

# What's on the Menu?

## Innovation Center Lunch Menu

April 8<sup>th</sup> – 12<sup>th</sup>

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch				
Strawberry Chicken Salad w/Soft Rolls	5 Layer Taco Salad w/Tortillas	Chicken BLT Salad w/Soft Roll	Ham & Turkey Chef Salad w/Soft Roll	Chicken Caesar Salad w/Croutons
Ham & Cheese Croissant	Turkey & Cheese Sub	Ham & Cheese Wrap	Egg Salad Sandwich	Buffalo Chicken Wrap
Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola
Italian Wrap	Cheese & Grapes w/Crackers	Cheese & Grapes w/Crackers	Hummus w/Tortillas & Vegetables	Ham & Cheese Sandwich
Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch
PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch
extra. extra				
Side Caesar Salad Fresh Carrots Sliced Cucumbers Celery Sticks	Marinated Cucumber & Tomato Salad Korean Potato Salad Red Pepper Strips Fresh Broccoli	Vegetable Pasta Salad Tossed Side Salad Fresh Cherry Tomatoes Green Peas	Chickpea Salad Ranch Corn Red Pepper Strips Sliced Cucumbers	Apple Slaw Broccoli Salad Cauliflower Florets Baby Carrots
100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk
Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.				

Questions or Comments? Please contact Julie Humphrey @ 810.676.1112 or [jhumphrey@ecsd.us](mailto:jhumphrey@ecsd.us)

Based on the current supply chain challenges menus are subject to change

Payments can be made through e~Funds

This institution is an equal opportunity provider.

# Serving up happy & healthy

# What's on the Menu?

## Innovation Center Lunch Menu

April 15<sup>th</sup> – 19<sup>th</sup>

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch				
Strawberry Chicken Salad w/Soft Rolls	5 Layer Taco Salad w/Tortillas	Chicken BLT Salad w/Soft Roll	Ham & Turkey Chef Salad w/Soft Roll	Chicken Caesar Salad w/Croutons
Ham & Cheese Croissant	Turkey & Cheese Sub	Ham & Cheese Wrap	Egg Salad Sandwich	Buffalo Chicken Wrap
Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola
Italian Wrap	Cheese & Grapes w/Crackers	Cheese & Grapes w/Crackers	Hummus w/Tortillas & Vegetables	Ham & Cheese Sandwich
Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch
PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch
extra. extra				
Side Caesar Salad Fresh Carrots Sliced Cucumbers Celery Sticks	Spicy Cucumber Salad Chickpea Salad Red Pepper Strips Fresh Broccoli	Vegetable Pasta Salad Tossed Side Salad Fresh Cherry Tomatoes Green Peas	Potato Salad Ranch Corn Red Pepper Strips Sliced Cucumbers	Apple Slaw Broccoli Salad Cauliflower Florets Baby Carrots
100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk

Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.

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# What's on the Menu?

## Innovation Center Lunch Menu

April 22<sup>nd</sup> – 26<sup>th</sup>

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch				
Strawberry Chicken Salad w/Soft Rolls	5 Layer Taco Salad w/Tortillas	Chicken BLT Salad w/Soft Roll	Ham & Turkey Chef Salad w/Soft Roll	Chicken Caesar Salad w/Croutons
Ham & Cheese Croissant	Turkey & Cheese Sub	Ham & Cheese Wrap	Egg Salad Sandwich	Buffalo Chicken Wrap
Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola
Italian Wrap	Cheese & Grapes w/Crackers	Cheese & Grapes w/Crackers	Hummus w/Tortillas & Vegetables	Ham & Cheese Sandwich
Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch
PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch
extra. extra				
Side Caesar Salad Fresh Carrots Sliced Cucumbers Celery Sticks	Marinated Cucumber & Tomato Salad Chickpea Salad Red Pepper Strips Fresh Broccoli	Vegetable Pasta Salad Tossed Side Salad Fresh Cherry Tomatoes Green Peas	Potato Salad Ranch Corn Red Pepper Strips Sliced Cucumbers	Radish Slaw Broccoli Salad Cauliflower Florets Baby Carrots
100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk

Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.

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# What's on the Menu?

## Innovation Center Lunch Menu

April 29<sup>th</sup> – May 3<sup>rd</sup>

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch				
Strawberry Chicken Salad w/Soft Rolls	5 Layer Taco Salad w/Tortillas	Chicken BLT Salad w/Soft Roll	Ham & Turkey Chef Salad w/Soft Roll	Chicken Caesar Salad w/Croutons
Ham & Cheese Croissant	Turkey & Cheese Sub	Ham & Cheese Wrap	Egg Salad Sandwich	Buffalo Chicken Wrap
Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola
Italian Wrap	Cheese & Grapes w/Crackers	Cheese & Grapes w/Crackers	Hummus w/Tortillas & Vegetables	Ham & Cheese Sandwich
Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch
PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch
extra. extra				
Side Caesar Salad Fresh Carrots Sliced Cucumbers Celery Sticks	Marinated Cucumber & Tomato Salad Chickpea Salad Red Pepper Strips Fresh Broccoli	Vegetable Pasta Salad Tossed Side Salad Fresh Cherry Tomatoes Green Peas	Potato Salad Ranch Corn Red Pepper Strips Sliced Cucumbers	Apple Slaw Broccoli Salad Cauliflower Florets Baby Carrots
100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk
Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.				

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