## JANUARY 2024 K-8 MENU

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY                                     | FRIDAY   |
|---|---|---|--|--|
| 1   | 2 Egg and Cheese English Muffin,<br>Fruit, Juice Slushie, Milk          | 3 Pancake on a Stick, Fruit,<br>Juice, Milk         | 4 Cereal Variety, Banana, Juice,<br>Milk     | 5  |
| Tappy   | Pepperoni and Cheese<br>Seasoned Corn                                   | Chicken Pot Pie<br>Broccoli Parmesan                | Hotdog w/Chili & Creamy<br>Coleslaw          | COOK'S   |
| Clean!  | Glazed Carrots  | Red Pepper Strips                                   | Smiley Potatoes                              | CHOICE   |
|   | Pears<br>Milk Variety   | Applesauce<br>Milk Variety                          | Baked Beans<br>Fresh Fruit<br>Milk Variety   |  |
| 8 Chicken Biscuit, Fruit, Juice<br>Slushie, Milk        | 9 Mini Waffles, Fruit, Juice, Milk                                      | 10 Strawberry Parfait, Juice,<br>Milk               | 11 Pop-Tarts, Fruit, Juice, Milk             | 12 Cinnamon Toast Crunch<br>Breakfast Bar, Yogurt, Fruit, Juice,<br>Milk |
| Pinto Beans   | Rotini  | Pulled Pork BBQ Sandwich                            | Popcorn Chicken                              |  |
| Cornbread   | WG Breadstick   | Creamy Coleslaw                                     | Smiley Potatoes                              | Summers County Sub   |
| Kale  | Seasoned Green Beans  | Scallop Potatoes                                    | Glazed Carrots                               | WG Chips   |
| Roasted Potatoes  | Carrot Sticks   | Fresh Fruit   | Pears  | Baked Beans  |
| Fresh Fruit   | Mixed Fruit   | Milk Variety  | Milk Variety                                 | Salad w/Dressing   |
| Milk Variety  | Milk Variety  |   |  | Sidekick<br>Milk Variety   |
| 15  | 16 Sausage Pancake Breakfast<br>Sandwich, Fruit, Juice Slushie,<br>Milk | 17 Donut Holes, Fruit, Juice,<br>Milk               | 18 Cereal Bar Variety, Fruit,<br>Juice, Milk | 19   |
|   |   | Chicken Alfredo                                     | Chicken Quesadilla                           | COOK'S   |
| MARTIN<br>LUTHER<br>KING<br>DAY                         | Pepperoni and Cheese Roll   | WG Roll   | Salsa & Sour Cream                           |  |
|   | Corn on the Cob   | Broccoli Parmesan                                   | Tortilla Chips w/Bean Dip                    | CHOICE   |
|   | Salad w/Dressing  | Glazed Carrots Birthday Popcorn                     | Mixed Vegetables                             |  |
|   | Applesauce  | Sidekick  | Fresh Fruit                                  |  |
|   | Milk Variety  | Milk Variety  | Milk Variety                                 |  |
| 22 Breakfast Pizza, Fruit, Juice<br>Slushie, Milk       | 23 Breakfast Bagel Variety, Fruit,<br>Juice, Milk                       | 24 French Toast Sticks, Fruit,<br>Juice, Milk       | 25 Jumpstart, Banana, Milk                   | 26 Mini Pancakes, Fruit, Juice,<br>Milk                                  |
| Tomato Soup   | Spaghetti w/Meatballs   | Egg Patty   | Cheeseburger                                 | Baked Chicken  |
| Grilled Cheese  | WG Roll   | Biscuit w/Butter and Jelly                          | Smiley Potatoes                              | AuGratin Potatoes  |
| Beef Stick  | Salad w/Dressing  | Sausage Patty                                       | Broccoli w/Ranch Dip                         | Baked Beans  |
| Seasoned Corn   | Glazed Carrots  | Hash Rounds   | Fresh Fruit                                  | WG Roll  |
| Fresh Fruit   | Pears   | Grape Tomatoes                                      | Milk Variety                                 | Sidekick   |
| Milk Variety  | Milk Variety  | Cooked Apples<br>Milk Variety                       |  | Milk Variety   |
| 9 Egg Patty, Sausage Patty, 2<br>Toast w/Butter & Jelly | 30 Apple Cinnamon Texas Toast,<br>Fruit, Juice, Milk                    | 31 Breakfast Burrito, Fruit, Juice<br>Slushie, Milk | 1Banana Bread, Fruit, Juice, Milk            | 2 French Toast Bites, Fruit, Juice,<br>Milk                              |
| Bean and Cheese Chalupas                                | Salisbury Steak   | Turkey and Cheese Melt                              | Fish Sticks w/Tartar Sauce                   | Chili  |
| Tortilla Chips w/Salsa                                  | Mashed Potatoes w/Gravy   | Baked Beans   | Creamy Coleslaw                              | Cornbread  |
|   | Seasoned Green Beans  | French Fries  | French Fries                                 | Seasoned Corn  |
| Refried Beans   |   |   |  |  |
|   | WG Roll   | Fruit Smoothie                                      | Glaze Carrots                                | Mixed Vegetables   |
| Refried Beans   | WG Roll<br>Applesauce<br>Milk Variety                                   | Fruit Smoothie<br>Milk Variety                      | Glaze Carrots<br>Fresh Fruit                 | Mixed Vegetables<br>Fresh Fruit  |

**GRADES 6-12 ARE OFFER VS. SERVE** 

## **BIRTHDAY POPCORN JANUARY 17**