



NOVEMBER 2023

Brownsville Middle & High School

Daily alternate entrée choices include:
Chicken Sandwich ** Cheeseburger
Pizza ** Salad w/ Chicken ** Uncrustable

Monday

Tuesday

Wednesday

Thursday

Friday

Mini Corn Dogs **6**
Dinner Roll
Oven Baked Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Thanksgiving Feast! **7**
Oven Roast Turkey, Stuffing
Mashed Potatoes & Gravy, Corn,
Roll, Cranberry Sauce
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk
Cookie

Breaded Mini Ravioli **1**
w/ Marinara Cup
Steamed Carrots
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Hot Ham & Cheese Hoagie **8**
Steamed Carrots
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Walking Taco **2**
(Chips, Beef, Cheese Salsa,
Shredded Lettuce) Corn
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Pizza Crunchers **9**
w/ Marinara Cup
Green Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Pizzaboli **3**
w/ Marinara Cup
Steamed Broccoli
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk
Chocolate Pudding Cup

No School **10**

Breaded Pork Patty **13**
Dinner Roll
Mashed Potatoes
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

BBQ Rib Sandwich **14**
Tater Tots. Green Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk
Chocolate Chip Cookie

Chicken Tenders **15**
Bread Stick
Steamed Broccoli
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Hot Dog on Bun **16**
Oven Baked Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk
Chocolate Pudding Cup

Calzone w/ Marinara Cup **17**
Steamed Carrots
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk
Chocolate Chip Cookie

General Tso's Chicken **20**
Rice, Bread Stick
Steamed Broccoli
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Bacon Cheeseburger **21**
Onion Rings
Oven Baked Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

No School **22**

No School **23**

No School **24**

No School **27**

Meatball & Mozzarella Hoagie **28**
Green Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Beef Barbacoa **29**
Dinner Roll
Mashed Potatoes
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk
Chocolate Chip Cookie

Honey BBQ Chicken **30**
Smackers
Dinner Roll
Steamed Carrots
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk



All students receive a complimentary lunch daily. Choices include: **Milk:** FF Chocolate or 1% White. **Assorted Fruit & Fresh Vegetables:** (Take up to 2 fruits & 2 vegetables) Apple, Orange, Asst. Canned & Other Fresh Fruit as available, Baby Carrots, Broccoli, Chick Peas, Grape Tomatoes, Romaine Salad, Cucumber Slices & Asst. Other Vegetables as available. **Grains/Breads:** 80% of all grain items are "whole grain rich", per the USDA regulations. To qualify as a free lunch, students must take 3, 4 or 5 items, (Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala cart prices are in effect.

Smart Snacks available for purchase, payable at www.myschoolbucks.com, check or cash.

Brownsville Area School District is an equal opportunity provider and employer.