



Family Support News



12-15-23



Are you drowning in IEP paperwork?

The Arc of Bristol County's IEP Tool Kit is the answer! Bring your IEP documents such as IEP's, evaluations, progress reports, behavioral plans, and any other relevant paperwork. Our educational advocates will guide you on how to organize and advocate for your student. You will receive a pre-loaded IEP binder with advocacy strategies and educational resources. Questions? Email Nicole at nperry@arcnbc.org.

Choose one session:

Monday, January 8th
6:00 - 7:30 pm OR
Tuesday, January 9th
12:30 - 2:00 pm



Location:

The Arc of Bristol County
Family Support Center
140 Park Street, 3rd floor
Attleboro, MA 02703

Celebration of the Season!

Wednesday, December 20th / 4:15-8pm
The Arc of Bristol County Day Program Building
141 Park Street, Attleboro, MA

The registration deadline is TODAY at 5pm! Click the link for more info and to register for this all ages celebration.



Discussion Support Group Series for Caregivers

The Arc of Bristol County Family Support Center welcomes autistic self-advocate Michael John Carley as host of a virtual discussion series of support groups for parents and caregivers. Join us to discuss topics and support one another through our caregiving journeys. Use the registration link to share your interest with us. We will send the meeting link with reminder the week before and week of each meeting. Attendance at every session is not required. All are 6-7:30pm.



Register here!



January 10th - TRULY Positive Sex Messaging & Reframing Our Definition of the Word Sex Itself
Please plan for a very candid and open discussion

February 7th - Upping the Bar on Inclusion

March 13th - Neurodiversity, Disability, & the Theoretical Quagmires Yet to be Resolved

April 10th - To Be Determined



sign up here!



The Arc of Bristol County's Family Support Center is pleased to host the American Foundation for Suicide Prevention for their Talk Saves Lives webinar.

Tue. Jan. 23rd, 7-8pm

A Brief Introduction to Suicide Prevention

Suicide can be prevented. This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.



Follow The Arc of Bristol County on Facebook for daily information updates and further resource sharing!





Family Support Center Employment Opportunity Spotlight

Direct Support Staff are needed to enjoy working with adults diagnosed with autism, without an accompanying intellectual disability. Responsibilities include taking individuals into the community, engaging in different social activities of their choice, possible assistance running errands, and upkeep with basic agency paperwork. Knowledge of positive behavioral supports and experience working with the autism community is desired. *The Arc of Bristol County considers both professional and personal life experience of applicants.* There are multiple positions available in the Mansfield and Middleboro areas. Hours can vary based on the needs of the person served, but are often evenings and weekends. For more information about these fun and unique positions, please contact Jacob Anderson at JAnderson@arcnbc.org.

Meet your Autism Service Navigator

Come meet
Jacob Anderson
Tuesday 12/19/2023
3-5pm
Los Jefes-Comida
71 Broadway
Taunton, MA



FREE!
Burritos, Cookies and Coffee will be provided

All DDS approved adults with an autism diagnosis that are a part of the Autism Only division are invited to join your new Autism Service Navigator, Jacob Anderson, for a casual meet and greet and delicious meal. Please email JAnderson@arcnbc.org with any questions.

Choosing an Adult Service Model that is Best for You

The Department of Developmental Services (DDS) offers two primary adult service models: Traditional and Self-Directed. Within each model there are various options that offer a range of control, flexibility and responsibility to the individual served and their families.



About The Department of Developmental Services (DDS)

DDS provides supports for children and adults with intellectual and developmental disabilities including Autism Spectrum Disorder to enhance opportunities to become fully engaged members of their community. Your Area Office can provide you with additional information about these service model options.

Discipline & Suspension in Special Education December 18 @ 9-11am

Register Now



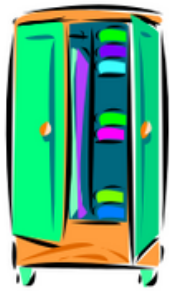
This webinar by the Federation for Children with Special Needs describes school district responsibilities for discipline, the range of consequences for rule violations, the difference between suspensions, expulsions & emergency removals, procedures for out of school suspensions & expulsions, & legal protections for students on IEPs.

Local Resource Spotlight!



Are you or your loved ones in need of clothing? Help is available!

Clothes To Go Clothing Pantry



OPEN
EVERY Saturday
9 — 11 AM
ALL CLOTHING FREE
New, Nearly new, gently used Donations welcomed.


LOWER LEVEL at

Faith Fellowship United Methodist Church
20 Hoppin Hill Avenue (Junct of Rt.1, 1A, Rt.120)
North Attleboro, MA 02760
(508) 339-6040

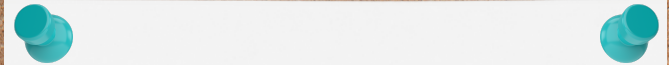


Ask the Advocates!
The Arc

Click to submit a question or share an idea for a future workshop topic!



Angela & Nicole



IEP progress reports have may have recently gone out in your district for children who are provided with special education services. These IEP progress reports are required to be distributed to families as often as report cards are sent to families of general education students.

Data collection and documentation are pivotal for guiding the protectory of the student's progress towards their IEP goals. As the caregiver, be mindful that data should be specific and informational. It should read as "facts" versus "feelings."

The following links have helpful resources, links, tools and checklists that can assist a family to both better understand the results of their child's progress report and to know what information should be on their IEP progress report.

[Your IEP Source website](#)

[SPED Track website](#)



Angela & Nicole
Educational Consultants



FEDERATION FOR CHILDREN
WITH SPECIAL NEEDS
Informing, Educating, Empowering Families

Is your family in need of respite?

Have you been unable to find a qualified, occasional caregiver for your loved one with disabilities?

Would you like to learn more about a new network of caregivers that is being created by the Federation for Children with Special Needs?

Register for this informative webinar!

Sesión informativa

Martes, 19 de diciembre de 2023, de 6:30 pm - 7:30 pm

¿Qué es la Red De Relevo entre Cuidadores (Caregiver to Caregiver/C2C) Respite Network?

Participe en nuestra presentación de 30 minutos sobre este innovador programa de relevo, seguida de 30 minutos de preguntas y respuestas.

¿A quién va dirigido? Familias de Massachusetts con niños y jóvenes con discapacidades y necesidades de apoyo especializadas desde el nacimiento hasta los 26 años, así como profesionales que les apoyan.

Inscríbese:

fcsn.org/event/caregiver-to-caregiver-respite-network-info-session

Sessão informativa

Terça-feira, 19 de Dezembro de 2023, das 6:30 às 7:30

O que é cuidador para cuidador / C2C Respite Network?

Junte-se à nossa apresentação de 30 minutos sobre este programa inovador de descanso, seguido por 30 minutos de perguntas e respostas.

Quem deve participar? Famílias de Massachusetts de crianças e jovens com deficiência e necessidades de apoio especializado, com idades entre o nascimento e os 26 anos, bem como profissionais que os apoiam.

Inscreeva-se:

fcsn.org/event/caregiver-to-caregiver-respite-network-info-session

Caregiver to Caregiver Respite Network



Info Session

Tuesday, December 19th, 2023, from 6:30 - 7:30 pm

What Is Caregiver to Caregiver/C2C Respite Network?

Join our 30 minute presentation about this innovative respite program, followed by 30 minutes of Q&A.

Who should attend? Massachusetts families of children and youth with disabilities and specialized support needs ages birth to 26, as well as professionals who support them.

Register:

fcsn.org/event/caregiver-to-caregiver-respite-network-info-session



信息交流會

2023年12月19日, 星期二 下午 6:30 - 7:30

了解什么是照顾者/C2C 暂托网?

请参加我们 30 分钟的介绍会, 了解这一创新的喘息计划, 和 30 分钟的问答环节。

哪些人应该参加呢?

居住麻省家庭有初生至 26 岁儿童和青少年患有残疾或有特殊需求的照顾者, 以及为他们提供支持的专业人员。

注册:

fcsn.org/event/caregiver-to-caregiver-respite-network-info-session

Sesyon enfòmasyon

Madi, 19 desanm 2023, de 6:30 - 7:30 di swa pm

Kisa Rezo Caregiver to Caregiver/C2C Respite ye?

Jwenn nou nan prezantasyon nou an pou 30 minit sou pwogram Respite ki tou nouvo, epi ak 30 minit Kesyon ak repons.

Ki moun ki ta dwe patisipe? Fanmi Massachusetts timoun ak jèn ki gen andikap ak lot ki bezwen sipò espesyalize lan laj 0-26 ane, ak profesyonel ki sipote yo.

Enskri:

fcsn.org/event/caregiver-to-caregiver-respite-network-info-session