



MenuWorks Allergen-Intolerance Report

Report Run By:JULIE HUMPHREY
Run Date: Mar 18, 2024
East China Schl Dist (9251)

Report Parameters			
Menus Included:	East China, Secondary Breakfast, NSLP, 2023-2024 SY	Print Options:	Print All Items
Days/Dates Included:	Apr 8, 2024 - Apr 12, 2024		
Meal Periods Included:	Breakfast		
Stations Included:	Breakfast		
Diets Included:			

Purpose of the Report:

The purpose of the MenuWorks Allergen-Intolerance Report is to identify Allergens, Intolerances, and Sensitivities in menu items.

CONFIDENTIAL-PROPRIETARY:

Compass cannot accept responsibility for use of this document by individuals that have not been properly trained, nor can it be held responsible for use by unauthorized individuals.

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

- AT RISK indicates allergen/intolerance is at risk - varies by brand, check label
- HAS indicates allergen/intolerance is present in recipe
- Blank indicates allergen/intolerance is not present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Monday, Apr 8, 2024 (Breakfast : Breakfast)

1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
1 MM CK12 Juice, Assorted, 100%, 4 fl oz (34497)														HAS
2 APL CK12 Cereal, Cheerios, Honey, Bowl, 2 oz, General Mills 1600018448, PC (150909)														
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Crackers, Goldfish, French Toast, 1 oz, Campbell's 25082, PC (125454)			HAS				HAS		HAS		HAS			
2 APL CK12 Crescent, Chocolate, 2.29 oz, GM, Pillsbury 10018000499790, PC (121051)			HAS				HAS		HAS		HAS			
2 APL CK12 Frudel, Apple, IW, WG (GM 10018000278524) (67223)			HAS				HAS		HAS		HAS			
2 APL CK12 Muffin, Blueberry, WG, IW, 2 oz, Aspire, Otis Spunkmeyer 10143, PC (70560)	HAS						HAS		HAS		HAS			
2 APL CK12 Pop-Tart, Cinnamon, Frosted, WG, 2 ct, Kellogg's 3800055125, PC (69885)							HAS		HAS		HAS			
2 APL CK12 Yogurt, Raspberry Rainbow, 4 oz, General Mills, Yoplait, Trix 70470177250, PC (66749)			HAS											
3 CK12 Milk, Chocolate, Skim, 8 fl oz, Prairie Farms, Hiland Dairy 9178A, PC (78912)			HAS											
3 CK12 Milk, Strawberry, Skim, 8 fl oz, Prairie Farms 17025, PC (82129)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, Prairie Farms 4752, PC (76631)			HAS											

Tuesday, Apr 9, 2024 (Breakfast : Breakfast)

1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
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Tuesday, Apr 9, 2024 (Breakfast : Breakfast)

1 MM CK12 Juice, Assorted, 100%, 4 fl oz (34497)														HAS
2 APL CK12 Bar, Cereal, Trix, 1.42 oz, General Mills 10016000319155, PC (69951)							HAS		HAS		HAS			
2 APL CK12 Cereal, Lucky Charms, Bowl, 2 oz, General Mills 10016000148847, PC (127303)														
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Crackers, Goldfish, French Toast, 1 oz, Campbell's 25082, PC (125454)			HAS				HAS		HAS		HAS			
2 APL CK12 Muffin, Blueberry, WG, IW, 2 oz, Aspire, Otis Spunkmeyer 10143, PC (70560)	HAS						HAS		HAS		HAS			
2 APL CK12 Pancake, Maple, Turkey Sausage on a Stick, WG (Foster Farm 95121) (40463.7)	HAS						HAS		HAS		HAS			
2 APL CK12 Pop-Tart, Cinnamon, Frosted, WG, 2 ct, Kellogg's 3800055125, PC (69885)							HAS		HAS		HAS			
2 APL CK12 Yogurt, Raspberry Rainbow, 4 oz, General Mills, Yoplait, Trix 70470177250, PC (66749)			HAS											
3 CK12 Milk, Chocolate, Skim, 8 fl oz, Prairie Farms, Hiland Dairy 9178A, PC (78912)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, Prairie Farms 4752, PC (76631)			HAS											

Wednesday, Apr 10, 2024 (Breakfast : Breakfast)

1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Apple, Fresh, Red Delicious, Whole, 138 Count (34124)														

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
Wednesday, Apr 10, 2024 (Breakfast : Breakfast)														
2 APL CK12 Bar, Soft Filled, Cinnamon Toast Crunch, WG, 2.36 oz, General Mills 10018000109781, PC (125079)			HAS				HAS		HAS		HAS			
2 APL CK12 Cereal, Cinnamon Toast Crunch, Less Sugar, Bowl, 2 oz, General Mills 10016000148861, PC (127301)							HAS		HAS		HAS			
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Crackers, Goldfish, French Toast, 1 oz, Campbell's 25082, PC (125454)			HAS				HAS		HAS		HAS			
2 APL CK12 Muffin, Blueberry, WG, IW, 2 oz, Aspire, Otis Spunkmeyer 10143, PC (70560)	HAS						HAS		HAS		HAS			
2 APL CK12 Pop-Tart, Cinnamon, Frosted, WG, 2 ct, Kellogg's 3800055125, PC (69885)							HAS		HAS		HAS			
2 APL CK12 Smoothie, Breakfast, Blenderless, Pineapple, Yogurt, Strawberry (GM 10070470166312), 8 fl oz (81829.1)			HAS											
2 APL CK12 Yogurt, Raspberry Rainbow, 4 oz, General Mills, Yoplait, Trix 70470177250, PC (66749)			HAS											
3 CK12 Milk, Chocolate, Skim, 8 fl oz, Prairie Farms, Hiland Dairy 9178A, PC (78912)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, Prairie Farms 4752, PC (76631)			HAS											

Thursday, Apr 11, 2024 (Breakfast : Breakfast)

1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Thursday, Apr 11, 2024 (Breakfast : Breakfast)

1 MM CK12 Juice, Assorted, 100%, 4 fl oz (34497)														HAS
2 APL CK12 Bar, Cereal, Trix, 1.42 oz, General Mills 10016000319155, PC (69951)							HAS		HAS		HAS			
2 APL CK12 Cereal, Blueberry Chex, Bowl, 2 oz, General Mills 10016000172620, PC (138169)														
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Crackers, Goldfish, French Toast, 1 oz, Campbell's 25082, PC (125454)			HAS				HAS		HAS		HAS			
2 APL CK12 Muffin, Blueberry, WG, IW, 2 oz, Aspire, Otis Spunkmeyer 10143, PC (70560)	HAS						HAS		HAS		HAS			
2 APL CK12 Pop-Tart, Cinnamon, Frosted, WG, 2 ct, Kellogg's 3800055125, PC (69885)							HAS		HAS		HAS			
2 APL CK12 Sandwich, Breakfast, Egg Patty (Cargill 40710), Sausage Patty (Jimmy Dean 10000025446), Cheese, WG Croissant (Bake Crafters 869) (34539.200)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Yogurt, Raspberry Rainbow, 4 oz, General Mills, Yoplait, Trix 70470177250, PC (66749)			HAS											
3 CK12 Milk, Chocolate, Skim, 8 fl oz, Prairie Farms, Hiland Dairy 9178A, PC (78912)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, Prairie Farms 4752, PC (76631)			HAS											

Friday, Apr 12, 2024 (Breakfast : Breakfast)

1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
Friday, Apr 12, 2024 (Breakfast : Breakfast)														
1 MM CK12 Juice, Assorted, 100%, 4 fl oz (34497)														HAS
2 APL CK12 Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5 oz, J&J Snack 40401, PC (70447)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Cereal, Cocoa Puffs, Reduced Sugar, Bowl, 2 oz, General Mills 10016000148854, PC (127304)									HAS		HAS			
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Crackers, Goldfish, French Toast, 1 oz, Campbell's 25082, PC (125454)			HAS				HAS		HAS		HAS			
2 APL CK12 French Toast, Mini, Chocolate Chip, WG, IW (Kellogg's, Eggo 3800080801) (42468.8)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Muffin, Blueberry, WG, IW, 2 oz, Aspire, Otis Spunkmeyer 10143, PC (70560)	HAS						HAS		HAS		HAS			
2 APL CK12 Pop-Tart, Cinnamon, Frosted, WG, 2 ct, Kellogg's 3800055125, PC (69885)							HAS		HAS		HAS			
2 APL CK12 Yogurt, Raspberry Rainbow, 4 oz, General Mills, Yoplait, Trix 70470177250, PC (66749)			HAS											
3 CK12 Milk, Chocolate, Skim, 8 fl oz, Prairie Farms, Hiland Dairy 9178A, PC (78912)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, Prairie Farms 4752, PC (76631)			HAS											