

# Sheridan School District Quarterly Wellness Meeting

December 6, 2023



SHERIDAN  
SCHOOL DISTRICT

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[District Wellness Policy](#)

[Wellness Committee Requirements](#)

[Indistar](#)

[CDC](#) [SSD Posting](#)

Ark 6.07.1.1-3

Ark 6.07.1.4

Facilitator	Topic	Intended Results	Minutes
Alisa Gray	Welcome	Welcome committee members and review the agenda	
Alisa Gray	Good Things!	Provide an opportunity to learn more about our team members	
Brady Martin Amanda Garner	Food Services	<ul style="list-style-type: none"> <li>Review upcoming school menus <a href="#">Nutrislice</a> Menus Ark6.06.5</li> <li>Share district food service updates</li> <li>Negative balance</li> </ul>	<p>Thanksgiving meal - Christmas Meal served at all campuses - Turkey, mac and cheese, veg, and dessert</p> <p>Donations flyers sent in response to overdue student accounts - Lots of questions and responses to the flyer People are offering pledges Deficit is over \$50,000 at this time</p> <p>Student question about the amount of food offered to students.</p> <p>How do we encourage students to eat and utilize the share table? Prepackaged foods are offered. Could it be offered at an alternate time so that it available to go home with them?</p>

			<p>We discussed if the shared table could be positioned somewhere so that it isn't an embarrassment for students. Mrs. Garner is going to look into the regulations to see if we have other options.</p> <p>Vending machine - could the funds made be used toward the debt?</p>
Alisa Gray / Allyson Pitts	Contracts and Health and Wellness / SSD Counseling	<ul style="list-style-type: none"> <li>• Discuss Food Vendor Contracts</li> <li>• District Updates <ul style="list-style-type: none"> <li>○ Health Center</li> <li>○ Mental Health</li> <li>○ Counselors</li> </ul> </li> </ul>	<a href="#">Advisory Committee PPT</a>
Alisa Gray	Health and Wellness Plan Review <a href="#">Ark 6.06.6</a>	Revisit the Health and Wellness Policy to review the guidelines for serving and selling food products	<p>The committee reviewed the district policy and discussed the section referring to food items that may be sold.</p> <p>Building representatives will share this information with staff members.</p>
Alisa Gray	Campus Health and Wellness Activity	<p>Representatives will share activities, events, instruction, and community involvement across the district - Be prepared to share what is going on at your campus</p> <ul style="list-style-type: none"> <li>• <a href="#">ARK 6.02.2</a> Integrate nutrition and physical activity into the overall curriculum</li> <li>• <a href="#">ARK 6.02.3</a> Professional Development of staff includes nutrition and physical Activity Issues</li> <li>• <a href="#">ARK 6.02.4/6</a> Students receive nutrition education and engage in healthy levels</li> </ul>	<p><a href="#">6.02.2/4/6</a> Nutrition education is part of the PE/Health program in K-8. All high school students are required to take Health which includes nutrition education. In addition, the Chartwells staff, work with classrooms with the Discovery Kitchen program discussing healthy food choices and nutrition.</p> <p><a href="#">6.02.3</a> Each building provides PD in various ways through Newsletters, faculty meetings, and events.</p>

		of Physical Activity	
Alisa Gray	School Health Index Requirements  Ark 6.06.1	<p>Review Required modules for the School Health Index</p> <ul style="list-style-type: none"> <li>○ Module 1- School Health Policies and Environment</li> <li>○ Module 2- Health Education</li> <li>○ Module 3 - Physical Education</li> <li>○ Module 4 - Nutrition Services</li> <li>○ Module 10 - Family Engagement</li> <li>○ Module 11 - Community Involvement</li> <li>● Complete modules and submit before March 1, 2024</li> </ul>	<p>Each school will need to complete the Modules listed by March 1, 2024, with their building Health &amp; Wellness committees</p> <p><b>You must create a new plan each year. Do not edit your prior SHI.</b></p> <p><b>Title your SHI for this year</b> <b>Y24 SHI- School name</b></p>
Alisa Gray	Launch	<p>The next meeting will be virtual through Google Meet -</p> <ul style="list-style-type: none"> <li>📅 Health and Wellness Meeting</li> </ul>	

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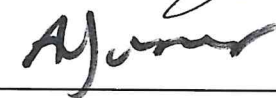
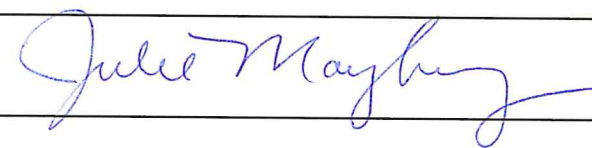
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Name/Campus Representing	Signature
Janet Stockton, EEE School Nurse Building Level Wellness Coordinator	<i>JS</i>
Shelley Davis, SES Nurse Building Level Wellness Coordinator	<i>Shelley Davis</i>
Karen Stephens, EEI Nurse Building Level Wellness Coordinator	
Rhonda Bell, SIS PE Teacher Building Level Wellness Coordinator	
Alan Westfall, EMS Assistant Principal Building Level Wellness Coordinator	
Mike Moore, SMS PE Teacher and Coach Building Level Wellness Coordinator	<i>Mike Moore</i>
Emily Grimmett, SHS PE/Health teacher and Coach Building Level Wellness Coordinator	<i>Emily Grimmett</i>
Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	<i>Alisa Gray</i>

Allyson Pitts, SSD Director of Counseling Co-Chair of District Wellness Committee	
Brady Martin Chartwell's Manager	
Amanda Garner SSD Food Service Manager	
Jeff Lisenbey School Board Representative	
Lauren Goins Parent Representative	
Julie Mayberry Community Representative	
Zander Williams SHS Student Representative	
Alondra Anthony SHS Student Representative	