

**NOVEMBER
2025**

Roane County Schools Elementary & Middle

Daily Offerings: Entrée leafy green salad, fresh fruit, chilled fruit, grab and go meal, and milk variety

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Nuggets
Grab & Go
Roll
Fries
Carrot Sticks w/dip

3

Pulled Pork BBQ
Sandwich
Chicken Pot Pie
Mashed Potatoes
Southern Green Beans

4

Chicken Noodle Soup w/
Toasted Cheese Sandwich
Corn Dog Nuggets
Steamed Broccoli
Baked Sweet Potato

5

Crisptio
Hot Dog on Bun
Tater Tots
Homemade Chili
Garden Fresh Slaw

6

Pizza
Buffalo Chicken Dip
w/Tortilla Chips
Leafy Green Salad
Buttered Corn

7

Chicken Sandwich
Grab & Go
Macaroni & Cheese
Steamed Vegetable
Medley

10

Calzone
Chicken Alfredo
w/Breadstick
Seasoned Peas
Steamed Carrots

11

Chicken Wings
Cheese Sticks w/Dip
Roll
Celery/Carrots w/Ranch
Fries

12

Turkey & dressing
Chicken Drumstick
Roll
Mashed Potatoes
Southern Green Beans

13

Pizza
Manager's Choice
Fries
Steamed Broccoli

14

Roasted BBQ Drumstick
Grab & Go
Roll
Baked Beans
Steamed Vegetable Medley

17

Chicken Taco Soup
w/Tortillas
Corndog
Steamed Broccoli

18

Spaghetti
Ham & Cheese Croissant
Breadstick
Southern Green Beans
Spiced Apples

19

Cheeseburger on Bun
Manager's Choice
Lettuce, Tomato, Pickle
Fries
Vegetable Pick Ups

20

Pizza
Manager's Choice
Mashed Potatoes
Buttered Corn

21



FUN FACTS ABOUT ROOT CROPS:

- You can eat the tops (leaves) and bottoms (roots) of all of these crops!
- Energy is stored in the roots of these plants in the form of starches or sugars.
- The most popular carrot color in the US is orange, but carrots can also be purple, red, yellow and white.

