

THE JET GAZETTE

"WE'RE ALL JETS HERE"

Moving into the 21st Century

Felita Binu, Dylan Diculescu, Angel Mathew, Emily Navarette, Nusaiba Nursi, Emily Sugrim *Contributors*
Rihanna Rendon & Sabrina Rosenberg, *Editors*

Imagine: the year is 2050. A student enters East Meadow High School through the safety vestibule, ready for a brand new day. He stops and views the interactive walls that showcase the upcoming school and community events.

Then, he enters his brightly colored classroom where work stations greet him. The students are working in innovation zones that inspire collaboration, with interactive technology at their fingertips.

Now, that same student time-travels back to 2025, views the "celadon" tile, the ceiling projectors, seats in rows,



EMHS Front Foyer, circa 1958

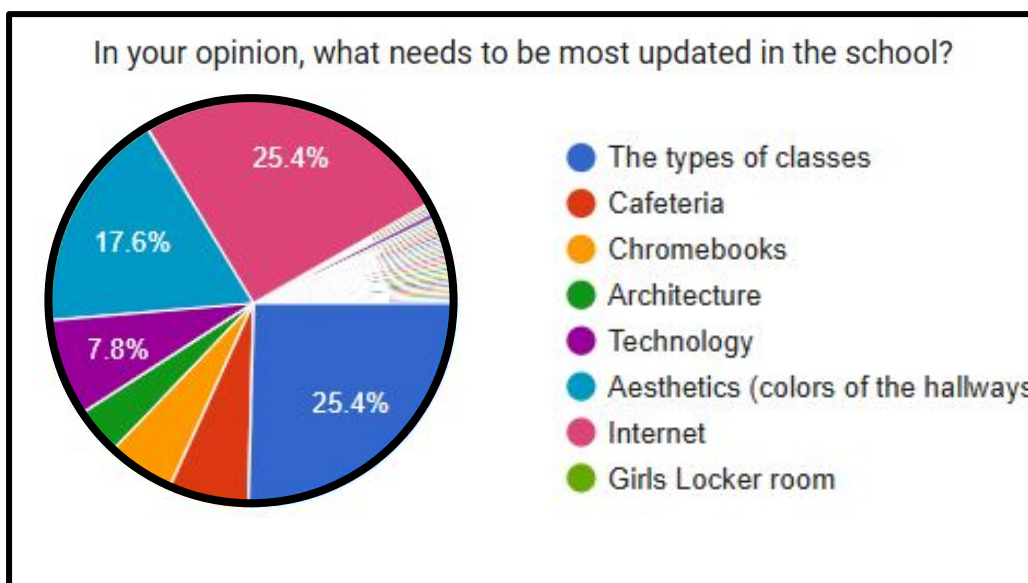
and worn out computers. However, he is excited, knowing what the future holds.

In a never-ending cycle of trying to stay up to date with the latest technology, and modernizing the schools, East Meadow is no different.

At the present though, "I feel like our school is very outdated, especially on looks. I see maybe pictures and videos of other schools and when I compare it to our school, our school looks really old," East Meadow High School junior, Joshlynn Abraham, expressed.

Recently, the *Jet Gazette* surveyed staff and students for their "wish lists" if they could redesign our school.

Over 25% of people surveyed want updated technology. Brandon Rios, a senior, suggested, "Invest in newer hardware and technology, since technology is going to play a bigger



role in society in the near future."

Superintendent Mr. Kenneth Rosner noted that technology is an ongoing battle. "We have to update technology. You can buy iPads today and in a few

years the new one will come out and make the old one obsolete and no longer in use. It's a cycle that we go onto with our technology to keep up to date with new technology."

East Meadow's recently published,

"Re-imagine: East Meadow Schools for 21st Century Learning and Leadership," showcases four "revitalization" pillars that will prioritize "Health and Safety," "Environmental Education," "Buildings and Infrastructure," and "Athletics" and includes plans for updating buildings and technology.

Already, one can see additional Lock Down levers and numerous filtered water fountains added throughout the building. Work stations are slowly replacing desks in many classrooms too!

The district's vision adds safety vestibules, door locks, and a magnetic release system.

In addition to building improvement, an overwhelming amount of people want to see increased offerings of classes to reflect financial literacy and career and technological education.

Eleventh grade, Zara Qadir, voiced, "The school needs to update the curriculum into topics that actually mat-

ter and will affect us in the future. For example, how to pay taxes and our mortgage because every single person will need to do it, yet it isn't taught in schools. Instead we have the same classes with the same topics that don't help us with anything in the real world."

Jonathan Lima, eleventh grade added, "There should be classes that go over life skills like credit scores, student loans, how to write a resume, and even to pay taxes."

Rosner's vision *does* include, "Financial literacy, that everyone understands, things that you may not be learning in algebra, geometry,



East Meadow circa 1958....not much has changed.

calculus, not that they are not unimportant, but there are other things that need to be taught."

Fellow junior Arshia Syeda claimed, "Every class should go

digital or reassemble the AP tests at the end of the year. Teachers are still giving paper tests when the AP tests have been becoming digital or hybrid. Teachers should give the same level of tests in a subject."

Interestingly, many other local high schools are also embracing their own version of 21st century curriculum.

For example, unique courses like Agriscience, College Real Estate, Self defense/Judo, and Intro to Sports Medicine are offered at Jericho High School, which shows the growing interest for a diverse set of classes.

Cold Spring Harbor High School offers online classes to enable students thrive better in remote learning. Some of these classes include Personal Finance, Fundamentals of Coaching, and Robotics. This allows greater opportunity for students to add to their course load.

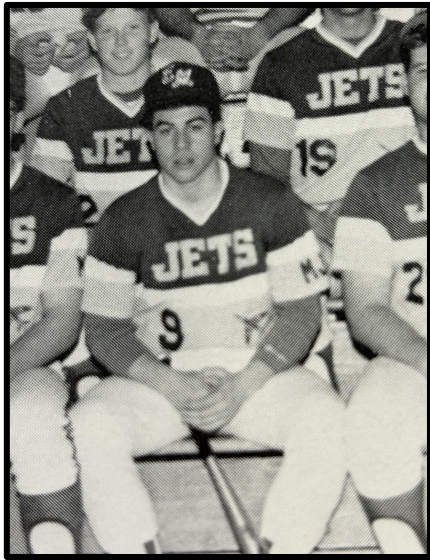
Additionally, Commack High School, as part of their own forward-thinking mission, has a "Bloomberg Financial Literacy Lab." There, students develop critical thinking skills in a realistic "lab" where a fully functional stock ticker embraces the room. East Meadow's Value Investors Club, would really benefit from a classroom like this.

Hospitality and Tourism" is a favorite course at Great Neck North High School. This class provides students with the knowledge for entertainment ...*Cont. on page 3*

A Fond Farewell to Mr. Howard

Caroline Smith, *Editor-in-Chief*

An East Meadow alumnus who graduated with the class of 1989 is now on his way to a wonderful retirement. It all started with being a substitute teacher in 1995, then becoming an art teacher in 1996, followed by an administrator in 2001.



Mr. Richard Howard reflected, “I think I’m most proud that we were able to keep a high standard in the classroom academically but also tend to the needs of the social and emotional growth of the students.”



While most of the atmosphere of EMHS is the same, there are some differences, such as the school size being much smaller back then, with only three grades, compared to the four grades we have now.

Another notable difference is that the, “Staff is much younger than when I went to school here —now we have a good mix of veteran and new teachers, they learn from each other, the young teachers can learn from the knowledgeable veteran teachers and the younger teachers assist with the technological advancements we now see in the classroom.”

In the next few years, Mr. Howard hopes that quality time with his family will increase greatly, with his son in the workforce, and his daughter playing soccer at the University of Illinois. “I’m excited to see how things evolve with my kids.”

While students and faculty hate seeing him go, we all wish him the best years to come from the bottom of our hearts. We appreciate everything that he has done for this district since his arrival, and it seriously means the world to see how much of an asset he is to this school and its community.

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Staff and students share their reflections...

Mrs. Christina Egan

Q: What is one thing that you’re most proud of Mr. Howard for?

A: “I am very proud that he makes East Meadow High School a safe, clean and happy place to come each day for both students and faculty. Mr. Howard has led in a very positive way that had a wonderful impact on all facets of the school.”

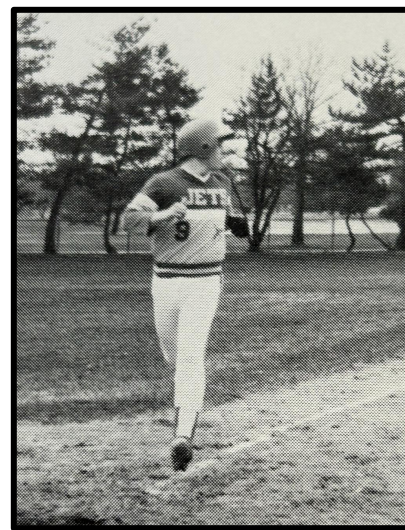
Mrs. Salzman

Q: What is one of your favorite memories with him?

A: “Since Mr. Howard announced his retirement, I’ve made it a point to see him each day—whether for a brief conversation or simply to say hello. These moments of connection have been truly meaningful and have made this time all the more special.

Senior Class Officers reflected:

His leadership is marked by compassion, vision, and a relentless pursuit of excellence. He doesn’t just manage; he inspires. He doesn’t just observe; he engages. He believes deeply in caring for your family and that has shown through the culture of respect, integrity, and kindness he has built, leaving a profound and lasting impact on our students, staff, and entire school community.



#9 Mr. Howard, for the EM Jets Baseball

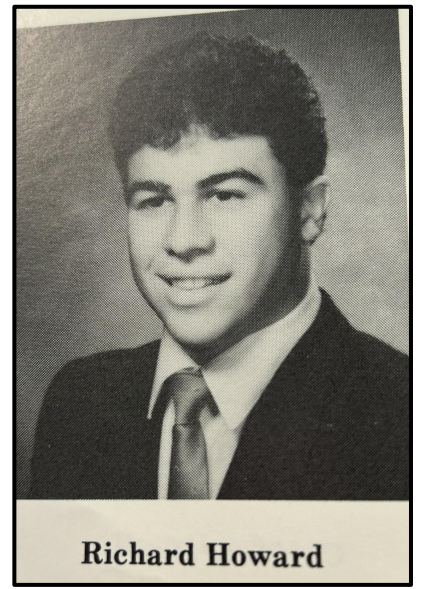
Mrs. Lebowitz

Q: How has Mr. Howard left a lasting impression on you?

A: “Mr. Howard really lives the values that make a high school great—integrity, inclusion, putting students first, pushing for academic excellence, and giving back to the community.

Mrs. Silberman

Q: Is there anything that you would like to say?



Richard Howard

A: “Rich Howard has left a legacy here that will never be forgotten. He has always teased me about my “overboard passion” for things I care about, and has chastised me for often using capital letters and exclamation points in my emails. Sorry, but NOW IS THE TIME FOR CAPITAL LETTERS AND EXCLAMATION POINTS!!!! Thank you for all you’ve done for our students and community—and for me personally. Best of luck to you and your family and I hope you enjoy every minute of your retirement.”

.....
Congratulations to ALL of East Meadow's Retirees!

- Lana DelGreco:**
Guidance Secretary
- Pete Mastrotta:**
Security
- Tim Noonan:**
Security
- Lisa Runco:**
World Languages
- Danny Shafranski:**
Head Custodian

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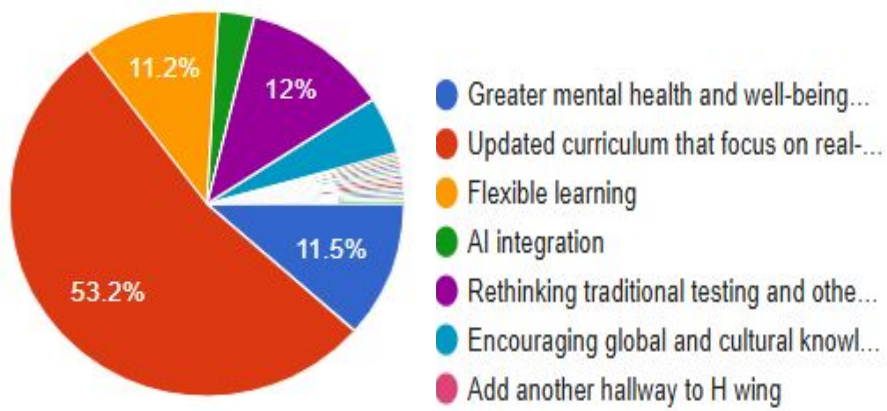
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What is the most significant transformation high schools should undertake to stay relevant in today's evolving world?



careers in places such as restaurants, cruise lines, entertainment centers, and other businesses. By providing experiences in food production and management, students will learn how to do inventory, menu planning and how to run a dining establishment.

While the classroom curriculum is gradually changing, aesthetically, East Meadow hasn't changed all that much from its initial building in 1953. Seventy-two years later, students still enter through a carbon copy of the original entrance, stuck in a bygone era, walking through the same foyer.

Sophomore Ella McNamee suggested, "More color would make kids happier!"

Students offered all different types of suggestions for updating the school including refreshing the locker rooms. Fortunately for East Meadow's athletes, the "Reimagine" plan includes updated locker rooms, weight room, wrestling room, and relocating/updating the athletic fields.

Music students will enjoy updated sound and lighting systems to the auditorium, as well as a paint refresh

and new floor.

Overall, students and teachers will enjoy new ceilings, replacing the current decrepit ones. Newly painted walls will greet East Meadow's occupants. Expect to see renovated cafeterias, well-lit parking lots, and adding additional lighting throughout the school.

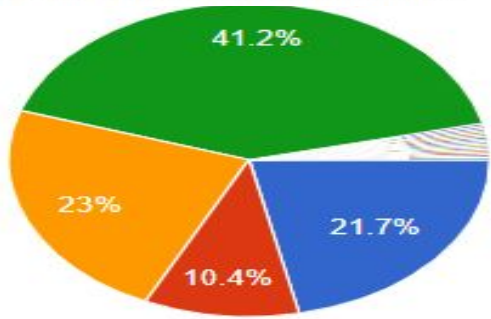
Interestingly, area high schools are also jumping on the "updating" bandwagon.

Imagine instead, walking into a big open space, with floor to ceiling windows, with wider hallways and stairways that students did not have to worry about crowded hallways.

High schools such as Commack, have library furniture that aligns art with geometrical shapes. Their cafeteria incorporates booths for a comfortable dining experience. Thomas A. Edison High School, located in Queens exemplifies vibrant colors for an eye-appealing experience. Across the country, modern schools incorporate natural lighting and technology integrated classrooms.

The future is bright for East Meadow, one can only imagine the possibilities!

- Station areas instead of traditional sea...
- More colors on the walls and posters
- Interactive Smartboards and displays
- Student-centered innovation zones to...
- Allow students to use their phones for...
- Functioning technology and internet...



In what ways can teachers transform their classrooms to become more contemporary and technologically advanced?

Thinking Green!

Sabrina Rosenberg, Editor

On May 29, the Horticulture Club was "going green" with the students from Bowling Green Elementary. In the school's courtyard, the high school students taught their younger counterparts about nature and the importance of looking after the Earth.

Between bug hotels, seed bombs, and more, the "littles" had much to learn from the Horticulture Club's enthusi-



Photo courtesy of Sabrina Rosenberg

astic members.

Sophomore Robert Volpe commented, "I think it's fun that we

Filtered Fountains Come to EM!

Jet Gazette Staff

Eleven filtered working water fountains appeared throughout EMHS right after the Spring Break as part of superintendent, Mr. Kenneth Rosner's plan to "Reimagine" East Meadow School District. This update, among many others to come, is one of the Maintenance Projects, that brings cleaner and more environmentally responsible water to students and

staff.

"I'm really happy about the new water fountains because it makes more water accessible to the school and you won't typically have to wait long in line," said Benjamin Racheff, grade 10.

The numerous amount of fountains allows for faster access to water, enabling students to get back to class sooner.

Eleventh grader Zara Qadir added, "I think it's good because I don't have to walk across the whole hallway just to find a water fountain."

Multicultural Show 2025



Photos courtesy of Jet Gazette staff

get to do the activities with the kids from the elementary school because they can remember it and then want to join the Horticulture Club and it can keep going for more and more years."

Although the weather was inclement, the spirits were high. Constantly drying off the soggy tables, the Horticulture Club showed their dedication to the cause by withstanding the cold and light rain for the better part of the day.



Phebe Eby, junior, added, "I love the kids coming in and seeing the

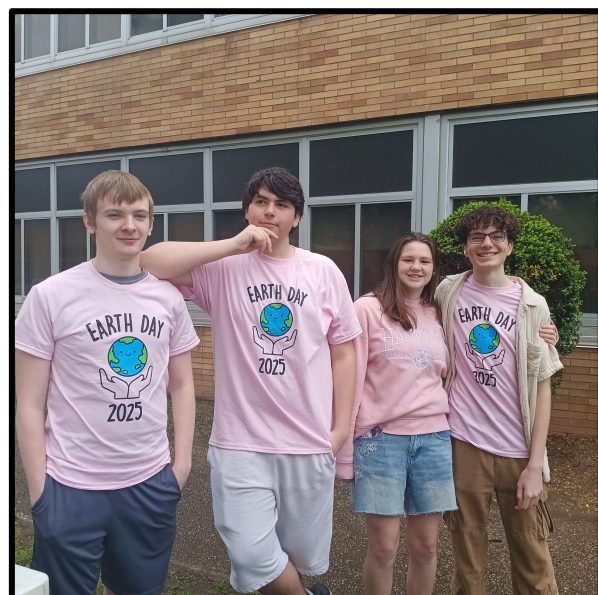


Photo courtesy of Sabrina Rosenberg

different aspects of science that they at home wouldn't usually see in class or in their classes. The Horticulture Club and the Earth Day celebration really brings out a love for plants and experiments that could even be done at home."

Compiled by Rihanna Rendon and Sabrina Rosenberg,
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"DECA" Dence...

Marcus Chiu, Contributor

Early on the morning of March 5, 2025, DECA members boarded the bus at 5:30 a.m., to make their way to Rochester to compete in the annual NY DECA State competition.

Upon arriving, students promptly headed to the Joseph A. Floreano Rochester Convention Center where they encountered rows upon rows of tables. The mere size of the room was shocking.

As the DECA Opening Ceremony began, the NY DECA Student Board gave their speeches, and awarded medals to attendees for community services. After the awards were finished, students throughout the night began to enter their events.

"I was stressed about giving my presentation, but it turned out to be easier than I expected," exclaimed freshman Nathan Dhanessur, a first-year member

Several DECA members won awards and then they all participated in the DECA Trivia Night. The competition was fierce, with around five hundred participants at its peak. However, the prizes for winning were grand: giftcards, airpods, and even a PS5 were up for grabs. The quality prizes made a sense of eagerness amongst the competitors, and the game was on. Participants roared out their cheers when the leaderboard changed and contributed to the lively atmosphere of the night.

"My favorite memory from the trip was Trivia Night because I got a chance to meet up with friends, and play kahoot," stated Leena Bala, a freshman and first-year member.

When at long last the trip was almost over, the infamous Lip Sync Battle took place. Several schools competed in brackets to perform a song of their choice, creating one last competition between the schools. While some schools performed without much preparation, other schools went all out with their performances and had prepared dance routines.

East Meadow's team (named The Bobs) performed "Disturbia" by Rihanna on stage, and riled up the crowd and received cheers throughout the massive ballroom. The night was a thrill for everyone.

"I had a lot of fun and made many memories," said freshman Manvir Singh, first-year member

Congratulations to the many East Meadow DECA members who received awards.

- Leena Bala - Principles of Finance
- Nathan Dhanessur - Professional Selling: Hospitality and Tourism
- Sarah Kandathil - Start-Up Business Plan
- Alexandra Levinsohn - Retail Merchandising Series
- Sarahi Sharma - Business Finance Series
- Manvir Singh - Professional Selling: Hospitality and Tourism

Ms. Samantha Picinich, DECA Advisor concluded, "I definitely think our students were more involved than ever in the past activities at the Rochester Center."

An International Celebration

Interviews compiled by the Jet Gazette Staff

"It's been difficult to adjust and learn the language and mix with the culture." Juan Galindo, also in tenth grade, agreed that it is difficult to speak with native speakers.

Sophomore Nahomy Benitez and Paula Benites Ochoa, junior, biggest hurdles are speaking English and learning to communicate.



Photos courtesy of Ms. Caitlin Steele

Ninth period on May

22, East Meadow High School celebrated their English Language Learners' accomplishments in the school cafeteria topped off with cake!

Tenth grade student, Sondra Flores commented,



Advice from a JG Editor

Aleigha Juliano, Editor

Colleges like to see how involved you are in high school. At the end of the day, you're the applicant that they are looking at, not your parents or siblings.

Congrats to the JG Senior Editors!

- Aleigha Juliano: Ithaca College!
- Alissa Mili: Fordham University
- Caroline Smith: Winthrop University

Senior Project Fair

Biamka Bolivar, Contributor

The Jet Gazette's Biamka Bolivar asked EM's seniors about their experiences.

Angela Wu: "At the East Meadow Fire Department, I learned how to effectively communicate and learn life-long skills."

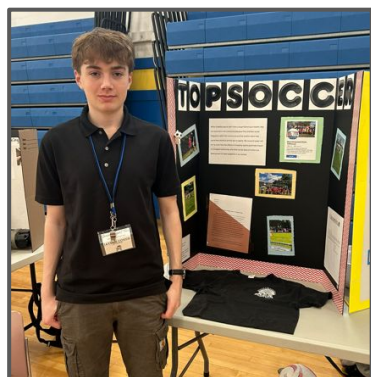


Jayden Cohen: "My experience was really good because I got to work with kids and make a difference in their lives."



Amaris Fernandez: "I loved doing student teaching with second graders!"

Gabriella Koch: "I loved receiving various information on education and speech language pathology. This experience will really help me in the future for my career."



Dylan Vasquez: "I loved my experience; I got to know more about the business the real estate world. I enjoyed also giving back to the community."

Ms. Samantha Picinich: "The seniors did a great job showcasing their projects. We are so proud of their hard work!"

Welcome Principal, Mr. Brennan!

Nusaiba Nursi, Contributor

I always had a passion for working with kids. I taught biology and chemistry here and then, early in my career, I was told by another principal, "I see you as an administrator." So that's when I started working towards a second Masters Degree in Education Leadership. From there, it led to me working in the summer school program as an Administrator, then as Dean, and then Assistant Principal..

Q: What's the most important thing you love about coming to work every day?

A: I love WHAT I do. It is a pleasure to come to work every day. Even on bad days, I still am thankful for the job I have.

Q: Do you have any specific ways that you plan on implementing a feedback system?

A: Well, I plan on doing some committees, such as a student committee and a teacher committee, to get feedback from the people who are an integral part of the school. It shouldn't just be me, dictating stuff. It should be me listening to how people feel and what they want to have to happen here.

Q: Why did you decide on the education field?

A: I originally went to school to become a doctor; I was pre-med. But,

Q: What are your qualities that you feel will help you in leading us?

A: I think the biggest component is that I have worked in this building for 23 years. I know the culture of the building, the faculty, and the community. There's always room for improvement. But the big thing is, I've been here for so long.

It's home already.

The Birdies are Flying! Girls Badminton

Felita Binu, Contributor

This was a great season for the East Meadow High School Badminton Team. They finished with a 9-5 record, an excellent improvement over last year.

The team also earned more All-Conference awards than before and even had two players get All-County honors.

Coach Courtney Castle commented, "As the season went on, the girls gained confidence and kept improving their skills. They showed great sportsmanship and were always positive with each other and their opponents. Our seniors had a nice send off during their final home game, it was a special moment."

Next year will be a bit of a rebuilding year since there are several graduating seniors. However, with the new middle school team East Meadow added this year and hopes for starting a JV team, it is clear that the program will keep growing.

Varsity Girls Lacrosse

Angel Matthew, Contributor

The Varsity Girls Lacrosse team wrapped up a strong season with a 7-4 conference record, showcasing resilience and competitiveness throughout. One of the highlights of the season was the team's poise under pressure, evidenced by three thrilling overtime games, winning two of them.

Senior goalie Alissa Milli anchored the defense with a season-high 100 saves and earned All-Conference honors alongside Kayla Lederer and Kate Barnett. Jaelyn Zabala received All-County recognition for her outstanding contributions, while Crystal Cruz was honored as the team's "Unsung Hero" for her relentless effort and commitment in every game.

The team's fast-paced style, particularly in transition and fast breaks, was a major strength. Contributions came from every part of the field, including standout performances from freshman Ariana Facenda, midfielder Zoe Orlando, defenders Alissa Valente and Shauna Gregorio, and attackers Mary Levin, Isabella Stea, and Jessica Stump.

With a graduating class of ten seniors, their leadership and presence will be deeply missed. However, the foundation has been set, and the team is already focused on the offseason, ready to step up and build on this year's success.

East Meadow is proud of everything this group accomplished and looking forward to what's next.

Play Ball! JV Softball

Nusaiba Nursi, Contributor

The EM girls JV softball had a terrific season of growth and improvement. They finished with a 5-5 record and unfortunately had to deal with a few game cancellations or there would have been a few more games.

The team worked together and practiced with the Varsity team daily, which was a wonderful experience and a great opportunity. All of the girls put their best effort forward and helped the team to some successful wins.

Felicity Webman pitched almost every game and was really dedicated. Special shout out to Adrianna Martone who stepped up to play the catcher's position when we were needing a volunteer and she rose to the challenge. Emma Smith finished the season with a .548 average, a team high, and 22 rbis. Addison Finn also had 16 rbis and .484 average.

Varsity Boys Lacrosse

Emily Sugrim, Contributor

The Boys Varsity Lacrosse team finished the season with 9 wins and 7 losses which was another season that was a step in the right direction for the program.

Coach Joseph Cataldo commented, "This year we had big expectations from our guys to come out determined and committed to building a successful program and they rose to the challenge. There are many seniors on this team that paved the way for the younger players coming up in this program."

The Jets had the biggest win of the season against the Hicksville Comets. The last time the Jets beat the Comets was in 2019!

Offensively, Jackson Reger had a great year as goalie. The defense was a very strong point of this team, being led by Ryan Michel, Ben Barbara, Shaun Reilly, Antonio Ribeiro and Richard Morreale.

Offensively, the team is losing a 4-year starter at attack in Bryan Tauber who scored over 100 points in his career here at East Meadow and a solid crease attackman in Vinny Ronzo.

The future is bright for the lacrosse program with Noah Garner taking on a big role both offensively and defensively. Garner led the team in goals with 42 goals.

Next year, the team will continue to build and grow as a program each year and are hope to continue successful seasons in the future.



JV Girls Lacrosse

Angel Matthew, Contributor

The JV Girls Lacrosse team had a great season both on and off the field. Off the field, the girls ran a great fundraiser for EJ Autism Foundation and had a amazing *Autism Awareness and Acceptance* game!

The girls improved their play tremendously from the beginning of the season through the end. The offense was able to successfully run plays, move the ball effectively, and drive to the net.

Some key players on offense were Olivia Castle, Emily Cabrejo-Marquez, and Lainie Lenz. Hallie Huenke was another key player and it was her first season ever playing! Alyssa DeCampi also played great and won some key draw controls before her season-ending injury.

The core defense was played by Eliza Woszczak, Claudia Bonilla, Amaya Reyes, and Samantha Platkin. These four, along with the midfielders, did a great job on defense and were able to finish the season playing a tough backer-zone defense. A huge shoutout to Christine Lee for doing a fabulous job in goal!! She came up time and time again with big saves and kept the team in many games.

The athletic department so happy and proud of this group. They put in a lot of time and effort and came such a long way.



Match Point! JV Boys Tennis

Emily Navarette, Contributor

Coach Tyler Shatesky exclaimed, "JV Boys Tennis had a great season! The team showed dedication and worked hard to improve their tennis skills.

Everyone on the team showed improvement with some even starting from scratch, playing for their first time!

Many matches were won, some by a lot and some close battles, but every match each players all was given."

The team looks forward to a bright future!

Game On! Girls Varsity Softball

Nusaiba Nursi, Contributor



The girls varsity softball team were co-conference champions this spring season. After a slow start, the girls won six of their last seven games, earning the co-conference championship title, as well as a home playoff game.

There were a few outstanding accolades for some girls who had stellar seasons. First, sophomore Gabi

Shepherd, had one of the best offensive seasons in school history as she batted .508 and recorded 33 hits in 17 games! Shepherd earned All-County honors, along with a nomination for All-State. Junior Katelyn Coffey also earned All-County honors as she batted .436 and slugged four homeruns.

Freshman Allie Barnwell earned Honorable Mention All County honors as she batted .400 and threw out 50% of her baserunners behind the plate. Freshman Sky Wallace earned All-league honors as she batted .404 and was the spark that led to the girls big win streak.

Senior Erin Schwartz was the teams best defensive player as she was outstanding at third base. Schwartz was the team's unsung hero award winner and also the Nassau County Scholar Athlete of the team. This was an extremely young team, as two eighth graders and five ninth



Photo courtesy of Maddy Reger

graders were on the team. The team also graduates only one senior, so the future is bright for the Lady Jets!

Spring Track

Sabrina Rosenberg, *Editor*

The boys' and girls' track teams both had successful seasons, with the girls' team

"Swing, Batter, Batter, Swing!" Varsity Baseball

Jet Gazette Staff

The season started with off season workouts which carried the boys through the winter into the spring.

In the opening series, the county was put on alert when EM swept Division!

The team was very senior heavy with 12 senior players on the roster. Captains Joe Lanza, Owen Smith, and Trevor Smith led the Jets during the season with tremendous play from each of them.

Lanza was All County and the Conference MVP, T. Smith was All County, and O. Smith was All Conference. Senior Darin Lake was a key contributor in the outfield making All Conference, and senior Eric Garcia patrolled centerfield and made All League.

The team had a knack for the dramatic finishes with walk off wins against Calhoun early in the season in a non-league game, against Macarthur in a conference game, against Glen Cove late in the last regular season game, and then the thrilling walk off against Calhoun in the playoffs.

Coach William O'Conner commented, "After losing one of the team's top pitchers in the first week of the season. Alec Coelho, Spencer Kemler stepped up along with sophomores Matt Esslinger, Nick Schwabe and Kyle Francis to lead the Jets."

Coach Matt Castaneda remarked, "'Going into the season I was a little nervous about how the kids would receive both O'Connor and me as new coaches. Once the offseason workouts started, we realized how committed the team is and how coachable the players are based on how they accepted our coaching on a daily basis. The best part of the season wasn't just going 17-7 and

Achieving all county and all division honors and the boys' team having many all county and all division athletes.

Both teams had undefeated seasons, which has not happened for many years.



Photo courtesy of @eastmeadow_xctf

Touchdown Inaugural Season

Girls Flag Football

Dylan Diculescu, *Contributor*

The inaugural Girls Flag Football season saw tremendous growth within the first year of the program. The girls learned and improved so much from day one.

They had an outstanding work ethic as a young team. Next year the Cohen sisters Alyssa and Kaitlyn who were the focal point of the offense, will be key players. Defensively, Isabella Torres, Giavanna Luca, and freshman Shanti Sturdivant will return which presents a promising future for the JAMs.

"The girls are a fantastic group that I loved coaching and am excited for what season two holds. They finished the season on a high note defeating Freeport who is an established program," exclaimed Coach Kevin O'Hagan.

becoming conference champions, the players brought energy every day and they were all such fun players to coach."

Connor added, "Although we are losing so many seniors the future looks bright - Junior outfielder Chris Amadeo along with Trevor Smith, DJ Dowling, and Ryan Jacobs returning along with the sophomore pitchers. We also have a young crop of JV and middle school players with talent who will be able to make an impact."

"Thank you to all of the seniors this year, for everything they brought to the team this year. I wish them the best and look forward to hearing about the success they have post high school. Go Jets!" exclaimed Castaneda.

Congrats to our Committed Athletes!

Melanie Bogen, Track and Field,
Hofstra University

Alec Coelho, Baseball
SUNY Maritime

Christian Collura, Track and Field Jumper, **Bloomsburg**

Jannah Farooki, Soccer,
Ohio Dominican University

Sarah Gatto, Lacrosse,
Dominican University

Mackenzie Goebel, Field Hockey, **Dominican University**

Anaya Hall, Track
Binghamton University

Mazin Ibrahim, Basketball
Farmingdale State College

Spencer Kemler, Baseball.
Georgian Court University

Daron Lake, Baseball
Utica University

Joseph Lanza, Baseball,
Farmingdale State College

Ryan Michel, Football, **Case Western Reserve University**

Alexa Mincone, Dance,
Point Park University

Amanda Morris, Bowling,
Molloy University

Rachel Nasshorn, Soccer,
Long Island University

Timothy O'Sullivan,
Hockey,
University of Scranton

Ava Pohalski,
Cheerleading,
Sacred Heart University

Jackson Reger, Lacrosse,
SUNY Maritime

Izaiah Richards,
Football,
SUNY Cortland

Kaitlynn Slobodin, Cross Country/Track and Field,
SUNY Oneonta

Allison Twible,
Basketball,
Pace University

Andrew Velasquez,
Soccer
Rivier University

Dylan Wauchope, Soccer,
Hofstra University

A Perfect Season *JV Boys Lacrosse*



Emily Sugrim, *Contributor*

The JV lacrosse team took major strides in a lot of ways this season, while also setting a new standard for success. With a renewed focus on teamwork, discipline, and daily improvement, the team developed a strong identity both on and off the field.

Coaches emphasized fundamentals, communication, and accountability. The team did everything the coaches asked of them and more.

Some of East Meadow' most important student athletes this year included Bradley Lukasik, Mike Petitto, Matt Pevsner, Jack Alvy, Eddie Brown and Gabe Malone. A byproduct of these students' efforts allowed some of the

other players to also excel on the field such as Dylan Kuruvilla, Joe Cialone, Grady Blind, Anthony Menechino, Connor Facendola, Nevin Manalil. The team's overall commitment to these values paid off in a big way resulting in an 11-0 undefeated season.

Coach Steven Reiser commented, "More than just wins, this perfect record reflects a group that set clear goals and did the work to meet them. Each game brought new challenges, but the team stayed composed, leaned on each other, and found ways to win.

As we look ahead, this season wasn't just about going unbeaten, it was about taking the next step as a program and continuing to raise the bar, knowing that the foundation we built this year is strong enough to support even bigger goals in the future."

Conference Champs



Photo courtesy of EMHS website