

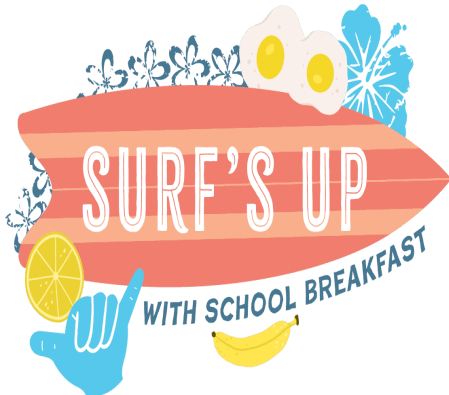



# The Westbrook School Department

## Saccarappa Elementary Menu



March 2024



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Alternative Choice of the Month - WG Bagel, Wow Butter & Cheese stick Served with Veggies & Fruits of the Day									
								1 Dr. Seuss's Birthday!	
								WG Pumpkin Bread Fresh Fruit Fruit Juice Milk	
								WG Cheese Pizza Baby Carrots w/Ranch Fruit of the Day Choice of Milk	
4		5		6		7		8	
FUEL UP DURING NATIONAL SCHOOL BREAKFAST WEEK Mar 4-8th									
Aloha! Assorted WG Cereal Fresh Fruit Fruit Juice Milk		Beachy Breakfast Pizza Fresh Fruit Fruit Juice Milk		Yogurt Parfait w/ Strawberries Graham Crackers Fruit Juice Milk		Tropical Smoothie (contains fresh fruit, yogurt, and fruit juice) Oatmeal Choc Chip Bar		Breezy Breakfast Bites WG Fresh Fruit Fruit Juice Milk 	
Maine Fish Sticks Mashed Potatoes Sweet Green Peas Fruit of the Day Choice of Milk		Chicken Patty on WG Roll Vegetarian Baked Beans Fruit of the Day Choice of Milk		Homemade Mac & Cheese WG Garlic Bread Honey-glazed Carrots Fruit of the Day Choice of Milk		Tater Tot Nachos (Totchos) w/ Beef and Maine Cheese Curds Seasoned Brown Rice Fruit of the Day Choice of Milk		WG Cheese Pizza Red Pepper Strips w/Ranch Fruit of the Day Choice of Milk 	

11	12	13	14	15 No School
<b>Aloha! Assorted WG Cereal</b> Fresh Fruit Fruit Juice Milk	<b>Ultimate Breakfast Round</b> Fresh Fruit Fruit Juice Milk	<b>WG Blueberry Bread</b> Fresh Fruit Fruit Juice Milk	<b>WG Bagel w/Cream Cheese</b> Fresh Fruit Fruit Juice Milk	<b>No School</b>  <b>Professional Development Day</b>
<b>Baked Ziti w/Cheese &amp; Marinara Sauce</b> WG Garlic Knot Green Beans Fruit of the Day Choice of Milk	<b>Chicken Nuggets</b> Sweet Potato Fries Coleslaw Fruit of the Day Choice of Milk	<b>Beef Hot Dog on WG Roll</b> Vegetarian Baked Beans Fruit of the Day Choice of Milk	<b><u>Breakfast for Lunch</u></b> <b>WG Cinnamon Roll &amp; Egg Patty</b> Chicken Sausage Patty Home Fries Fruit of the Day Choice of Milk	
18	19	20	21	22
<b>Assorted WG Cereal</b> Fresh Fruit Fruit Juice Milk	<b>WG Lemon Bread</b> Fresh Fruit Fruit Juice Milk	<b>WG French Toast Bites</b> Fresh Fruit Fruit Juice Milk	<b>WG Breakfast Bar</b> Fresh Fruit Fruit Juice Milk	<b>WG Banana Bread</b> Fresh Fruit Fruit Juice Milk
<b>Mandarin Chicken Bowl</b> Seasoned Brown Rice Vegetable Medley Fruit of the Day Choice of Milk	<b>Pasta w/Meat Sauce</b> Crusty Italian Bread Caesar Salad w/Garbanzos Beans Fruit of the Day Choice of Milk	<b>South of the Border Nachos</b> Cheese Sauce Salsa & LF Sour Cream Sweet Kernel Corn Fruit of the Day Choice of Milk 	<b>BBQ Chicken Strips w/ Cheese on WG Roll</b> Broccoli Salad Fruit of the Day Choice of Milk	<b>WG Cheese Pizza</b> Baby Carrots w/ Ranch Fruit of the Day Choice of Milk
25	26	27	28	29
<b>Assorted WG Cereal</b> Fresh Fruit Fruit Juice Milk	<b>Tropical Smoothie</b> (contains fresh fruit, yogurt, and fruit juice) Graham Crackers	<b>WG Oatmeal Choc Chip Bar</b> Fresh Fruit Fruit Juice Milk	<b>WG Breakfast Ring</b> Fresh Fruit Fruit Juice Milk	<b>WG Blueberry Muffin</b> Fresh Fruit Fruit Juice Milk
<b>Cheeseburger on WG Roll</b> Oven Baked Fries Coleslaw Fruit of the Day Choice of Milk	<b>Sliced Turkey &amp; Cheese on WG Roll</b> Sweet Crisp Corn Fruit of the Day Choice of Milk	<b>Breaded Chicken Drumstick</b> Brown Rice Medley Steamed Broccoli Fruit of the Day Choice of Milk	<b>Sloppy Joe on WG Roll</b> Chickpea Salad Fruit of the Day Choice of Milk	<b>WG Cheese Pizza</b> Green Beans Fruit of the Day Choice of Milk

Menu subject to change. This institution is an equal opportunity provider. WG=Whole Grain

Any questions or concerns please Mary Emerson at 591-6054 or email [emersonm@westbrookschoools.org](mailto:emersonm@westbrookschoools.org)

Maine's Harvest of the Month is Maine Protein!

All Meals at No Charge for Students - Breakfast \$2.25/Lunch \$4.75 for Adults