

East China School District Food Services Newsletter

November 2025



Happy Michigan Apple Crunch Day!

East China School District joined schools across Michigan to celebrate local farmers and healthy eating by taking a big *CRUNCH* into fresh, Michigan-grown apples!

Students and staff each received a crisp local apple to enjoy, showing support for our Michigan growers and the importance of choosing healthy, local foods.

To keep the apple fun going, our breakfast menus featured a few special apple-inspired items — including apple nachos, apple smoothies, and apple parfaits!

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During October, the East China School District participated in another exciting **Discovery Kitchen** event! Students had the opportunity to sample a delicious blend of **roasted root vegetables**, including carrots, sweet potatoes, turnips, rutabagas and parsnips. The activity encouraged students to explore new flavors, learn about the nutritional benefits of vegetables, and discover how tasty healthy eating can be. It was great to see so many students trying something new and enjoying the experience!







Chili Fest 🭲

We're celebrating Let's Get Cooking Month by highlighting the power of scratch cooking and homemade flavors! To kick things off, we're hosting a Student Choice Event featuring our Chili Days, Warm Bellies promotion. Students will have the chance to sample three delicious chilis—vegetarian, chicken, and beef—and vote for their favorite. It's a fun way to taste, compare, and celebrate cooking together! With the holidays right around the corner, it's the perfect time to get inspired and bring the joy of cooking home to family and friends.

Student Choice Events at: Marine City Campus November 4th St Clair Campus November 5th









Employee Spotlight: Kari Samson

Let's give a big shoutout to Kari Samson! Kari has been part of our Chartwells family for 5 years — 5 amazing years at SCMS, and now she's serving up smiles (and great food!) at the SC Campus. Kari works hard every day to make sure our students have tasty meals and friendly service.

Favorite meal to serve: Buffalo Chicken Dip — and trust us, it's always a hit!

Thanks for all you do, Kari — we're so glad you're part of our team!

FUN DAYS THIS MONTH:

Nachos November 6th

Happy Nachos Day!

Chili Fest at MC & SC Campus



Turkey Lunch at all schools
November 21st



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