The Westbrook School Department



Congin Elementary Menu APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Alternative Choice of the Month - Sunbutter & Jelly Sandwich w/cheese stick					
1	2	3	4	5	
WG Cereal	WG Honey Bun	Oatmeal Choc Bar	WG Bagel w/Cream Cheese	WG Blueberry Muffin	
Graham Crackers	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Fresh Fruit	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	
Fruit Juice & Milk	Milk	Milk	Milk	Milk	
Corn Dogs w/WG	Homemade Macaroni &	Empanada	Breakfast for Lunch	WG Cheese Pizza	
Breading	Cheese	Corn & Pepper Mix	WG Cinnamon Roll & Egg	Assorted Toppings available	
Vegetarian Baked Beans	WG Garlic Bread	Salsa	Patty	Broccoli Trees w/Ranch Dip	
Fruit of the Day	Honey-glazed Carrots	Fruit of the Day	Chicken Sausage Patty	Fruit of the Day	
Milk	Fruit of the Day & Milk	Milk	Home Fries	Milk	
	·		Fruit of the Day & Milk		
8	9	10	11 Early Release	12	
			Student Progress		
			Conferences		
WG Cereal & Graham	WG Blueberry Bread	WG Chocolate Muffin	Ultimate Breakfast Round		
Bites	Fresh Fruit	Fresh Fruit	Fresh Fruit	No Sobool	
Fresh Fruit	Fruit Juice & Milk	Fruit Juice & Milk	Fruit Juice & Milk	No School	
Fruit Juice & Milk				Compensatory	
WG Chicken Nuggets	Mandarin Chicken Bowl	Sliced Turkey and Cheese	Pizza Anytimers	Day	
Sweet Potato Frie s	Seasoned Brown Rice	on WG Roll	Baby Carrots w/Ranch	•	
Caesar Salad w/Chickpeas	Steamed Broccoli	Sweet Corn	Dressing		
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day		
Milk	Milk	Milk	Milk		
15	16	17	18	19	

Spring Break - Have a great break!

22	23	24	25	26
WG Cereal	WG Banana Bread	Choc Banana Bar	WG Blueberry Muffin	WG Breakfast Bites
Graham Crackers	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fresh Fruit	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Fruit Juice & Milk	Milk	Milk	Milk	Milk
WG Cheese Bites	All-Beef Hot Dog on WG	Chicken Burger on a WG	Nachos w/Cheese Sauce	WG Cheese Pizza
Marinara Dipping Cup	Roll	Roll	Salsa, Sour Cream	Assorted Toppings available
Steamed Broccoli	Vegetarian Baked Beans	Sweet Potato Fries	Sweet Crisp Corn	Baby Carrots w/Ranch Dip
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Milk	Milk	Milk	Milk	Milk
29	30			
Assorted WG Cereal	WG Bagel w/Cream Cheese	7		

April is Dairy Month!!
We proudly serve Oakhurst Maine Milk!!

All Student Meals No Charge!!

Adults \$2.25 Breakfast & \$4.75 Lunch

Menu subject to change. This institution is an equal opportunity provider. WG=Whole Grain

Any questions or concerns please Mary Emerson at 591-6054 or email emersonm@westbrookschools.org

WG Graham Crackers

Fruit of the Day

Mashed Potato

Green Beans

Milk

Fruit Juice & Milk

Crunchy Fish Sticks

Whole Grain Bread

Fruit of the Day

Fruit of the Day

Mashed Potato

Steamed Corn

Milk

Fruit of the Day

Fruit Juice & Milk

Popcorn Chicken Bowl