



MenuWorks Allergen-Intolerance Report

Report Run By:JULIE HUMPHREY  
Run Date: Mar 18, 2024  
East China Schl Dist (9251)

Report Parameters			
Menus Included:	East China, Elementary Breakfast, K12, NSLP, 23-24 SY	Print Options:	Print All Items
Days/Dates Included:	Apr 2, 2024 - Apr 26, 2024		
Meal Periods Included:	Breakfast		
Stations Included:	Breakfast		
Diets Included:			

Purpose of the Report:

The purpose of the MenuWorks Allergen-Intolerance Report is to identify Allergens, Intolerances, and Sensitivities in menu items.

CONFIDENTIAL-PROPRIETARY:

Compass cannot accept responsibility for use of this document by individuals that have not been properly trained, nor can it be held responsible for use by unauthorized individuals.

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

- AT RISK indicates allergen/intolerance is at risk - varies by brand, check label
- HAS indicates allergen/intolerance is present in recipe
- Blank indicates allergen/intolerance is not present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
Tuesday, Apr 2, 2024 (Breakfast : Breakfast)														
2 APL CK12 Applesauce, Plain, Unsweetened, 4.5 oz, Generic, PC (102738)														
2 APL CK12 Bar, Cereal, Trix, 1.42 oz, General Mills 10016000319155, PC (69951)							HAS		HAS		HAS			
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Wednesday, Apr 3, 2024 (Breakfast : Breakfast)

2 APL CK12 Craisins, Strawberry, 1.16 oz, Ocean Spray 31200234452, PC (69236)														
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Waffles, Mini, Blueberry Bash, WG, IW (GM, Pillsbury 10018000322647) (47565.1)	HAS		HAS				HAS		HAS		HAS			
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Thursday, Apr 4, 2024 (Breakfast : Breakfast)

2 APL CK12 Bar, Oatmeal Strawberry, Simply Wholesome, 1.2 oz, Darlington, Appleways 70400, PC (122536)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Thursday, Apr 4, 2024 (Breakfast : Breakfast)

2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Raisins, 1.5 oz, Generic, PC (71419)														
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Friday, Apr 5, 2024 (Breakfast : Breakfast)

2 APL CK12 Banana, Fresh, Petite, 150 Ct (1318.5)														
2 APL CK12 Crescent, Grape, 2.29 oz, GM, Pillsbury 10018000499783, PC (125154)			HAS				HAS		HAS		HAS			
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Monday, Apr 8, 2024 (Breakfast : Breakfast)

2 APL CK12 Apple, Fresh, Red Delicious, Whole, 138 Count (34124)														
2 APL CK12 Crackers, Goldfish, French Toast, 1 oz, Campbell's 25082, PC (125454)			HAS				HAS		HAS		HAS			
2 APL CK12 Pop-Tart, Blueberry, Frosted, WG, 1 ct, Kellogg's 3800017196, PC (104731)							HAS		HAS		HAS			
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Monday, Apr 8, 2024 (Breakfast : Breakfast)

3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											
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Tuesday, Apr 9, 2024 (Breakfast : Breakfast)

2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Muffin, Banana, WG, IW, 2 oz, Aspire, Otis Spunkmeyer 10144, PC (70558)	HAS						HAS		HAS		HAS			
3 CK12 Applesauce, Cinnamon, Unsweetened, 4.5 oz, Generic, PC (88363)														
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Wednesday, Apr 10, 2024 (Breakfast : Breakfast)

2 APL CK12 Craisins, Assorted, 1.16 oz, Ocean Spray (37742.150)														HAS
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Pancakes, Mini, Confetti, WG, IW (Kellogg's, Eggo 38000-18574) (42468.12)	HAS		HAS				HAS		HAS		HAS			
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Thursday, Apr 11, 2024 (Breakfast : Breakfast)

2 APL CK12 Bar, Oatmeal Chocolate Chip, Simply Wholesome, 1.2 oz, Darlington, Appleways 70300, PC (122535)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Orange, Fresh, Whole, 113 ct (34123.13)														HAS
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Friday, Apr 12, 2024 (Breakfast : Breakfast)

2 APL CK12 Banana, Fresh, Petite, 150 Ct (1318.5)														
2 APL CK12 Frudel, Cherry, IW, WG (GM 10018000278517) (67223.1)			HAS				HAS		HAS		HAS			
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Monday, Apr 15, 2024 (Breakfast : Breakfast)

2 APL CK12 Apple, Fresh, Red Delicious, Whole, 138 Count (34124)														
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Monday, Apr 15, 2024 (Breakfast : Breakfast)

3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											
CACFP APL CK12 Crackers, Graham, Crunchmania, Cinnamon Bun, WG, 1.76 oz, Kellogg's 3800024518, PC (104809)			HAS				HAS		HAS		HAS			

Tuesday, Apr 16, 2024 (Breakfast : Breakfast)

2 APL CK12 Applesauce, Plain, Unsweetened, 4.5 oz, Generic, PC (102738)														
2 APL CK12 Bar, Cereal, Cinnamon Toast Crunch, 2.5 oz, General Mills 1600016854, PC (155409)							HAS		HAS		HAS			
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Wednesday, Apr 17, 2024 (Breakfast : Breakfast)

2 APL CK12 Craisins, Strawberry, 1.16 oz, Ocean Spray 31200234452, PC (69236)														
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Waffles, Mini, Maple Madness, WG, IW (GM, Pillsbury 10018000322654) (47565.13)	HAS		HAS				HAS		HAS		HAS			
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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Wednesday, Apr 17, 2024 (Breakfast : Breakfast)

3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											
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Thursday, Apr 18, 2024 (Breakfast : Breakfast)

2 APL CK12 Bar, Oatmeal Apple, Simply Wholesome, 1.2 oz, Darlington, Appleways 70100, PC (122537)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Raisins, 1.5 oz, Generic, PC (71419)														
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

Friday, Apr 19, 2024 (Breakfast : Breakfast)

2 APL CK12 Banana, Fresh, Petite, 150 Ct (1318.5)														
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Pancake, Maple, Turkey Sausage on a Stick, WG (Foster Farm 95121) (40463.7)	HAS						HAS		HAS		HAS			
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
<b>Monday, Apr 22, 2024 (Breakfast : Breakfast)</b>														
2 APL CK12 Apple, Fresh, Red Delicious, Whole, 138 Count (34124)														
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Crackers, Graham, Chat Snacks, Vanilla Crunch, WG, 1 oz, Kellogg's 3010012695, PC (130051)							HAS		HAS		HAS			
3 CK12 Milk, Chocolate, Low Fat, 1%, 8 fl oz, Prairie Farms 1555, PC (115465)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

**Tuesday, Apr 23, 2024 (Breakfast : Breakfast)**

2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Muffin, Chocolate Chocolate Chip, WG, IW, 2 oz, Aspire, Otis Spunkmeyer 10145, PC (70562)	HAS		HAS				HAS		HAS		HAS			
3 CK12 Applesauce, Cinnamon, Unsweetened, 4.5 oz, Generic, PC (88363)														
3 CK12 Milk, Chocolate, Skim, 8 fl oz, PC (69534)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

**Wednesday, Apr 24, 2024 (Breakfast : Breakfast)**

2 APL CK12 Craisins, Assorted, 1.16 oz, Ocean Spray (37742.150)														HAS
2 APL CK12 French Toast, Mini, Chocolate Chip, WG, IW (Kellogg's, Eggo 3800080801) (42468.8)	HAS		HAS				HAS		HAS		HAS			



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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
<b>Wednesday, Apr 24, 2024 (Breakfast : Breakfast)</b>														
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
3 CK12 Milk, Chocolate, Skim, 8 fl oz, PC (69534)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

**Thursday, Apr 25, 2024 (Breakfast : Breakfast)**

2 APL CK12 Bar, Oatmeal Chocolate Chip, Simply Wholesome, 1.2 oz, Darlington, Appleways 70300, PC (122535)	HAS		HAS				HAS		HAS		HAS			
2 APL CK12 Cheese, String, Mozzarella, Part-Skim, Land O Lakes 59701, PC (71198)			HAS											
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
2 APL CK12 Orange, Fresh, Whole, 113 ct (34123.13)														HAS
3 CK12 Milk, Chocolate, Skim, 8 fl oz, PC (69534)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

**Friday, Apr 26, 2024 (Breakfast : Breakfast)**

2 APL CK12 Banana, Fresh, Petite, 150 Ct (1318.5)														
2 APL CK12 Frudel, Cherry, IW, WG (GM 10018000278517) (67223.1)			HAS				HAS		HAS		HAS			
2 APL CK12 Juice, Assorted, 4 flavors, 100%, 4 fl oz (34497.11)														HAS
3 CK12 Milk, Chocolate, Skim, 8 fl oz, PC (69534)			HAS											
3 CK12 Milk, White, 1% Low Fat, 8 fl oz, PC (69531)			HAS											

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Menu Item Name	Egg	Fish	Milk	Peanuts	Sesame	Shellfish - Crustacean	Soy	Tree Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange
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