

JANUARY ADULT MENU

Orders must be emailed by 8:30 am to ensure timely delivery. Email hcslunch@harrisonschools.com

Please remember that we will try to honor your special requests, but they are not guaranteed.

Add These On To Any Lunch Order:

8 oz Cup of Soup – Broccoli Cheddar Cheese, Twice Baked Potato, or Chicken Noodle - \$3.00

Bottle of Pop or Water – Coke, Diet Coke, Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, or Plain Water - \$1.50

Jumbo Chocolate Chip Cookie - \$1.50

DAILY SPECIALS

*Fresh Chef Salad

*Chicken Caesar Salad

*KETO – Cobb Salad with KETO Ranch

*KETO – Lunchable

*7" Personal Pizza - with two toppings and a bag of chips



16" PIZZA – Our *WHITE* pizza crust is topped with your choice of toppings. Your choice of favorite toppings are pepperoni, ham, sausage, bacon, green olives, mushrooms, green peppers, onions, mild pepper rings, and pineapple

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u><i>Crispy Chicken Salad</i></u> Tender romaine lettuce is tossed with bits of crispy bacon, large baked pieces of crispy popcorn chicken, shredded cheddar cheese, edamame, chopped hard-boiled eggs, diced cucumbers, shredded carrots, and fresh homemade garlic butter croutons. This is served with a mini muffin and a flavorful honey dijon dressing</p> <p><u><i>Legs with Mac & Cheese</i></u> Two freshly oven baked breaded chicken legs served with a side of white cheddar macaroni and cheese accompanied by sweet cornbread and butter pats</p>	<p><u><i>KETO Jalapeno Bacon Cheeseburger Salad</i></u> Try this low carb jalapeno bacon cheeseburger salad that consists of fresh romaine lettuce, seasoned beef crumbles, chopped crispy bacon, shredded cheddar cheese, diced sliced pickles, chopped red onions, fresh jalapeno slices, and halved grape tomatoes. Homemade dressing is served on the side with a cup of KETO cheeseburger soup</p> <p><u><i>Tasty Club Pinwheels</i></u> First, we lay down a garlic tortilla wrap, then spread a ranch cream cheese from edge to edge before layering thinly sliced ham and turkey over the cream cheese. Finally, we add sliced cheddar cheese and crispy bacon to the top before rolling it all up for you to enjoy. This wrap is sliced into easy to pick up sections plus it is served with a white chocolate macadamia nut cookie, and a bag of Fritos</p>	<p><u><i>Strawberry Chicken Salad</i></u> A colorful combination of red-ripe strawberries, mandarin oranges, and pineapple tidbits is tossed with crisp romaine lettuce and tender spinach leaves. Poppyseed dressing, sweet cinnamon walnuts, and grilled chicken round out this yummy salad with a slice of sweet bread</p> <p><u><i>KETO Bell Pepper Sandwich</i></u> This new sandwich is delectable! We half a colored bell pepper and stuff it with cream cheese that has been mixed with everything but the bagel seasoning and garlic before being smeared on the inside with thinly sliced ham, provolone cheese, and leaf lettuce. This bell pepper sandwich is served with fresh berries</p>	<p><u><i>Fruit and Yogurt</i></u> An 8 oz cup of creamy vanilla yogurt is served layered in a cup with fresh raspberries, plump blueberries, and sliced strawberries. Accompanied by a large muffin and fresh granola</p> <p><u><i>The 8th Best Burrito Ever!</i></u> Cream cheese with everything but the bagel seasoning, scrambled eggs, sausage crumbles, crispy tater tots, cheddar cheese, crispy bacon pieces, diced red peppers, and homemade sausage gravy are all rolled up inside a garlic herb wrap then baked to perfection with more cheese on top. Served with sausage gravy over the top and green onions. Sour cream and salsa on the side (sorry we cannot omit any items)</p>	<p><u><i>Cottage Cheese, Fruit, and Vegetable Platter</i></u> A large cup of creamy cottage cheese is served with a fresh cut orange plus baby carrots, celery sticks, broccoli florets, and cucumber spears, accompanied by ranch dressing for dipping and club crackers (sorry, we cannot omit any items)</p> <p><u><i>Cranberry-Orange Glazed Chicken Breast Dinner</i></u> A baked chicken breast is glazed with a sweet cranberry-orange sauce served with seasoned and roasted brussel sprouts with diced sweet potatoes and a fresh baked dinner roll with butter pats</p>