




# OCTOBER BEHS MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>Daily Lunch Selections</u></b> <ul style="list-style-type: none"> <li>• Choice of Pizza (M, W, F) or Burger Bar (T, Th)</li> <li>• Fresh made Daily Sandwich Lunch Meal</li> <li>• Fresh made Daily Wrap Meal</li> <li>• Boxed Salads or Protein Lunch Pack</li> <li>• Bagel &amp; Cream Cheese, String Cheese &amp; Seeds</li> </ul>		<b>1</b> <b>Fish Sticks</b> <b>French Fries</b> <b>Cole Slaw</b>	<b>2</b> <b>Chicken Strips</b> <b>Tater Tots</b> <b>Ranch Dipping Sauce</b>	<b>3</b> <b>Mini Cheese Calzones</b> <b>Marinara Sauce</b>
<b>6</b> <b>Cheesy Beef Nachos</b> <b>Salsa, Sour Cream &amp; Jalapenos</b>	<b>7</b> <b>Teriyaki Chicken &amp; Rice Bowl</b> <b>Fortune Cookie</b>	<b>8</b> <b>Breakfast Sandwich</b> <b>Egg, Cheese &amp; Sausage</b> <b>English Muffin</b> <b>Hash Brown Wedge</b>	<b>9</b> <b>Spaghetti &amp; Meatball</b> <b>Pasta Bowl</b> <b>Homemade Garlic Bread</b>	<b>10</b> <b>Spicy Buffalo Chicken Bites</b> <b>Seasoned JoJo</b> <b>Potato Wedges</b>
<b>13</b> 	<b>14</b> <b>Homemade Beef Vegetable Soup</b> <b>Grilled Cheese Sandwich</b>	<b>15</b> <b>Corn Dogs</b> <b>Baked Beans</b> <b>Tater Tots</b>	<b>16</b> <b>Chicken &amp; Vegetable</b> <b>Pot Stickers</b> <b>Stir Fried Rice</b>	<b>17</b> <b>Chicken Strips</b> <b>French Fries</b> <b>Ranch Dipping Sauce</b>
<b>20</b> <b>Cheesy Nachos</b> <b>Seasoned Chicken</b> <b>Salsa, Sour Cream &amp; Jalapenos</b>	<b>21</b> <b>Sweet &amp; Sour Chicken &amp; Rice Bowl</b> <b>Fortune Cookie</b>	<b>22</b> <b>French Toast Sticks</b> <b>Sausage Links</b> <b>Hash Brown Wedge</b>	<b>23</b> <b>Chicken Alfredo</b> <b>Pasta Bowl</b> <b>Homemade Garlic Bread</b>	<b>24</b> <b>Chicken Nuggets</b> <b>Mac &amp; Cheese</b>
<b>27</b> <b>Sloppy Joes</b> <b>Fritos Corn Chips</b>	<b>28</b> <b>Homemade Chicken Veggie Soup</b> <b>Garlic Cheese Toast</b>	<b>29</b> <b>Beef Hotdogs</b> <b>Baked Beans</b> <b>Chips</b>	<b>30</b> <b>Homemade Beef Chili Bowl</b> <b>Cheesy Bites</b>	<b>31</b> <b><u>Half Day</u></b> <b><u>Sack Lunch To Go!!!</u></b> <b>Cheesy Bread Sticks</b> <b>Marinara Sauce</b>

One % Low fat milk, fruit and veggies offered daily to complete your meal!

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