

OCTOBER 2023

Served Daily: Fat-Free Chocolate Milk 1% White Milk Canned Fruit 100% Juice 100% Veggie Juice

Monday

Tuesday

Wednesday

Thursday

Friday

Turkey and Cheese Sub Chicken Sandwich Chips and Salsa Cup Grilled Corn on Cob Dill Pickles Grilled Ham & Cheese Sandwich Grilled Cheese Sandwich Vegetable Soup Potato Soup w/ Cheese and Bacon topping Strawberry Shortcake Crackers

Fish Nuggets
Chicken Nuggets
Green Beans
Cream Potatoes
Carrots and Dip
(Schools with fish allergies will
serve beef nuggets)

Baked Potato
White Cheddar
Mac and Cheese
Ham or Bacon Toppings
Steamed Broccoli
Side Salad
Roll

Hotdog with Chili Cheeseburger Slaw, Diced Onion Baked Beans Potato Wedges

Chicken Pot Pie Popcorn Chicken Steamed Broccoli Roasted Potatoes Roll

Cheese sticks w/ salsa

English Peas

Cooked Carrots

Rolls

Chicken Alfredo Baked Spaghetti Garlic Bread Caesar Salad Roasted Corn on Cob

10

17

24

Roasted Chicken
Baked Ham
Macaroni and Cheese
Green Beans
Roll

Chicken Bites
Orange Chicken
Egg Roll
Lo Mein Noodles
Steamed Sweet Carrots

Soft or Hard Shell Taco Chicken or Beef Lettuce, Tomato, Cheese, Sour Cream Rice, Black Beans Ice Cream

Buffalo Chicken Casserole

9

Corn Dog Meatloaf Mashed Potatoes Pinto Beans Turnip Greens Cornbread Chicken Ranch Wrap
Hamburger
French Fries
Lettuce/Tomato Cup
Dill Pickle Spears

Assorted Pizzas Tossed Salad Corn Apple Crisp

No School (Teacher Workday) 20

BBQ Sandwich
Ham and Cheese Sandwich
French Fries
Broccoli and Cheese
Cookie

Chicken Legs Stew Meat Cream Potatoes Green Beans Roll

Pizza Hamburger Tater Tots Salad Carrots with Dip 25

Chef Salad Box
Big Kid Lunchable Box

Walking Taco
Beef or Chicken
Black Beans
Lettuce/Tomato Cup
Corn
Sour Cream, Shredded Cheese
Brownie

19

Turkey and Cheese Sub Chicken Sandwich Chips and Salsa Cup Grilled Corn on Cob Dill Pickles Grilled Ham & Cheese
Sandwich
Grilled Cheese Sandwich
Vegetable Soup
Potato Soup w/ Cheese and
Bacon topping
Strawberry Shortcake
Crackers

Cherokee County School District is an equal opportunity provider.

