



2023/24

Scotts Valley High School is proud to announce **Year 2** with our Hope Squad program. Hope Squad is a school based Peer to Peer Suicide Prevention and Wellness Leadership Program that builds a supportive community of students and school staff who are dedicated towards promoting the health and wellness of all students.

What is a Hope Squad?

Hope Squads reduce youth suicide through education, training, and peer intervention. Hope Squad members are nominated by their classmates as trustworthy peers and trained by advisors. They are not taught to act as counselors, but rather to be peer advocates, recognize signs of suicide contemplation, sharing and respectfully report any concerns to an adult. Hope Squads organize school activities that promote inclusion and connectedness. Hope Squad members are trained through scaffolded, evidence-based modules. Student participation in Hope Squad is voluntary.

Why Start a Hope Squad?

- Train staff and community members in youth suicide prevention
- Empower the natural helpers in your school through peer-to-peer suicide prevention training
- Raise awareness of mental health and youth suicide prevention resources
- Educate students on how to recognize suicide warning signs and respectfully report concerns
- Train students how to support fellow students who may be struggling
- Increase connectedness, inclusion, and social-emotional learning skills
- Increase help-seeking behaviors

2023/24 - [Hope Squad Video](#) (Created by Hope Squad Student Member Cameron Ross)

[Hope Squad School Board Presentation - Pilot Year](#) (Presented by Hope Squad Student Members and Advisors)

[Amazon Wish List](#) - Check for updates throughout the year

Other opportunities to support our programs:

- Gift cards to House of Bagels (Scotts Valley)
- Gift cards to local markets (Safeway and Nob Hill)
- Gift cards to Amazon

Please reach out to Christie Danner (SVHS Assistant Principal) with questions: cdanner@scottsvalleysd.org