

# Menus

**School:** Lincoln Elementary School

**Meal:** All

**Month:** October 2023

**Academic Year:** 2023-24

October				
M	Tu	W	Th	F
<p>2</p> <p><b>Breakfast:</b> waffles syrup fruit, juice, &amp; milk</p> <p><b>Lunch:</b> soft shell chicken taco sh.lettuce, cheese salsa, black beans fruit, milk</p>	<p>3</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> sloppy joe on bun tater tots, carrot sticks fruit, milk</p>	<p>4</p> <p><b>Breakfast:</b> chicken biscuit fruit, juice, &amp; milk</p> <p><b>Lunch:</b> beef vegetable soup grilled cheese, crackers fruit, milk</p>	<p>5</p> <p><b>Breakfast:</b> cereal toast,jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chicken wrap sh.cheese broccoli,carrot sticks chips,ranch dressing fruit,milk</p>	<p>6</p>
<p>9</p>	<p>10</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> nachos/meat baked scoops shredded lettuce cheese sauce salsa, black beans fruit, milk</p>	<p>11</p> <p><b>Breakfast:</b> sausage biscuit fruit, juice, &amp; milk</p> <p><b>Lunch:</b> tomato soup grilled cheese, crackers fruit, milk</p>	<p>12</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> hamburger on bun mustard, ketchup fries, carrot sticks fruit, milk</p>	<p>13</p> <p><b>Breakfast:</b> omelet toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> spaghetti bread stick romaine salad/tomatoes croutons, ranch dressing fruit, milk</p>
<p>16</p> <p><b>Breakfast:</b> yogurt tiger bites fruit,juice,milk</p> <p><b>Lunch:</b> rib sandwich bbq sauce baked beans, carrot sticks fruit, milk</p>	<p>17</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> cheeseburger on bun ketchup, musturd fries, carrot sticks fruit, milk</p>	<p>18</p> <p><b>Breakfast:</b> sausage muffin fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chicken noodle soup crackers, ranch dressing broccoli, carrot sticks fruit, milk</p>	<p>19</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chicken patty sandwich mayo, bbq sauce green beans fruit, milk</p>	<p>20</p> <p><b>Breakfast:</b> breakfast pizza fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chicken quesadilla salsa, croutons ranch dressing romaine salad/tomatoes fruit, milk</p>
<p>23</p> <p><b>Breakfast:</b> French toast sticks syrup fruit, juice, &amp; milk</p> <p><b>Lunch:</b> meat loaf roll,butter peas fruit, milk</p>	<p>24</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> seasoned chicken sandwich green beans,chips fruit, milk</p>	<p>25</p> <p><b>Breakfast:</b> breakfast burrito fruit, juice, &amp; milk</p> <p><b>Lunch:</b> taco soup baked tostitos,salsa shredded,cheese fruit, milk</p>	<p>26</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chili dogs on bun ketchup tater tots,carrot sticks fruit, milk</p>	<p>27</p> <p><b>Breakfast:</b> biscuit &amp; gravy fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chicken pot pie romaine salad/tomatoes ranch dressing,cROUTONS fruit, milk</p>
<p>30</p> <p><b>Breakfast:</b> pancake on stick syrup fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chicken strip bbq sauce corn, chips fruit, milk</p>	<p>31</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> no lunch served</p>	<p>1</p> <p><b>Breakfast:</b> chicken biscuit fruit, juice, &amp; milk</p> <p><b>Lunch:</b> chilli grilled cheese, crackers fruit, milk</p>	<p>2</p> <p><b>Breakfast:</b> cereal toast, jelly fruit, juice, &amp; milk</p> <p><b>Lunch:</b> corn dog mustard, ketchup cooked carrots, chips fruit, milk</p>	<p>3</p> <p><b>Breakfast:</b> oatmeal toast fruit, juice, &amp; milk</p> <p><b>Lunch:</b> ravioli bread stick romaine salad/tomatoes ranch dressing,cROUTONS fruit, milk</p>