

Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Menus Included:	East China, Elementary Lunch, k12, NSLP 23-24 SY	alysis:	Weighted
Days/Dates Included:	Apr 2, 2024 - Apr 6, 2024	Cost Analysis:	Sum All
Locations Included:	Gearing Elementary School	Menu Item Display: All Items	All Items
Meal Periods Included:		Report Details:	Detailed Totals
Stations Included:	Lunch, Sides for All Meals, Milk & Condiments, null	AND A COMPANY OF THE PROPERTY	distance of the second
Diets Included:		авила каления и калады арал фр. фо.М.Д. «Мейдерод» пере у те удерерге температе в в выказ и и извежавала	

Purpose of the Report:

The purpose of the MenuWorks Nutrient Analysis Report is to provide menu nutrition information and evaluate nutrition compliance against dietary standards assigned to the menu.

^{*} Indicates Main/Non-Select Item
(+) indicates partial nutritional value (-) indicates no nutritional value available
Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.



Report Run By: JULIE HUMPHREY Run Date: 03/18/2024 East China Schl Dist (9251)

Tuesday, April 2nd

Lunch - Milk & Condiments

						Ranch Dressing (132565)	Menu Item Name Mustard Packet (99246)
	% Dail	Dail	Daily Totals for Day 3	Lunch	Milk & Condiments Totals	1 each	Portion Size Weight (g) CHO (g) 1 each 5.5 0.3
	% Daily Value	Daily Value	r Day 3	Lunch Totals	Totals	12.4	/eight (g) 5.5
	ı	ı	92.1	92.1	19	0.8	СНО (g) 0.3
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lednesday, A	1	,	ŧ		1	3	1 100
r, April 3rd		1	5.19	5.19	0.97	0.10	Item Cost 0.01

Chilled Diced Pears (33761.2)	Shredded Romaine Lettuce (52509.2) 1/2 cup	Seasoned Refried Beans (37533.5)	Menu Item Name	Lunch - Sides for All Meals		Soft Flour Tortilla (37912.2)	*Beef Taco Meat (34810.11)	Low Fat Sour Cream (34938.2)	Shredded Cheddar Cheese (37852)	*Fiestada Pizza (70551.27)	Lunch - Lunch Menu Item Name
1/2 cup	1/2 cup	1/2 cup	Portion Size		L ₁	1 serving(s)	3/8 cup	2 tbsp	1/2 ounce	1 each	Portion Size
123.7	23.5	125.2	Weight (g) CHO (g)		Lunch Totals	58	90.7	28.3	14.2	154.2	Weight (g) CHO (g)
15.6	0.8	21	сно (д)		38.9	28	ĊΊ	1.2	0.5	43	сно (д)
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ı	ı	1	Total		t	ı	ı	1	1	ı	
0.38	0.20	0.38	Item Cost		2.05	0.22	0.75	0.13	0.10	0.85	Item Cost

Fresh Whole Apple Gala (34507.8)

1 each

118.3

16.3

0.27

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Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Thursday, April 4th

		Ranch Dressing (132565)	Mustard Packet (99246)	Ketchup (34928)	Chocolate Low Fat Milk (115465)	Strawberry Low Fat Milk (115464)	1% Low-fat Milk (69531)	Lunch - Milk & Condiments Menu Item Name		Assorted Chilled Fruit (34505.1)	Corn Salad with Ranch (35338.34)	Blue Raspberry Lemon Frozen SideKicks (105298)	Fresh Whole Fruit (34507)	Fresh Caesar Salad (34815.94)	Tater Tots (34680.33)	Lunch - Sides for All Meals Menu Item Name		Soft Baked Pretzel (44777.4)	*Cheddar Cheese Sauce (68827.2)	Menu Item Name	Lunch - Lunch
-	Milk & Condiments Totals	1 each	1 each	1 tbsp	1 each	1 each	1 each	Portion Size	Sides for All Meals Totals	1/2 cup	1/2 cup	1 each	1 each	1 cup	2-1/2 ounce	Portion Size	_	1 each	3 floz	Portion Size	
Lunch Totals	ents Totals	12.4	ў. Уі	15.6	226.8	226.8	244	Weight (g)	leals Totals	123.3	87.4	124.7	147.2	54.7	70.9	Weight (g)	Lunch Totals	62,4	93	Weight (g)	
84.2	19	0,8	0.3	4.3	20	22	11.3	СНО (g)	31.9	14.5	16.2	23	23.8	3.6	14.3	сно (д)	33.3	30	5.5	CHO (g)	
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4.52	0.97	0.10	0.01	0.04	0.27	0.27	0.27	Item Cost	1.88	0.40	0.36	0.39	0.33	0.15	0.26	Item Cost	1.66	0.25	0.44	Item Cost	

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Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Monday, April 8th

Location Name: Gearing Elementary School Menu Name: East China, Elementary Lunch, k12, NSLP 23-24 SY

Displaying Nutrient Set (1 of 1)

Mustard Packet (99246)	Ketchup Packet (77319)	Strawberry Low Fat Milk (115464)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Lunch - Milk & Condiments Menu Item Name		Mixed Fruit Cocktail (39262.6)	Sliced Cucumbers (39949)	Fresh Whole Fruit (34507)	Fresh Orange Wedges (34123.1)	Fresh Caesar Salad (34815.94)	Waffle Fries (45690.11)	Menu Item Name	Lunch - Sides for All Meals		Dinner Roll (70574)	*Popcorn Chicken (40849.2)	*Italian Meatball Sub (34737.128)	Lunch - Lunch Menu Item Name
1 each	1 each	1 each	1 each	1 each	Portion Size	Sides for All Meals Totals	1/2 cup	1/2 cup	1 each	4 wedge	1 cup	3-1/4 ounce	Portion Size		Ę	1 each	12 piece	1 sandwich	Portion Size
ў ў	დ	226.8	226.8	244	Weight (g)	leals Totals	126	59.5	147.2	97.4	54.7	92.1	Weight (g)		Lunch Totals	31.2	95.3	209.9	Weight (g)
0.3	2.5	22	20	11.3	СНО (д)	23.3	15	2.2	23.8	11.4	3.6	20.3	сно (д)		35.7	15	16	40_4	сно (д)
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0.01	0.04	0.27	0.27	0.27	Item Cost	1.32	0.20	0.08	0.33	0.23	0.15	0.32	Item Cost		2.18	0.17	0.62	1.39	Item Cost

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Report Run By: JULIE HUMPHREY Run Date: 03/18/2024 East China Schl Dist (9251)

I mich - Sides for All Meals													Tue	1347003
Lunch - Sides for All Meals	Sides for All Meals Totals		28.1	t	1	1	1	•	i	r	1	1		
Lunch - Milk & Condiments	•													
Menu Item Name	Portion Size	Weight (g)	CHO (g)					The state of the s	100 SQ 100 SQ 10					77.7
1% Low-fat Milk (69531)	1 each	244	11.3	•	ι	1	,	,	ı	ı	ı	ı		
Chocolate Low Fat Milk (115465)	1 each	226.8	20	ι	1	ı	ı	•	ı	ŧ	1	ŧ		
Strawberry Low Fat Milk (115464)	1 each	226.8	22	•	1	1	ı	1	t	•	1	t		
Ketchup Packet (77319)	1 each	ထ	2.5	ì	1	1	ı	1	ı	•	ι	ı		
Mustard Packet (99246)	1 each	5.5	0.3	,	1	ı	ı	,	ı	•	1	1		
Ranch Dressing (132565)	1 each	12.4	0.8)	1	ı	ı		1	ı		t		
	Milk & Condiments Totals	nents Totals	18.6	1	ş	į	1	ı		1	ı	ı		
	_	Lunch Totals	103.5	ı	ı	ŧ	,	•	1	•	1	ı		
	Daily Total	Daily Totals for Day 10	103.5			1		1	ľ	,	1	1		
		Daily Value	ı	t	ı	1	ı	1	ŧ		ī	i		
	%	% Daily Value	ī	,	ı	ı	ı	'	•	ı	t t	1	more and ordered with the control of	
													Vednesday, April '	1. A G
lunch - Lunch														

Lunch - Lunch

Chat Snacks Vanilla Grahams (130051)	*Ham & Turkey Chef Salad (39888.177)	Whole Grain Pancake Bites (34512.87)	*Scrambled Eggs (39851.4)	Menu Item Name
1 each	1 each	6 each	2 ounce	Portion Size Weight (g) CHO (g)
28	248.9	86.7	56.7	Weight (g)
21	9 3	38	2	сно (д)
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0.29	0.76	0.72	0.41	Item Cost

[&]quot; Indicates Main/Non-Select item
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Report Run By: JULIE HUMPHREY
Run Date: 03/18/2024 East China Schl Dist (9251)

Thursday, April 11th

							7 TO 1 TO						
Portion Size	(g)	CHO (g)			10 5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			Vision Vision Vision Vision Vision		1,100 mm			Item Cost
1 sandwich	165.9	28.2	ı	ŧ	1	1	ı	ŧ	1	ı	ı	ı	1.13
1/2 cup	52.3	15.7	ı	ŧ	ı	1	1	ı	t	ŧ	•	1	0.10
1 serving(s)	219.3	64	1	ŧ	j	ı	ı	ı	ŧ	1	1	1	1.34
Lun	ch Totals	54	,	ı	ı	1	ı	ı	t	t	ı	ŧ	2.57
Portion Size		CHO (g)									11.00 11.00		Item Cost
1/2 cup	119.3	14.4	•	ı	1	ı	ı	ı	1	ı	ı	ı	0.17
1/2 cup	90.6	19.8	ı	t	1	1	1	,	•	1	1	1	0.20
1/2 cup	90.9	7.3	ı	ŧ	ı	1	1	ŧ	•	1	1	,	0.38
1 each	147.2	23.8	•	1	ı	•	1	ı			ı	•	0.33
1/2 cup	122	14	ı	ı	ı	t	1	ı	ı	ı	ŧ	ı	0.36
1/2 cup	78.6	14.2	1	ı	ŧ		1	ι	,	ì	1	ı	0.53
les for All Me	als Totals	30.8	1	ı	ı	ı	1	ı	ı	1	ì	1	1.98
Portion Size		сно (д)						LANGE OF THE PROPERTY OF THE P	TOTAL OF THE PROPERTY OF THE P				Item Cost
1 each	244	11.3	1	1	ŧ		1	ı	,	ı	,		0.27
1 each	226.8	20	ı	•	ı	•	ı	,	1	ı	1	,	0.27
1 each	226.8	22	1	ı	1	ı	1	1	ı	t	ı	ı	0.27
1 each	9	2.5	ı	ι	ı	ı	3	ı	ı	1	1		0.04
1 each	5 1	0.3	1	ı	ı	,	3	ı	ı	ı	ı	ı	0.01
1 each	12.4	0,8	ı	·	1	1	ı	1	ı	ı	ı	•	0.10
	Portion Size 1 sandwich 1/2 cup 1 serving(s) Lun Portion Size 1/2 cup 1 each 1 each 1 each 1 each 1 each 1 each	Size Weight (g) fich 165.9 f2.3 g(s) 219.3 Lunch Totals Lunch Totals 119.3 90.6 90.9 147.2 122 78.6 All Meals Totals Size Weight (g) 5.5 5.5 12.4	O O										

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Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Monday, April 15th

Location Name: Gearing Elementary School Menu Name: East China, Elementary Lunch, k12, NSLP 23-24 SY

Displaying Nutrient Set (1 of 1)

Lunch - Lunch

V-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1	Strawberry l	Chocolate L	1% Low-fat Milk (69531)	Menu Item Name	Lunch - M		Chilled Dice	Spinach & R	Fresh Whole	Fresh Red S	Fresh Grape	Broccoli (34655.35)	Menu Item Name	Lunch - S		Dinner Roll (70574)	*Chicken Nu	Menu Item Name *Strawberry Parfail (34510.22)
	Strawberry Low Fat Milk (115464)	Chocolate Low Fat Milk (115465)	Milk (69531)	ame	Lunch - Milk & Condiments		Chilled Diced Pears (33761.2)	Spinach & Romaine Salad (34815.11)	Fresh Whole Fruit (34507)	Fresh Red Seedless Grapes (39952)	Fresh Grape Tomatoes (41125)	355.35)	ame	Lunch - Sides for All Meals		70574)	*Chicken Nuggets (35365.12)	Menu Item Name *Strawberry Parfait with Granola (34510.22)
	1 each	1 each	1 each	Portion Size		Sides for All Meals Totals	1/2 cup) 1 cup	1 each	1/2 cup	1/2 cup	1/2 cup	Portion Size		۲	1 each	5 each	Portion Size 1 serving(s)
	226.8	226.8	244	Weight (g)		leals Totals	123.7	49.1	147.2	78.6	67.8	66	Weight (g)		Lunch Totals	31.2	85	Weight (g): 491.1
	22	20	11.3	сно (д)		19.3	15.6	2	23.8	14.2	2.6	4.7	СНО (д)		78	Q	16	СНО (g) 124.9
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	0.27	0.27	0.27	Item Cost		2.30	0.38	0.13	0.33	0.53	0.64	0.29	Item Cost		3.05	0.17	0,51	Item Cost 2.38

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Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Tuesday, April 16th

Lunch - Sides for All Meals Menu Item Name Fresh Orange Wedges (34123.1)	Portion Size 4 wedge	Weight (g) CHO (g) 97.4 11.4	СНО (g) 11.4	** ** ** ** ** ** ** ** ** ** ** ** **	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1		1	### 100 00 00 00 00 00 00 00 00 00 00 00 00	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 (2007)	T state	Indicate the property of the p	, o n
	Sides for All Meals Totals	Meals Totals	24.4	1	ŧ	1	1	1	ı	ı	,	ı	ı	
Lunch - Milk & Condiments														
Menu Item Name	Portion Size	Weight (g) CHO (g)	сно (д)					2. A.		ATT.	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1			1, 4, 1
1% Low-fat Milk (69531)	1 each	244	11.3	1	ī	ı	,	1	ì	•	1	ı	ı	
Chocolate Low Fat Milk (115465)	1 each	226.8	20	•	ı	ι	,	1	ı		1	1	,	
Strawberry Low Fat Milk (115464)	1 each	226.8	22	•	1	ŧ	1	•	1	1	ı		ı	
Ketchup Packet (77319)	1 each	9	2.5	1	1	ı	1	ř	1	1	ı	ì	ı	
Mustard Packet (99246)	1 each	5.5	0.3	r	ı	ŧ	ı	Ē		ı	3	ı	ı	
Ranch Dressing (132565)	1 each	12.4	0.8	,	ı	i	•	ı	1	,	:	ı	ı	
	Milk & Condiments Totals	nents Totals	18.6	1	3	ı	•	ı	•	ı	,	ı	1	
	_	Lunch Totals	76.8	•	ı	1	ı	;	ı	t	1	ı	ı	
	Daily Total	Daily Totals for Day 17	76.8	•	•	ı	•	1	ı	,	ļ	t		
		Daily Value	1	í	ı	į	1	1	ı	ı	i	ı	r	
	%	% Daily Value	ı	•	t	1	ı	•	ı	t		· I	1	
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Lunch - Lunch

	*Muffin, Goldfish & Yogurt Fun Lunch 1 serving(s) (37742.188)	Mini Confetti Pancakes (42468.12)		Menu Item Name
Lu		1 serving(s)	2 each	Portion Size Weight (g) CHO (g)
Lunch Totals 50.5	219.3	85.9	56.7	Weight (g)
50.5	64	36		СНО (д)
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2.38	1.34	0.58	0.46	Item Cost

^{*} Indicates Main/Non-Select Item

(+) indicates partial nutritional value | (-) indicates no nutritional value available

(+) indicates partial nutritional value | (-) indicates no nutritional value available

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Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Thursday, April 18th

	Ranch Dressing (132565)	Mustard Packet (99246)	Ketchup Packet (77319)	Strawberry Low Fat Milk (115464)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Lunch - Milk & Condiments Menu Item Name		Assorted Chilled Fruit (34505.1)	Fresh Cauliflower Florets (37456.5)	Blue Raspberry Lemon Frozen SideKicks (105298)	Applesauce (33761.4)	Fresh Celery Sticks (37458.1)	Green Beans (34655.39)	Menu Item Name	Lunch - Sides for All Meals		*Ham and Cheese Hoagie (40421.28)	Cheddar Goldfish Crackers (69961)	Lunch - Lunch Menu Item Name *Macaroni and Cheese (36236)
Milk & Condiments Totals	1 each	1 each	1 each	1 each	1 each	1 each	Portion Size	Sides for All Meals Totals	1/2 cup	1/2 cup	1 each	1/2 cup	1/2 cup	1/2 cup	Portion Size		<u> </u>	1 sandwich	1 each	Portion Size 2/3 cup
ents Totals	12.4	5.5	9	226.8	226.8	244	Weight (g)	leals Totals	123.3	74.8	124.7	122	74.3	78.2	Weight (g)		Lunch Totals	207.1	21.3	Weight (g) 181.3
18.6	0.8	0,3	2.5	22	20	11.3	сно (д)	19.4	14.5	3.7	23	13.7	2.2	O1	СНО (д)		36.4	34.2	14	СНО (g) 24.7
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0.97	0.10	0.01	0.04	0.27	0.27	0.27	Item Cost	1.97	0.40	0.36	0.39	0.28	0.32	0.23	Item Cost		1.87	1.14	0.23	Item Cost 0.51

^{*} Indicates Main/Non-Select Item
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Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Location Name: Gearing Elementary School Menu Name: East China, Elementary Lunch, k12, NSLP 23-24 SY

Displaying Nutrient Set (1 of 1)

Monday, April 22nd

Ketchup Packet (77319)	Chocolate Low Fat Milk (115465)	Strawberry Low Fat Milk (115464)	1% Low-fat Milk (69531)	Lunch - Milk & Condiments Menu Item Name	(A)	Assorted Chilled Fruit (34505.1)	Fresh Carrots (35660)	Fresh Grape Tomatoes (41125)	Fresh Whole Fruit (34507)	Seasoned Corn (34655)	Spinach & Romaine Salad (34815.11)	Menu Item Name	Lunch - Sides for All Meals		Dinner Roll (70574)	*Jumbo Crispy Chicken Tenders (40026.45)	*French Bread Pepperoni Pizza (67168.6)	Lunch - Lunch Menu Item Name
1 each	1 each	1 each	1 each	Portion Size	Sides for All Meals Totals	1/2 cup	1/2 cup	1/2 cup	1 each	1/2 cup	1 cup	Portion Size		Ę	1 each	2 each	1 piece	Portion Size
φ	226.8	226.8	244	Weight (g)	leals Totals	123.3	87.9	67.8	147.2	85	49.1	(g)		Lunch Totals	31.2	117.4	153.1	Weight (g)
2.5	20	22	11.3	CHO (g)	21.3	14.5	7.2	2.6	23.8	16	2	CHO (g)		ယ္	5	12	35 55	сно (д)
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0.04	0.27	0.27	0.27	Item Cost	2.17	0,40	0.32	0.64	0.33	0.35	0.13	Item Cost		2.31	0.17	1.07	1.07	Item Cost

^{*} Indicates Main/Non-Select Item

⁽⁺⁾ indicates partial nutritional value (-) indicates no nutritional value available
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Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Tuesday, April 23rd

*Strawberry Parfait with Granola	Menu Item Name	Lunch - Lunch						Ranch Dressing (132565)	Mustard Packet (99246)	Ketchup Packet (77319)	Chocolate Low Fat Milk (115465)	Strawberry Low Fat Milk (115464)	1% Low-fat Milk (69531)	Lunch - Milk & Condiments Menu Item Name		Assorted Chilled Fruit (34505.1)	Sliced Cucumbers (39949)	Lunch - Sides for All Meals Menu Item Name Marinated Tomato & Cucumber Salad (36008)
1 serving(s)	Portion Size		%		Daily Totals for Day 24	<u>[</u>	Milk & Condiments Totals	1 each	1 each	1 each	1 each	1 each	1 each	Portion Size	Sides for All Meals Totals	1/2 cup	1/2 cup	Partion Size
491.1	Weight (g)		% Daily Value	Daily Value	for Day 24	Lunch Totals	ents Totals	12.4	<i>წ</i> .	ထ	226.8	226.8	244	Weight (g)	eals Totals	123.3	59.5	Weight (g) CHO (g) 111.7 4.8
124.9	сно (д)		ı		83.5	83.5	18.6	0.8	0.3	2.5	20	22	11.3	СНО (д)	15.3	14.5	2.2	сно (g) 4.8
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2.38	Item Cost	pril 24th	5	ŧ	5.84	5,84	0.97	0.10	0.01	0.04	0.27	0.27	0.27	Item Cost	1.80	0.40	80.0	Item Cost 0.24

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^{*} Indicates Main/Non-Select Item
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MenuWorks Nutrition Analysis Report

Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Strawberry Low Fat Milk (115464)	1% Low-fat Milk (69531)	Menu Item Name	Lunch - Milk & Condiments		Assorted Chilled Fruit (34505.1)	Fresh Cauliflower Florets (37456.5)	Fresh Red Seedless Grapes (39952)	Assorted Chilled Fruit (34505.1)	Fresh Caesar Salad (34815.94)	Roasted Carrot Fries (37383)	Menu Item Name	Lunch - Sides for All Meals		*Muffin, Goldfish & Yogurt Fun Lunch (37742.188)	Grated Parmesan Cheese (39386.2)	Garlic Twist (41161.14)	*Spaghetti with Italian Meat Sauce (35978.59)	Menu Item Name			
1 each	1 each	Portion Size		Sides for All Meals Totals	1/2 cup	1/2 cup	1/2 cup	1/2 cup	1 cup	1/2 cup	Portion Size		드	1 serving(s)	1 tbsp	1 each	1 serving(s)	Portion Size	%		
226.8	244	Weight (g) CHO (g)		leals Totals	123.3	74.8	78.6	123.3	54.7	89.9	(g)		Lunch Totals	219.3	យា	38.2	245.6	Weight (g)	% Daily Value	Daily Value	
22	11.3	СНО (g)		18.5	14.5	3.7	14.2	14.5	3.6	8.7	сно (д)		61.3	64		14.4	43.2	сно (д)	1	ı	
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0.27	0.27	Item Cost		2.58	0.40	0.36	0.53	0.40	0.15	0.75	Item Cost		2.68	1.34	0.06	0.20	1.09	Item Cost	Ipríl 25th	1	pril 24th

Indicates Main/Non-Select Item

⁽⁺⁾ indicates partial nutritional value (-) indicates no nutritional value available

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