

# Mental Health Counseling Resources

<p><i>Bowen Center-Huntington</i>  <i>2860 Northpark Ave.</i>  <i>Huntington, IN 46750</i>  <i>574 385 3141</i></p> <p><i>Bowen Center-Ft Wayne</i>  <i>2100 Goshen Road</i>  <i>Fort Wayne, IN 46805</i>  <i>800 342 5653</i></p>	<p><i>Accepts Insurance</i></p> <p><i>Type: Individual, Couples, Family and Groups</i>  <i>Niche: Physical Health, Emotional Health, Addiction Recovery, Life Skills Coaching, Autism Services, Crisis Hospitalization, Transitional Living, Psychiatric Medication Management, and Psychological Testing</i></p>
<p><i>Park Center</i>  <i>(Parkview Behavioral Health Institute)</i>  <i>1115 S Main St.</i>  <i>Bluffton, IN 46714</i>  <i>260 824 1071</i>  <i>jinny.broderick@parkview.com</i></p>	<p><i>Accepts Insurance</i></p> <p><i>Type: Individual, Family, Couples, Groups</i>  <i>Niche: Outpatient, Inpatient, Residential Services, Homeless Services, Liaison Services</i></p>
<p><i>Meridian Health Services Corp</i>  <i>303 S Main St</i>  <i>Bluffton, IN 46714</i>  <i>260 888 2101</i>  <i>Meridianhs.org</i>  <i>Elizabeth.Bowen@meridianhs.org</i></p>	<p><i>Accepts Insurance (Including Medicaid)</i>  <i>Virtual Options</i></p> <p><i>Type: Individual, Families, Couples</i>  <i>Niche: Psychiatric, Medical, Skill Building, Case Management, Therapy</i></p>
<p><i>SOS Mobile Intervention Team</i>  <i>(A Program of Parkview Behavioral Health)</i>  <i>24/7 HelpLine: 260 471 9440</i></p>	<ol style="list-style-type: none"> <li><i>1. SOS Team Will Respond By Phone</i></li> <li><i>2. If Needed They Can Respond In Person</i></li> <li><i>3. Team Will Connect Individual With Services</i></li> <li><i>4. Follow-Up</i></li> </ol>
<p><i>Renovate Counseling</i>  <i>105 W Cherry St.</i>  <i>Bluffton, IN 46714</i>  <i>260 307 5030</i>  <i>info@renovatecounseling.org</i></p>	<p><i>Accepts Insurance</i>  <i>Virtual Options</i></p> <p><i>Type: Individual, Family, Couple</i>  <i>Niche: depression, anxiety, addictions, grief and trauma</i></p>
<p><i>Family Centered Services</i>  <i>1515 N Sutton Circle Dr.</i>  <i>Bluffton, IN 46714</i>  <i>260 824 8574</i>  <i>info@fcs-inc.net</i></p>	<p><i>3 year Short term program grant (no insurance)</i>  <i>Virtual Options</i></p> <p><i>Type: Individual, Family or Couples</i>  <i>Niche: Trauma, Substance Misuse, Mental Health</i></p>
<p><i>Loving Shepherd Ministries</i>  <i>1935 N Main St.</i>  <i>Bluffton, IN 46714</i>  <i>260 824 9000</i></p>	<p><i>Free</i></p> <p><i>Virtual Options Available</i>  <i>Type: Individual, Families</i></p>

<i>info@loving-shepherd.org</i>	<i>Niche: Counseling With a Masters Level Intern for Foster and Adoptive Families</i>
<i>Courage Revived Counseling 260 228 0298</i>	<i>Sliding Scale Only Virtual Options Available Type: Individual, Couples, Families Niche: FAS, Trauma, Addictions</i>
<i>Adams County Behavioral Health 1401 N 13<sup>th</sup> St Decatur, IN 46733 260 728 3906</i>	<i>Accepts Insurance Type: Individual, Family, and Couples Niche: Case Managers, Crisis Intervention, Medication, Anxiety, Depression, Substance Use</i>

*Fort Wayne, IN:*

<i>Dunn Associates 1910 St. Jo Center Rd, Suite 23 Fort Wayne, IN 46824 260 484 5599 dunnassociatespc@gmail.com</i>	<i>Accepts insurance Type: Individual, group, couples, family Virtual options available Niche: Trauma assessment, ADHD testing, Forensic evaluation</i>
<i>Megan Spinks 6408 Constitution Dr. Fort Wayne, IN 46804 260 459 0990 Meganwspinks.com</i>	<i>Accepts some insurance Type: Individuals and Families Niche: Adoption, anxiety, ADHD, trauma, EMDR, DDP, CBT, FLASH Technique</i>
<i>Psychological Service Associates 3421 E State Boulevard Fort Wayne, IN 46805 260 482 8427 <a href="https://fwpsychology.com">https://fwpsychology.com</a></i>	<i>Accepts Insurance Type: Individual, group, couples, families Niche: Psychological testing, several clinical psychologists</i>
<i>Phoenix Associates 2200 Lake Ave, Suite 260 Fort Wayne, IN 46805 260 424 0411 Phoenixassociates.net officestaff@phoenixassociates.net</i>	<i>Accepts Insurance Type: Individual, Family, Case Management, Couples, Group Therapy Niche: Teen, Substance Abuse groups, Senior Support groups</i>
<i>Crosswinds</i>	<i>Accepts Insurance</i>

<p>4150 Illinois Rd Fort Wayne, IN 46804 877 594 9204 <a href="mailto:info@crosswinds.org">info@crosswinds.org</a></p>	<p>Virtual Options Type: Individual, Family and Couples Niche: Faith Based (if desired),</p>
<p>Lutheran Social Services 3326 S Calhoun St. Fort Wayne, IN 46807 260 426 3347 <a href="http://Lssin.org/contact-us/">Lssin.org/contact-us/</a></p>	<p>Accepts Insurance including Medicaid May be virtual options Type: Individuals, Family, Couples Niche: Trauma</p>
<p>Center for Neurobehavioral Services 3010 E State Blvd Fort Wayne IN 46805 260 471 2300 <a href="mailto:Questions@cnsfortwayne.com">Questions@cnsfortwayne.com</a></p>	<p>Accepts Insurance Type : Individual, Family, Niche: Neuropsychological Evaluation, Play Therapy/Expressive Arts Therapy, Mental Health Assessment, Diagnosis, Medication Management, Fetal Alcohol Syndrome, Autism, ADHD, Drug-Effect</p>
<p>Fort Wayne Neuropsychology 4306 East State Boulevard Fort Wayne, IN 46815 260 460 3203</p>	<p>Accepts Many Insurances Type: Neuropsychology Testing and Evaluation, Learning Disabilities, Organizational Skill Training Program(for children with ADHD or Executive Dysfunction who are struggling with developing organizational and study skills), Speech and Cognitive Therapy</p>
<p>Headwaters Counseling 2712 S Calhoun St. Fort Wayne, IN 46807 260-744-4326 <a href="mailto:info@headwaterscounseling.org">info@headwaterscounseling.org</a></p>	<p>Accepts Insurance Type: Individual, Group or Families Niche: Intensive outpatient Substance Abuse Program, Assessment, Sex Offender Treatment</p>
<p>Indiana Center for CBT 423 Airport North Office Park Fort Wayne, IN 46825 <a href="mailto:cbt@iccbt.org">cbt@iccbt.org</a></p>	<p>Accepts Insurance (No Medicaid/HIPP or Marketplace) Virtual Options Integrative Psychiatric Practice that includes Psychiatric Evaluation, Psychotherapy, Nutrition management , Genetic Testing, Supplement use or Medication management options. Niche: ADHD, Autism, Substance Abuse, Trauma,</p>

<p><i>Indiana Brain Mapping</i>  12354 Hancock Street  Carmel, IN 46032  <a href="http://Indianabrainmapping.com/contact-us/">Indianabrainmapping.com/contact-us/</a></p>	<p><i>No Insurance Accepted-\$500 (For all 3 services)</i>  <i>No Virtual Options</i>  <i>Niche: Uses quantitative EEG to track brain activity, then analyzing with software. Research-based interpretation of the results allow clearer understanding of symptoms. Makes recommendations for best medication for specific brain activity.</i></p> <p><i>*Brain Mapping is especially helpful for Autism, Anxiety, Addition, ADHD, Depression, Bi Polar, Various Learning Disorders, Anger, Impulsivity, Managing Medication</i></p>
<p><i>Wieland &amp; Associates Inc.</i>  1415 Magnavox Way, Suite 120  Fort Wayne, IN 46804  (260) 483-7207</p>	<p><i>Accepts Most Insurance (Including Medicaid)</i>  <i>Type: Individual, Family, Couples</i>  <i>Niche: Forensic Evaluations, Play Therapy, Psychological Assessment</i></p>
<p><i>Parkview Pediatric Developmental Center</i>  11141 Parkview Plaza Dr., Suite 210  Fort Wayne, IN 46845  260 266 5400</p>	<p><i>Accepts Most Insurance</i>  <i>Type: Individual, Child Psychiatry Services</i>  <i>Niche: Autism, Developmental Delays, Psychological Testing</i></p>
<p><i>Aberdeen Group</i>  12948 Coldwater Rd. Suite 101  Fort Wayne, IN 46845  Office (260) 373-0880  <a href="mailto:info@theaberdeengroup.com">info@theaberdeengroup.com</a></p>	<p><i>Accepts Most Insurance</i>  <i>Type: Individual, Family, Couples</i>  <i>Niche: Hypnosis, Play Therapy, Post Partum Depression, Psychological Testing</i></p>
<p><i>Viking Psychiatry</i>  9025 Coldwater Rd., Suite 100  Fort Wayne, IN 46825  260 459 9225  <a href="mailto:owner@vikingpsychiatry.com">owner@vikingpsychiatry.com</a></p>	<p><i>Accepts Most Insurance (Including Medicaid)</i>  <i>Virtual Options</i>  <i>Niche: Deep Transcranial Magnetic Stimulation (dTMS) is an innovative treatment that offers lasting relief from depression. Viking also specializes in OCD, pediatric treatment of depression, anxiety, ADHD, and ODD. Medication management is also offered.</i></p>

<p><i>Parkview Behavioral Health</i>  <i>1720 Beacon St</i>  <i>Fort Wayne, IN 46805</i>  <i>800 284 8439</i></p>	<p><i>Accepts Most Insurance</i>  <i>Type: Individual, Family, Couples, Groups</i>  <i>Niche: Inpatient, Intense Outpatient, Eating Disorders, Depression, ADHD, Anxiety, Personality Disorders, PTSD, SAD, Substance Use Disorder</i></p>
<p><i>Life Transitions Counseling Center, LLC</i>  <i>6435 W Jefferson Blvd· Suite 198</i>  <i>Fort Wayne, IN 46804</i>  <i>260 434 1606</i></p>	<p><i>Accept Some Insurance (No Medicaid)</i>  <i>Virtual Options</i>  <i>Type: Individual</i>  <i>Niche: Evaluations for Academic, Forensic and Residential Settings· Depression, Grief, and Parenting Support·</i></p>
<p><i>Catholic Charities</i>  <i>10102 Woodland Plaza Cv</i>  <i>Fort Wayne, IN 46825</i>  <i>260 422 5625</i>  <i>ccoffice@ccfwsb.org</i></p>	<p><i>Accept Insurance (including Medicaid)</i>  <i>Virtual Options</i>  <i>Type: Individuals, Families, Couples</i>  <i>Niche: Faith Based if desired, addiction and trauma</i></p>
<p><i>Dr· Mary Locke, PHD</i>  <i>7337 W Jefferson Blvd, Suite 175</i>  <i>Fort Wayne, IN 46804</i>  <i>260 436 7131</i></p>	<p><i>Accepts Most Insurance</i>  <i>Type: Children, Families</i>  <i>Niche: Clinical Psychologist, Coordinate Care with PCP and Schools·</i></p>
<p><i>Dr· David Lombard</i>  <i>3262 Mallard Cove Lane</i>  <i>Fort Wayne, IN 46804</i>  <i>260 459 2900</i>  <i>David@DavidLombard.com</i></p>	<p><i>Type: Individual</i>  <i>Niche: Forensic Psychological Assessments, Anxiety, Depression, Relationship Issues, Business and Personal Coaching</i></p>
<p><i>Oaktree Guidance &amp; Wellness Center</i>  <i>6157 Stoney Creek Dr·</i>  <i>Fort Wayne, IN 46825</i>  <i>AND</i>  <i>1415 Magnavox Way Suite 150</i>  <i>Fort Wayne, IN 46804</i>  <i>260 570 4515</i>  <i>info@oaktreeguidance.com</i></p>	<p><i>Accepts Insurance (including Medicaid)</i>  <i>Virtual Options</i>  <i>Type: Individual, Family, Couples and Groups</i>  <i>Niche: Holistic wellness center that specializes in mental health and other non-traditional services</i></p>