

OCTOBER 2023

Served Daily: Fat-Free Chocolate Milk 1% White Milk Canned Fruit 100% Juice 100% Veggie Juice

Monday Wednesday Tuesday Thursday Friday Grilled Ham & Cheese 5 6 Fish Nuggets **Baked Potato** Sandwich Hotdog with Chili Chicken Nuggets White Cheddar Turkey and Cheese Sub Grilled Cheese Sandwich Cheeseburger 1 Green Beans Mac and Cheese Vegetable Soup Chicken Sandwich Slaw, Diced Onion Cream Potatoes Potato Soup w/ Cheese and Ham or Bacon Toppings Chips and Salsa Cup **Baked Beans** Carrots and Dip Bacon topping Steamed Broccoli Grilled Corn on Cob Potato Wedges Strawberry Shortcake (Schools with fish allergies will Side Salad Dill Pickles Crackers serve beef nuggets) Roll 9 12 Chicken Alfredo Roasted Chicken Soft or Hard Shell Tacc Chicken Pot Pie Chicken Bites Popcorn Chicken **Baked Spaghetti Baked Ham** Orange Chicken Chicken or Beef Steamed Broccoli Garlic Bread Macaroni and Cheese Egg Roll Lettuce. Tomato. Cheese. Roasted Potatoes Caesar Salad Green Beans Lo Mein Noodles Sour Cream Roasted Corn on Cob Steamed Sweet Carrots Rice, Black Beans Roll Roll Ice Cream 20 17 19 Chicken Ranch Wrap Corn Doa Assorted Pizzas Buffalo Chicken Casserole Meatloaf Hamburger Tossed Salad No School Cheese sticks w/ salsa French Fries Mashed Potatoes Corn Lettuce/Tomato Cup **English Peas** Pinto Beans Apple Crisp (Teacher Workday) **Cooked Carrots Dill Pickle Spears Turnip Greens** Rolls Cornbread 25 23 24 26 Walking Taco 27 **BBQ Sandwich** Chicken Leas Pizza Beef or Chicken Chef Salad Box Stew Meat Hamburger Black Beans Ham and Cheese Sandwich Cream Potatoes **Tater Tots** Lettuce/Tomato Cup French Fries Big Kid Lunchable Box Broccoli and Cheese Green Beans Salad Corn Roll Carrots with Dip Sour Cream, Shredded Cheese Cookie Brownie Turkey and Cheese Sub Grilled Ham & Cheese Sandwich Grilled Cheese Sandwich Chicken Sandwich Vegetable Soup Chips and Salsa Cup Potato Soup w/ Cheese and Grilled Corn on Cob Bacon topping **Dill Pickles** Strawberry Shortcake Crackers

Cherokee County School District is an equal opportunity provider.

