

WHAT IS PBIS?

POSITIVE BEHAVIOR INTERVENTIONS AND SUPPORTS



1. Creates and maintains a safe and effective learning environment
2. Ensures all students have social skills needed for success at school and beyond
3. Provides a proactive system-wide framework for implementation

THE PURPOSE OF PBIS IS TO ESTABLISH A CLIMATE IN WHICH APPROPRIATE BEHAVIOR IS THE NORM.



FUNCTIONS OF BEHAVIOR

GET OR OBTAIN	ESCAPE OR AVOID
attention (social)	attention, demand, request (social)
desired item, task, activity (tangible)	activity, task, or item (tangible)
self stimulation (automatic)	internal stimulation (automatic)

IMPLEMENTING PBIS AT HOME

- 5:1 positives to correction
- Set the stage for success, rewards
- Give clear, specific directions
- Stay calm, use calm voice
- Set reasonable limits
- Be consistent, YES means YES, NO means NO
- Set example, actions speak louder than words
- Proactively anticipate situation
- Have patience, a little goes a long way
- Have fun and enjoy the ride!

5:1

INSTEAD OF SAYING	TRY SAYING THIS
Stop hitting!	Please keep your hands to yourself.
Don't say that!	Please choose another word.
Quit whining and crying!	Please use your words.
I can't hear you.	Please speak louder/more clearly.
I won't buy you that.	Instead of that, what if we ____.
Don't get upset!	It's okay to feel that way, but ____.
We have to stop playing.	We have to leave.

