

Sheridan School District Quarterly Wellness Meeting

SHS Hospitality Room
December 7, 2022



[SSD Vision and Mission](#)

[District Wellness Policy](#)

[Wellness Committee Requirements](#)

[Indistar](#)

[CDC](#)

[SSD Posting](#)

Ark 6.07.1.1-3

Ark 6.07.1.4

Facilitator	Topic	Intended Results	Minutes
Alisa Gray	Welcome	Welcome committee members and review the agenda	
Alisa Gray	Good Things!	Provide an opportunity to learn more about our team members	
Alisa Gray	Updates	<ul style="list-style-type: none"> Playground Accessibility Update SHS Nursing Staff Football Facilities 	<p>The playgrounds at the elementary and intermediate schools have sidewalks leading to the playground equipment and additional equipment that is handicap accessible. There is always room for improvement and as a district, we continually work to improve equitable facilities for all students.</p> <p>Staffing across this district is being analyzed comparing our staff to other districts with like demographics. This is an effort to improve effectiveness while being efficient.</p> <p>The restrooms at the football field are of concern. Upgrading these facilities will be addressed during the facilities meeting with the school board.</p>
Brady Martin	Food Services	<ul style="list-style-type: none"> Review upcoming school menus Nutrislice Menus Ark6.06.5 	Continuing to evaluate menus to see what students like

		<ul style="list-style-type: none"> Share district food service updates 	<p>Discovery Kitchen- Allowing students to sample healthy foods to encourage healthy eating habits with our student population</p> <p>Student Choice allows student voice in menu items</p>
Alisa Gray	Jacket Health and Wellness	Health Center Update	The health center is open in Sheridan on Mondays, Wednesdays, and Fridays. A satellite clinic is open at East End Intermediate on Tuesdays and Thursdays to serve the East End community.
Janet Stockton	District News	District Health/Nurse Updates	Flu season has hit. Christmas break will help with slowing down the spread hopefully
Alisa Gray	Health and Wellness Requirements	<p>Annual Report to the Public Ark 6.06.10 Include as part of the district's annual report to parents and the community the amount of funds received and expenditures made from competitive food and beverage contracts</p> <p>Ark 6.06.1 Required modules for the School Health Index</p> <ul style="list-style-type: none"> Module 1- School Health Policies and Environment Module 2- Health Education Module 3 - Physical Education Module 4 - Nutrition Services Module 10 - Family Engagement Module 11 - Community Involvement <ul style="list-style-type: none"> Complete modules and submit before March 1, 2023 	<p>The annual report to the public was presented last month. This report included requirements for the Health and Wellness policy.</p> <p>Each school will need to complete the Modules listed by March 1, 2023 with their building Health & Wellness committees</p>
Alisa Gray	Launch	Next Meeting- February 15, 2023	

Signature Page

Sheridan School District Quarterly Wellness Meeting

SHS Hospitality Room
December 7, 2022



Name/Campus Representing	Signature
Janet Stockton , EEE School Nurse Building Level Wellness Coordinator	
Shelley Davis , SES Nurse Building Level Wellness Coordinator	<i>Shelley Davis</i>
Angie Walters , GT Coordinator -EEI Building Level Wellness Coordinator	
Rhonda Bell , SIS PE Teacher Building Level Wellness Coordinator	
Alan Westfall , EMS Assistant Principal Building Level Wellness Coordinator	Alan Westfall
Mike Moore , SMS PE Teacher and Coach Building Level Wellness Coordinator	Mike Moore

Kim Scarbrough , SHS Assistant Principal Building Level Wellness Coordinator	Kim Scarbrough
Lincoln Daniels , SSD Deputy Superintendent Co-Chair of District Wellness Committee	
Alisa Gray SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	<i>Alisa Gray</i>
Brady Martin Food Service/Chartwell's	<i>Brady Martin</i>
Bryce Lunday School Board Representative	
Lauren Goins Parent Representative	
julie-mayberry@att.net Community Representative	<i>Julie Mayberry</i>
Randi Scarbrough SHS Student Representative	
Landen Kizer SHS Student Representative	