

- 2023 -

# DECEMBER

FRIDAY

*Elmwood  
Murdock  
Public Schools*

## *Breakfast Menu*

Menus are subject to change, this could be very last minute. All students will continue to be offered meals that meet the requirements and nutrition standards. Milk offered at all meals

This institution is an equal opportunity provider

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

Frudel – E  
Omelet & toast – M  
Fruit  
Juice  
Milk

4

Toast crunch bar – E  
Breakfast pizza – M  
Fruit  
Juice  
Milk

5

Cream Cheese Bagel –E  
Breakfast sandwich – M  
Fruit  
Juice  
Milk

6

Ham combo & Muffin – E  
French toast sticks – M  
Fruit  
Juice  
Milk

7

Cinni mini – E  
Breakfast burrito – M  
Fruit  
Juice  
Milk

8

Cereal bar & yogurt – E  
Omelet & Toast – M  
Fruit  
Juice  
Milk

11

Toast crunch bar – E  
Breakfast pizza – M  
Fruit  
Juice  
Milk

12

Mini French toast –E  
Breakfast sandwich – M  
Fruit  
Juice  
Milk

13

Cereal & Yogurt – E  
French toast sticks – M  
Fruit  
Juice  
Milk

14

Pancake stick – E  
Breakfast burrito – M  
Fruit  
Juice  
Milk

15

Frudel – E  
Omelet & Toast – M  
Fruit  
Juice  
Milk

18

Toast crunch bar – E  
Breakfast pizza – M  
Fruit  
Juice  
Milk

19

Cream Cheese Bagel –E  
Breakfast sandwich – M  
Fruit  
Juice  
Milk

20

Ham combo & Muffin – E  
French toast sticks – M  
Fruit  
Juice  
Milk

21

Cinni mini – E  
Breakfast burrito – M  
Fruit  
Juice  
Milk

22

No School

25

No School

26

No School

27

No School

28

No School

29

No School

- 2023 -

# DECEMBER

FRIDAY

1

Sausage pizza  
Pudding  
Mandarin oranges  
Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

4

Mini Corn dogs – E  
Corn dogs – M  
Broccoli  
Snack cracker  
Mixed fruit  
Milk

5

Taco  
Shell – E  
Walking or shell – M  
Refried beans  
Toppings  
Pineapple  
Milk

6

Breaded steak  
Mashed potato  
Gravy  
Dinner roll  
Peaches  
Milk

7

Chili  
WG Cinnamon roll  
Jello  
Applesauce  
Milk

8

French bread cheese  
pizza  
Ice cream  
pears

11

Hamburger  
Cheese slice  
WG Bun  
Baked Beans  
Tropical fruit  
Milk

12

Crispito  
Cheese sauce  
Broccoli  
Fresh fruit  
Milk

13

Cream turkey over WG  
Biscuit  
Mixed vegetables  
Mandarin oranges  
Milk

14

Sliced ham  
Cheesy hashbrown  
casserole  
WG Roll  
Green beans  
Pineapple

15

Fiestada  
Sherbet  
Peaches  
Milk

18

Chicken strips  
WG Biscuit  
Margarine / Honey  
Winter mix vegetables  
Pears  
Milk

19

Chicken noodle or  
tomato soup  
WG Grilled cheese  
Applesauce  
Milk

20

Italian dunker  
WG Garlic toast  
Green Beans  
Mixed fruit  
Milk

21

Sub sandwich  
WG Bun  
Chips  
Cookie  
Fresh Fruit

22

No School

25

No School

26

No School

27

No school

28

No School

29

No School

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## *Lunch Menu*

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