

Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Tuesday, April 2nd

Location Name: Gearing Elementary School Menu Name: East China, Elementary Breakfast, K12, NSLP, 23-24 SY

Displaying Nutrient Set (1 of 1)

#### <u>\*</u> ≧ **™** akfact - Broakfact

			D			Assorted Fruit Juice (34497.11) 1 each	Unsweetened Applesauce (102738) 1 each	Chocolate Low Fat Milk (115465) 1 each	1% Low-fat Milk (69531) 1 each	*Trix Bar (69951) 1 each	Menu Item Name	Breakfast - Breakfast
	%		aily Tota	Breal	Breal	àch	zch	ach	ach	ach	Portion Size	
•	% Daily Value	Daily Value	Daily Totals for Day 3	Breakfast Totals	Breakfast Totals	113.4	127.6	226.8	244	40.3	Weight (g) CHO (g)	
		1	78.3	78.3	78.3	14.5	14.6	20	11.3	29	СНО (д)	
		ı	•	,	1		ı	4	,	•		
	ı	r	1	1	1	i	,	1	1	ı		
	ı	ŧ	ı	ı	ı	,	1	1		ı		
	•	;	r	,	,		1	ı	ı	ı		
	1	1	ı	r	ŀ	1	ı	1	ı	ř		
	1	•	ŧ	ı	٠	1	ι	1	1	1		
	4	1	,	,	ı	,	1	1	ı	1		
	1	1	t	ı	ı		ı		1	1	100000 () 1000000 1000000 100000 100000 100000 100000 100000 100000	
Wea	ı	;	t	ı	ı		1			1		
nesda	1	r			,	,		1	1			
y, April 3rd	t	ı	1.56	1.56	1.56	0.26	0.35	0.27	0.27	0.40	Item Cost	

	Assorted Fruit Juice (34497.11)	Strawberry Craisins (69236)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	*Blueberry Bash Waffles (47565.1)	Menu Item Name
Brea	1 each	1 each	1 each	1 each	1 each	Portion Size Weight (g) CHO (g)
Breakfast Totals	113.4	32.9	226.8	244	70	Weight (g)
98.8	14.5	27.1	20	11.3	37	CHO (g)
1	1	ı	•	•	•	
Ì	1	•	1	1	ı	
t	ı	1	ı	ı	ı	
•	t	1	ı			
í	Ē	1	ı	ı	,	
ı	ŧ	1	ı	t	1	200000 2000000
ı	ì		,	ı	1	
1	ž	ı	ı	ı	ì	
ŧ	ŧ	ı		,		
ı	t	ı		ı		
1.74	0.26	0.23	0.27	0.27	0.70	Item Cost

<sup>\*</sup> Indicates Main/Non-Select Item

(+) indicates partial nutritional value (-) indicates no nutritional value available

(+) indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value (-) indicates no nutritional value available

(+) Indicates partial nutritional value available

(-) Indicates nutritional

copied, used or disclosed without the express written permission of CGNA. Copyright © 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be



Report Run By: JULIE HUMPHREY Run Date: 03/18/2024 East China Schl Dist (9251)

1% Low-fat Milk (69531)	*Grape Filled Crescent (125154)	Menu Item Name	Breakfast - Breakfast						Assorted Fruit Juice (34497.11)	Raisins (71419)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Low Fat Mozzarella String Cheese (71198)	*Strawberry Oatmeal Bar (122536)	Menu Item Name	Breakfast - Breakfast					
1 each	1 each	Portion Size		%		Daily Total	Break	Breal	1 each	1 each	1 each	1 each	1 each	1 each	Portion Size		%		Daily Tota	Breal	
244	64.9	€		% Daily Value	Daily Value	Daily Totals for Day 5	Breakfast Totals	Breakfast Totals	113.4	42.5	226.8	244	28.3	34	Weight (g) CHO (g)		% Daily Value	Daily Value	Daily Totals for Day 4	Breakfast Totals	
11 3	35	сно (д)		ı	Ē	93.4	93.4	93.4	14.5	33.7	20	11.3	И	23	сно (д)		ì	ŧ	98.8	98.8	
ı	,	100 (100 mm)		1	ı	J	ι	J	1	ı	•		1	,			ŧ	ı	ŧ	1	
·	,			r	ı	ı	•	ı	ı	•	,	ı	•				1	1	r		
ı	ı	100 1 00 100 1		ı	1	ı	1	ı	t	ı	1	ı	1	1			B	ı	1	1	
				ı	,	i	ì	i	1	i		ı	ı	ı			j	1	ı	r	
1	1			1	1	,	,	ı	ı	•		1	t	r			ı	•	ı	,	
ı		2012 1200 200 200 200 200 200 200 200 20		ı	ı	ſ	i	•	1	1	r	ŧ	i				1	1	ı	1	
1	ı			•	ı	,	1	1	1	ı		ı	1	,			1	ı		ı	
ı	ı	The state of the s		ı	ı	1	ŧ	ı	,	ı	ı	ı	ı	,				ı	,	:	
ŧ	ı			r	ı	ı	1	1	ı	ı	ı	ı	1	ı			ı	1	ı	ı	We
,	ı	E. T. E	Friday	,	ı	,	ı	ı	ι	ı		ı	ı			Thursday	-		ı		dnesday
0.27	0.64	Item Cost	April 5th	ı	1	1.68	1.68	1.68	0.26	0.30	0.27	0.27	0.26	0.31	Item Cost	. April 4th	Mark transferomental control of the	r	1.74	1.74	April 3rd

<sup>\*</sup> Indicates Main/Non-Select Item
(+) Indicates partial nutritional value (-) Indicates no nutritional value available
(Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content veriations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.

Copyright © 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be copied, used or disclosed without the express written permission of CGNA.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Menus Included:	East China, Elementary Breakfast, K12, NSLP, 23-24 SY Nutrition Analysis	Nutrition Analysis:	Weighted
Days/Dates Included:	Apr 7, 2024 - Apr 13, 2024	Cost Analysis:	Sum All
Locations Included:	Gearing Elementary School	Menu Item Display: All Items	All Items
Meal Periods Included:	Breakfast Report Details: Detailed Totals	Report Details:	Detailed Totals
Stations Included:	Breakfast, null	A DESCRIPTION OF THE PROPERTY	The same of the sa
Diets Included:			

#### Purpose of the Report:

The purpose of the MenuWorks Nutrient Analysis Report is to provide menu nutrition information and evaluate nutrition compliance against dietary standards assigned to the menu.

Indicates Main/Non-Select Item

<sup>(+)</sup> indicates partial nutritional value (-) indicates no nutritional value available

Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.



Report Run By: JULIE HUMPHREY
Run Date: 03/18/2024
East China Schl Dist (9251)

Monday, April 8th

Menu Name: East China, Elementary Breakfast, K12, NSLP, 23-24 SY Location Name: Gearing Elementary School

Displaying Nutrient Set (1 of 1)

#### Breakfast - Breakfast

Described Described						Fresh Red Delicious Apple (34124)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	French Toast Goldfish Crackers (125454)	*Frosted Blueberry Pop-Tart (104731) 1 each	Menu Item Name
	%		Daily Total	Break	Break	1 each	1 each	1 each	1 each	1 each	Portion Size Weight (g) CHO (g)
	% Daily Value	Daily Value	Daily Totals for Day 9	Breakfast Totals	Breakfast Totals	118.3	226.8	244	28.3	49.9	Weight (g)
	ı	ŧ	95.5	95.5	95.5	16.3	20	11.3	21	န္တ	сно (д)
	1	ı	1	t	1	ı	1	1	r	1	
	1	ı	t	ı	ı	ı	,	ı	,	t	
	1	ı		1	ī	1	1	ı	1		
	1	•	ı	,	1	ı	t	r	t	•	
	ı	1	i	ı	í	ť	ı	ŧ	3	ı	
	ı	ı	•	ť	1	Į	ı	ı	ì		
	1	ŧ	•	ı	ı	ı	ı	ı	ı	•	
	1		ı	ı	ı	ŀ		r	ī	1	
	•	,	1	ı	ı	ŧ	ı	1	ŧ	•	
uesday, Ap		ı	ı	ŀ	i	ŝ	•	1	1	•	
April 9th	•	1	1.53	1.53	1.53	0.24	0.27	0.27	0.26	0.48	Item Cost

Unsweetened Cinnamon Applesauce 1 each (88363)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Low Fat Mozzarella String Cheese (71198)	*Banana Muffin (70558)	
1 each	1 each	1 each	1 each	1 each	Portion Size Weight (g) CHO (g)
127.6	226.8	244	28.3	56.7	Weight (g)
14	20	11.3	2	30	сно (д)
		•	,	1	
	Ī	1		ı	
,	ι	ı	t	ŧ	
1	•	ı	1	•	
ì	ì	ı	1	ī	
,	ı	ı	ź	:	100 mm 10
,	•	ı	1	ı	
ı	1	1	1	ı	1.75
ı	į	1	ı	t	
		,	·		100 July 100
0.21	0.27	0.27	0.26	0,44	Item Cost

<sup>\*</sup> Indicates Main/Non-Select Item

<sup>(+)</sup> indicates partial nutritional value (-) indicates no nutritional value available

Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Tuesday, April 9th

### Breakfast - Breakfast

Breakfast - Breakfast							Menu item Name Assorted Fruit Juice (34497.11)
		1 %	pro-q	Daily Totals for Day 10	Break	Break	Portion Size Weight (g) CHO (g) 1 each 113.4 14.5
		% Daily Value	Daily Value	for Day 10	Breakfast Totals	Breakfast Totals	Weight (g) 113.4
		ı	ı	80.6	80.6	80.6	СНО (g) 14.5
		•	t	t	1	1	1
		•	1	1	1	ı	F 1000
		1	1	ı	1	t	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
			·	ı	ı	,	1 1200
		1	,	ŧ	1	ı	F 12 12 12 12 12 12 12 12 12 12 12 12 12
		1	ı	1	ı	ŧ	\$1,000 \$100 mg, \$100
		1	ı	ı	ı	ı	1 100000000000000000000000000000000000
		,	ı	ŧ	1	s	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	Wed	ı	ı	ì	ı	1	1 12 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
	Vednesday, z	ŧ	•	ŧ	t	1	1 (2.2.4) - 1.2.4 -
	April 10th	ı	i	1.73	1.73	1.73	Item Cost 0.26

					Assorted Fruit Juice (34497.11)	Assorted Craisins (37742.150)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	*Mini Confetti Pancakes (42468.12)	Menu Item Name	Breakfast - Breakfast	
%		Daily Totals for Day 11	Break	Break	1 each	1 serving(s)	1 each	1 each	1 serving(s)	Portion Size		
% Daily Value	Daily Value	for Day 11	Breakfast Totals	Breakfast Totals	113.4	32.9	226.8	244	85.9	Weight (g) CHO (g)		
ı	ı	97.7	97.7	97.7	14.5	27	20	11.3	36	СНО (д)		
,	t.	ı	•	ı	,	1	ŧ	•	ι			
1	ī	1	1	1	i	ı	1	t	,			
t	i	ı	ı	ı	ı	1	1	Ē	i			
1	ı	ı	•	•	•	ı	•	1	ı			
ı	ı	1	1	j	ı	r	1	1	•	10 1 V		
ŧ	ŧ	ı	ı	I	ı	•	ı	ı	Ī			
•	1	1	٠	ı	•	•	ŧ	ı	1			
1	ı	ı	f	•	ı	1	í	1	r	NO. 1		
ı	ı	:	1	ı	1	1	1	1	ı	1, 12 or 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,		Wednes
t	t	ı	,	•	•	1	,	1	ŧ	lfe		day, Api
f	ŧ	1.64	1.64	1.64	0.26	0.25	0.27	0.27	0.58	Item Cost		7/ 10th

<sup>\*</sup> Indicates Main/Non-Select Item
(+) indicates partial nutritional value (-) indicates no nutritional value available
Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, clarate provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Thursday, April 11th

### Breakfast - Breakfast

						Assorted Fruit Juice (34497.11)	Fresh Orange (34123.13)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Low Fat Mozzarella String Cheese (71198)	*Chocolate Chip Oatmeal Bar (122535)	Menu Item Name
	%		Daily Totals	Breal	Breal	1 each	1 each	1 each	1 each	1 each	1 each	Portion Size Weight (g) CHO (g)
	% Daily Value	Daily Value	Daily Totals for Day 12	Breakfast Totals	Breakfast Totals	113.4	117.4	226.8	244	28.3	34	Weight (g)
	1	1	73.4	73.4	73.4	14.5	13.8	20	11.3	N	23	СНО (g)
	ı		2	1	ı	ś	1	1	4	,	4	
	1	ı	ı	t	ı	t	ı	,	ı	•	ι	
	ı	t	•	1	ı	1	ı	ı	•	1	1	74.00 74.00
			1	ı	1	ı	1	1	1	£	1	
	1	ŗ	,	1	ı	ı	:		ı	•	ı	
	ı		ı	1	ŧ	1	ı	ı	ı	1	ı	1 0. 0. 0. 0. 0. 0. 0. 0. 0. 0. 0. 0. 0.
		•	ı	ı	ı	ı	ı	ı	ı	ı	ı	
SACK SERVICE SUB-	ı	r	·	1	f	ŧ	ŧ	ş	,	ı	•	
PRINCES OF THE STATE OF THE PARTY OF THE PAR	t	F	ı	•	ŧ	ξ	1	i	1	ı	ŧ	
CAN CASAGE ESPECIAL COMMUNICACION COMPANION CO		,	1	,	ı	,	1	1	1	,	,	A Province of the Control of the Con
Total Artistance November Control of Control	•	ı	1.63	1.63	1.63	0.26	0.26	0.27	0.27	0.26	0.31	Item Cost

Menu Item Name	Portion Size Weight (g) CHO (g)	Weight (g) (	ЭHO (g)	No. 10 To 10							A COLOR OF THE COLOR OF T		Item Co	Cost
*Cherry Frudel (67223.1)	1 each	64.9	36	1	t	1	1	3	t	1	f	•		).64
1% Low-fat Milk (69531)	1 each	244	11.3	1	1	ı	•	1	ı	1	'	•	0,	27
Chocolate Low Fat Milk (115465)	1 each	226.8	20	1	ı	ı	1	•	ı				0.	27
Fresh Banana (1318.5)	1 each	101	23.1	ľ	ı	ı	1	•	4			•	0.	).26
Assorted Fruit Juice (34497.11)	1 each	113.4	14.5	•	1	ŧ	1	r	,	•	1	,	0_	1.26
	Breakfa	Breakfast Totals	93.7	ı	,	ı	•	ı	r	,	'	,		71
	Breakfa	Breakfast Totals	93.7	i	1	1	•	1	1	•	,	,	_	71

<sup>\*</sup> Indicates Main/Non-Select Item
(+) Indicates partial nutritional value (-) Indicates no nutritional value available
(Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.

Copyright @ 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be copied, used or disclosed without the express written permission of CGNA.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

A STATE OF THE PROPERTY OF THE		Nutrition Analysis: Weighted	Weighted
Metius included.	(EQS C) III IQ , LIGHTISHED Y D'EQUIDAD, IX IZ, IX IZ, IX		
Days/Dates Included:	Apr 14, 2024 - Apr 20, 2024	Cost Analysis:	Sum All
Locations Included:	Gearing Elementary School	Menu Item Display: All Items	All Items
Meal Periods Included:	Breakfast Report Details: Detailed Totals	Report Details:	Detailed Totals
Stations included:	Breakfast, null	AND THE PROPERTY OF THE PROPER	ALL
Diets Included:			THE REAL PROPERTY OF THE PERSON OF THE PERSO

#### Purpose of the Report:

The purpose of the MenuWorks Nutrient Analysis Report is to provide menu nutrition information and evaluate nutrition compliance against dietary standards assigned to the menu.

<sup>\*</sup> Indicates Main/Non-Select Item
(+) indicates partial nutritional value (-) indicates no nutritional value available
(+) indicates partial nutritional value (-) indicates no nutritional value available
Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Monday, April 15th

Location Name: Gearing Elementary School Menu Name: East China, Elementary Breakfast, K12, NSLP, 23-24 SY

Displaying Nutrient Set (1 of 1)

#### Breakfast - Breakfast

						Assorted Fruit Juice (34497.11)	Fresh Red Delicious Apple (34124)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	*Cinnamon Bun Crunchmania (104809)	Menu Item Name
	%		Daily Total	Brea	Brea	1 each	1 each	1 each	1 each	1 each	Portion Size
	% Daily Value	Daily Value	Daily Totals for Day 16	Breakfast Totals	Breakfast Totals	113.4	118.3	226.8	244	49,9	Portion Size Weight (g) CHO (g)
	ı	1	87.9	87.9	87.9	14.5	16.3	20	11.3	36.9	СНО (g)
		ı	,	ŧ	1	ı	1	t	ı	ŧ	
	•	1	,	ı	ı	4	•	ı	1	ı	
	ı	ı	ı	i	ŧ	F	ı	ŧ	ì	,	
	1	1	í	1	ı	4	•	ı	ı	1	
	,	,	1	ı	ţ	1	ı	•	•	•	
	t	1	ı	i	1	ŧ	E	1	ı	1	
		ı	•	t	ı	j	1		ı	•	
	1	ı	1	ŧ	ı	1	1	ı	•	,	
I	1	1	ŧ	1	1	ŧ	ı	1	1		
Tuesday, Apri	•	ı	ı	ı	ı	ı	1	ι	ı	ı	
April 16th	ı	r	1.57	1.57	1.57	0.26	0.24	0.27	0.27	0.51	Item Cost

Assorted Fruit Juice (34497.11)	Unsweetened Applesauce (102738)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	*Cinnamon Toast Crunch Cereal Bar (155409)	Menu Item Name
1 each	1 each	1 each	1 each	1 each	Portion Size Weight (g) CHO (g)
113.4	127.6	226.8	244	70.9	Weight (g)
14.5	14.6	20	11.3	52	CHO (g)
1	ı	ı	,	,	100 May 100 Ma
ı	t	1	,	ţ	
1	1	ı	ı	ı	
	1	1	ì	t	
	1	ı	ı	4	
t	ı	ī	ŧ	ı	94171 12554
•	ı	1	ı	1	
•	ı	t	1	,	
r	I	1		1	
•	ı	1	1	t	
0.26	0.35	0.27	0.27	0.76	em Cost

<sup>\*</sup> Indicates Main/Non-Select Item
(+) indicates partial nutritional value (-) indicates no nutritional value available
Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Tuesday, April 16th

_
w
~
ത്
ò
=
$\sim$
7
7
W
-
•
177
w
~
Ð
ä
-
1
(A)
$\rightarrow$

	% Daily Value	Daily Value	Daily Totals for Day 17 101.3	Breakfast Totals 101.3	Breakfast Totals 101.3
	ı	1	101.3	101.3	101.3
	1	,	r	•	ı
	ŧ	ı	1	ı	ı
	ı	ı	í	1	1
	•	ı	ı	1	,
	1	1	í	1	ı
	ì	ı	ŧ	t	ŧ
	1	1	•	,	
	t	·	ı	ı	ŧ
Wec	1	ı	•	1	1
Inesday,	1	r	1	1	1
April 17th	ŧ	ź	1.92	1.92	1.92

#### Brea

						Assorted Fruit Juice (34497.11)	Strawberry Craisins (69236)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	*Mini Maple Madness Waffles (47565.13)	Menu Item Name	Breakfast - Breakfast	
<b>,</b>	%		Daily Total	Brea	Brea	1 each	1 each	1 each	1 each	1 each	Portion Size		
Pally Value	% Daily Value	Daily Value	Daily Totals for Day 18	Breakfast Totals	Breakfast Totals	113.4	32.9	226.8	244	70	Weight (g) CHO (g)		
	1	ı	98.8	98.8	98.8	14.5	27.1	20	11.3	37	сно (д)		
		t	ı	ı	1	ı	,	ı	ı	1			
	,	,	ì	ŧ	1	1	ı	ı	1				
	1	ı	ı	1	ŧ	i	1	ı	Ē	t			
	ı	ı	ı	,	ı	ı	ı	τ	ı	•			
		ì	ŧ	ı	1	1	1	ı	1	ι	10 10 10 10 10 10 10 10 10 10 10 10 10 1		
		ı	1	ı	1	ı	ı	1	ı				
	ı	,	1	ι	,	1	ı	ı			50 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		
	ı	ı	i	1	1	ı	ı	t	,	•			
	ı	ı	ļ	ļ	ŧ	ŝ	1	1		,		:	
	ı		t	ı	1	ı	,	ı	,				dnesday, /
	•	ı	1.74	1.74	1.74	0.26	0.23	0.27	0.27	0.70	Item Cost		April 17th

*Apple Oatmeal Bar (122537)	Breakfast - Breakfast  Menu Item Name   Portion Size   Weight (g)   CHO (g)
1 each	Portion Size
34	Weight (g)
23	сно (д)
1	
,	
ı	
1	
ı	Description of the control of the co
3	
1	
,	Library
1	
t	
0.31	Item Cost

Thursday, April 18th

<sup>\*</sup> Indicates Main/Non-Select Item

(+) indicates partial nutritional value (-) indicates no nutritional value available

(+) indicates partial nutritional value (-) indicates no nutritional value available

Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.

copied, used or disclosed without the express written permission of CGNA. Copyright @ 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Thursday, April 18th

### Breakfast - Breakfast

						Assorted Fruit Juice (34497.11)	Raisins (71419)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Menu Item Name Low Fat Mozzarella String Cheese (71198)
	%		Daily Total	Brea	Brea	1 each	1 each	1 each	1 each	Portion Size 1 each
	% Daily Value	Daily Value	Daily Totals for Day 19	Breakfast Totals	Breakfast Totals	113.4	42.5	226.8	244	Portion Size Weight (g) CHO (g) 1 each 28.3 2
	r	ı	93,4	93.4	93.4	14.5	33.7	20	11.3	СНО (g) 2
	ŧ	t	ı	ı	1	1	1	i	1	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	1	1	1	1	ı	ı	ı	1	•	
	ī	t	;	1	i	1	ı	•	,	
	1	ı	r	ı	ı	1	ı	ı	ı	1 1250 1250 1250 1250 1250 1250 1250 125
	ı	1	•	1	t	•		ī	ı	100 mm   1
	ı	ì	i	1	ĭ	1	1	1	ı	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	1	•	ı	ı	J	1	ı	į	ı	* (Fig.
	1	1	ı	1	1	1		1	1	1 (14.1) 1 (14.1) 1 (14.1) 1 (14.1) 1 (14.1) 1 (14.1)
F.	1	ı	t	ŧ	ı	1	t	1	r	
iday, Apri	1	1	•	•	t	ı	í	ŧ	•	-
7/ 19th	ı	ı	1.68	1.68	1.68	0.26	0.30	0.27	0.27	m Cost 0.26

			Assorted Fruit Juice (34497.11)	Fresh Banana (1318.5)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Menu Item Name *Maple Turkey Sausage Pancake (40463.7)
Daily Totals	Breal	Breal	1 each	1 each	1 each	1 each	Portion Size Weight (g) CHO (g) 1 each 80.8 17
Daily Totals for Day 20	Breakfast Totals	Breakfast Totals	113.4	101	226.8	244	Weight (g) 80.8
74.7	74.7	74.7	14.5	23.1	20	11.3	СНО (g) 17
I	ı	1	ı	ı	1	Í	10 (V) 10
t	•	r	ı	1	r	t	1 11 11 11 11 11 11 11 11 11 11 11 11 1
1	ı	•	1	ŧ	,	1	1 0000
ι	ı	t	İ	ı	•	ı	
ſ	•	ı	·	1	1	ŀ	1
1	ļ	1	1	ŧ	i	1	1 (2000)
ı	t	ı	ı	1	1	1	10 % 10 % 10 % 10 % 10 % 10 % 10 % 10 %
1	ŧ	1	ı	1	1	1	
ŧ	1	ı	ī	ı	ŧ	ī	1
ŧ	1	•	•	•	ŧ	ì	1 10 10 10 10 10 10 10 10 10 10 10 10 10
1.63	1.63	1.63	0.26	0.26	0.27	0.27	Item Cost 0.56

<sup>\*</sup> Indicates Main/Non-Select flem
(+) indicates partial nutritional value (-) indicates no nutritional value available
(+) indicates partial nutritional value (-) indicates no nutritional value available
Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.

Copyright © 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be copied, used or disclosed without the express written permission of CGNA.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Menus Included:	East China. Elementary Breakfast, K12, NSLP, 23-24 SY  Nutrition Analysis: Weighted	Nutrition Analysis:	Weighted
Days/Dates Included:		Cost Analysis: Sum All	Sum All
l ocations Included:	ада да	_	All Items
Meal Periods Included:	Breakfast	70	Detailed Totals
Stations included:	Breakfast, null		Management of the carried and
Diets Included:		and the state of t	

#### Purpose of the Report:

The purpose of the MenuWorks Nutrient Analysis Report is to provide menu nutrition information and evaluate nutrition compliance against dietary standards assigned to the menu.

<sup>\*</sup> Indicates Main/Non-Select Item

<sup>(+)</sup> indicates partial nutritional value (-) indicates no nutritional value available

Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Monday, April 22nd

Location Name: Gearing Elementary School Menu Name: East China, Elementary Breakfast, K12, NSLP, 23-24 SY

Displaying Nutrient Set (1 of 1)

#### Breakfast - Breakfast

Broakfast - Broakfast						Fresh Red Delicious Apple (34124)	Chocolate Low Fat Milk (115465)	1% Low-fat Milk (69531)	Low Fat Mozzarella String Cheese (71198)	Menu Item Name *Chat Snacks Vanilla Grahams (130051)
	% [	_	Daily Totals for Day 23	Break	Break	1 each	1 each	1 each	1 each	Portion Size Weight (g) CHO (g) 1 each 28 21
	% Daily Value	Daily Value	for Day 23	Breakfast Totals	Breakfast Totals	118.3	226.8	244	28.3	Weight (g) 28
	1	•	59.5	59.5	59.5	16.3	20	11.3	2	СНО (g) 21
	1	t	r	ŧ	ı	ŧ	ı	•	1	1 0005 1 0005 1 0005 1 0005 1 0005 1 0005
	ı	r	ţ	,	1		ı	1	1	1 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1
	1	t	ŀ	1	•		•	•	ı	1 (2.00) 1 (2.0
	1	ī	ŧ	ı	ı	1	ı	1	ı	1 10000 1 100000 1 10000 1 10000 1 10000 1 10000 1 10000 1 10000 1 10000 1 100
	1	ŧ	ı	,	ī	•	t	1	ı	1 000 000 000 000 000 000 000 000 000 0
	ı	t	t	i	ı	i	•	1	1	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	Ì	F	ţ	ŧ	t	ŧ	ı	1	ı	1 1000 1 1000 1000 1000 1000 1000 1000
	4	1	ı	ı	1	t	1	r	1	100 mm m
Tues	ı	1	1	ı	1	r	ı	r	1	1
ау, Ар	i	ı	1	1	•	ı	1	I	ī	- Villand
11 23rd	r	1	1.34	1.34	1.34	0.24	0.27	0.27	0.26	Item Cost 0.29

Chocolate Skim Milk (69534)	1% Low-fat Milk (69531)	Low Fat Mozzarella String Cheese (71198)	Menu Item Name *Double Chocolate Chip Muffin (70562)
1 each	1 each	1 each	Portion Size Weight (g) CHO (g) 1 each 56.7 33
244	244	28.3	Weight (g) 56.7
22.3	11.3	N	сно (g) 33
•	ı	ı	
1	r	ı	14040 11000 1 11000 1 10000 1 10000 1 10000 1 10000 1 10000 1 10000 1
ı	ı	r	
ı	ı	1	70000 70000 70000 70000 70000 70000 70000 70000
ı	1	ı	
ŧ	ı	r	1 17 17 17 17 17 17 17 17 17 17 17 17 17
•	ı	ı	. 2005 . 2005 . 2005 . 2005 . 2005 . 2005
•	1	1	1 100 mm m
1	ı	ı	
1	1	•	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
0.27	0.27	0.26	Item Cost 0.46

<sup>\*</sup> Indicates Main/Non-Select Item
(+) Indicates partial nutritional value — (-) Indicates no nutritional value available
(+) Indicates partial nutritional value — (-) Indicates no nutritional value available
(\*) Indicates partial nutrition available
(\*) Indicates partial nutrition with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.

copied, used or disclosed without the express written permission of CGNA. Copyright © 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be



Report Run By: JULIE HUMPHREY Run Date: 03/18/2024 East China Schl Dist (9251)

Tuesday, April 23rd

Portion Size   Weight (g)   CHO (g)	*Chocolate Chip French Toast	Menu Item Name	Breakfast - Breakfast							Assorted Fruit Juice (34497.11)	Applesauce	Menu Item Name	Breakfast - Breakfast
The state of the	1 serving(s)	Portion Size			%		Daily Tota	Brea	Brea	1 each	1 each	Portion Size	
The state of the	85.9	Weight (g)			Daily Value	Daily Value	ls for Day 24	akfast Totals	kfast Totals	113.4	127.6	Weight (g)	
	35	сно (д)			r	ı				14.5	14	(a)	
	ı	200 M			,	ı	ı	t	1	1	1		
		200 200 200 200 200 200 200 200 200 200			1	f	ı	ı	1	1	1		
	5				ı	,	1	1	ı	ı	1		
					ı	1		ı		τ			
	1				t	1	1	1	•	ı	•		
1	1				t	ı	1	1	E	•	Ē		
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	,				ı	1	1	ı	ı	1	ŧ		
Tell Wednesday Ap	1				1	1	1	1		ı			
Wednesday, Ap											:		
. 0.26 - 0.26 - 1.74 - 1.74 - 1.74 - 1.74	1			Wedn	ı	1	ı	ı	P.	t	ŧ		
Item Cost 0.21 0.26 1.74 1.74 1.74 - - April 24th		5 100 1 100		esday,	ι	•	•	,	r	1	i		
· -	0.59	Item Cost		April 24th	1	,	1.74	1.74	1.74	0.26	0.21	Item Cost	

					Assorted Fruit Juice (34497.11)	Assorted Craisins (37742.150)	Chocolate Skim Milk (69534)	1% Low-fat Milk (69531)	*Chocolate Chip French Toast (42468.8)	Menu Item Name	Breakfast - Breakfast
%		Daily Totals for Day 25	Break	Break	1 each	1 serving(s)	1 each	1 each	1 serving(s)	Portion Size	
% Daily Value	Daily Value	for Day 25	Breakfast Totals	Breakfast Totals	113.4	32.9	244	244	85.9	Weight (g) CHO (g)	
ı	1	97.8	97.8	97.8	14.5	27	22.3	11.3	35	сно (д)	
ı	4	ı	ı	ŧ	ı	ı	1	1	1		
ı	ı	ı	,	,	ŧ	ı	1	ī	1		
•	1	•	•	1	Ē	t	ı	1	5		
i	ı	1	ı	1	ı	ı	1	i	ı		
i	ı	,	1	1	ŧ	ŀ	ı	•	1		
•	1	,	1	ı	ŧ	B	ı	1	1		
•	ı	•	,	ı	ī	t	1	1	1		
•	1		1	ı	ŧ	ŧ	ı	•	1		
t	1	ı	ı	1	ı	r	ı	1	1	100 TO 10	Weo
ι	•	ı	,	,	ı	ı	ı	1	1		unesaay, April
1	ı	1.65	1.65	1.65	0.26	0.25	0.27	0.27	0.59	Item Cost	April 24th

<sup>\*</sup> Indicates Main/Non-Select Item

<sup>(+)</sup> indicates partial nutritional value (-) indicates no nutritional value available

Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability, data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use.

Copyright © 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be copied, used or disclosed without the express written permission of CGNA.



Report Run By: JULIE HUMPHREY East China Schl Dist (9251) Run Date: 03/18/2024

Thursday, April 25th

### Breakfast - Breakfast

						Assorted Fruit Juice (34497.11)	Fresh Orange (34123.13)	Chocolate Skim Milk (69534)	1% Low-fat Milk (69531)	Low Fat Mozzarella String Cheese (71198)	*Chocolate Chip Oatmeal Bar (122535)	Menu Item Name
	% Daĭly Value	Daily Value	Daily Totals for Day 26	Breakfast Totals	Breakfast Totals	1 each	1 each	1 each	1 each	1 each	1 each	Portion Size
						113.4	117.4	244	244	28.3	34	Weight (g) CHO (g)
Friday, April 26th	1	1	74.5	74.5	74.5	14.5	13.8	22.3	11.3	2	23	сно (g)
	i	ı	ı	i	ŀ	F	ī	1	t	4	1	
	1	1	ı		r	t	1	ı	ı	1	•	10 00 00 00 00 00 00 00 00 00 00 00 00 0
	1	1	ı	ı	ı	ı	f	1	ı	ŧ	i	
	ī	ı	ı	r	ı	ì	ı	,	t	1	ŧ	10.00 10.00
	•	,	1	ı	1	1	•	•	ı	•	ŧ	
	ı	1	ı	ı	Ī		1	•	1	ı	t	
	1	•	1	1	ŧ	*	ı	ŧ	1	1	ı	Supplier
	1	•	•	•	ŧ	t	1	1	•	1	1	
	1	ı	ľ	ŗ	ı	1	•	1	ı	1	F	1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0
	ı	1	ı	ı	1	1	ı	:	1	r	1	
		,	1.63	1.63	1.63	0.26	0.26	0.27	0.27	0.26	0.31	Item Cost

Assorted Fruit Juice (34497.11)

1 each

113.4

14.5

**Breakfast Totals Breakfast Totals** 

94.8

94.8

1 each 1 each

> 244 244

22.3

<u>က်</u> ယ

101

23.1

1 each 1 each

Fresh Banana (1318.5) Chocolate Skim Milk (69534) Breakfast - Breakfast

Menu Item Name

Portion Size Weight (g)

CHO (g)

Item Cost

0.64

0.26 0.260.27 0.27

1.71

1.71

64.9

36

1% Low-fat Milk (69531) \*Cherry Frudel (67223.1)

Indicates Main/Non-Select Item

data provided in this report should be used in conjunction with other information when planning menus for or treating individuals with medical conditions. This report is for use by Webtrition-trained associates and for internal use. (+) indicates partial nutritional value (-) indicates no nutritional value available

Nutrient values in this report are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications, and other factors may result in nutrient content variations. Due to this inherent variability,

copied, used or disclosed without the express written permission of CGNA. Copyright © 2024 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be