

NOVEMBER 2023

Brownsville Area Elementary School

Daily alternate entrée choices include:

- EZ Jammer Wowbutter & Grape Jelly Sandwich w/ String Cheese & Goldfish Cheddar Crackers
- 2. Trix Yogurt w/ String Cheese & Otis Spunkmeyer Blueberry Muffin

Monday	Tuesday	Wednesday	Thursday	Friday
		Turkey & Cheese Hoagie Oven Fries Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	Chicken Tenders Bread Stick Green Beans Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	Pizza Steamed Carrots Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk
Hot Dog on Bun Oven Baked Beans Asst. Fruit & Fresh Vegetable FF Chocolate or 1% White Mi	Sauce	Walking Taco (Meat, Cheese, Lettuce, Salsa), Corn Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	Chicken Patty Sandwich 9 Green Beans Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	No School 10
Mini Corn Dog Nuggets Dinner Roll Oven Baked Beans Asst. Fruit & Fresh Vegetable FF Chocolate or 1% White Mi	Steamed Broccoli Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	French Toast Sticks Sausage Patty, Scrambled Egg, Hash Brown Potatoes Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	Cheeseburger Lettuce, Tomato Green Beans Asst. Fruit & Fresh Vegetable FF Chocolate or 1% White Milk	Grilled Cheese Sandwich 7 Steamed Carrots Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk
Chicken Nuggets Bread Stick Oven Baked Beans Asst. Fruit & Fresh Vegetable FF Chocolate or 1% White Mi	& Tomato Steamed Broccoli es Asst. Fruit & Fresh Vegetables	No School 22	No School 23	No School 24
No School 2	Meatball & Mozzarell 28 Hoagie Steamed Broccoli Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	Turkey & Gravy over Bis Mashed Potatoes Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	Pizza Crunchers & Marin Dipping Sauce Green Beans Asst. Fruit & Fresh Vegetables FF Chocolate or 1% White Milk	

All students receive a complimentary lunch daily. Choices include: Milk: FF Chocolate or 1% White. Assorted Fruit & Fresh Vegetables: (Take up to 2 fruits & 2 vegetables) Apple, Orange, Asst. other Fresh Fruit as available, Baby Carrots, Broccoli, Chick Peas, Grape Tomatoes, Romaine Salad, Cucumber Slices & Asst. Other Vegetables as available. Grains/Breads: 80% of all grain items are "whole grain rich", per the USDA regulations. To qualify as a free lunch, students must take 3, 4 or 5 items, (Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, other Vegetables as available. Brown of all grain or per regulations, all a cart private and staking required meal components receive lunch at no cost, other Vegetables. Students are a received as a receiv