

# JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*Elmwood  
Murdock  
Public Schools*

*Breakfast*

1

No School

2

No School

3

No School

4

Cinni mini – E  
Breakfast Burrito – M  
Fruit  
Juice  
Milk

5

Cereal bar & yogurt – E  
Omelet & Toast – M  
Fruit  
Juice  
Milk

8

Toast crunch bar – E  
Breakfast pizza – M  
Fruit  
Juice  
Milk

9

Mini French Toast – E  
Breakfast sandwich – M  
Fruit  
Juice  
Milk

10

Cereal & Yogurt – E  
French Toast sticks – M  
Fruit  
Juice  
Milk

11

Pancake stick – E  
Breakfast Burrito – M  
Fruit  
Juice  
Milk

12

Frudel – E  
Omelet & Toast – M  
Fruit  
Juice  
Milk

15

Toast crunch bar – E  
Breakfast pizza – M  
Fruit  
Juice  
Milk

16

Cream cheese bagel – E  
Breakfast sandwich – M  
Fruit  
Juice  
Milk

17

Ham Combo & Muffin – E  
French Toast sticks – M  
Fruit  
Juice  
Milk

18

Cinni mini – E  
Breakfast Burrito – M  
Fruit  
Juice  
Milk

19

Cereal bar & yogurt – E  
Omelet & Toast – M  
Fruit  
Juice  
Milk

22

Toast crunch bar – E  
Breakfast pizza – M  
Fruit  
Juice  
Milk

23

Mini French Toast – E  
Breakfast sandwich – M  
Fruit  
Juice  
Milk

24

Cereal & Yogurt – E  
French Toast sticks – M  
Fruit  
Juice  
Milk

25

Pancake stick – E  
Breakfast Burrito – M  
Fruit  
Juice  
Milk

26

Frudel – E  
Omelet & Toast – M  
Fruit  
Juice  
Milk

29

Toast crunch bar – E  
Breakfast pizza – M  
Fruit  
Juice  
Milk

30

Cream cheese bagel – E  
Breakfast sandwich – M  
Fruit  
Juice  
Milk

31

Ham Combo & Muffin – E  
French Toast sticks – M  
Fruit  
Juice  
Milk

This institution is an equal opportunity provider.  
Menus are subject to change, this could be very last minute. All students will continue to be offered meals that meet the requirements and nutrition standards. Milk offered at all meals.



- 2024 -

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MONDAY

TUESDAY


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*Elmwood  
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Public Schools*

## *Lunch Menu*

<b>1</b> No School	<b>2</b> No School	<b>3</b> No School	<b>4</b> Chicken Patty WG Bun Green Beans Peaches Milk	<b>5</b> Pepperoni pizza Salad bar Pineapple Pudding Milk
<b>8</b> Hamburger WG Bun Cheese slice Baked Beans Pears Milk	<b>9</b> Turkey sandwich – E French dip – M WG Bun Chips Fresh fruit Milk	<b>10</b> Chicken Filet Mashed potato Gravy Dinner roll Tropical fruit Milk	<b>11</b> Sloppy Joe WG Bun Broccoli Fruit cocktail Milk	<b>12</b> Calzone Marinara sauce Strawberries Ice cream Milk
<b>15</b> Chicken nuggets Mashed potato Gravy WG Dinner roll Peaches Milk	<b>16</b> Nachos Toppings Refried beans Mixed fruit Milk	<b>17</b> Teriyaki stir fry WG Rice Fortune cookie Mandarin oranges Milk	<b>18</b> Chicken noodle or tomato soup WG Grilled cheese sandwich Applesauce Milk	<b>19</b> Cheese breadsticks Marinara sauce Pears Sherbet Milk
<b>22</b> Popcorn Chicken Peas WG Snack cracker Pineapple Milk	<b>23</b> Chili WG Cinnamon roll Cinnamon applesauce Milk	<b>24</b> Crispito Cheese sauce Broccoli Peaches Milk	<b>25</b> WG Pasta with meat sauce WG Breadstick Oranges Milk	<b>26</b> Hot ham and cheese WG Bun Chips Mixed berries Milk
<b>29</b> Quesadilla Spanish rice Pears Milk	<b>30</b> WG Chicken alfredo Broccoli WG Breadstick Tropical fruit Milk	<b>31</b> Ham patty WG Bun Au gratin potato Pineapple Milk		

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