:45 p.m. For more information, visit www.hypnosisclinic.net. No discounts.

AE24CRAVE1 WEIGHT LOSS/CRAVINGS \$70
AE24SVC1 SMOKING/VAPING/CHEWING \$70
AE24BOTH1 \$140

Thursday, February 22 | 5:45-9:00 p.m.
St. Francis High School-Saints Room D125

AE24CRAVE2 WEIGHT LOSS/CRAVINGS \$70
AE24SVC2 SMOKING/VAPING/CHEWING \$70
AE24BOTH2 \$140

Monday, May 13 | 5:45-9:00 p.m.
St. Francis High School-Saints Room D125

Save Money with Extreme Couponing!

LEEANNE KRUSEMARK

Learn how to save \$\$\$ every day with extreme couponing. Coupons are not just for groceries. The savings can add up to hundreds or even thousands of dollars.

This comprehensive workshop will teach you: where to find all different types of coupons (even for high-ticket items), how to find the best coupon apps and websites, and how to match coupons with sales. The webinar login information will be emailed the day before class.

AE24SAVE \$30
Friday, March 1 | 5:00-6:00 p.m. | Virtual

Intro to Medical Terminology

LEEANNE KRUSEMARK

Medical terminology is the first step to any career in the medical field. No prior experience is necessary. You will leave with a solid foundation of medical language, as well as basic medical billing and coding terminology. After submitting and passing the open-book exam included in the workbook you receive in class, you will earn a certificate of completion. The webinar login information will be emailed the day before class.

AE24MEDTERM \$55
Monday, March 4 | 6:00-9:00 p.m. | Virtual

Writing for Blogs, Magazines and Websites

LEEANNE KRUSEMARK

You don't need a journalism degree or previously published articles to write for an online blog, magazine, or website. Some opportunities offer exposure, while many pay well. You will learn how to: find ideas, sources, and more than 1,000 opportunities that pay, conduct interviews and create interesting content, protect your copyright, write query letters, and then use this credibility to sell other articles. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

AE24BLOG \$40
Tuesday, March 5 | 4:00-6:00 p.m. | Virtual



Earn Extra Money Mystery Shopping

LEEANNE KRUSEMARK

Have you seen ads telling you how to become a shopper, but only if you send them a lot of money? You do not have to pay to begin your new career in this exciting field. (Participants must also attend “How to Start Any Home Business + 250 Home Business Ideas!” for a clear understanding of this endeavor.) You will learn how to sign up with many legitimate mystery shopping companies without fees, avoid pitfalls and scams, create a required mystery shopping resume and profile, and how to file your mystery shopping reports for payment. Informative handouts for future use are included in class fee, including a list of 25 legitimate companies you can work for. The webinar login information will be emailed the day before class.

AE24EXTRA\$\$ \$30

Wednesday, March 6 | 5:00-6:00 p.m. | Virtual



How to Start Any Home Business + 250 Home Business Ideas

LEEANNE KRUSEMARK

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. You will discover:

- * more than 250 legitimate home business ideas
- * mandatory legal documentation
- * many ways to market your product/service
- * how to take tax deductions (this workshop included!)

AE24IDEAS \$40

Wednesday, March 6 | 6:00-8:00 p.m. | Virtual

Write Your First Novel (in 90 days!)

LEEANNE KRUSEMARK

This intensive course provides a schedule of crafting a novel from start to finish, which you can finish in as little as 90 days! You will learn how to:

- select your novel genre and develop a compelling premise
- create multidimensional characters and immersive settings
- craft a detailed plot outline manage your time to keep your writing flow consistent
- combat common roadblocks including writer’s block
- receive constructive criticism from beta readers explore publishing options

The instructor, LeeAnne Krusemark, is a former journalist, current author and editor, and a nationwide professor of publishing.

AE24NOVEL \$40

Friday, March 8 | 6:00-8:00 p.m. | Virtual



Instant Piano for Hopelessly Busy People

CRAIG COFFMAN

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Since this class is being held online with zoom you will be able to sit at your piano or keyboard at home and take this course with no pressure. The course is part lecture/demonstration and part hands-on instruction. Topics include: how chords work in a song, getting more out of sheet music by reading less of it, forming the three main types of chords, handling different keys and time signatures, avoiding counting, and simplifying over 12,000 complex chords.

AE24PIANO \$62

Monday, April 22 | 6:30-9:30 p.m. | Virtual



To view a detailed description of these classes, see the most updated information, or sign up, go to <https://district15.ce.eleyo.com/courses/category/75/adult-enrichment-recreation>.



Instant Guitar for Hopelessly Busy People

CRAIG COFFMAN

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This course will teach you some basic chords and get you playing along with your favorite songs right away. Class is held via zoom and is a hands-on instruction and lecture/demonstration.

AE24GUITAR **\$62**

Tuesday, April 23 | 6:30-9:00 p.m. | Virtual

AARP Smart Driver

DAN SCOTT

This innovative classroom driver program for people ages 55 and over is designed to help improve driving skills. Minnesota state law requires all insurance companies to give a premium reduction to people 55 and over who have completed this eight-hour accident prevention course. Participants must attend both sessions to qualify for insurance discounts. All participants must bring their driver's license and AARP card (if a member) to class. No registrations are accepted at class, and AARP members must supply their member numbers at the time of registration.

AE24SMART **MEMBER \$25**
NON-MEMBER \$30

Tuesday April 23 & Thursday April 25 | 5:30-9:30 p.m.
St. Francis High School - E104

AARP Smart Driver Refresher

DAN SCOTT

Minnesota legislation permits senior drivers to renew their qualifications for auto insurance discounts by attending a four-hour refresher course if the driver has previously attended and completed an eight-hour course. Participants must bring a driver's license and AARP card (if a member) to class. No registrations are accepted in class, and AARP members must supply their member numbers at the time of registration.

AE24REFRESH

MEMBER \$25
NON-MEMBER \$30

Tuesday, April 30 | 5:30-9:30 p.m.

St. Francis High School - E104



Social Media for Business

NICKIE KAE WELSH

Driving new customer traffic to your website and promoting your business is imperative in today's technology world. Don't let your skillset or company get left behind by missing the key social media rules you need to know! Learn how to craft a simple but effective social media marketing strategy, listen directly to customers and implement tips to grow your business all while staying organized without technology overwhelm.

AE24SOCIAL **\$25**

Tuesday, May 7 | 12:00-1:00 p.m. | Virtual

Grow Your Business with Instagram

NICKIE KAE WELSH

What can you do on Instagram that can result in huge growth for your customer base and sales? You'll learn the key steps needed in order to improve your company's bottom line and also gain more followers. Plus, you'll learn to make your content irresistible and have fun in the process!

AE24INSTAGRAM **\$25**

Thursday, May 9 | 12:00-1:00 p.m. | Virtual



Cell Phones & Parenting - Oh My!

NICKIE KAE WELSH

When your child has a smartphone there are key things you should know to keep them safe and secure. In this class you'll understand recommended safety settings on popular social media apps, parental apps for your child's smartphone, and more! You will leave this class with a confident plan to simplify the technology so that you and your child can use the phone safely without worry.

AE24PHONES **\$25**

Thursday, May 23 | 12:00-1:00 p.m. | Virtual

How to Use Venmo Safely in 2024

NICKIE KAE WELSH

Stay up to date by expanding your technology knowledge and learn what you need to know about the mobile payment service called Venmo. Learn how to pay friends, businesses or receive money without using cash or checks. You'll leave this class with a confident understanding of how to set up Venmo safely, fees to avoid, and real world scenarios you or your family and friends may use with this mobile payment option.

AE24VENMO **\$25**

Thursday, June 6 | 12:00-1:00 p.m. | Virtual

Use Snapchat Safely in 2024

NICKIE KAE WELSH

Have you been curious as to what Snapchat is exactly? This workshop will cover what adults need to know about one of most popular social media apps in the world. Attendees will learn how the app works, how to set up safety features, how to check for profile details, and how advertisers work to target audience members.

AE24SNAP **\$25**

Tuesday, May 14 | 12:00-1:00 p.m. | Virtual

Instructors Wanted!



Do you have a hobby or interest, such as technology, woodworking, wild game processing, you would like to share with others?

Adult Community Education is seeking instructors!

Contact the Adult Community Education office at 763-213-1640 or email angela.westbrook@isd15.org



Body & Soul Cardio Dance

MONACA WHITE

Dancing has a way of making you get lost in the music. Jumps, sides, pivots and body roll's are not only fun but give you a serious dance workout without feeling like work! This class allows you to go at your own pace. Come try this hour of laughing, dancing and fun and see for yourself how good this class is for your soul! If you like Monaca's previous class, you will love this class!

AE24BSC1 \$50 8 SESSIONS

Mondays, January 8-March 11 | 6:30-7:30 p.m.

No class January 15 and February 19

St. Francis Learning Center-Gym

AE24BSC2 \$50 8 SESSIONS

Thursdays, January 11-March 14 | 6:30-7:30 p.m.

No class January 18 and February 22

St. Francis Learning Center-Gym

AE24BSC3 \$90 16 SESSIONS

Mondays/Thursdays, Jan. 8-March 14 | 6:30-7:30 p.m.

No class January 15, 18, and February 19 and 22

St. Francis Learning Center-Gym

AE24BSC4 \$50 8 SESSIONS

Mondays, April 1-May 20 | 6:30-7:30 p.m.

St. Francis Learning Center-Gym

AE24BSC5 \$50 8 SESSIONS

Thursdays, April 4-May 23 | 6:30-7:30 p.m.

St. Francis Learning Center-Gym

AE24BSC6 \$90 16 SESSIONS

Mondays/Thursdays, April 1-May 23 | 6:30-7:30 p.m.

St. Francis Learning Center-Gym

SAVE
\$10

SAVE
\$10

Silver Sneakers Body & Soul Cardio Dance

MONACA WHITE

A lower intensity workout class, designed for seniors and older adults those new to the activity. This class provides simple-to-follow choreography that promotes balance, range of motion and coordination. No equipment is needed.

Here you can feel comfortable dancing and feel inspired. No registration required - participants must provide insurance information.

Free to SilverSneakers and Silver & Fit or Renew Active/One Pass. Non-members can register for this class. Monthly registration is available by calling the CE Office at 763-213-1640.

AE24DANCE \$185 37 SESSIONS

Mondays/Thursdays, January 8-May 30 | 7:45-8:45 a.m.

No Class Jan. 15, Feb. 19, March 25, March 28 or May 27.

Early Childhood Family Center-Gym

Silver Sneakers Tai Ji Quan - Movement for Better Balance

MONACA WHITE

Tai Ji Quan: Moving for Better Balance® (TJQMBB) is a research-based balance training regimen designed for older adults at risk of falling and people with balance disorders.

If you're looking for a way to reduce stress, consider Tai Ji (TIE-GEE). Often described as meditation in motion, Tai Chi involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. It is low impact and puts minimal stress on muscles and joints making it safe for all ages and fitness levels. This class is FREE with SilverSneakers, Silver&Fit or Renew Active/One Pass.

No registration required - participants must provide insurance information

Free to SilverSneakers and Silver & Fit members.

Non-members can register for this class.

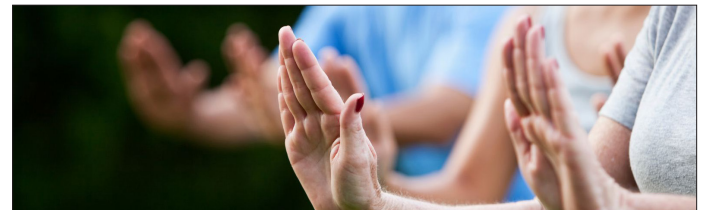
Monthly registration is available by calling the CE Office at 763-213-1640.

AE24TAIJI \$185 37 SESSIONS

Mondays/Thursdays, January 8-May 30 | 8:50-9:50 a.m.

No Class January 15, February 19, March 25, March 28 or May 27.

Early Childhood Family Center-Gym



Tai Chi

YOUNG AMERICAN SCHOOL OF DEFENSE

Tai Chi is an ancient Chinese exercise discipline that utilizes a series of slow, graceful, low impact body movements, and specialized breathing techniques, to improve health, balance, and relaxation. See how Tai Chi can enhance your fitness, increase your sense of tranquility, and elevate you to new levels of vitality and well-being.

Master Jeff Wood, 5th Dan Black Belt in Tae Kwon Do, is the head instructor.

AE24TAICHIW \$90 8 SESSIONS

Tuesdays, January 16-March 5 | 5:00-6:00 p.m.

St. Francis Learning Center Gym

AE24TAICHIS \$90 8 SESSIONS

Tuesdays, April 2-May 21 | 5:00-6:00 p.m.

St. Francis Learning Center - Gym



Introduction to Cross Country Skiing

TODD MURAWSKI - ANOKA COUNTY PARKS

Cross-country skiing is great exercise and a fun way to get outdoors in the winter. This introductory class is appropriate for people of all abilities, aged 8 years and older. The activity fee includes ski rental, instruction, and cross-country skiing through scenic Bunker Hills Regional Park. No experience necessary. (max 12 participants)

AE24SKIING \$35

Sunday, January 21 | 2:00-4:00 p.m.
Bunker Hills Campground Visitor Center (see page 20 for address)

Family Snowshoeing

TODD MURAWSKI - ANOKA COUNTY PARKS

Winter is a great time to get out and enjoy nature's wonders. Lake George Regional Park is a beautiful setting for exploring on snowshoes. After just a few minutes of instruction and getting into snowshoes we will head out into the less traveled areas of the parks. This program is well suited for families and groups of all ages. (max 20 participants)

AE24SNOW \$15

Saturday, February 24 | 4:00-5:30 p.m.
Lake George Regional Park (see page 20 for address)

Ballroom Dance for Beginners

DEANNA CONSTANTINE

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your next event, or just for the fun of dancing together in class and at home. You'll learn easy to remember mini-routines, dance-able to all your favorite songs from the past to the present, including pop, blues, rock, country and more. If you think you have no rhythm & 2 left feet, this is the perfect course for you. Couples stay dancing together. Casual dress. For more info, visit www.constantinedance.com Couples must register individually.

AE24BROOM1 \$70

Wednesdays, February 21-March 13 | 7:00-8:30 p.m.
Jackson Middle School (see page 20 for address)

AE24BROOM2 \$70

Wednesdays, March 27-April 17 | 7:00-8:30 p.m.
Jackson Middle School (see page 20 for address)



Pediatric First Aid Certification

MINNESOTA MEDICAL TRAINING SERVICES

This targeted course is specifically designed to prepare you for emergency situations involving infants, children and young adults. Whether you work in childcare or are a parent, this course will prepare you to spring into action in the event of an emergency. This course, which fulfills the Minnesota Department of Human Services requirement for certification, is ideal for childcare professionals, teachers, school staff, babysitters, scout leaders, parents and grandparents. From illness and injury to allergic reactions, you will be prepared to react to any medical emergency.

AE24PED1 \$78

Thursday, February 22 | 7:30-9:30 p.m.
St. Francis High School-B110

AE24PED2 \$78

Thursday, May 9 | 7:30-9:30 p.m.
St. Francis High School-B110



Minnesota Heartsaver CPR Training

MINNESOTA MEDICAL TRAINING SERVICES

This in-depth course will give you the training necessary to become a certified CPR professional. Whether you need to take a course as a workplace requirement or simply want to add the skill to your resume, this hands-on class will provide you with the skills you need to save lives. Our instructors will train you to perform child, adult and infant CPR as well as teach you how to employ the use of an AED and how to deal with obstructed airway situations. If you are or are training to become a childcare provider, teacher, church group leader, babysitter or business/industry professional, or if you're looking to maintain your certification this training course is perfect for you.

- AE24CPR1** **\$78**
Thursday, February 22 | 5:00-7:30 p.m.
St. Francis High School-B110
- AE24CPR2** **\$78**
Thursday, May 9 | 5:00-7:30 p.m.
St. Francis High School-B110

Women's Self Defense

YOUNG AMERICAN SCHOOL OF DEFENSE

This women's self-defense seminar will help participants acquire the strategies and skill sets necessary to protect themselves from attack situations which are common and unique to females. Participants will learn preemptive tactics, escape maneuvers, verbal interventions, physical techniques, and the effective use of self-defense devices, in order to quickly end a potentially dangerous encounter or assault. A strong emphasis will be placed on empowering the mind, which is of vital importance dealing with an attack.

- AE24DEFENSE1** **\$48**
Monday, January 29 | 6:00-8:30 p.m.
St. Francis Middle School - Gym 4
- AE24DEFENSE2** **\$48**
Monday, May 20 | 6:30-8:30 p.m.
St. Francis Middle School - Gym 1 & 2

Nutrition and Thyroid Health

STEPHANIE EWALS

Participants will learn strategies for achieving optimal health with hypothyroidism. They will come away with an understanding of the importance of balanced nutrition in managing hypothyroidism. We will discuss nutrition interventions as part of a treatment plan for hypothyroidism. Recipes and meal ideas provided.

- AE24HEALTH** **\$35**
Thursday, March 14 | 6:00-7:30 p.m.
St. Francis High School - E104

Nutrition for Optimal Metabolism

STEPHANIE EWALS

This class teaches the factors that support optimal metabolism and weight maintenance. Participants will learn about the factors that influence metabolism and understand the types of metabolism. We will discuss recipes and foods that are beneficial to supporting optimal metabolism. Recipes and meal ideas provided.

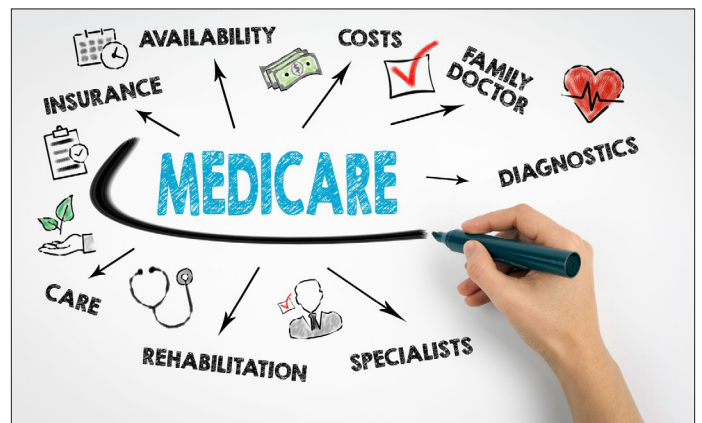
- AE24META** **\$35**
Tuesday, March 26 | 6:00-7:30 p.m.
St. Francis High School - E104

Medicare 101

DAVE STEWART

Planning for Medicare is confusing. If you are nearing the age of 65 you should attend this course to learn the basics of what Medicare is, how it works, how to avoid penalties, and how to prepare yourself for enrolling. We'll share tools and resources to help you understand the coverage that may be right for you, including a free educational guide.

- AE24MED101** **\$10 INDIVIDUAL/\$15 COUPLE**
Wednesday, April 10 | 5:30-6:30 p.m.
District Office, Community Room





Morning Fitness Yoga

LAURA IRWIN-SCHACK

You will learn yoga and pilates basics with variations offered for beginner through intermediate levels. Work on increasing strength, flexibility, balance and cardiovascular health, as well as deep breathing and relaxation techniques. Chairs will be available for additional support and balance. Wear stretchy, breathable clothing and bring a yoga mat. Avoid a heavy meal 1 1/2 to 2 hours before class; light snacks are easier to digest and you'll be more comfortable in class. NOTE: If you have disc problems in your back or neck, consult your doctor before taking this class. If you have difficulty moving up/down from the floor, this class may not be suitable for you.

AE24YOGA1 **\$53** **6 SESSIONS**
 Tuesdays, March 5-April 9 | 8:30-9:35 am
 Early Childhood Family Center-Gym

AE24YOGA2 **\$62** **7 SESSIONS**
 Tuesdays, April 16-May 28 | 8:30-9:35 am
 Early Childhood Family Center-Gym

Respite Friends

TRACY KEIBLER

Deepening skills and adapting them for individuals who are in the later stages of dementia and less willing to participate in activities and care.

AE24FRIENDS

Saturday, April 13 | 2:00-4:00 p.m.
 St. Francis Methodist Church - no need to register/
 contributions welcomed

Nutrition for Optimal Fitness

STEPHANIE EWALS

Learn nutrition principles as they relate to recreational athletic performance and what your nutrition and hydration needs are for various levels of physical activity. We will discuss the impact of nutrient composition for pre and post workout snacks with recipes and menu ideas provided.

AE24FITNESS **\$35**

Tuesday, May 21 | 6:00-7:30 p.m.
 St. Francis High School - E104



Check online for more classes!

We have more options for you.
 For a complete look at available classes,
 please visit isd15.org/sfce.

Interested in a class that is already in session?

Call 763-213-1640 for registration information.

OFFICIALS: ESSENTIAL MEMBERS OF EVERY STARTING LINEUP



Without officials, today's event would not be possible. They deserve thanks and appreciation for dedicating their nights and weekends, so our students can always play the sports they love.

Think you have what it takes to make the big calls?

Sign up today at: HIGHSCHOOLOFFICIALS.COM




#BECOMEANOFFICIAL



MAKE THE RIGHT CALL!

SIGN UP TODAY!

#BECOMEANOFFICIAL



adult registration

Registrations are being taken online or by phone only.

Online. Visit www.isd15.org/sfce and use Discover, Visa, MasterCard, or American Express to register.

By Phone. Have your credit card ready when you call: **763-213-1640**.

Are You In? You will receive an email confirmation.

Register Early. Many classes fill quickly. Please register at least one week in advance so we can make class enrollment decisions. We accept registrations as long as room is available.

Refunds. Cancellations received within one (1) week prior to class start may be subject to a cancellation fee.

Minimum Age. We consider adults to be 16 years of age or older (unless otherwise indicated).

100% Satisfaction Guarantee. Our goal is to develop and deliver a wide range of quality programs to meet the learning needs of the community. We will strive for excellence in serving our customers in a prompt, courteous and respectful manner.

Inclement Weather. Check the St. Francis Area Schools website at www.isd15.org. Tune in to local television stations and social media for notification of cancellation.

We want your experience with St. Francis Area Schools Community Education to be great, so please let us know if you aren't fully satisfied.

Contact the Community Education office at adultce@isd15.org or call 763-213-1640.



Find us on Facebook!

We'll post more class options on Facebook as they become available.

Find us on  [ISD15CommunityEd](https://www.facebook.com/ISD15CommunityEd)

ed2go Online Courses Available

Sign up at:
ed2go.com/isd15/

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time. Instructor-led; 24 course hours; 6 weeks; \$125

Medical Terminology: A Word Association Approach

If you have ever had trouble memorizing medical terms, this course (and word association approach) is for you. You'll learn medical terminology from an anatomical approach by looking at each root term, its origin, a combined form, and an example of non-medical everyday usage. Instructor-led; 24 course hours; 6 weeks; \$135

Discover Digital Photography

Gain the skills you need to take great photos with your digital camera and never miss a memorable moment again. This course is an informative introduction to digital photography, from DSLRs to smart phone cameras. Instructor-led; 24 course hours; 6 weeks; \$115

Computer Skills for the Workplace

Confidently apply for jobs knowing that you possess the computer skills needed to perform on the job. This course includes a great introduction

to Windows 10 and Office 365 to provide the fundamental computer competencies you need to prosper in a modern workplace. Instructor-led; 24 course hours; 6 weeks; \$129

Become a Veterinary Assistant

Are you considering a career as a veterinary assistant? This course will answer all of your questions and more as you learn about pet nutrition, preventing parasites, health and safety issues, reasons for and against spaying and neutering, and how to best assist owners in times of need. Instructor-led; 24 course hours; 6 weeks; \$135

Start Your Own Small Business

Learn how to transform your passion and talent into a viable small business. This course will teach you about financing, marketing techniques, employee management, policy writing, and time management - everything you need to know to start your very own small business. Instructor-led; 24 course hours; 6 weeks; \$129

Accounting Fundamentals

If you want to increase your financial awareness and gain a marketable skill, this course is for you. You will learn the double-entry bookkeeping, financial transactions, financial reporting, and more.



Lunch Bunch Concert Series

**NEW
Location**

The Bridge Church
6443 Norris Lake Road NW
Nowthen, MN 55330

Event Time: 11:00 a.m.-12:45 p.m.

NEW seating time is 10:45 am

Tickets: \$25 for Lunch and Performance

Reservations are required one week before the show. Call the Adult Community Office at 763-213-1640 to register or for more information.

CODA

CODA comprises the saxophone/keyboard duo of Scott Dorff on soprano, alto, tenor, saxophones, and amp, and Malcolm Anderson on piano and keyboards. They perform smooth jazz, pop music from the 50s and 60s, swing, gospel, and many original compositions. The duo has been performing in the Twin Cities and throughout the United States for more than 23 years.

LB244

Tuesday, February 13

"The Stringman" Paul Imholte

If it has strings, Paul Imholte probably plays it. Known as The Stringman, he plays nearly a dozen folk instruments. Imholte will present a program of traditional Celtic, American and original music. A master of the hammered dulcimer, Imholte is a huge proponent of introducing this somewhat rare and enchanting instrument to audiences across the Midwest. On the dulcimer, Imholte plays Irish jigs, light classical music and his own instrumental compositions. He also sings and plays fiddle, guitar, mandolin, banjo, autoharp, cello, mountain dulcimer and jaw harp. Imholte sings songs about farms, small towns and people that make their living on the land. He has released ten CDs of hammered dulcimer instrumentals, children's music and farm songs. A native of St. Cloud, he performs at festivals and concerts throughout the United States.

LB245

Tuesday, March 12

Absolutely Elvis

Todd Anderson's Absolutely Elvis is an entertaining show for all ages. His voice, costumes, and moves are an exciting depiction of an actual Elvis concert. His performances are always colorful but never off-color as he presents exciting facts about the "King of Rock and Roll" and connects his audience with humorous stage bits.

LB246

Tuesday, April 9



Rockin' Woody

A man of many talents, Tom Strohmeyer, known professionally as "Woody," has been entertaining audiences, ages one to one hundred, since 1983, playing guitar, keyboards, saxophone, trumpet, flute, singing in various bands and as a solo performer. A Lunch Bunch favorite, Woody is a one-person variety show offering different musical styles delivered both instrumentally and vocally. He is also a juggler and magician who can shoot the bull while keeping five balls aloft simultaneously. Be prepared to be entertained by this performance.

LB247

Tuesday, May 14



Do you have a hobby or interest, such as technology, woodworking, wild game processing, you would like to share with others?

Adult Community Education
is seeking instructors!

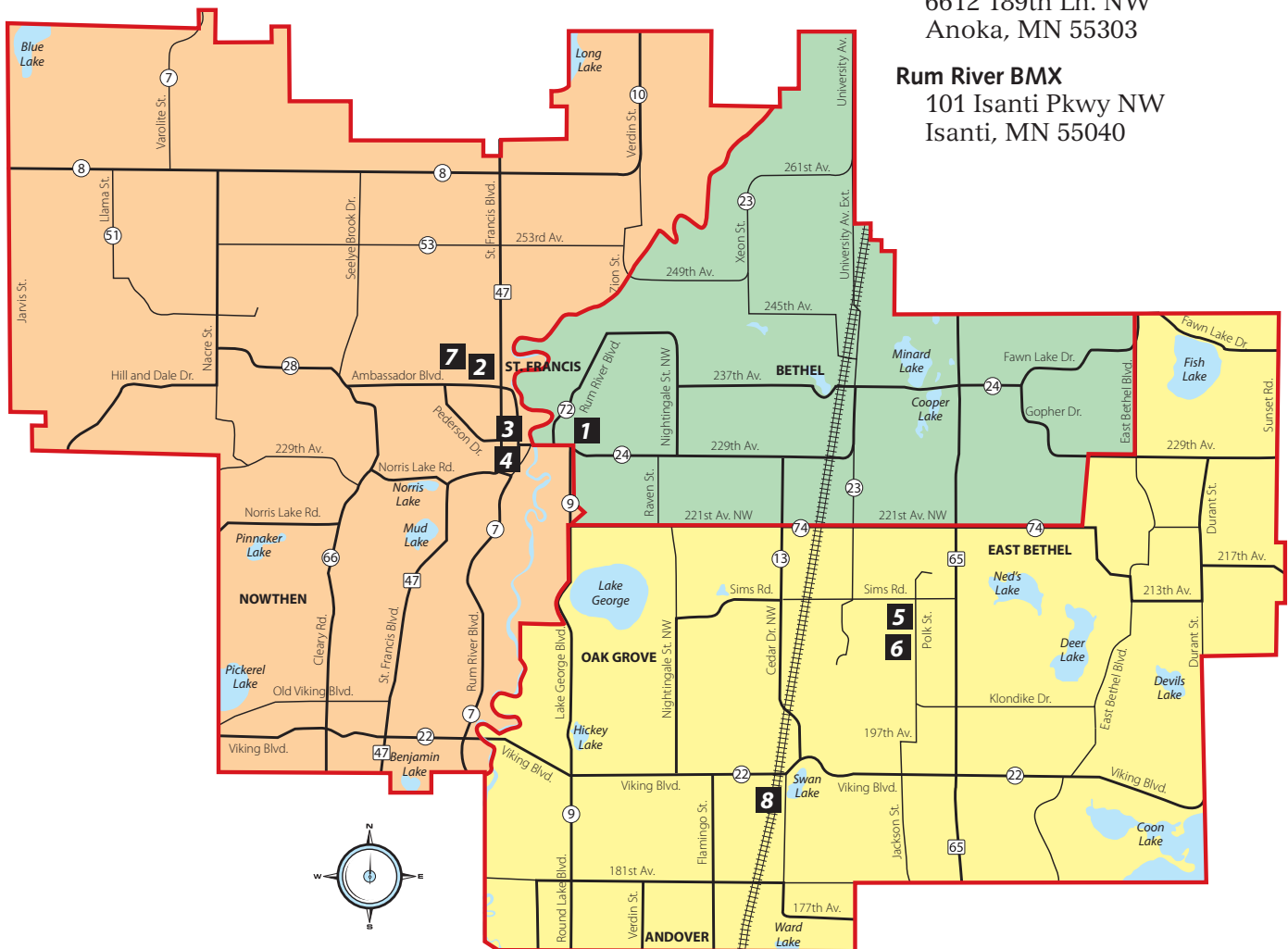
Call 763-213-1589 for more information
on teaching a Community Ed class.

location map

- 1 St. Francis High School (9-12)**
3325 Bridge Street NW
St. Francis, MN 55070
763-213-1500
- 2 St. Francis Learning Center**
Adult Basic Education
Saints Academy
Saints Online
Transition 15
4111 Ambassador Blvd. NW
St. Francis, MN 55070
763-753-7120
- 3 St. Francis Middle School (6-8)**
23026 Ambassador Blvd. NW
St. Francis, MN 55070
763-213-8500
- 4 St. Francis Elementary School (K-5)**
22919 St. Francis Blvd. NW
St. Francis, MN 55070
763-213-8670

- 5 East Bethel Elementary School (K-5)**
21210 Polk Street NE
East Bethel, MN 55011
763-213-8900
- 6 Cedar Creek Elementary School (K-5)**
21108 Polk Street NE
East Bethel, MN 55011
763-213-8780
- 7 St. Francis Area Schools District Office**
4115 Ambassador Blvd. NW
St. Francis, MN 55070
763-753-7040
- 8 Early Childhood Family Center**
18900 Cedar Drive NW
Oak Grove, MN 55011
763-753-7170

- Additional class locations**
(not on the map)
- Bridge Church**
6443 Norris Lake Road NW
Nowthen, MN 55303
 - Oak View Middle School**
15400 Hanson Blvd. NW
Andover, MN 55304
 - Jackson Middle School**
6000 109th Ave. N
Champlin, MN 55316
 - Bunker Hills Campground Visitor Center**
13101 County Pkwy B
Coon Rapids, MN 55433
 - Lake George Regional Park**
3100 217th Ave. NW
Oak Grove, MN 55011
 - Boulder Pointe**
6612 189th Ln. NW
Anoka, MN 55303
 - Rum River BMX**
101 Isanti Pkwy NW
Isanti, MN 55040



Early Childhood Family Education

763-753-7170

Jennifer Dupre, Program Supervisor

Early Childhood Family Education (ECFE) is a place where parents and young children, from birth to age 5, learn and play together and can meet other families with young children. ECFE believes that all families deserve support, information and opportunities to be involved in their children's learning. No one will be denied participation in parent/child sessions due to inability to pay. A sliding fee scale is available.

Early Childhood Screening

763-753-7170

Jennifer Dupre, Program Supervisor

Early Childhood Screening is a free, simple check of a young child's health and development. Screening should be done soon after the child's third birthday and is required for public school attendance.

Preschool Place 15/School Readiness

763-753-7170

Jennifer Dupre, Program Supervisor

This program is for families with children age 3 to kindergarten. Preschool Place 15 provides a safe environment where young children of all abilities can grow and experience success and their parents can be partners in learning. The program addresses development in all areas with particular attention to early literacy and social skills. A sliding fee scale and scholarships are available.

Youth Enrichment Grades K-5

763-213-1616

Chris Schlottman, Manager

Activities are offered to students in kindergarten through grade 5. Activities are coached, instructed or chaperoned by qualified, skilled adults.

Youth Enrichment Grades 6-12

763-213-1810

Brad Krause, Manager

Opportunities are offered to middle school and high school students including high school fall performance dance team, trap club, ski and snowboard clubs, and more.

Youth Recreation

763-213-1810

Brad Krause, Manager

Youth Recreation offers sports opportunities for children in preschool through grade 8. These leagues, classes and camps are coached by parent volunteers. The programs offered teach fundamentals and teamwork and are an excellent way for children to try a new sport in a relaxed, non-competitive environment.

Drivers Education

763-213-1640

Angela Westbrook, Manager

Drivers education is available for students at St. Francis High School. The program offers classroom instruction and behind-the-wheel training.

Kids Connection/Just 4 Kids

763-213-1615

Chris Schlottman, Manager

Kids Connection is a comprehensive childcare program which provides a safe, fun and nurturing environment for children kindergarten through 5th grade. Hours include before and after school and full days on non-school days. Kids Connection also offers an all day program for children 3-5 years old called Just 4 Kids.

Adult Basic Education (ABE)

763-753-7190

Maria Burnham, Teacher/Coordinator

Adult Basic Education provides adults with educational opportunities to improve English language skills (all levels), work on General Educational Development (GED) diploma preparation, brush up on workplace and academic skills, prepare for college and citizenship classes and more. Classes are free and class schedule is flexible.

Adult Enrichment & Fitness

763-213-1640

Angela Westbrook, Manager

Recreational and learning opportunities are available for adults of all ages. Courses, both in-person and online, offer affordable, fun and convenient lifelong learning opportunities.

Facility Scheduling

763-213-1588

Angela Westbrook, Manager

SFAS buildings and fields are available for public use after school, on weekends and during the summer. All locations are scheduled centrally and require a permit and liability insurance.

Communications Department

763-753-7025

Zach Mott, Communication Supervisor

The Communications Department manages the St. Francis Area Schools website; develops, produces and archives forms and documents; provides community outreach through school district publications; creates, gathers and distributes news and information to stakeholders for the district.



Early Childhood Family Education

ECFE has something for every family! Learn and play together and meet other families with young children. Discuss your real-life parenting concerns; get answers to your questions; play with your baby, toddler or preschooler. Fees can be fully or partially waived; no fee for babies 12 months or younger in parent/child classes.

What happens at weekly ECFE parent/child sessions?

Time together. Parents and children explore a variety of activities.

Time for play. Children practice and discover their own capabilities by playing with other children and trying out toys appropriate for their age.

Time for parents. While the children are busy playing, you have an opportunity to meet with other parents and gain support.

Great resources for families:

- ▶ Home visits to parents of new babies
- ▶ Advisory Council
- ▶ Fee assistance
- ▶ One-on-one consulting with parent educator

Let's Play Together

For children birth to 5 and parents

Bring your young child/ren into the Early Childhood Family Center to experience fun and learning in a classroom set up just for them. Explore, learn and play together while engaging in a variety of activities.

PREREGISTRATION IS REQUIRED \$4 PER SESSION

Wednesdays through May 8 | 9:15-11:15 am
Early Childhood Family Center

Location

Early Childhood Family Center
18900 Cedar Drive NW
Oak Grove, MN

Contact

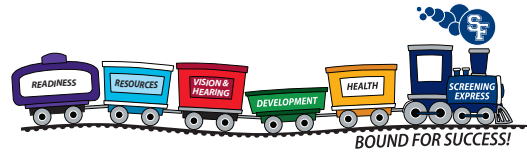
763-753-7170
www.isd15.org/ecfe

The chart below is a sample of what is available. Please look online for all available parent/child classes and special events specific to babies, toddlers, preschoolers or mixed-age classes.

Calendar of Parent/Child Classes

All classes at Early Childhood Family Center

| Spring 2024 | | | | | Ages as of class start date |
|-------------------------------|---------------------------------------|--------------------------------------|--------------------------|-------------------------------|-----------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| 14-22 months 9:15-11:15 am | Birth-K 9:15-11:15 am | Let's Play Together 9:15-11:15 am | Birth-K 9:15-11:15 am | Birth-K 9:15-11:15 am | |
| Birth-K 9:15-11:15 am | | Birth-16 months 9:15-11:15 am | Birth-K 12:45-2:15 pm | 22-32 months 9:15-11:15 am | |
| | Raising My Grandkids 12:30-2:00 pm | | | | |
| | Birth-K Night Owls 6:00-7:30 pm | | | | |



About Preschool Place 15

Preschool Place 15/School Readiness offers a full year preschool program designed to provide a safe environment where young children of all abilities can grow and experience success and their parents can be partners in learning. The curriculum focuses on social skills, early literacy development, mathematic skills, scientific thinking, social studies, the arts and physical development.

- ▶ Classes 1, 2 or 3 days per week
- ▶ Morning, afternoon and full day sections
- ▶ Evening preschool option
- ▶ Transportation available for most classes

Contact us *now* if you are interested or have more questions about scholarships that may be available.

Sliding Fees and Scholarships

Qualifying requirements are

- ▶ Child who is 3 years old as of September 1
- ▶ Reside in St. Francis Area Schools
- ▶ Meet income eligibility requirements —OR— You participate in: MFIP, Child Care Assistance, Free and Reduced-Price Lunch Program or SNAP, Child and Adult Care Food Program, Foster Care.

Contact us to get your preschooler registered today. Classes are filling fast.

Current 2023-24 Openings: At Early Childhood Family Center

| | | |
|---------------|-----------------|-------------|
| 3 year olds | 9:00-11:30 am | T/F or M/Th |
| 4 year olds | 12:30-3:00 pm | M/T/Th |
| 4 year olds | 9:00 am-3:00 pm | T/Th |
| 4 year olds | 12:30-3:00 pm | M/W |
| 3-5 year olds | 5:00-7:30 pm | Th |

At St. Francis Elementary School

| | | |
|-------------|---------------|-----|
| 4 year olds | 12:00-2:30 pm | M/W |
|-------------|---------------|-----|

Location

Early Childhood Family Center
18900 Cedar Drive NW
Oak Grove, MN

Contact

763-753-7170
www.isd15.org/pp15

Full information on preschool classes available online at www.isd15.org/pp15

Early Childhood Screening Screen at 3

Early Childhood Screening should be done soon after your child's third birthday. Screening is a FREE, simple check of a young child's health and development in these areas:

Health

- ▶ Health review
- ▶ Height and weight
- ▶ Immunizations
- ▶ Vision and hearing

Development

- ▶ Cognitive
- ▶ Fine Motor
- ▶ Gross motor
- ▶ Social, emotional
- ▶ Speech

Register online at www.isd15.org/ecscreening for an appointment.

If your child was screened in another district, or if you want conscientious objector information, contact the early childhood office. This Early Childhood Screening satisfies the Minnesota state requirement that all children must participate in screening before entering public school kindergarten.

Location

Early Childhood Family Center
18900 Cedar Drive NW
Oak Grove, MN

Contact

763-753-7187
www.isd15.org/ecscreening

**2024-25 Preschool Registration
begins at 4:00 pm, Sunday,
January 28.**



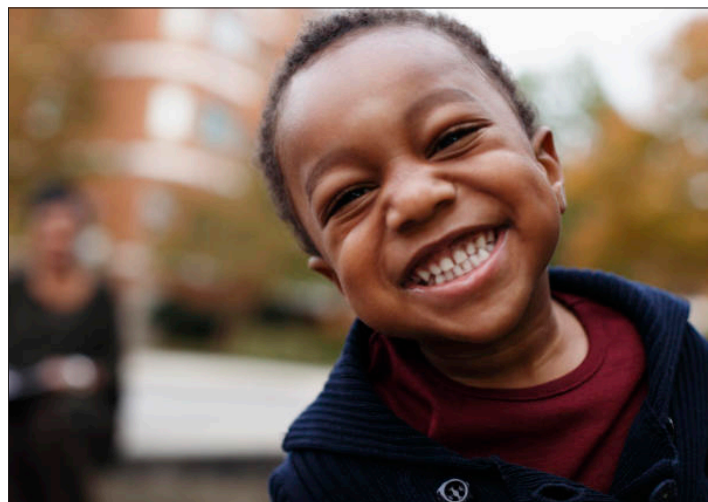
JUST 4 KIDS

3-5 Year Old Childcare

Children must be 3 years of age by September 1.
Program hours are Monday-Friday 6:00 a.m.-6:00 p.m.

Just 4 Kids offers childcare for children age 3 - pre-kindergarten at St. Francis Elementary School and Early Childhood Family Center. Children at Early Childhood Family Center who require care before 9:00 a.m. and after 3:00 p.m. will begin and end their day at either East Bethel Elementary School or Cedar Creek Elementary School and will be bussed to and from our Early Childhood Family Center location.

Children will participate in various educational and recreational activities in a safe, well-supervised environment. Children may bring a lunch from home or purchase a school lunch. Ask for details.
Daily and weekly rates are available.



SUMMER REGISTRATION WILL OPEN SOON

Summer care: June 4 - August 27
Monday-Friday
6:00 a.m. - 6:00 p.m.

School Age Childcare

School year is September 5 - May 30, 2024.

Kids Connection is a comprehensive childcare program for children kindergarten through grade 5, that provides children a safe, fun experience and offers families a variety of childcare options.

Kids Connection is open from 6:00 am until 6:00 pm Monday through Friday. Hours include before and after school programs and full day programming on non-school days. Contracts are now available.

Sites

Cedar Creek Elementary School
East Bethel Elementary School
St. Francis Elementary School

Before School Care: 6:00 am until school starts
After School Care: End of school day until 6:00 pm
Non-School Care: 6:00 am until 6:00 pm
Registration fee must be paid to be registered

Pricing varies by program and care needs, please call 763-213-1616 or visit <https://ecfc.isd15.org/o/isd15/page/kc>.

Office

Cedar Creek Elementary School
Kids Connection
21108 Polk Street NE
East Bethel, MN

Contact

Kids Connection/Just 4 Kids General Information
763-213-1616

Christi Reeves, Billing Questions
christina.reeves@isd15.org
763-213-1641

Chris Schlottman, Manager
christine.schlottman@isd15.org
763-213-1615
<https://ecfc.isd15.org/o/isd15/page/kc>



St. Francis Area Schools

Youth Recreation

www.isd15.org/rec

Baseball Camp

Grades K-8

Winter baseball camp is designed to cover skills including pitching, catching, throwing, hitting, and defensive fundamentals. Players should bring a glove, tennis shoes, and a youth bat (if available). The SFHS baseball team and coaches will be the instructors.

24BBC \$35

Saturday, March 16

1st-4th Grade: 9:00 - 10:45 am; 5th-8th Grade: 11:00 am - 12:45 pm

St. Francis High School Gym

Soccer

Ages 4-9

A fun, non-competitive league to teach fundamental soccer skills. Parent volunteers will do coaching. No referees or scores are kept, and coaches will teach throughout the games. Shin guards are required. Please, no team requests.

Ages 4/5 - 6:00 pm - 7:00 pm

Ages 6/7 - 6:00 pm - 7:00 pm

Ages 8/9 - 7:00 pm - 8:00 pm

Registration deadline is April 15th.
24SOC \$75

Mondays and Wednesdays, May 1 to June 12.

Cedar Creek Elementary School

T-Ball

Ages 4-6

A fun, non-competitive league to teach the basic skills of T-Ball. Parent volunteers will do coaching. No umpires or scores are kept; coaches will teach throughout the game. Players should bring a glove to each practice and wear tennis shoes or rubber cleats.

Please, no team requests.

Registration deadline April 19th.
24TB \$75

Tuesdays and Thursdays, May 9 to June 13. 6:30-7:30 pm

Cedar Creek and East Bethel Elementary Schools

CO-ED Baseball

Ages 6-9

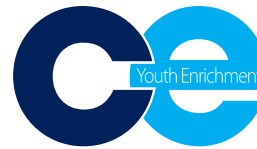
A fun, non-competitive league to teach young children fundamental baseball skills. Parent volunteers will do coaching. No umpires or scores are kept; coaches will teach throughout the game. Players should bring a glove to each practice and wear tennis shoes or rubber cleats.

Please, no team requests.

Registration deadline April 19th.
24BB \$75

Tuesdays and Thursdays, May 7 to June 13. 5:30-6:30 pm

SF Elementary School, SF Middle School, SF Learning Center



St. Francis Area Schools

Youth Enrichment 6-12

This fall, winter, and spring the Youth Enrichment program will be offering:

Trap/Skeet Club

Grades 7-12

The club meets in the Fall and Spring at the Minnetonka Gun Club in St. Francis. Online Spring registration closes March 18. Do not wait. Spots are filled first-come, first-served basis.

All participants must attend the preseason meeting. All first-time members are required to attend new shooter training. The season begins April 1 and goes until late June.

Office

St. Francis High School
3325 Bridge Street
St. Francis, MN

Contact

Brad Krause, Manager
bradley.krause@isd15.org
763-213-1810
www.isd15.org/yenrichment





St. Francis Area Schools

Activities and clubs are offered to students in kindergarten through grade 5. Activities are coached, instructed or chaperoned by qualified, skilled adults.

The full schedule and course descriptions are available at <https://district15.ce.eleyo.com/>

Contact

Chris Schlottman, Manager
christine.schlottman@isd15.org
763-213-1615

Christi Reeves, Billing Questions
christina.reeves@isd15.org
763-213-1641

AFTER SCHOOL KARATE YOUNG AMERICAN SCHOOL OF DEFENSE

Students are instructed in non-aggressive, self-defense techniques and safety awareness. Personal esteem, respect for others, self-discipline and physical fitness are promoted. At the conclusion of class, students will be eligible to earn a certified belt. Returning students can earn a higher rank belt. Students should wear comfortable, loose-fitting clothing such as sweat pants or shorts and a T-shirt. If they prefer, children have time to change after school. Uniforms are optional and can be purchased from the instructor. It is the responsibility of the parent to transport children from East Bethel Elementary School, SFE, or other locations to class.

Ages: 5-16 | 3:50-4:40 p.m.

KARATESW24 \$80

Tuesdays, January 9, 16, 23, 30, February 6, 13, 20, 27, March 7 and 14

St. Francis Elementary School

KARATECW24 \$80

Thursdays, January 11, 18, 25, February 1, 8, 15, 22, 29, March 7 and 14

Cedar Creek Elementary School

KARATESS24 \$80

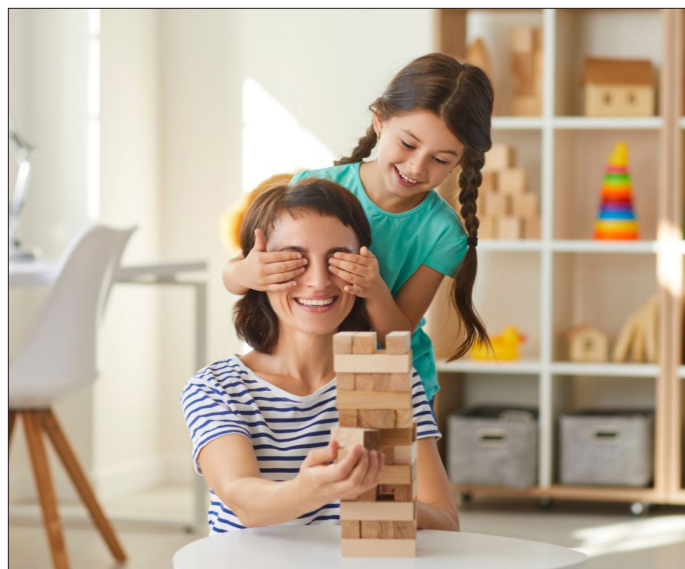
Tuesdays, March 19, April 2, 9, 16, 23, 30, May 7, 14, 21 and 28

St. Francis Elementary School

KARATECS24 \$80

Thursdays March 21, April 4, 11, 18, 25, May 2, 9, 16, 23 and 30

Cedar Creek Elementary School



BLAST - BABYSITTING 101 EMERGENCY OUTFITTERS

This course follows the American Academy of Pediatrics – Babysitter Lessons And Safety Training (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. Students receive a reference book, recipe and game handouts, babysitting bag and first aid kit. Bring a bag lunch, beverage and a snack.

BLASTSW24 \$67

Ages 11-13 | Monday, January 15 | 8:30 am-4:00 p.m.

St. Francis Elementary School

BLASTCS24 \$72

Ages 11-13 | Friday, May 10 | 8:30 am-4:00 p.m.

Cedar Creek Elementary School

BEE THE CHANGE KIDS CHOIR NANCY PORTER

Do you love to sing, dance and make a positive difference? Cedar Creek Elementary students are invited to experience “Show Choir”..with a message. “Bee the Change” is the name of our new vocal group and hopes to continue for years to come. This is offered for grades 3-5. It includes some school performances and a friends and family performance at the end of each session.

Fees include a T-shirt and a pizza party!

BEECW24 \$110

Grades 3-5 | Tuesdays, Jan 16-March 14 | 3:50-4:40 p.m.

Cedar Creek Elementary School



HORSE DAY CAMP (AGES 6-15)

BOULDER POINTE

Kids will learn what it's like to have a horse for a day! Campers get to ride in the indoor and/or outdoor arenas for 40 min-50 min (no trails), practice how to steer, stop, turn, and walk on their own. They also might make horse treats, do a craft, and play games. And don't forget the time to meet and care for the horses, which is a big part of ownership!

Campers are broken into smaller groups based on similar riding experience and age, which is perfect for both new and more experienced riders!

Sorry, We do not allow parents to stay for the day. Parents are required to drop off and pick up.

ALL CAMPS \$105

Ages 6-15 | 9:00 a.m. - 3:00 p.m.

Boulder Point (see page 20 for address)

DAYCAMPS1

Monday, January 15

DAYCAMPS2

Monday, February 19

DAYCAMPS3

Monday, March 25

DAYCAMPS4

Wednesday, March 27

DAYCAMPS5

Friday, March 29

DAYCAMPS6

Friday, Ma7 10

DAYCAMPS7

Monday, May 27

What Do Campers Need to Bring

- Long pants, closed toe shoes, appropriate clothes for weather inside and outside of barn.
- No flip flops.
- Sunscreen/hat
- Water bottle/drinks/snacks and a lunch (lunch only for day camps)
- Treats for the horses if you want

My Little Horse Camp (Ages 2-5)

BOULDER POINTE

Campers will get to ride a real horse in an arena, meet several different horses at Boulder Pointe and learn how to groom the horses ... all with a focus on safety! In addition, students will do an art project and have an opportunity to make horse treats to feed their new friends. Stations are split into 15-minute intervals to keep everyone engaged. Parents have the opportunity to lead their child on the horse and take photographs as they go.

This 2-hour camp is designed for parent/guardian participation. Parent/Guardian is expected to remain with their child during the entire duration of the camp.

ALL CAMPS \$75

Ages 2-5 | 12:00-2:00 p.m..

Boulder Pointe (see page 20 for address)

LITTLECS1

Saturday, January 20

LITTLECS2

Saturday, February 3

LITTLECS3

Saturday, March 3

LITTLECS4

Saturday, April 13

LITTLECS5

Saturday, May 18



Camps are held rain or shine, as we have an indoor barn and arena.

All campers must have a completed Release of Liability Form completed online before attending camp.



BMX Community Night

BMX

BMX riding is a great way for kids and adults to stay active, build confidence, develop important life skills, connect with others, and have fun.

This session will cover BMX fundamentals including “What is BMX racing?” racing bike types, BMX terminology, and BMX safety. Also, the most important lesson, how to RIDE LIKE THE WIND! Students will receive hands-on riding instructions and will practice their new skills on the BMX track. This course is designed for new riders (novice) who are interested in the sport.

No special bikes are required, if it has wheels, a few adjustments and we will make it work for this class (your bike will need to have the reflectors, kickstand, chain guard and pegs removed). If you do not have a bike, we have a fleet of HARO race bikes available at the track for use on a first come first serve basis.

A full-face helmet is recommended, as helmets are required. You must wear long pants, a long-sleeved shirt and close-toed shoes.

BMXCEN4 \$15

Thursday, February 1 | 5:30-7:45 p.m.
Rum River BMX (see page 20 for address)

BMXCEN5 \$15

Thursday, March 7 | 5:30-7:45 p.m.
Rum River BMX (see page 20 for address)

BMXCEN6 \$15

Thursday, April 4 | 5:30-7:45 p.m.
Rum River BMX (see page 20 for address)

BMXCEN7 \$15

Thursday, May 2 | 5:30-7:45 p.m.
Rum River BMX (see page 20 for address)

Science Explorers/ Myth Busting 101

SCIENCE EXPLORERS

Mind-blowing myths or scientific facts? Join Science Explorers as we confirm or bust strange myths and wacky urban legends. We will ask the crazy questions, develop hypotheses, then we may smash it, crash it or launch it to determine if the myth is confirmed, plausible or busted.

Note: M&M’s (non-peanut variety) and Pop Rocks may be consumed.

MYTHBUSTS24 \$28

Tuesday, April 2 | 3:45-5:15 p.m.
Grades 1-6 | St. Francis Elementary School

MYTHBUSTC24 \$28

Tuesday, May 21 | 3:45-5:15 p.m.
Grades 1-6 | Cedar Creek Elementary School

CRASHERS RC RACERS

CHRIS MCKELLIPS

Interested in RC Cars? Want to try racing them on a track? Then come join us for some fun as we explore what makes them work and then get to try them out. Participants will leave with a better understanding of the hobby, and get some time testing out their driving skills on a few different types of RC Cars and Trucks. Participants can use the RC Cars provided or bring their own RC Cars on approval.

RCRACE24S1 \$29 1ST SESSION

Grades K-8 | Tuesday, April 9 | 6:00-7:10 p.m.

RCRACE24S2 \$29 2ND SESSION

Grades K-8 | Tuesday, April 9 | 7:20-8:30 p.m.
St. Francis Elementary School





POLAR FLEECE CUPCAKES.

AMBER WORCESTER

Join us in making polar bear cupcakes. In this class you will create 3 polar bear faces and 3 polar bear paws. You will be using frosting and dipping your cupcakes in coconut and decorating them with Oreo's and M&M's creating polar bear faces and paws to bring home to share.

POLARSW24 \$35

Grades 1-8 | Monday, January 22 | 3:45-5:00 p.m.
St. Francis Elementary School

POLARCW24 \$35

Grades 1-8 | Tuesday, January 23 | 3:45-5:00 p.m.
Cedar Creek Elementary School

Valentine's Cake Pops

AMBER WORCESTER

Join us in decorating 10 Valentines cake pops. You will be using melted almond bark and sprinkles to decorate and take home 10 cake pops!

POPSSW24 \$40

Grades 1-8 | Monday, February 12 | 3:45-5:15 p.m.
St. Francis Elementary School

POPSCW24 \$40

Grades 1-8 | Tuesday, February 13 | 3:45-5:15 p.m.
Cedar Creek Elementary School



Pot of Gold Cupcakes

AMBER WORCESTER

Join us in decorating 6 Pot of Gold Cupcakes. In this class you will learn to frost your cupcakes, use rainbow candy pieces to make rainbows, and gold wrapped candies to make your pot of gold! After you will be able to bring your cupcakes home to share!

GOLDSS24 \$35

Grades 1-8 | Monday, March 11 | 3:45-5:00 p.m.
St. Francis Elementary School

GOLDCS24 \$35

Grades 1-8 | Tuesday, March 12 | 3:45-5:00 p.m.
Cedar Creek Elementary School



Bunny Cookies

AMBER WORCESTER

Join us for decorating 3 egg and 3 bunny cookies! In this class you will learn how to use piping bags and the outline/fill method to design each cookie! After you have decorated your cookies, you will be able to take all 6 cookies home to share!

BUNNYCS24 \$40

Grades 1-8 | Tuesday, March 19 | 3:45-5:15 p.m.
Cedar Creek Elementary School

BUNNYSS24 \$40

Grades 1-8 | Thursday, March 21 | 3:45-5:15 p.m.
St. Francis Elementary School

Flower Power Cake

AMBER WORCESTER

Join us in practicing with fondant. Rolling out fondant, adding color and then cutting out flowers to decorate a cake to bring home!

FLOWERSS24 \$40

Grades 1-8 | Monday, April 8 | 3:45-5:15 p.m.
St. Francis Elementary School

FLOWERCS24 \$40

Grades 1-8 | Tuesday, April 9 | 3:45-5:15 p.m.
Cedar Creek Elementary School

Virtual Computer Coding Competition

LUKE SCHLANGEN

Build a computer bot to play head-to-head against other coders! Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. The Code Championship Series is a series of four tournaments in four weeks (it's ok to miss one or two). If you have a modern browser like Chrome or Firefox, no additional download is required. Please come knowing how to navigate the internet (basic typing and mouse control). The link to the Google Meet event will be emailed two days before the tournament. This is a four consecutive Saturday morning classes!

VCODEV24 **\$72**

Grades 3-9 | April 27-May 18 | 9:00-11:00 a.m.

DUNGEONS & DRAGONS 101: ONE SHOT MINECRAFT ADVENTURE (VIRTUAL)

TECH ACADEMY INSTRUCTOR

Learn the basics of Dungeon and Dragons. Pick and develop your character and join us for a Minecraft one shot campaign.

MINECRAFTDDV24 **\$58**

Grades 2-6 | Tuesdays, January 16, 23 | 6:00-7:30 p.m.

Game Coding: Mario Kart (Virtual Class)

TECH ACADEMY INSTRUCTOR

In this class, we introduce students' programming concepts using Scratch. Scratch is a drag-and-drop creative coding platform developed by MIT. Students will be instructed to make a Mario Kart - style game.

MARIOCODEV24 **\$35**

Grades 3-6 | Wednesday, January 24 | 6:00-7:30 p.m.

Video Production: Special Effects (Virtual)

TECH ACADEMY INSTRUCTOR

Learn film editing basics and how to use Hollywood-style special effects techniques. We will be teaching students how to create magical special effects.

SPECIALEFFECTSV24 **\$72**

Grades 3-7 | Saturdays, Jan. 27 and Feb. 3 | 8:00-10:00 a.m.

Intro to 3D Printing (Virtual)

TECH ACADEMY INSTRUCTOR

This 3D printing camp takes students through the 3D printing process from start to finish. Students will be designing a keychain, and the 3D print will be mailed home. No experience is necessary, but familiarity with doing common tasks using a computer and keyboarding is required. Fees listed include printing fee for one project.

INTRO3DV24 **\$72**

Grades 1-4 | Saturdays, Feb. 17, 24 | 8:00-10:00 a.m.

3D Printing: Jewelry Design & Fab (Virtual)

TECH ACADEMY INSTRUCTOR

Bring your creations to life in this 3D printing class. The ancient craft of jewelry making is brought to the modern world using Tinkercad. Students will learn to build 3D models on the computer using CAD software. They will design a pair of earrings and a ring. Picking one to be printed and be mailed home.

3DJEWELRYV24 **\$87**

Grades 3-8 | Saturdays, March 9, 16 | 9:00-11:00 a.m.

3D Printing: Pokemon (Virtual).

TECH ACADEMY INSTRUCTOR

Design your own 3D pocket monster using Tinkercad. This course will give students an introduction to using CAD modeling & design software. Student designed Pokemon will be printed and mailed home.

3DPOKEMONV24 **\$42**

Grades 3-7 | Wednesday, March 20 | 6:00-8:00 p.m.

Additional Technical Requirements

- Computer: PC (Windows 7 or later) or Mac (OSX) with at least a 2GHz processor and 4GB of RAM
- PC/Laptop required (Windows or MacBook) Chromebooks, Tablets and Phones DO NOT work
- Internet: Broadband internet
- Webcam
- Microphone and Speakers
- Zoom Installed on Computers





St. Francis Area Schools
Driver Education

St. Francis Area Schools Community Education offers 30 hours of classroom instruction. We are licensed with the state of Minnesota and have Driver Education Certification. Our program has been approved by the Minnesota Department of Public Safety. The years of experience of our instructors, along with their certification, provide a safe, high quality program for your child.

The State of Minnesota has extended teleconference training for classroom driver education. This is an opportunity for students ages 14 years and older to complete 30 hours of classroom training from home.

St. Francis Area Schools Community Education offers 30 hours of classroom instruction and six hours of Behind-the-Wheel instruction with state-certified, licensed teachers. Our program has been approved by the State of Minnesota Department of Public Safety, and we provide a safe, high-quality program for students.

St. Francis Area Schools Community Education has entered into a temporary partnership with A+ Driving School to provide you with this option for classroom instruction only until further notice. Visit the registration website, <https://district15.ce.eleyo.com>, to view all options.

Behind-the-Wheel ONLY
\$330 **6 SESSIONS**

Email Angela Westbrook (angela.westbrook@isd15.org) for information or to download a registration form, go to www.isd15.org/page/driver-education

Office

St. Francis High School
 Adult Community Education
 3325 Bridge Street NW
 St. Francis, MN

Contact

Angela Westbrook, Manager
angela.westbrook@isd15.org
 763-213-1640
www.isd15.org/page/community-education



St. Francis Area Schools
Adult Basic Education

St. Francis Areas Schools Adult Basic Education (ABE) is offering in-person classes and distance learning opportunities.

Below is the schedule for drop-in, no appointment needed learning:

MONDAY, TUESDAY, WEDNESDAY

Anytime between 12:00-3:00 p.m.
 St. Francis Learning Center

THURSDAY

8:00 a.m. - 3:00 p.m.
 St. Francis Learning Center

MONDAY & WEDNESDAY

Anytime between 4:30-7:00 p.m.
 St. Francis High School-D115

General Education Development diploma preparation classes are provided free to all who are interested.

ABE instruction includes:

- Open enrollment throughout the school year.
- Improve your English language skills—all levels
- General Educational Development (GED) diploma preparation
- Brush up on workplace and academic skills
- Prepare for college
- Citizenship classes

Office

St. Francis Learning Center
 4111 Ambassador Blvd NW
 St. Francis, MN

Contact

Maria Burnham, ABE Instructor/Coordinator
maria.burnham@isd15.org
 763-753-7190
www.isd15.org/abe



St. Francis Area Schools

Facility Scheduling

St. Francis Area Schools area buildings and fields are available for public use after school, on weekends and during the summer.

All locations are scheduled centrally and require a permit.

Please visit the website for more information and fees.

Office

St. Francis High School
Adult Community Education
3325 Bridge Street NW
St. Francis, MN

Contact

Angela Westbrook, Manager
763-213-1588
www.isd15.org/sfce

Community Education Advisory Council

Would you like to be involved in Community Education at St. Francis Area Schools? Consider becoming a member of the Community Education Advisory Council, which promotes the goals and objectives of community education.

Meetings for the remainder of the 2023-24 school year are at 4:00 pm in the District Office on the following dates: January 26, March 23, and May 25.

Location

St. Francis Area Schools District Office
4115 Ambassador Boulevard NW
St. Francis, MN

Contact

Chris Lindquist, Director of Community Education
763-753-7048
chris.lindquist@isd15.org
www.isd15.org/sfce

