

What's Cooking?

Online Menus!

School menus available
anywhere, anytime.

East China School District, in partnership with Chartwells K12, uses Nutrislice to publish school menus to an interactive website and free smartphone app.

Easy-to-use-features

- Daily menu items, with a photo and description
- Nutrition Information
- Filters for common food allergens like nuts, wheat and dairy
- Available in 50+ languages

Get started today!

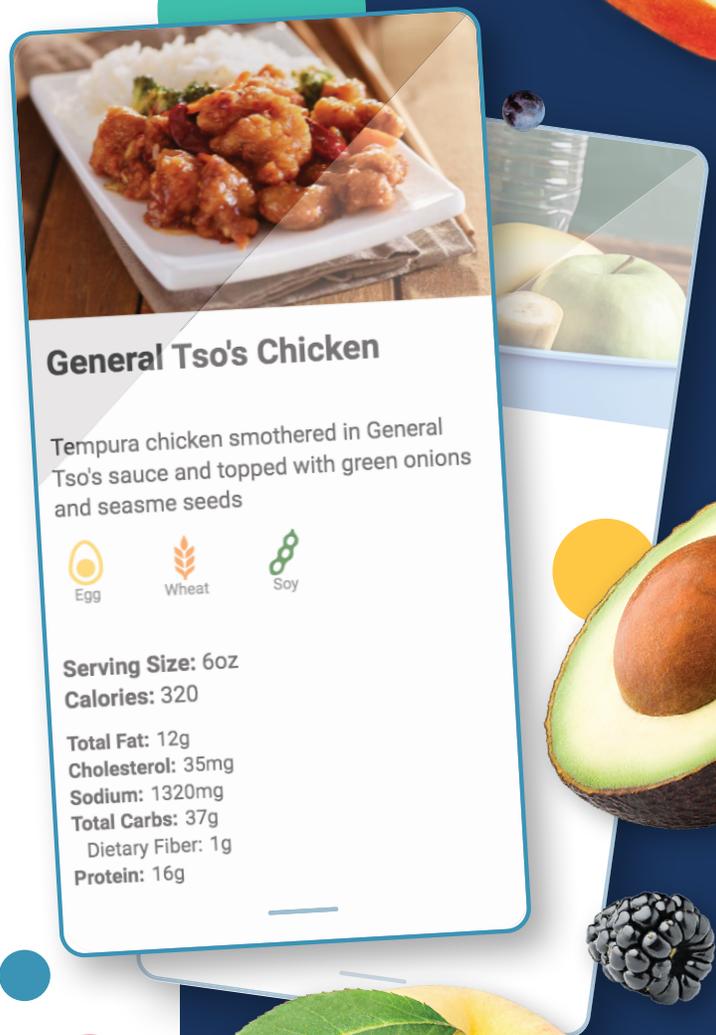
- 1 **Download** or open the app.
- 2 **Find** your district.
- 3 **Select** your preferred location and **favorite** it.
- 4 **View** daily menu items



Available on the
App Store

ANDROID APP ON
Google Play

Download the Nutrislice app today!



chartwell | nutrislice

Get Started!

<https://eastchinaschools.nutrislice.com/menu>

Go to eastchinaschools.nutrislice.com OR navigate from the East China School Food Service Page of the East China School District's website. If you prefer to use your smartphone, download the Nutrislice app from Google Play for Androids or the App Store for iPhones.



School Home

Lunch

All Menus | Breakfast | **Lunch** | Dinner

Weekly | DEC 1 - 7

01 Sun	02 Mon	03 Tue	04 Wed	05 Thu	06 Fri
Soups +	Entrees +	Entrees +	Entrees +	Entrees +	Entrees +
Sides +	Grill +	Grill +	Grill +	Grill +	Grill +
	Daily Special +				
	Soups +				
	Sides +				

Vegetable Soup

Hearty soup with potatoes, carrots, white beans, tomatoes and kale.

Milk | Wheat | Soy

Serving Size: 4oz
Calories: 111

Total Fat: 0g
Cholesterol: 5mg
Sodium: 1282mg
Total Carbs: 16g
Dietary Fiber: 5g
Protein: 3g

Using the Website

1. Go to the URL listed above.
2. Click View Menus.
3. Select grade level, school and then the menu you want to see.
4. View the current day's menu, or skip to a future date.
5. Select a food to find its description and photo, filter by allergens, print the menu and so much more!

Using the App

1. Find your district.
2. Find your school.
3. Select your menu.
4. View the current day's menu, or skip to a future date.
5. Select a food to find its description and photo, filter by allergens, print the menu and so much more!

Questions? Contact Julie Humphrey at jhumphrey@ecsd.us