

PRECAUTION TO PREVENT SPREAD OF INFECTIOUS DISEASES AT SCHOOL

Universal precaution is treating all blood and body fluids as if contagious.

In the school setting, knowing who carries an infectious disease and what germs may be present is not possible. Persons with infectious do not always have outward signs and often are not aware of being infected. However, you can take precautions at school and in other situations that will help protect you from infectious diseases. Those precautions include the following:

1. Wash your hands with soap and running water at regular times during your workday or before and after giving first aid. Common infectious diseases may be contracted from dirt and waste encountered in the workplace (excluding human immunodeficiency virus (HIV) infection, acquired immune deficiency disorder syndrome (AIDS) and Hepatitis B.
2. Avoid punctures with objects that may contain blood of others.
3. Handle discharges from another person's body (particularly body fluids containing blood) with gloves and wash hands thoroughly with soap and running water when you are finished. Have students self-clean and treat any minor wounds/bloody noses.
4. Carefully dispose of trash that contains body wastes and sharp objects. Use special containers with plastic liners for disposal of refuse that contains blood or for any body spills that may contain blood. For disposal of sharp objects, use containers that cannot be broken or penetrated. Do not bend, break or recap needles or sharp objects.
5. Watch for florescent orange-red labels, red bags, and containers with biohazard symbols for the warning of blood or other potentially infectious material. Promptly remove another person's blood and body waste from your skin by washing with soap and running water. If you are exposed to blood, contact your supervisor immediately and fill out an incident report.
6. Be knowledgeable that District 86 has an Exposure Control Plan for Occupational Exposure to Blood Borne Pathogens in accordance with IDOL. Call a trained custodian immediately for clean up of blood or body wastes. Do not wipe up with a paper towel.
7. Discuss with your physician having a vaccination for protection from Hepatitis B if you are at risk for exposure to blood borne pathogens.
8. If you are responsible for administering first-aid to other or may be placed in a position where you may give first-aid, obtain a current instruction in first-aid and cardiopulmonary resuscitation (CPR). Current instruction will include modification of first-aid needed to protect the rescuer from infection.

Be aware of protective equipment/container within your building.

THESE PRECAUTIONS WILL PROTECT YOU FROM HIV INFECTION, HEPATITIS B AND MANY OTHER INFECTIOUS DISEASES. THESE ORDINARY HYGIENIC PRACTICES WILL RESULT IN FEWER ILLNESSES FOR YOU AND OTHERS AROUND YOU. YOU DO NOT NEED TO KNOW WHICH PEOPLE AROUND YOU ARE INFECTED WITH HIV, HEPATITIS B OR ANY OTHER DISEASES BECAUSE YOU USE PRECAUTIONS ROUTINELY.

MAINTAIN CONFIDENTIALITY of all medical information concerning students and co-workers, especially if the individual has either HIV infection or AIDS, with few exceptions, sharing information about someone who has either HIV infection or AIDS without permission is prohibited by law.

I have read the information about protection from infectious diseases and understand the precautions that have been recommended.

Print Name

Address

Signature

City, State, Zip

Worksite

Date