

NOVEMBER ADULT MENU

Orders must be emailed by 8:30 am to ensure timely delivery. Email hcslunch@harrisonschools.com Please remember that we will try to honor your special requests, but they are not guaranteed.

Add These On To Any Lunch Order:

8 oz Cup of Soup – Broccoli Cheddar Cheese, Twice Baked Potato, or Chicken Noodle - \$3.00

Bottle of Pop or Water - Coke, Diet Coke, Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, or Plain Water - \$1.50 Jumbo Chocolate Chip Cookie - \$1.50

DAILY SPECIALS

*Fresh Chef Salad *Chicken Caesar Salad *KETO - Cobb Salad with KETO Ranch *KETO – Lunchable *7" Personal Pizza - with two toppings and a bag of chips

16" PIZZA – Our WHITE pizza crust is topped with your choice of toppings. Your choice of favorite toppings are pepperoni, ham, sausage, bacon, green olives, mushrooms, green peppers, onions, mild pepper rings, and pineapple

Monday Chicken Cordon Bleu Salad

This salad has hearty romaine lettuce loaded with a seasoned diced chicken, cubed ham, shredded parmesan cheese, and sliced swiss cheese. It's then topped with a lightly sweet and tangy homemade honey Dijon vinaigrette that balances this delicious salad perfectly! Served with **Fritos**

Lori's Flatbread Pizza

We take flatbread, put down a layer of pizza sauce before topping it with mozzarella cheese, pepperoni, bacon crumbles, onions, pineapple tidbits, and jalapenos. Lori says, "Don't knock it until you try it." You just might fall in love! This flatbread is served with chips and a jumbo chocolate chip cookie

Tuesday Creamy KETO

Taco Soup A southwestern **KETO** creamy taco soup that is made with ground beef, onions, cream cheese, diced tomatoes, chili powder, cumin, and heavy cream is simmered together to get a healthy, tummywarming lunch. We top this 12 oz soup with shredded cheddar cheese and serve it with a slice of **KETO** mug bread

Deconstructed Sloppy Joe with Homemade Mac and Cheese

A white hamburger bun is waiting for you to top it with our fabulous sloppy joe mixture sprinkled with shredded cheddar cheese. We also place our Jen's very own fabulous macaroni and cheese on the side to complete this meal

Wednesday Strawberry Chicken Salad

A colorful combination of red-ripe strawberries, mandarin oranges, and pineapple tidbits is tossed with crisp romaine lettuce and tender spinach leaves. Poppyseed dressing, sweet cinnamon walnuts, and grilled chicken round out this vummy salad with a slice of sweet bread

KETO Everything But The Bagel Chicken Breast

We coat our chicken breast in everything but the bagel seasoning and top it with a cream cheese sauce. To push the taste envelope, we top the saucy baked chicken breast with fresh green onions and crispy bacon bits. This tasty chicken is served with KETO roasted brussels sprouts topped with parmesan cheese

Thursday BLT Salad

This is our vamp on the traditional BLT sandwich. Fresh romaine lettuce is topped with crispy bacon, two diced hardboiled eggs, chopped cucumbers, cherry tomatoes, and shredded cheddar cheese. This salad is served with our homemade ranch dressing, garlic croutons, and a sweet mini muffin

The Best Burrito Ever!

Even amounts of refried beans, seasoned taco meat, shredded cheddar cheese, a laver of cream cheese with green and red peppers are all rolled up inside a jalapeno cheese wrap then topped with more cheese before baking it to perfection. Served with Fritos, sour cream, and salsa on the side (sorry we cannot omit any items)

Chicken Cowboy Quinoa

Light and citrusy,

Friday

it's a whole new way to enjoy your protein. Lime juice and cilantro give a refreshing kick to quinoa, diced chicken, black beans, diced green onions, diced red peppers, and fresh corn kernels. Baked scoops are served on the side to complete this healthy meal (sorry, we cannot omit any

Ham and Salami Chips CLT Croissant

items)

A mountain of crispy baked slices of salami, thinly sliced ham, cheddar cheese, leaf lettuce, and sliced tomato are all served on top of a flaky croissant with mayonnaise on the side and fresh grapes