Carroll Middle and High School Lunch Menu – April 2024

-This institution is an equal opportunity provider- -Menu Subject to Change- *Denotes Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 **No** **School**	**2** *Popcorn Chicken Mashed Potatoes W Gravy Garlic Breadstick Chilled Peaches Fruit and Veggie Bar	**3** Chicken Alfredo Twisted Garlic Knot Caesar Salad Juicy Watermelon Fruit and Veggie Bar	**4** Breaded Tenderloin *Whole Grain Bun Baked Beans Fresh Pineapple Fresh Kiwi Fruit and Veggie Bar	**5** *Rectangle Pizza (cheese or pepperoni) Cottage Cheese Steamed Peas Frozen Fruit Swirl Cup Fruit and Veggie Bar	**Meal Prices:** Breakfast 5-8 $1.75 Lunch 5-8 $2.85 Breakfast 9-12 $1.85 Lunch 9-12 $2.95 Reduced Brkfst. $ .30 Reduced Lunch $ .40 Extra Entrée(MS) $1.25 Extra Entrée(HS) $1.50 Extra Milk $ .50 Adult Brkfst. $3.00 Adult Lunch $4.85
8 *Walking Tacos (lettuce, tomatoes, salsa, black olives, onions, sour cream) Refried Beans Chilled Pears Fruit and Veggie Bar	9 Teriyaki Chicken *Brown Rice Steamed Broccoli Mandarin Oranges *Chocolate Chip Cookie Fruit and Veggie Bar	**10** *Mini Corn Dogs *Sun Chips Green Beans Cantaloupe Fruit and Veggie Bar	**11** **Breakfast for Lunch!** *Ham, Egg & Cheese on a Croissant Hashbrown Patty Oranges / Banana 100% Juice Cups Frosted Little John (HS) Fruit and Veggie Bar	**12** *Cheesy Garlic French Bread Marinara Sauce Mixed Vegetables Applesauce Fruit and Veggie Bar	
15 *Chicken Nuggets Mac and Cheese Green Beans Mixed Berry Cup Fruit and Veggie Bar	**16** *Crispito w/ Cheese (lettuce, tomatoes, salsa, onions, olives, sour cream) Refried Beans Apple Slices Fruit and Veggie Bar	**17** Grilled Hot Dog (HS) Cheeseburger Rollerbite (MS) *Whole Grain Bun Golden Corn Juicy Watermelon Assorted Cake Fruit and Veggie Bar	**18** Sloppy Joe *Whole Grain Bun Tater Tots Cantaloupe Fresh Kiwi Fruit and Veggie Bar	**19** *Stuffed Crust Pizza (cheese or pepperoni) Steamed Peas Juicy Strawberries Frozen Yogurt Fruit and Veggie Bar	**Alternate Meals at CMS** Chef Salad Daily 6" Ham Subs (Tues – Thurs) Uncrustables **Alternate Meal Choices at Carroll High** Uncrustables, 6" Subs, Salads (chef, Caesar, taco) Pizza, Burgers, Yogurt, Specialty Chicken)
22 **Breakfast for Lunch!** *Breakfast Pizza Hashbrown Patty Oranges/Banana 100% Fruit Juice Fruit and Veggie Bar	**23** Chicken Nachos w Queso Blanco Cheese Black Bean Salsa Fresh Strawberries Cinnamon Roll Fruit and Veggie Bar	**24** *Chicken Drummies *Dinner Roll Cheesy Broccoli Juicy Grapes Brownie Cookie Fruit and Veggie Bar	**25** BBQ Rib Patty *Whole Grain Bun Smiley Fries Fresh Pineapple Fresh Kiwi Fruit and Veggie Bar	**26** *Bosco Cheese Sticks Marinara Sauce Steamed Carrots Sidekick Cup Mixed fruit Fruit and Veggie Bar	**Breakfast Offered Daily** **(Except on 2-Hr Late Start Days)** **All Breakfasts include:** Entrée Choice Juice and Fruit Serving Milk Selections **Breakfast and Lunch includes an 8 oz. milk (white or chocolate milk)**
29 **No** **School**	**30** *Chicken Fried Chicken Mashed Potatoes w Gravy *Biscuit Chilled Peaches Fruit and Veggie Bar	**1** *Pasta with Meat Sauce Twisted Garlic Knot Caesar Salad Juicy Watermelon Fruit and Veggie Bar	**2** Hamburger/ Cheeseburger *Whole Grain Bun French Fries Baked Beans Cantaloupe Fruit and Veggie Bar	**3** *Wild Mikes Mozzarella Bites Marinara Sauce Steamed Peas Rosy Applesauce Peanut Butter Bar Fruit and Veggie Bar	