



OCTOBER 2023

Byers School District 32J

Monday

Mini Corn Dogs
Baked Beans
Grapes
Milk

2

No School

9

Chicken Nachos
Steamed Corn
Peaches
Milk

16

Walking Taco
Broccoli & Carrots w/ Ranch
Strawberries
Milk

23

Chicken Nuggets
Biscuit
Baby Carrots w/ Ranch
Grapes
Milk

30

Tuesday

Cheeseburgers
Tater Tots
Spinach Salad
Peaches
Milk

3

Meatball Sub
Coleslaw
Watermelon
Milk

10

Pulled Pork Sandwich
Sun chips
Baked Beans
Pears
Milk

17

Lasagna Roll Up
Breadsticks
Green Beans
Peaches
Milk

24

Meatballs w/ Gravy
Mashed Potatoes
Mixed Vegetables
Pears
Milk

31

Wednesday

Chili Mac
Cornbread
Garden Salad
Applesauce
Milk

4

Grilled Cheese
Tomato Soup
Mixed Vegetables
Applesauce
Milk

11

Chili
Cinnamon Roll
Garden Salad
Applesauce
Milk

18

Chicken Fried Steak
Dinner Roll
Mashed Potato w/ gravy
Garden Salad
Mixed Fruit
Milk

25

Thursday

Chicken Tacos
Spanish Rice
Baby Carrots w/ Ranch
Strawberry Cup
Milk

5

Ham & Cheese Hoagie
Gold Fish
Broccoli w/ Ranch
Pineapple
Milk

12

Sweet & Sour Chicken
Rice
Egg Roll
Steamed Carrots
Strawberry Cup
Milk

19

Alfredo Chicken Fillet
Steamed Rice
Cucumber Slices w/ Ranch
Orange Wedges
Milk

26

Friday

No School

6

Bean & Cheese Burrito
Spanish Rice
Steamed Corn
Peaches
Milk

13

French Toast w/ Syrup
Sausage Links
Country Potatoes
Grapes
Milk

20

Colorado Sandwich w/
Cheese Sauce
Celery Sticks w/ Ranch
Applesauce
Milk

27