



MenuWorks Allergen-Intolerance Report

Report Run By:JULIE HUMPHREY
Run Date: Mar 18, 2024
East China Schl Dist (9251)

Report Parameters			
Menus Included:	East China, Elementary Lunch, k12, NSLP 23-24 SY	Print Options:	Print All Items
Days/Dates Included:	Apr 2, 2024 - Apr 26, 2024		
Meal Periods Included:	Lunch		
Stations Included:	Lunch, Sides for All Meals, Milk & Condiments		
Diets Included:			

Purpose of the Report:

The purpose of the MenuWorks Allergen-Intolerance Report is to identify Allergens, Intolerances, and Sensitivities in menu items.

CONFIDENTIAL-PROPRIETARY:

Compass cannot accept responsibility for use of this document by individuals that have not been properly trained, nor can it be held responsible for use by unauthorized individuals.

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

- AT RISK indicates allergen/intolerance is at risk - varies by brand, check label
- HAS indicates allergen/intolerance is present in recipe
- Blank indicates allergen/intolerance is not present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Tuesday, Apr 2, 2024 (Lunch : Lunch)

2 APL CK12 French Toast, Sticks, WG (Cargill 40432), 4 Sticks (34512.42)	HAS				HAS		HAS		HAS		HAS			
2 APL CK12 Fun Lunch: Muffin, Chocolate Chip (Otis Spunkmeyer 10145), Goldfish (Campbells 18105), Yogurt (Trix 70470177267), String Cheese (LOL 59701) (37742.188)	HAS		HAS				HAS		HAS		HAS		HAS	
2 APL CK12 Sausage, Pork, Patty (Jimmy Dean 10000025447), 2 Each (34513.26)														

Tuesday, Apr 2, 2024 (Lunch : Milk & Condiments)

1 MM CK12 Ketchup, Bulk Condiment, 1 TBSP (34928)										HAS			HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Tuesday, Apr 2, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Fresh, Baby, Bulk, Raw, 1/2 Cup (35660)														
1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
2 APL CK12 Mixed Fruit, Canned, Extra Light Syrup, Undrained, Generic, 1/2 Cup (39262.6)														
2 APL CK12 Orange, Fresh, Wedges, 1/2 Cup (34123.1)														HAS

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Tuesday, Apr 2, 2024 (Lunch : Sides for All Meals)

2 APL CK12 Peas, Green, Frozen, Unprepared, 1/4 Cup (52529.1)														
2 APL CK12 Potato, Smile, Fries (McCain OIF03456), 4 Each, 1/2 cup (39251.2)							HAS							

Wednesday, Apr 3, 2024 (Lunch : Lunch)

1 MM CK12 Cheese, Cheddar, Shredded, 1/2 oz (37852)			HAS											
1 MM CK12 Sour Cream, Low Fat, 1 fl oz (34938.2)			HAS											
1 MM CK12 Tortilla, Flour, WG, 6", 2 Each (37912.2)									HAS		HAS			
2 APL CK12 Pizza, Fiestada, WG (Schwan, Tony's 68523) (70551.27)			HAS				HAS		HAS	HAS	HAS		HAS	
2 APL CK12 Taco Filling, Beef (JTM CP5250) (34810.11)							HAS			HAS			HAS	

Wednesday, Apr 3, 2024 (Lunch : Milk & Condiments)

1 MM CK12 Ketchup, Bulk Condiment, 1 TBSP (34928)										HAS			HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Wednesday, Apr 3, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Cucumber, Fresh, Unpeeled, Sliced, 1/2 Cup (39949)														
1 MM CK12 Lettuce, Romaine, Shredded, 1/2 Cup (52509.2)														
2 APL CK12 Beans, Refried, Vegetarian, Seasoned w Salsa and Spices, 1/2 Cup (37533.5)										HAS			HAS	
2 APL CK12 Fruit, Apple, Gala, Fresh, 138 ct (34507.8)														
2 APL CK12 Pears, Canned, Diced, Undrained, 1/2 Cup (33761.2)														
2 APL CK12 Salsa, Low Sodium, 2 fl oz (34934.2)										HAS	HAS		HAS	

Thursday, Apr 4, 2024 (Lunch : Lunch)

2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Hot Dog, Beef (Smithfield 70247810960), WG Hot Dog Bun (MWSSe, 2 oz eq) (37908.325)			HAS		HAS		HAS		HAS		HAS			
2 APL CK12 Pretzel, WG (J&J 30110/30410), 1 Each (44777.4)							HAS		HAS		HAS			
2 APL CK12 Sauce, Cheese (Land O'Lakes 39945), Cheddar, Bagged, 3 oz (68827.2)			HAS								HAS			

Thursday, Apr 4, 2024 (Lunch : Milk & Condiments)

1 MM CK12 Ketchup, Bulk Condiment, 1 TBSP (34928)										HAS			HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Thursday, Apr 4, 2024 (Lunch : Milk & Condiments)

3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Thursday, Apr 4, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Juice, Blue Raspberry Lemon, Frozen, 4.4 fl oz, Country Pure Foods, SideKicks 2009, PC (105298)														
2 APL CK12 Potato, Tater Tots (McCain OIF00215A), 1/2 Cup (34680.33)							HAS							
2 APL CK12 Salad, Side, Caesar, Caesar (Ken's KE0827), 1 Cup, Crouton (MWSSe, 1.25 oz eq) (34815.94)		HAS	HAS		HAS		HAS		HAS	HAS	HAS			
2 APL CK12 Salad, Side, Corn, Ranch (Homemade), 1/2 Cup (35338.34)	HAS		HAS				HAS			HAS			HAS	

Friday, Apr 5, 2024 (Lunch : Lunch)

1 MM CK12 Chicken, Nuggets (Tyson 10703640928), 5 Each (35365.12)							HAS		HAS	HAS	HAS		HAS	
1 MM CK12 Dinner Roll, WG (Frozen, 1 oz eq), 1 Each (70574)					HAS		HAS		HAS		HAS			
2 APL CK12 Pizza, Cheese (Schwan, Big Daddy's 68591), 8-Cut, 16" (37878.37)			HAS				HAS		HAS	HAS	HAS		HAS	

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
Friday, Apr 5, 2024 (Lunch : Milk & Condiments)														
1 MM CK12 Ketchup, Bulk Condiment, 1 TBSP (34928)										HAS			HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Friday, Apr 5, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Juice, Blue Raspberry Lemon, Frozen, 4.4 fl oz, Country Pure Foods, SideKicks 2009, PC (105298)														
2 APL CK12 Potato, Tater Tots (McCain OIF00215A), 1/2 Cup (34680.33)							HAS							
2 APL CK12 Salad, Side, Caesar, Caesar (Ken's KE0827), 1 Cup, Crouton (MWSSe, 1.25 oz eq) (34815.94)		HAS	HAS		HAS		HAS		HAS	HAS	HAS			
2 APL CK12 Salad, Side, Corn, Ranch (Homemade), 1/2 Cup (35338.34)	HAS		HAS				HAS			HAS			HAS	

Monday, Apr 8, 2024 (Lunch : Lunch)

1 MM CK12 Dinner Roll, WG (Frozen, 1 oz eq), 1 Each (70574)					HAS		HAS		HAS		HAS			
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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Monday, Apr 8, 2024 (Lunch : Lunch)

1 MM CK12 Sandwich, Meatball (4 ct JTM CP5035/5035CE), WG Hoagie Roll (Frozen, 2 oz eq) (34737.128)			HAS		HAS		HAS		HAS	HAS	HAS		HAS	
2 APL CK12 Chicken, Popcorn (Tyson 10703680928) (40849.2)							HAS		HAS	HAS	HAS		HAS	

Monday, Apr 8, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Monday, Apr 8, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Cucumber, Fresh, Unpeeled, Sliced, 1/2 Cup (39949)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Mixed Fruit, Canned, Extra Light Syrup, Undrained, Generic, 1/2 Cup (39262.6)														
2 APL CK12 Orange, Fresh, Wedges, 1/2 Cup (34123.1)														HAS
2 APL CK12 Potato, Fries, Waffle (McCain, Redstone Canyon MCL03623), 1/2 Cup (45690.11)							HAS		HAS	HAS	HAS		HAS	

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Monday, Apr 8, 2024 (Lunch : Sides for All Meals)

2 APL CK12 Salad, Side, Caesar, Caesar (Ken's KE0827), 1 Cup, Crouton (MWSSe, 1.25 oz eq) (34815.94)		HAS	HAS		HAS		HAS		HAS	HAS	HAS			
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Tuesday, Apr 9, 2024 (Lunch : Lunch)

1 MM CK12 Nachos, Beef (JTM CP5250), Cheese (Gehl 3204), Tortilla Chips, 2 oz eq (47303.153)			HAS				HAS			HAS			HAS	
1 MM CK12 Sour Cream, Low Fat, 1 fl oz (34938.2)			HAS											
2 APL CK12 Fun Lunch: Muffin, Chocolate Chip (Otis Spunkmeyer 10145), Goldfish (Campbells 18105), Yogurt (Trix 70470177267), String Cheese (LOL 59701) (37742.188)	HAS		HAS				HAS		HAS		HAS		HAS	

Tuesday, Apr 9, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Tuesday, Apr 9, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Fresh, Baby, Bulk, Raw, 1/2 Cup (35660)														
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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
Tuesday, Apr 9, 2024 (Lunch : Sides for All Meals)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
1 MM CK12 Salad, Side, Corn, Black Bean, Salsa, 1/2 Cup (35338)										HAS			HAS	
2 APL CK12 Beans, Refried, Vegetarian, Seasoned w Salsa and Spices, 1/2 Cup (37533.5)										HAS			HAS	
2 APL CK12 Cantaloupe, Cubes, 1/2 Cup (39948)														
2 APL CK12 Pears, Canned, Diced, Undrained, 1/2 Cup (33761.2)														

Wednesday, Apr 10, 2024 (Lunch : Lunch)

1 MM CK12 Egg, Scrambled, Cooked (Cargill 40927/41927), 2 M/MA (39851.4)	HAS		HAS				HAS				HAS			
2 APL CK12 Crackers, Graham, Chat Snacks, Vanilla Crunch, WG, 1 oz, Kellogg's 3010012695, PC (130051)							HAS		HAS		HAS			
2 APL CK12 Pancake, Bites, WG (Rich's 08066), 6 each (34512.87)	HAS		HAS				HAS		HAS		HAS			
3 CK12 Salad, Chef, Ham (USDA 100184), Turkey (USDA 100121), Shredded Cheddar (39888.177)			HAS											

Wednesday, Apr 10, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Wednesday, Apr 10, 2024 (Lunch : Milk & Condiments)

3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Wednesday, Apr 10, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Cauliflower, Florets, Fresh, Raw, 1/2 Cup (37456.5)														
1 MM CK12 Cucumber, Fresh, Unpeeled, Sliced, 1/2 Cup (39949)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Peaches, Canned, Sliced, 1/2 Cup (33761.83)														
2 APL CK12 Potato, Tater Tots (McCain OIF00215A), 1/2 Cup (34680.33)							HAS							
2 APL CK12 Strawberries, Frozen, Whole, 1/2 Cup (40092.2)														

Thursday, Apr 11, 2024 (Lunch : Lunch)

2 APL CK12 Burger, Beef (80/20, Raw, 3.2 oz), RF American, WG Bun (MWSSe, 2 oz eq) (34925.1298)			HAS		HAS		HAS		HAS	HAS				
2 APL CK12 Fun Lunch: Muffin, Chocolate Chip (Otis Spunkmeyer 10145), Goldfish (Campbells 18105), Yogurt (Trix 70470177267), String Cheese (LOL 59701) (37742.188)	HAS		HAS				HAS		HAS		HAS		HAS	
2 APL CK12 Pasta, Penne, WG, 1/2 Cup (39393.7)	HAS								HAS		HAS			

Thursday, Apr 11, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
Thursday, Apr 11, 2024 (Lunch : Milk & Condiments)														
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Thursday, Apr 11, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Fresh, Cinnamon Glazed, Hot, 1/2 Cup (23818.2)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Grapes, Fresh, Red Seedless, Bulk, 1/2 Cup (39952)														
2 APL CK12 Pineapple, Chunks, Canned, Juice Packed, 1/2 Cup (33761.3)														
2 APL CK12 Salad, Pasta, Italian, Fresh Vegetables, Rotini, WG (34656.4)	HAS								HAS	HAS	HAS		HAS	
2 APL CK12 Salad, Side, Greens with Strawberries, Citrus Dressing, 1/2 Cup (40243.14)													HAS	HAS

Friday, Apr 12, 2024 (Lunch : Lunch)

2 APL CK12 Pizza, Cheese (Schwan, Big Daddy's 68591), 8-Cut, 16" (37878.37)			HAS				HAS		HAS	HAS	HAS		HAS	
2 APL CK12 Sandwich, Cheese, Grilled, Toasted, WG Sliced Bread (MWSSe, 1.25 oz eq) (34873.218)			HAS		HAS		HAS		HAS		HAS			

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Friday, Apr 12, 2024 (Lunch : Lunch)

Friday, Apr 12, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Friday, Apr 12, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Fresh, Baby, Bulk, Raw, 1/2 Cup (35660)														
1 MM CK12 Corn, Frozen, Seasoned, 1/2 Cup (34655)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
1 MM CK12 Salad, Side, Broccoli, Carrot, Onion, Ranch (Ken's KE0777, Regular), 1/2 Cup (34915.17)	HAS		HAS				HAS			HAS			HAS	
2 APL CK12 Applesauce, Canned, Unsweetened, 1/2 Cup (33761.4)														
2 APL CK12 Kiwi, Fresh, Wedges, 1/2 cup (39257)														

Monday, Apr 15, 2024 (Lunch : Lunch)

1 MM CK12 Chicken, Nuggets (Tyson 10703640928), 5 Each (35365.12)							HAS		HAS	HAS	HAS		HAS	
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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Monday, Apr 15, 2024 (Lunch : Lunch)

1 MM CK12 Dinner Roll, WG (Frozen, 1 oz eq), 1 Each (70574)					HAS		HAS		HAS		HAS			
1 MM CK12 Parfait, Lunch, Yogurt, Vanilla (GM 10070470166329), Strawberry, Homemade Granola (34510.22)			HAS						HAS		HAS			

Monday, Apr 15, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Monday, Apr 15, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Broccoli, Frozen, 1/2 Cup (34655.35)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Grapes, Fresh, Red Seedless, Bulk, 1/2 Cup (39952)														
2 APL CK12 Pears, Canned, Diced, Undrained, 1/2 Cup (33761.2)														
2 APL CK12 Salad, Side, Romaine, Spinach, 1 Cup (34815.11)														
2 APL CK12 Tomatoes, Grape, Fresh, 1/2 Cup (41125)														

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Tuesday, Apr 16, 2024 (Lunch : Lunch)

1 MM CK12 Sour Cream, Low Fat, 1 fl oz (34938.2)			HAS											
2 APL CK12 Corn Dog, Chicken, WG (Foster Farms 95157) (40107.14)	HAS						HAS		HAS		HAS			
3 CK12 Quesadilla, Cheddar, Chicken (USDA 100101), 10" WG Tortilla (35178.36)	HAS		HAS				HAS		HAS	HAS	HAS		HAS	

Tuesday, Apr 16, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Tuesday, Apr 16, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Broccoli, Florets, Fresh, Raw, 1/2 Cup (37456)														
1 MM CK12 Cucumber, Fresh, Unpeeled, Sliced, 1/2 Cup (39949)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
1 MM CK12 Salad, Side, Chickpea, 1/2 Cup (34545.1)										HAS			HAS	
2 APL CK12 Orange, Fresh, Wedges, 1/2 Cup (34123.1)														HAS
2 APL CK12 Pineapple, Cinnamon Roasted, 1/2 Cup (33973.2)							HAS							

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Tuesday, Apr 16, 2024 (Lunch : Sides for All Meals)

Wednesday, Apr 17, 2024 (Lunch : Lunch)

2 APL CK12 Fun Lunch: Muffin, Chocolate Chip (Otis Spunkmeyer 10145), Goldfish (Campbells 18105), Yogurt (Trix 70470177267), String Cheese (LOL 59701) (37742.188)	HAS		HAS				HAS		HAS		HAS		HAS	
2 APL CK12 Pancakes, Mini, Confetti, WG, IW (Kellogg's, Eggo 38000-18574) (42468.12)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Sausage, Pork, Patty (Jimmy Dean 10000025447), 2 Each (34513.26)														

Wednesday, Apr 17, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Wednesday, Apr 17, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Fresh, Baby, Bulk, Raw, 1/2 Cup (35660)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Wednesday, Apr 17, 2024 (Lunch : Sides for All Meals)

2 APL CK12 Fruit, Apple, Gala, Fresh, 138 ct (34507.8)														
2 APL CK12 Mixed Fruit, Canned, Extra Light Syrup, Undrained, Generic, 1/2 Cup (39262.6)														
2 APL CK12 Peas, Green, Frozen, Unprepared, 1/4 Cup (52529.1)														
2 APL CK12 Potato, Smile, Fries (McCain OIF03456), 4 Each, 1/2 cup (39251.2)							HAS							

Thursday, Apr 18, 2024 (Lunch : Lunch)

2 APL CK12 Crackers, Goldfish, Cheddar, 0.75 oz, Campbell's 18105, PC (69961)			HAS				HAS		HAS		HAS		HAS	
2 APL CK12 Pasta, Macaroni and Cheese (Homemade Sauce), ENR (36236)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Sandwich, Ham (Smithfield 3090032588), L&T, Cheese, WG Hoagie (Frozen, 2 oz eq) (40421.28)			HAS		HAS		HAS		HAS		HAS			

Thursday, Apr 18, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Thursday, Apr 18, 2024 (Lunch : Milk & Condiments)

3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											
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Thursday, Apr 18, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Cauliflower, Florets, Fresh, Raw, 1/2 Cup (37456.5)														
1 MM CK12 Celery Sticks, Fresh, 1/2 Cup (37458.1)														
1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
2 APL CK12 Applesauce, Canned, Unsweetened, 1/2 Cup (33761.4)														
2 APL CK12 Beans, Green, Frozen, 1/2 Cup (34655.39)														
2 APL CK12 Juice, Blue Raspberry Lemon, Frozen, 4.4 fl oz, Country Pure Foods, SideKicks 2009, PC (105298)														

Friday, Apr 19, 2024 (Lunch : Lunch)

2 APL CK12 Chicken, Patty (Tyson 10703040928) (39397.1)							HAS		HAS	HAS	HAS		HAS	
2 APL CK12 Sauce, Spaghetti, Canned, 1/4 Cup (37909)													HAS	
3 CK12 Breadstick, Cheese Filled, WG, 6" (Tyson, Bosco 7020111120), 2 Each (35341.4)			HAS				HAS		HAS		HAS			

Friday, Apr 19, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Friday, Apr 19, 2024 (Lunch : Milk & Condiments)

3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Friday, Apr 19, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Beans, Baked, Boston, Vegetarian (Bush's 1638), 1/2 Cup (37784.3)										HAS			HAS	
1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Peaches, Canned, Sliced, 1/2 Cup (33761.83)														
2 APL CK12 Salad, Side, Caesar, Caesar (Ken's KE0827), 1 Cup, Crouton (MWSSe, 1.25 oz eq) (34815.94)		HAS	HAS		HAS		HAS		HAS	HAS	HAS			
2 APL CK12 Salad, Side, Red Cabbage, Apple, 1/2 Cup (5609.1)														

Monday, Apr 22, 2024 (Lunch : Lunch)

1 MM CK12 Chicken, Tenders (Tyson 10703320928), 2 Each (40026.45)							HAS		HAS	HAS	HAS		HAS	
1 MM CK12 Dinner Roll, WG (Frozen, 1 oz eq), 1 Each (70574)					HAS		HAS		HAS		HAS			
2 APL CK12 6" Pizza, French Bread, Pepperoni (Schwan, Tony's 72672) (67168.6)			HAS				HAS		HAS	HAS	HAS		HAS	

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
Monday, Apr 22, 2024 (Lunch : Milk & Condiments)														
2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Monday, Apr 22, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Fresh, Baby, Bulk, Raw, 1/2 Cup (35660)														
1 MM CK12 Corn, Frozen, Seasoned, 1/2 Cup (34655)														
1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
1 MM CK12 Fruit, Assorted, Fresh (34507)														HAS
2 APL CK12 Salad, Side, Romaine, Spinach, 1 Cup (34815.11)														
2 APL CK12 Tomatoes, Grape, Fresh, 1/2 Cup (41125)														

Tuesday, Apr 23, 2024 (Lunch : Lunch)

1 MM CK12 Cheese, Cheddar, Shredded, 1 oz (37852.9)			HAS											
1 MM CK12 Sour Cream, Low Fat, 1 fl oz (34938.2)			HAS											
2 APL CK12 Chips, Tortilla, Nacho Cheese, RF, Walking Taco, 1.4 oz, Pepsico, Doritos 20518, PC (130010)			HAS							HAS			HAS	

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Tuesday, Apr 23, 2024 (Lunch : Lunch)

2 APL CK12 Fun Lunch: Muffin, Chocolate Chip (Otis Spunkmeyer 10145), Goldfish (Campbells 18105), Yogurt (Trix 70470177267), String Cheese (LOL 59701) (37742.188)	HAS		HAS				HAS		HAS		HAS		HAS	
2 APL CK12 Taco Filling, Beef (JTM CP5250) (34810.11)							HAS			HAS			HAS	

Tuesday, Apr 23, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Tuesday, Apr 23, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Cucumber, Fresh, Unpeeled, Sliced, 1/2 Cup (39949)														
1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
1 MM CK12 Lettuce, Romaine, Shredded, 1/2 Cup (52509.2)														
1 MM CK12 Salad, Side, Marinated Tomato, Cucumber, 1/2 Cup (36008)													HAS	
2 APL CK12 Beans, Refried, Vegetarian, Seasoned w Salsa and Spices, 1/2 Cup (37533.5)										HAS			HAS	

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Tuesday, Apr 23, 2024 (Lunch : Sides for All Meals)

2 APL CK12 Cantaloupe, Cubes, 1/2 Cup (39948)														
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Wednesday, Apr 24, 2024 (Lunch : Lunch)

1 MM CK12 Parfait, Lunch, Yogurt, Vanilla (GM 10070470166329), Strawberry, Homemade Granola (34510.22)			HAS						HAS		HAS			
2 APL CK12 Sauce, Spaghetti, Canned, 1/4 Cup (37909)													HAS	
3 CK12 Breadstick, Cheese Filled, WG, 6" (Tyson, Bosco 7020111120), 2 Each (35341.4)			HAS				HAS		HAS		HAS			

Wednesday, Apr 24, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Wednesday, Apr 24, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Broccoli, Florets, Fresh, Raw, 1/2 Cup (37456)														
1 MM CK12 Carrots, Fresh, Baby, Bulk, Raw, 1/2 Cup (35660)														

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Wednesday, Apr 24, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
2 APL CK12 Peaches, Canned, Sliced, 1/2 Cup (33761.83)														
2 APL CK12 Potato, Tater Tots (McCain OIF00215A), 1/2 Cup (34680.33)							HAS							

Thursday, Apr 25, 2024 (Lunch : Lunch)

1 MM CK12 Cheese, Parmesan, Grated, 1 TBSP (39386.2)			HAS											
2 APL CK12 Breadstick, Garlic Twist and Non-Twist Options (Rich's 12194), 1 Each (41161.14)	HAS		HAS		HAS		HAS		HAS	HAS	HAS			
2 APL CK12 Fun Lunch: Muffin, Chocolate Chip (Otis Spunkmeyer 10145), Goldfish (Campbells 18105), Yogurt (Trix 70470177267), String Cheese (LOL 59701) (37742.188)	HAS		HAS				HAS		HAS		HAS		HAS	
2 APL CK12 Pasta, Spaghetti, ENR, Italian Meat Sauce (80/20 Beef) (35978.59)	HAS								HAS		HAS		HAS	

Thursday, Apr 25, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Thursday, Apr 25, 2024 (Lunch : Milk & Condiments)

3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											
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Thursday, Apr 25, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Roasted "Fries", 1/2 Cup (37383)										HAS				
1 MM CK12 Cauliflower, Florets, Fresh, Raw, 1/2 Cup (37456.5)														
1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
2 APL CK12 Grapes, Fresh, Red Seedless, Bulk, 1/2 Cup (39952)														
2 APL CK12 Salad, Side, Caesar, Caesar (Ken's KE0827), 1 Cup, Crouton (MWSSe, 1.25 oz eq) (34815.94)		HAS	HAS		HAS		HAS		HAS	HAS	HAS			

Friday, Apr 26, 2024 (Lunch : Lunch)

1 MM CK12 Chicken, Tenders (Tyson 10703320928), 2 Each (40026.45)							HAS		HAS	HAS	HAS		HAS	
1 MM CK12 Dinner Roll, WG (Frozen, 1 oz eq), 1 Each (70574)					HAS		HAS		HAS		HAS			
2 APL CK12 Hot Dog, Beef (Smithfield 70247810960), WG Hot Dog Bun (MWSSe, 2 oz eq) (37908.325)			HAS		HAS		HAS		HAS		HAS			

Friday, Apr 26, 2024 (Lunch : Milk & Condiments)

2 APL CK12 Ketchup, 9 Gram, Generic, PC (77319)													HAS	
2 APL CK12 Mustard, Yellow, 5.5 gram, Generic, PC (99246)														
2 APL CK12 Salad Dressing, Ranch, KraftHeinz 210006496900, 0.4375 oz, PC (132565)	HAS		HAS				HAS			HAS	HAS		HAS	

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Friday, Apr 26, 2024 (Lunch : Milk & Condiments)

3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, Strawberry, Low Fat, 8 fl oz, Prairie Farms 13877, PC (115464)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Friday, Apr 26, 2024 (Lunch : Sides for All Meals)

1 MM CK12 Carrots, Fresh, Baby, Bulk, Raw, 1/2 Cup (35660)														
1 MM CK12 Corn, Frozen, Seasoned, 1/2 Cup (34655)														
1 MM CK12 Fruit, Assorted, Canned, Variety, 1/2 Cup (34505.1)														
1 MM CK12 Salad, Side, Potato, 2/3 Cup (39988)	HAS						HAS						HAS	
2 APL CK12 Pears, Canned, Diced, Undrained, 1/2 Cup (33761.2)														
2 APL CK12 Watermelon, Cubes, 1/2 cup (38922)														