



## BREAKFAST

# OCTOBER 2023

Byers School District 32J

Alternate Breakfast Served Daily

Cereal, Toast, Fruit

Milk and Juice

**Monday**

Biscuits and Gravy **2**  
Fruit  
Milk/Juice

No School **9**

Biscuits and Gravy **16**  
Fruit  
Milk/Juice

Biscuits and Gravy **23**  
Fruit  
Milk/Juice

Biscuits and Gravy **30**  
Fruit  
Milk/Juice

**Tuesday**

French Toast Sticks w/ Syrup **3**  
Fruit  
Milk/Juice

Pancake On A Stick **10**  
Fruit  
Milk/Juice

French Toast Sticks w/ Syrup **17**  
Fruit  
Milk/Juice

Pancake On A Stick **24**  
Fruit  
Milk/Juice

French Toast Sticks w/ Syrup **31**  
Fruit  
Milk/Juice

**Wednesday**

Breakfast Cookie **4**  
Fruit  
Milk/Juice

Breakfast Sandwich **11**  
Fruit  
Milk/Juice

Breakfast Cookie **18**  
Fruit  
Milk/Juice

Breakfast Sandwich **25**  
Fruit  
Milk/Juice

**Thursday**

Muffin & Yogurt **5**  
Fruit  
Milk/Juice

Bagels w/ Cream Cheese **12**  
Fruit  
Milk/Juice

Muffin & Yogurt **19**  
Fruit  
Milk/Juice

Bagels w/ Cream Cheese **26**  
Fruit  
Milk/Juice

**Friday**

No School **6**

Sausage Scramble **13**  
Fruit  
Milk/Juice

Breakfast Burrito **20**  
Fruit  
Milk/Juice

Sausage Scramble **27**  
Fruit  
Milk/Juice