

# What's on the Menu?

## East China Secondary Breakfast Menu

April 2024

BREAKFAST IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Apple or Cherry Frudels	Sausage Pancake on a Stick	Cinnamon Toast Crunch Bars	Egg, Sausage & Cheese Croissant	Chocolate Chip French Toast
Oatmeal Choc Chip Chunk Benefit Bar	Assorted Cereal Bars	Smoothie w/Goldfish Graham	Assorted Cereal Bars	Oatmeal Choc Chip Chunk Benefit Bar
Frosted WG Pop Tart	Frosted WG Pop Tart	Frosted WG Pop Tart	Frosted WG Pop Tart	Frosted WG Pop Tart
Assorts Muffin w/ Low Fat String Cheese	Assorts Muffin w/ Low Fat String Cheese	Assorts Muffin w/ Low Fat String Cheese	Assorts Muffin w/ Low Fat String Cheese	Assorted Muffin w/ Low Fat String Cheese
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk

Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1% chocolate.

Questions or Comments? Please contact Julie Humphrey @ 810.676.1112 or [jhumphrey@ecsd.us](mailto:jhumphrey@ecsd.us)

Based on the current supply chain  
challenges menus are subject to change

Payments can be made through e~Funds  
This institution is an equal opportunity provider.

# Serving up happy & healthy