

August 1, 2025

Dear Parents/Guardians,

Let us be the first to welcome you to the new school year! We couldn't be more excited for the opportunity to educate, empower, and inspire your students. We hope you were able to enjoy your family over the summer and are looking forward to getting your kids back to school. Middle School is an exciting time for students! Our students get to have multiple teachers, they have the opportunity to participate in school sports and clubs, and develop into the person they will become. We are honored to play a small role in helping develop your student and be partners with you in their educational journey. In order to get the most out of the experience your child is about to embark on, teamwork between parents, teachers, coaches, and students is vital to reach the ultimate levels of success. We all want what is best for your student and we all want to see them become the most successful version of themselves.

As school is approaching, it is a great time to start having your child establish a routine. It is recommended that kids between the ages of 13-18 average 8 to 10 hours of sleep. The earlier your student can get back on a normal sleep schedule, the easier the transition back to school will be. A key component to increasing sleep is reducing night time screen time on phones. Students that sleep with their phones in their room often are the most exhausted at school.

In addition to proper sleep, nutrition, and good study habits, our studies at RMS indicate that involved students perform better academically, have more healthy social lives, stay out of trouble, and develop more lasting friendships. Please encourage your student to join one or more of the clubs or sports we offer.

Speaking of sports, fall sports are right around the corner. The first practice for all sports will be the second week of school, starting **Monday, August 25th**. All students are required to have a sports physical prior to participating in any sport, please turn in sports physicals to the RMS office. Please remember, sports physicals need to be renewed each school year. We will have a required **parent meeting Wednesday, August 20th at 5pm in the gym for all fall sport participants**. Clubs will start in the middle of September, and an explanation of the offerings will be explained to our kids once school is underway.

Fall Sports: Cross country-Available to 6-8th graders, Football and Volleyball-Available to 7th and 8th graders
Clubs (Available to 6-8th graders): Student Council, Builders Club, Lego Club, Leather Crafting Club, Outdoor Club (archery and fly-fishing), Gaming Club, Reading group, Jazz Band, the musical and more to come.

Hunter Safety!

We are excited to once again offer Hunter Safety this school year at RMS. The class will be right after school in the fall and spring semesters. Details will be emailed and posted on facebook as the date approaches.

Lunch program

Please take a minute to fill out the free and reduced lunch application at myschoolapps.com. If you do not qualify for free and reduced lunch, please create an account at <https://www.myschoolbucks.com/> to pay electronically for student meals.

School Hours

The school day will be from **8am to 3:10pm**. The front doors open at **7:40am** each day.

Communication

If you haven't already done so, please follow WeRSpargans on Facebook and download the Fremont #25 App. Make sure notifications are enabled for RMS to stay current with updates. **You can also download the PowerSchool App to your phone for a live look into your child's grades.** The app will help you keep up on how they are doing and if they have any missing assignments. Our Facebook and the Fremont #25 app enable us to push out communications of what is happening in our building and alert you to any changes. We also keep up to date information on our webpage: <https://rms.fremont25.org/o/rms>. Email is the best way to communicate with RMS staff, staff emails are their first initial and last name @fremont25.org. Feel free to call the office at 856-9443 to get information. For more detailed information on RMS, please review our [Student Handbook](#).

Registration

Each year, we request that forms are updated so we have your most up to date phone numbers, emails, and addresses. Please log into your parent portal and update the three forms requested.

What to expect on day one

On the first day of school students will be directed to their grade level pods. Once in the pod, the kids will be able to see a class list on each door posted by the teacher, this will indicate their homeroom teacher. Once with their homeroom, they will receive: a locker, their schedule, and a tour of the building. Following the tour, they will go to scheduled classes throughout the day. Please have your student arrive with the necessary school supplies (list attached) on the first day of school so we can hit the ground running.

Important dates:

Friday, August 15th-6th grade orientation

6th grade orientation is from 9:30am-11:30am or 12:30-2:30pm. This is for all incoming 6th graders and new students to the district. At this time, we will assign lockers and chromebooks to 6th graders, you can come at either time slot and leave as soon as you have your student in their locker. Please do not worry if you are unable to attend this day, your 6th grader will be issued a locker on the first day of school if you aren't able to make it. You will also have time to walk around the school so you and your student can familiarize yourself with the building. Please just drop in when it works for you during that time slot so kids get the opportunity to figure out how to use their lockers!

IMPORTANT DATES-

- Tuesday, August 19th: First day of school! Report to your respective grade level pod in the morning.
- Wednesday, August 20th: Parent Meeting for all sports at 5pm in the RMS gym
- Monday, August 25th: First day of football, volleyball, and cross country
- Thursday, August 28th: RMS Carnival 4:30-6:30pm
- Monday, September 1st: No School-Labor Day
- Thursday, September 25th: School Pictures

Thanks for your time, we can't wait to see your student in the coming weeks!

Aziz Waheed and Brady Slack
Riverton Middle School Principals



RMS STUDENT SUPPLYLIST 25-26

6TH GRADE

Spartan Time

clorox wipes

Language Arts

1 - 1 inch, 3 ring binder
1 pkg - Wide ruled notebook paper

Math

2-inch, 3 ring binder
1 pkg - Wide ruled notebook paper

Science

1 - 1 inch, 3 ring binder

Social Studies

1 - 3 -ring binder w /dividers
1- packages wide ruled, loose leaf paper

General

Pencils w/extra erasers (enough to last the whole year)
1 - pack colored pencils
wired headphones (for chromebook)

*Pens are not needed in any class in 6th grade.

*Kleenex are not required, but recommended.

7TH GRADE

Language Arts

1 - 3 ring pencil pouch
1 - 1 inch, 3 ring binder
150 sheets loose leaf paper, standard rule
24 count pre-sharpened pencils
1 pack of colored pencils

Math

1 - single subject notebook (wide ruled), or loose leaf paper in binder
1 - 2 inch, 3 ring binder
1 - Scientific calculator

Science

1 - single subject notebook
1 - 1 inch, 3 ring binder

Social Studies

1 - 1 ½ or 2 inch, 3 ring binder
1 pkg - Wide ruled notebook paper
Page dividers

General

3 - packs of pencils w/extra erasers Pens (black, blue & red)
wired headphones (for chromebook)

8TH GRADE

Language Arts

1 - 1.5 inch, 3 ring binder

Math

1 - single subject notebook
1 - 2 inch, 3 ring binder
1 - folder
1 - ruler
1 - scientific calculator

Science

1 - single subject notebook
1 - 1 inch, 3 ring binder

Social Studies

1 - 1 subject notebook
1 - pack of highlighters

General

Wide ruled, loose leaf paper
3 - packs of pencils w/extra erasers Pens (black, blue & red)
wired headphones (for chromebook)

IDEAL Room Supply List: If your child has qualified for the IDEAL program, it is not necessary for them to have the items listed above for their grade level. The following items will be most helpful to your child's classroom:

3 –Big boxes of Kleenex Pencils/Big Eraser
Loose leaf paper (wide ruled)

1 - large 3 ring binder

2 - 3 hole pocket folders Colored pencils/Markers

Extra Change of clothes (kept in locker) gym shoes for regular Ed P.E., shorts and t-shirt (form must be signed), swim suit, towel, soap or shampoo and gym shoes for Adaptive P.E.

Snacks to share for classroom (appreciated and used daily)

Personal hygiene items if needed

If you can not afford school supplies for your student, please contact the front office at (307) 856-9443.