

Innovation Center Lunch Menu March 4th – 8th

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday		
	Lunch					
Chicken BLT Salad w/Soft Roll	Cheese & Grapes w/Crackers	Ham & Turkey Chef Salad w/Soft Roll	Strawberry Chicken Salad w/Soft Rolls	Chicken Caesar Salad w/Croutons		
Ham & Cheese Croissant	Turkey Ranch Wrap W/Cheddar & Bacon	Turkey & Cheese Sub	Ham & Cheese Wrap	Buffalo Chicken Wrap		
Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola		
Parialt W/Granola	Pariait W/Granoia	Cheese & Grapes	Hummus w/Tortillas &	Ham & Cheese		
Italian Wrap	Chicken Salad Croissant	w/Crackers	Vegetables	Sandwich		
Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch		
PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch		
extra extra						
Fresh Carrots	Red Pepper Strips	Fresh Cherry Tomatoes	Red Pepper Strips	Cauliflower Florets		
Sliced Cucumbers	Fresh Broccoli	Green Peas	Chickpea Salad	Baby Carrots		
Side Caesar Salad Green Peas	Potato Salad Marinated Cucumber	Vegetable Pasta Salad Tossed Side Salad	Sliced Cucumbers Jamaican Salad	Pea Salad Strawberry Spinach		
Green Peas	& Tomato Salad	Tossed Side Salad	w/Mango, Pineapple, & Raisins	Salad		
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice		
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk		

Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.

Questions or Comments? Please contact Julie Humphrey @ 810.676.1112 or jhumphrey@ecsd.us

Based on the current supply chain

Challenges menus are subject to change

This institution is an equal opportunity provider.



Innovation Center Lunch Menu March 11th – 15th

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday	
Lunch					
Turkey Cobb Salad w/Soft Roll	5 Layer Taco Salad w/Tortillas	Ham & Turkey Chef Salad w/Soft Roll	Strawberry Chicken Salad w/Soft Rolls	Chicken Caesar Salad w/Croutons	
Ham & Cheese Croissant	Turkey Club Croissant	Turkey & Cheese Sub	Egg Salad Sandwich	Buffalo Chicken Wrap	
Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	
Italian Wrap	Chicken Salad Croissant	Cheese & Grapes w/Crackers	Hummus w/Tortillas & Vegetables	Ham & Cheese Sandwich	
Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	
PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	
extra extra					
Fresh Carrots Sliced Cucumbers Side Caesar Salad Green Peas	Red Pepper Strips Fresh Broccoli Marinated Cucumber & Tomato Salad Pickled Vegetable Slaw	Fresh Cherry Tomatoes Green Peas Vegetable Pasta Salad Tossed Side Salad	Red Pepper Strips Mediterranean Chickpeas Sliced Cucumbers Confetti Coleslaw	Cauliflower Florets Baby Carrots Pea Salad Strawberry Spinach Salad	
100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	

Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.

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Serving up happy & healthy



Innovation Center Lunch Menu March 18th – 22nd

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday		
	Lunch					
Chicken BLT Salad w/Soft Roll	Cheese & Grapes w/Crackers	Ham & Turkey Chef Salad w/Soft Roll	Strawberry Chicken Salad w/Soft Rolls	Chicken Caesar Salad w/Croutons		
Ham & Cheese Croissant	Turkey Ranch Wrap W/Cheddar & Bacon	Turkey & Cheese Sub	Sun Butter Sandwich	Buffalo Chicken Wrap		
Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola		
Italian Wrap	Chicken Salad	Cheese & Grapes w/Crackers	Hummus w/Tortillas & Vegetables	Ham & Cheese Sandwich		
Yogurt Fun Lunch	Croissant Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch		
PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch		
extra extra						
Fresh Carrots	Red Pepper Strips	Fresh Cherry Tomatoes	Red Pepper Strips	Cauliflower Florets		
Sliced Cucumbers	Fresh Broccoli	Green Peas	Mediterranean	Baby Carrots		
Side Caesar Salad Green Peas	Potato Salad Marinated Cucumber	Vegetable Pasta Salad Tossed Side Salad	Chickpeas Sliced Cucumbers	Pea Salad		
Green Peas	& Tomato Salad	rossed side salad	Confetti Coleslaw	Strawberry Spinach Salad		
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice		
Assorted Fresh Fruit Choice of Milk	Assorted Fresh Fruit Choice of Milk	Assorted Fresh Fruit Choice of Milk	Assorted Fresh Fruit Choice of Milk	Assorted Fresh Fruit Choice of Milk		

Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.

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Serving up happy & healthy



Innovation Center Lunch Menu April 1st – 5th

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday		
Lunch						
	5 Layer Taco Salad w/Tortillas	Ham & Turkey Chef Salad w/Soft Roll	Strawberry Chicken Salad w/Soft Rolls	Chicken Caesar Salad w/Croutons		
	Turkey Club Croissant	Turkey & Cheese Sub	Turkey BLT Wrap	Buffalo Chicken Wrap		
No School	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola	Parfait w/Granola		
	Chicken Salad Croissant	Cheese & Grapes w/Crackers	Hummus w/Tortillas & Vegetables	Ham & Cheese Sandwich		
	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch	Yogurt Fun Lunch		
	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch	PB Fun Lunch		
extra. extra						
	Red Pepper Strips Fresh Broccoli Potato Salad Marinated Cucumber & Tomato Salad	Fresh Cherry Tomatoes Green Peas Vegetable Pasta Salad Tossed Side Salad	Red Pepper Strips Mediterranean Chickpeas Sliced Cucumbers Confetti Coleslaw	Cauliflower Florets Baby Carrots Pea Salad Strawberry Spinach Salad		
	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk	100% Fruit Juice Assorted Fresh Fruit Choice of Milk		

Breakfast: A full student breakfast includes a choice of entrée supplying grain and/or protein, two fruit side dishes and choice of milk. Milk choices include 1% white and 1%chocolate.

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