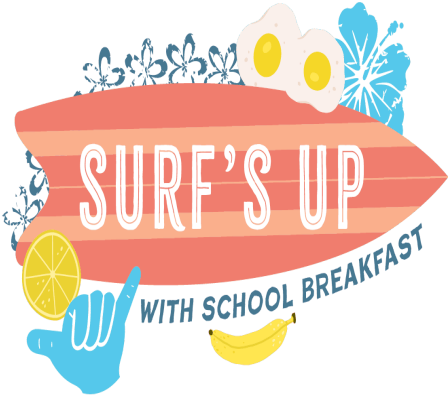





The Westbrook School Department

Congin Elementary Menu

🍀 March 2024 🍀



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alternative Choice of the Month - WG Bagel, Wow Butter & Cheese stick Served with Veggies & Fruits of the Day				
				<p>1 Dr. Seuss's Birthday!</p> <p>WG Pumpkin Bread Fresh Fruit Fruit Juice Milk</p> <p>WG Cheese Pizza Baby Carrots w/Ranch Fruit of the Day Choice of Milk</p>
4	5	6	7	8
<h3>FUEL UP DURING NATIONAL SCHOOL BREAKFAST WEEK Mar 4-8th</h3>				
<p>Assorted WG Cereal Fresh Fruit Fruit Juice Milk</p>	<p>Mini Mixed Danish Fresh Fruit Fruit Juice Milk</p>	<p>Gogurt w/Strawberries Graham Crackers Fruit Juice Milk</p>	<p>WG Breakfast Ring fruit milk</p>	<p>Chef Special Fresh Fruit Fruit Juice Milk</p> 
<p>Maine Fish Sticks TATER TOTS Sweet Green Peas Fruit of the Day Choice of Milk</p>	<p>Chicken Patty on WG Roll Vegetarian Baked Beans Fruit of the Day Choice of Milk</p>	<p>Homemade Mac & Cheese WG Garlic Bread Honey-glazed Carrots Fruit of the Day Choice of Milk</p>	<p>South of the Border Nacho Cheese Sauce Salsa & LF Sour cream Sweet Corn Fruit of the Day Choice of Milk</p>	<p>WG Cheese Pizza Red Pepper Strips w/Ranch Fruit of the Day Choice of Milk</p> 

11	12	13	14	15 No School
Assorted WG Cereal Fresh Fruit Fruit Juice Milk	Ultimate Breakfast Round Fresh Fruit Fruit Juice Milk	WG Blueberry Bread Fresh Fruit Fruit Juice Milk	WG Breakfast Bites Fresh Fruit Fruit Juice Milk	No School Professional Development Day
Baked Ziti w/Cheese & Marinara Sauce WG Garlic Knot Green Beans Fruit of the Day Choice of Milk	Chicken Nuggets Sweet Potato Fries Coleslaw Fruit of the Day Choice of Milk	Beef Hot Dog on WG Roll Vegetarian Baked Beans CARROTS/DIP Fruit of the Day Choice of Milk	Breakfast for Lunch WG Cinnamon Roll Chicken Sausage Patty Home Fries Fruit of the Day Choice of Milk	
18	19	20	21	22
Assorted WG Cereal Fresh Fruit Fruit Juice Milk	WG Lemon Bread Fresh Fruit Fruit Juice Milk	WG Apple Roll Fresh Fruit Fruit Juice Milk	Maine Yogurt Graham Crackers w/maine blueberries Fruit Juice Milk	WG Banana Bread Fresh Fruit Fruit Juice Milk
Mandarin Chicken Seasoned Brown Rice Vegetable Medley Fruit of the Day Choice of Milk	Pasta w/Meat Sauce Crusty Italian Bread Caesar Salad w/Garbanzos Beans Fruit of the Day Choice of Milk	South of the Border Nachos Cheese Sauce Salsa & LF Sour Cream Sweet Kernel Corn Fruit of the Day Choice of Milk 	BBQ Chicken Strips w/ Cheese ON A WRAP Broccoli Salad Fruit of the Day Choice of Milk	WG Cheese Pizza Baby Carrots w/ Ranch Fruit of the Day Choice of Milk
25	26	27	28	29
Assorted WG Cereals Fresh Fruit Fruit Juice Milk	Gogurt Graham Crackers fresh fruit milk	WG Oatmeal Choc Chip Bar Fresh Fruit Fruit Juice Milk	WG Breakfast Bites Fresh Fruit Fruit Juice Milk	WG Blueberry Muffin Fresh Fruit Fruit Juice Milk
Cheese Burger on WG Roll Oven Baked Fries Vegetarian Baked Beans Fruit of the Day Choice of Milk	WG Pretzel w/Cheese Sauce Baby Carrots w/Ranch Dip Fruit of the Day Choice of Milk	Breaded Chicken Drumstick Brown Rice Medley Steamed Broccoli Fruit of the Day Choice of Milk	Sliced Turkey & Cheese on WG Roll Sweet Crisp Corn Fruit of the Day Choice of Milk	WG Cheesy Bites with Marinara Sauce Green Beans Fruit of the Day Choice of Milk

Menu subject to change. This institution is an equal opportunity provider. WG=Whole Grain

Any questions or concerns please Mary Emerson at 591-6054 or email emersonm@westbrookschoools.org

Maine's Harvest of the Month is Maine Protein!

All Meals at No Charge for Students - Breakfast \$2.25/Lunch \$4.75 for Adults