The Westbrook School Department
Middle School Lunch Menu
APRIL 2024

Choice of Main Entree, Hot Sandwich, Cold Sandwich or Salad of the Day
All Meals Served with Choices from Veggie & Fruit Bar & Choice of Milk Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2**	**3**	**4**	**5**
Yang's Mandarin Orange Chicken Seasoned Brown Rice Steamed Broccoli Florets Fruit of the Day	Meatballs w/Low-fat Gravy Mashed Potatoes Sweet Corn Fruit of the Day	Homemade Macaroni & Cheese **All-Beef Hot Dog** Baked Beans Fruit of the Day	Falcon Chicken Bowl Homemade Bread Mashed Potato & Corn Fruit of the Day	Whole Wheat Cheese Pizza Assorted Toppings Baby Carrots & Ranch Fruit of the Day
8	**9**	**10**	**11 Early Release**	**12**
Turkey & Gravy Mashed Potato & WG Roll Sweet Peas Fruit of the Day	Sweet Thai Chicken Seasoned Yellow Rice Mixed Oriental Veggies Fruit of the Day	American Chop Suey WG Garlic Knot Seasoned Green Beans Fruit of the Day	Turkey Italian Smartfood Popcorn Baby Carrots Fresh Fruit	No School Compensatory Day
15	**16**	**17**	**18**	**19**
Spring Break - Have a great break!				
22 Congolese Day	**23 Vietnamese Day**	**24 Latin American Day**	**25 Maine Day**	**26 Taste of the Globe**
Congolese Jollof Rice with Chicken Sweet Plantains Fruit of the Day	Vietnamese Beef & Broccoli (thịt bò và bông cải xanh) Fruit of the Day	Empanadas Salvadoran Beans & Rice Fruit of the Day	Red Snapper Hot Dogs in Rolls McCain Maine French Fries Vegetarian Baked Beans Blueberry Crisp	Whole Wheat Cheese Pizza Assorted Toppings Broccoli Salad Fruit of the Day
29	**30**			
Three Cheese Ziti WG Garlic Knot Honey Roasted Carrots Fruit of the Day	Falcon Burger on a WG Roll Baked French Fries Coleslaw Fruit of the Day	Apri's Harvest of the Month is Dairy Foods Oakhurst Milk Served with all Meals Breakfast Carts on each level with varying choices daily Prices - No Charge to all Students - $4.75 for lunch		

Menu subject to change. This institution is an equal opportunity provider.   WG=Whole Grain

Any questions or concerns please Mary Emerson at 591-6054 or email emersonm@westbrookschools.org