





#### **UPCOMING REMINDERS**

Parent/Teacher Conferences
Oct 25th & 26th

Picture Retake Day Nov 6th

Fall Product "ELSEWHERE" Nove 11th, 12th & 13th

Thanksgiving Holiday Nov 22nd thru 24th

Elementary Winter Concert
Dec 5th & 7th

7-12 Winter Concert Dec 14th

Winter Break Dec 21st thru Jan 2nd

Spring Break Mar 28th thru Apri 1st

> Graduation May 19th

#### **IMPORTANT DATES**

EVERY WEDNESDAY IS EARLY DISMISSAL

No 4-yr old Preschool

Oct 13

Nov 17

Dec 15



When the Easton Valley Community School District was established in 2013 a vision for facility and grounds improvements was developed. The short term goals included repairs and remediation of existing infrastructure to ensure the safety of the school grounds in all the communities our district serves. The second stage of the vision included major renovations and new construction to improve the quality of our teaching and learning spaces. Once these priorities were addressed, our long term plan was to invest in our extracurricular spaces to further meet the needs of our students and community.

As we reflect back on the last ten years and see how far we have come in such little time, we can take immense pride in what our community has accomplished by working together. The dedication of our staff, combined with the support of our families and taxpayers, has allowed us to deliver on our commitment to provide safe schools and a high quality educational experience for the young people in our community. In less than ten years we have built two new additions on our junior high & high school building, rebuilt a majority of our elementary school, added an addition on our elementary school, and have completed substantial renovations throughout our existing infrastructure on both campuses. As a result, our buildings offer safer school environments, are equipped with high quality spaces for teaching and learning, and provide an expanded offering of educational opportunities. It is also important to note that we have all accomplished this while remaining true to our commitment to keep property taxes under \$15 per \$1,000 of valuation.

It is evident that our school community has made considerable progress toward our vision. We are now in a position to turn our attention toward the final stage of our original vision by seeking to improve our extracurricular spaces. Our current reality is that we lack the facilities to adequately support the growing needs of our extracurricular programs. The need is most evident in the areas of athletics, performing arts, and music programs.



Easton Valley Community Schools JH/HS: 321 W School St, Preston IA 52069 (563) 689-4221 ELEM: 439 Wilson St, Miles IA 52064

CKICO (SPAIN D) CHÁIN MESTER A BICKIC

(563) 682-7131

eastonvalleycsd.com



One of the most notable gaps in our extracurricular infrastructure is the lack of a track for our students to utilize in our track and field program. Our limited amount of gym space also makes it extremely difficult to meet the needs of our school programs while still supporting community needs. Even our performing arts programs have to compete for time to utilize the stage to prepare for their shows while other extracurricular programs occupy our gyms and stage areas. Even when the stage is available, it is far from an ideal setup for our musical performances and audiences that come to see our students perform.

These challenges led us to begin exploring potential solutions. In early 2023 district administrators began connecting with existing partners to gather information that would help guide us toward the most effective and cost efficient solutions. Many different scenarios and solutions were discussed and explored. The most obvious solutions that emerged early on included an outdoor track and a new gym with a competition-size court. Another idea that was shared by some of our coaches was the possibility of a field house that could house an indoor track along with multiple courts and other amenities that could be used by all of our extracurricular programs. A hybrid solution such as a field house became an appealing possibility because of how it not only addressed many needs for our school and community, but it also significantly expanded opportunities year round when weather and temperatures in lowa limit outdoor activities. The field house idea generated additional interest when it became evident that it would also create space for us to convert our current high school gym into an auditorium for performing arts, instrumental music, and vocal music performances.

As we investigated the matter further, the benefits of a field house significantly overshadowed the benefits that an outdoor track and new gym could offer, but at what cost? To our surprise, we learned that the estimated project costs were not as far apart as we would have suspected. Through our collaborative efforts with our construction and design partners they estimated the cost of an outdoor track and new gym at nearly ~\$12.5 million dollars. The field house estimate came in as low as ~\$13.5 million dollars with additional addons that could take the cost up to ~15.5 million dollars. When we presented these findings to members of our school board they agreed that for a relatively similar cost the field house was by far the most comprehensive solution to the facility-related challenges we face.

The next stage of this facility planning process involved a financial analysis to determine our ability to generate the resources needed to fund the project and understand how this would affect Easton Valley tax payers. What we learned is that through the passage of a general obligation bond combined with funding through existing PPEL notes we could generate between ~\$13.5 and ~\$15 million dollars. Most importantly, we are confident in our district's ability to do this while staying under the \$15 per \$1,000 of property value that our school board committed to nearly five years ago. In the coming days and weeks we will be communicating details related to how our district can fund a project of this scope and how we would keep our tax rate under the \$15 levy rate.

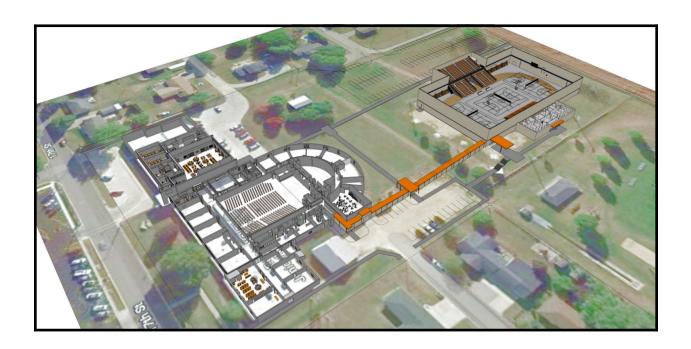
As these pieces of information became available and were informally shared among members of our community, a group of residents expressed interest in circulating a petition in an effort to have the necessary questions placed on the November 2023 election ballot. This past week petitions that exceeded the minimum number of signatures were presented to our business office. The petitions were presented to our school board and resulted in the adoption of a resolution, which will empower Easton Valley residents with the opportunity to vote on the possibility of constructing a field house when they go to the polls November 7, 2023.



As mentioned previously, a significant amount of detailed information will be shared in the days to come. This information will include conceptual design images, financial details, the pros and cons of the proposed field house solution, a more detailed explanation of timelines and deadlines, times and locations of public information sessions, and more. It is also very important to understand that any images and configurations that are shared are simply conceptual designs. They do not in any way reflect a final product. Their purpose is to help all stakeholders envision the possibilities. If the bond passes we will further engage all stakeholders by sending out surveys, holding community forums, and gathering as much input in as many ways as possible to further develop and refine the field house plan that will best meet the needs of our students and community.

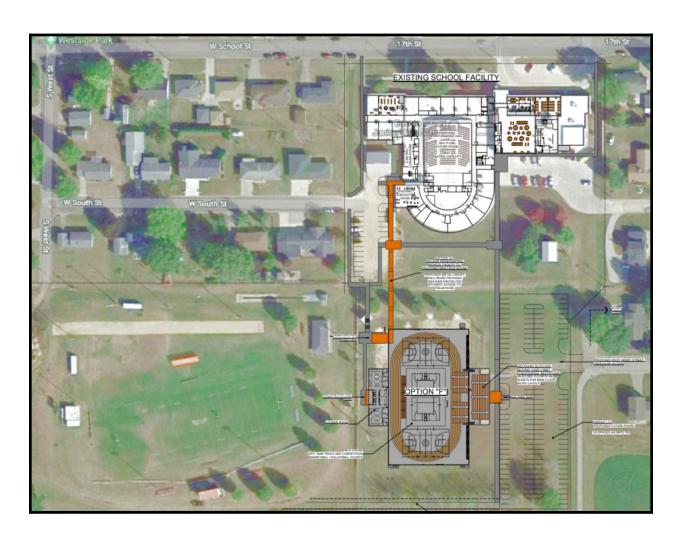
We are extremely grateful to everyone who has partnered with us to help the Easton Valley Community School District reach the heights we are at today. We are equally excited for our future together. As always... IT IS GREAT TO BE EV!

#### **Conceptual Design Image #1**





#### **Conceptual Design Image #2**





#### Conceptual Design Image #3



#### **Conceptual Design Image #4**





#### Potential Easton Valley Fieldhouse Project: Frequently Asked Questions

#### What are the prioritized extracurricular needs in our school district?

We need more space and infrastructure to accommodate our needs. We currently have no track for our track and field program. Our track and cross country athletes run in our school hallways, run on city streets, and utilize community parks for limited practices. We also have limited gym space to accommodate our school extracurricular and community needs. Our programs such as junior high sports, high school sports, performing arts, band, and choir all compete for limited gym time. This leaves little gym time for community use, making it extremely difficult for youth teams to schedule time in our gyms, especially in the winter months. We also need to update and replace the bleachers and spectator seating areas on our football field.

#### What solutions have been considered?

Two options emerged as the most viable solutions. Option one included constructing a new gym and adding an outdoor track that would include football field upgrades. The other option can best be described as a fieldhouse, which would include an indoor track, multiple courts for different sports, and other spaces to best serve our school and community. We also see the potential of purchasing portable, low rise bleachers for events in the field house that would also be utilized for football spectators during the fall sports season. The initial consensus when comparing the two options is that the field house option meets significantly more of our needs for approximately \$2 million more dollars than the first gym/track option we explored.

#### Is constructing a fieldhouse attainable?

Yes. The most critical factor is funding. With the passage of a bond referendum, allowing our district to levy for up to \$4.05 per \$1,000 of property value, we would be able to generate enough revenue to construct a fieldhouse. The total amount available would be determined by interest rates, property valuations, borrowing capacity, and a few other key factors. In the instance that we could not generate the \$15 million we would explore several options which would include downsizing the overall scope of the project, seeking donations from private partners, or completing the project in phases.



#### Would passing this bond referendum significantly raise property taxes?

No. It is very important to recognize that we already have the authority to levy for the additional \$2.70 per \$1,000 of property valuation. Increasing the levy to \$4.05 is adding \$1.35 to our current levy, not adding another \$4.05. In addition to this fact, we remain committed to keeping our property tax rate under the \$15 per \$1,000 levy rate, as previously promised, even with the authority to levy up to \$4.05.

As a result, property owners would see little to no increase in property taxes as compared to the authority we already have to levy for taxes in our school district. Over one-third of all school districts in the state of Iowa have the authority to levy up to the additional \$4.05 amount, so it is common to allow residents to vote on something like this to further invest in their schools' infrastructure.

#### Can't we get by with our existing gyms and infrastructure?

Not if we want to best serve our kids and community. When we compare our gyms to all the other schools in our athletic conference we have the smallest gyms and the fewest number of gyms and practice spaces. If we do not add to our existing gym space we will be required to invest in replacing old gym floors and bleachers that we estimate to cost at least \$500,000.

#### Why does it feel like all of this is transpiring so quickly?

We have been exploring these options for nearly a year and have been envisioning the possibility of pursuing this more seriously next spring. Unfortunately, legislation changed this summer reducing the number of opportunities communities have to vote on a school bond referendum. Past practice provided four quarterly opportunities per calendar year when a community could vote to pass a bond. The new legislation reduced the opportunity to vote to once per year during the normal election cycle in the month of November. That forced us to quickly reevaluate our options, which included either allowing our community to vote on this in November 2023 or waiting over a year and then voting on it in conjunction with the presidential election in 2024. Consensus of our school board has been to allow our community to vote on this option this current year.



#### Does this expedited timeline limit the ability of our community to provide input on the plans for this facility?

No. Quite the opposite. A vote this November is simply to allocate the financial resources that would allow our community to construct a facility of this magnitude. The work that Easton Valley school district leaders have been doing up to this point has been to imagine possible solutions, develop conceptual designs, and determine the feasibility of a field-house project.

Now that we know that a project of this scope is realistically attainable we want to allow our community to weigh in on whether or not they would support the means it will take to fund it. Passage of a bond would be followed by many additional community meetings to gather detailed input from residents in order to finalize the plans for the proposed field-house.

#### Do we have the means to fund this project on top of all other district operations?

Without a doubt. A fieldhouse project would be funded through a combination of G.O. bond proceeds, donations, grants, and other partnerships. This is a completely different funding stream, separate from our general fund for educational needs and our PPEL/1% funds that we budget for facility, technology, and transportation needs. Our budgeted PPEL/1% funds would remain committed toward meeting our current and future infrastructure needs in our district.

The construction of a fieldhouse would happen in conjunction with our other facility improvement plans that we are currently developing and implementing. It is also important to note that we are committed to leaving future PPEL/1% funding streams untouched to ensure that our future school and community leaders have the financial resources to maintain current infrastructure and invest in future areas of need.

#### Would an investment of this size detract from our ability to meet our educational needs?

Certainly not. Making a significant investment in our extracurricular facilities has been a part of our long range plans since Easton Valley was formed. In the last decade we have prioritized our educational needs by investing heavily in both our elementary and our JH/HS buildings. With the support of our community we have significantly invested in our learning spaces and are now in a position to take the next step as a community school system. Keep in mind that an extracurricular facility such as a fieldhouse would also be a huge asset to support physical education and music education programs. The extracurricular opportunities this facility would support will also provide critical opportunities for our students to learn and develop life skills.

It is also our vision that constructing a fieldhouse with new locker rooms would allow us the ability to renovate and repurpose existing locker rooms in both of our schools, as needed. This potential would help us respond to an influx of students and/or the need to host new programs in either of our school buildings without the need for costly new construction.



#### In what ways would a fieldhouse benefit our students, schools, families, and community?

The list of benefits is incredibly long. Based on early conversations with our school board and other key stakeholders we have identified the following list as a starting point to consider

- Offer new, improved, and expanded space to serve all school athletic programs
- The indoor facility would open up brand new opportunities for students and community to utilize during the colder winter months in Iowa
- Potential to host multiple indoor track meets each year
- New space available for ALL community members, young and old, to utilize year round
- Frees up space in our schools to repurpose areas for new learning opportunities
- Allows us to dedicate our existing JH/HS gym to be converted into area focused on the needs of performing arts, band, chorus, and other non-athletic interests
- Multiple courts would allow us to host youth and school sports tournaments
- Eliminates the need to invest nearly a half million dollars to improve our old and undersized gyms
- Generate additional revenue by renting out the space to surrounding schools and other entities
- Benefits students and families by allowing us to hold sports and performing arts practices in a more efficient manner (reduces the need for early morning or late night practices)
- Offer state of the art facilities that are unmatched in our area and throughout the state



#### What are the key dates and timelines associated with this process?

We are currently in the process of scheduling community-wide meetings. We are planning to host at least one meeting (3 total) that will be held in the towns of Sabula, Preston, and Miles. We are also in the process of developing informational materials that will be distributed to educate all Easton Valley residents about the details of this proposed project.

When Easton Valley voters go to the polls on November 7, 2023 they will see two questions associated with this project on the ballot. One question will ask if the voter supports Easton Valley having the authority to bond up to \$12 million dollars to fund a field house project. The second question will ask for permission to levy up to the \$4.05 amount, which in reality, is asking for the authority to levy an additional \$1.35 beyond the \$2.70 levy that was already approved several years ago. Both questions would require 60% approval to pass.

If both questions receive 60% or more support we will spend considerable time re-engaging school staff and community members to gather detailed input on the scope and configuration of the project. This input will allow us to finalize the plans for the field house so that we can begin requesting bid proposals from contractors who will construct the field house. If we should reach this stage of the process, we are told that the facility could be built in just over one year's time.

Of course, we have a long way to go. The most important priority at this time is communicating factual information and educating everyone on all aspects of this project. We will continue to listen to the feedback we receive from members of our community and do our best to provide a timely response to questions.

#### From the desk of Mr. Krusey

We have gotten off to a great start to the 2023-2024 school year at the Junior High and High School. FFA, Cross Country, Football, Volleyball, Choir, Band and Theatre are all in full swing and have been busy prepping and competing this fall. We have implemented exciting new opportunities for students during our SOAR and Seminar times this year. SOAR times are devoted to specific interventions based on the needs of students and vary by the day and the week. Seminar items are dedicated to character and leadership lessons that are specific to each grade level. Mid Term has just passed and the end of the first quarter will be coming soon. Parent Teacher conferences will be held in the month of October. Look for announcements with the special events that are being held during these two days soon. We hope to see all of you in the building to talk about the progress of your children.

#### Celebrations!!!

Over the first 30 days of school this year compared to last year:
Absences are down 60
Excused tardies are down 29
Unexcused tardies are down 35

This is a direct result of teachers raising the bar, parents making decisions to put a premium on time their children are in school, and students being responsible and accountable. This is an incredible increase in time that learning and developing can happen. As a staff, we are very proud of all of you and the embrace to change you have made already this school year. Thank you!

Change can be scary,
but you know what's
scarier? Allowing Fear
to stop you from
Growing, Evolving,
and Progressing.
-mandy hale-



# Elementary Principal Update

I hope everyone is enjoying the weather and taking in some football, volleyball and cross country races as they all wind down their conference season. The elementary has had a busy month and we have lots happening in October too!

We would like to thank everyone who helped with our Back to School Block Party. Unfortunately, Mother Nature did not cooperate and we moved the majority of our activities inside due to the heat. Nonetheless, it was a great way to kick off the school year!

We held our Mission March on September 27th. Each classroom developed their own mission statement to display in their rooms and then presented this to the whole school at our rally. The students also enjoyed the High School Cheerleaders joining us for the Mission March and teaching us the cheers we'll be doing at the Homecoming Pep Assembly.

Hawk Huddles have returned and students have met in their "families" once this school year. The students and staff meet in their Hawk Huddle once a month and will focus on different habits and activities throughout the school year. This is always a highlight for everyone!

Students in our lower grades will be participating in various fire prevention activities the week of October 8th. We greatly appreciate everything our volunteer firefighters and EMS staff do for our students and communities.

Please mark your calendars as our Holiday concerts will be held on December 5th for PK, K, 2 and 4th grade and December 7th for 1, 3, 5, 6 grades. Both concerts will start at 6:15pm.



#### Easton Valley Community School District 2023-2024 School Calendar

Summary of Calendar:

#### **Elementary Trimesters:**

Trimester 1: Aug. 23-Nov. 10 Trimester 2: Nov. 14-Feb. 16 Trimester 3: Feb. 20-May 23

#### JH/HS Quarters:

Quarter 1: Aug. 23-Oct. 20 Quarter 2: Oct. 23-Dec. 20 Quarter 3: Jan. 4-March 8 Quarter 4: March 11-May 26

#### JH/HS Semesters:

Semester 1: Aug. 23-Dec. 20 Semester 2: Jan. 4-May 23

Days/Hrs. in classroom - 177 / 1,163

#### **CALENDAR LEGEND**

Grading Period Start/End
Early Dismissal/ED
Prof Dev. Day/PD
Parent/Teacher Conf.
Holidays
Vacation/No School Days

#### HOLIDAYS:

Labor Day	(9/4)
Thanksgiving Day	(11/23)
New Year's Day	(1/1)
Martin Luther King Jr. Day	(1/15)
President's Day	(2/19)
Memorial Day	(5/27)

#### School Day Schedule:

Normal Day – 8:00am-3:20pm Early Out Day – 8:00am-1:30pm

#### Weather Makeup Days:

There will be no student makeup days beyond May 24, 2024 as long as we deliver more than the required 1,080 instructional hours. If 186 staff contract days have not been served by May 31, 2024, additional staff days will be made up individually or in groups no later than June 30, 2024, as approved by the school administration.

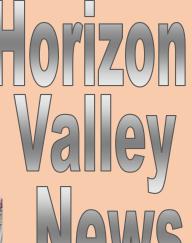
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October 2023								
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29	30				168	1,054		
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13				17		1,139		
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27	28	29	30	31				
	2024		1	_				
3	4	5	6	7				

	Aug 15 Aug 16-22 Aug. 23 Aug. 24 Aug. 30	New Teachers Only Teachers Begin/PD First day school/1:30 pm ED 1:30 ED/PD 1:30 ED/PD
	Sept. 4	Labor Day (No School)
	Sept 6 Sept 13 Sept 15 Sept 20 Sept 27	1:30 ED/PD 1:30 ED/PD No 4 Yr. Old Preschool 1:30 ED/PD 1:30 ED/PD
	Oct 4 Oct 11 Oct 13 Oct 18 Oct 20 Oct 25 Oct 26 Oct 27 Oct 30	1:30 ED/PD 1:30 ED/PD No 4 Yr. Old Preschool 1:30 ED/PD End of Quarter 1 PT Conf. (2-6 pm) 1:30 ED PT Conf. (2-8 pm) 1:30 ED PT Conf. Comp Day – No School No School
	Nov 1 Nov 8 Nov 10 Nov 15 Nov 17	1:30 ED/PD 1:30 ED/PD End of Trimester 1 1:30 ED/PD No 4 Yr. Old Preschool
		Thanksgiving Holiday (No School)
•	Nov 29 Dec 6	1:30 ED/PD 1:30 ED/PD
1	Dec 13	1:30 ED/PD
1	Dec 15 Dec 20	No 4 Yr. Old Preschool 1:30 ED/PD
•	Dec 20	End of 2 <sup>nd</sup> Quarter/1 <sup>st</sup> Semester
	Dec. 21-Jai	n. 2 Winter Break (No School)
	Jan 3 Jan 4 Jan 10 Jan. 15 Jan 17 Jan 19 Jan 24 Jan 31	No School/PD School Resumes/2 <sup>nd</sup> Sem. Begins 1:30 ED/PD MLK Day (School in Session) 1:30 ED/PD No 4 Yr. Old Preschool 1:30 ED/PD 1:30 ED/PD
·	Feb 7 Feb 14 Feb 16	1:30 ED/PD 1:30 ED/PD End of Trimester 2 No 4 Yr. Old Preschool
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i	Feb 21 Feb 28	1:30 ED/PD 1:30 ED/PD
)	Mor C	4:20 ED/DD
	Mar 6 Mar 8	1:30 ED/PD End of Quarter 3
•	Mar 13	1:30 ED/PD
	Mar 15 Mar 20	No 4 Yr. Old Preschool 1:30 ED/PD
• %	Mar 25	PT Conf. (2-6 pm) 1:30 ED
7	Mar 26 Mar 27	PT Conf. (2-8 pm) 1:30 ED PT Conf. Comp Day – No School
4	Mar 28-Apr	1 Spring Break (No School)
	Apr 2 Apr 3	No School PD 1:30 ED/PD
3	Apr 10	1:30 ED/PD
5	Apr 12 Apr 17	No 4 Yr. Old Preschool 1:30 ED/PD
; }	Apr 24	1:30 ED/PD
	May 1	1:30 ED/PD
	May 8	1:30 ED/PD
	May 15	1:30 ED/PD No 4 Yr. Old Preschool
	May 17 May 22	1:30 ED/PD
	May 23	Last Day of School – 1:30 ED
	May 24 May 27	No School/PD Teacher's Last Day  Memorial Day

Horizon Valley toured the USS 325 Ship that was docked in Dubuque, Iowa. Hope you enjoy some of our pictures. We had a fun time and it was a great experience.



Educational sign on USS 325 Ship





U.S.S. B the bow while fir beach of part of Husky. 7 trips tand and Auracarryin vehicle 1,700 t. U.S. Army

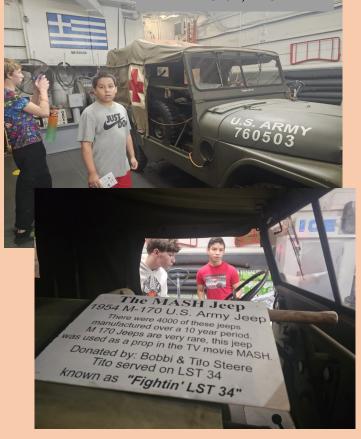
11 JULY, 1943
GELA, SICILY
U.S.S. Boise crossing
the bow of LST-325
while firing on the
beach of Gela, Sicily as
part of Operation
Husky. LST-325 made
7 trips to Sicily in July
and August 1943,
carrying nearly 300
vehicles and more than

This jeep was on the ship. They also used it in the TV Show, MASH

Post Office on the Ship

Naziah, Dillon and Antonio in one of the bunk rooms on the ship.





# Leade

# Easton valley



Leadenship Education through Afterschool Programs

EV LEAP has had a great start to the school year! This year we are learning about different careers. We have had Jackson County Sheriff Chad Gruver and Nurse Amy Roling visit us to talk about their jobs. THANK YOU for volunteering your time.







# **Easton Valley Hall of Fame Class of 2023**

#### Friends of Easton Valley High School



#### **IACK MARLOWE**

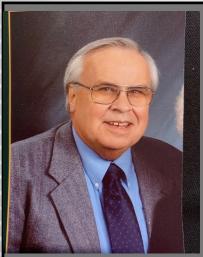
- Sports Editor for Maquoketa Sentinel Press (35 Years: 1962-1998)
- 1999 Distinguished Service Award (Iowa Newspaper Association)
- Received more than 28 media and community awards
- Editor of Sports Slants Column for Maquoketa Sentinel Press
- The Jack Marlowe Athletic Complex named in his honor
- Published his book "From the Barnyard to the Pressbox"

#### DICK AND ANN KEENEY

- Mayor of Miles (Dick)
- President of EC Athletic Boosters (Dick)
- President of EC Music Boosters (Ann)
- Hours of labor and equipment for fields/projects
- Announcer for East Central football games (Dick)
- President of Miles Little League for many years (Dick)
- Decorated for EC Prom and concerts (Ann)
- Ran concession stand for 25+ years: EC School and Little League (Ann)
- Easton Valley School Board (Dick)
- Instrumental in development of Easton Valley School



#### Coaches / School Personnel



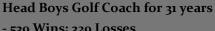
#### **CARL KUETER**

- Taught/Principal at East Central for 46 years from 1958-2005
- Jr. High Teacher: 1958-1965
- K-8 Principal: 1965-2005
- Subbed: 2005-2015
- Coached Girls Basketball: 1958-1960
- 2005 Awarded by Iowa High School Athletic Association for contribution to Athletics
- Subbed for 10 years after retiring

## **Easton Valley Hall of Fame Class of 2023**

#### DAVE MILLER

- Preston Principal fro 28 years; Teacher for 11 years (5 years in Savanna, IL)
- Preston AD for 12 years
- In 1987, Dave was inducted into the NW Illinois Hall of Fame
- Head Football Coach for 15 years
  - 107 Wins; 33 Losses
  - 2nd in State (1988)
  - 7 Playoff Appearances
  - 6 Conference Championships
  - 1 District Championship
  - Head Girls Golf Coach for 4 years
    - - 61 Wins; 37 Losses
      - 1 State Team (Kalli Miller 5th as Individual)
      - 1 Conference Championship



- 539 Wins; 329 Losses
- 3 State Teams (Kevin Neill: 3-time Individual Champion)
- 6 Conference Championships
- 8 Sectional Championships
- 1 District Championship

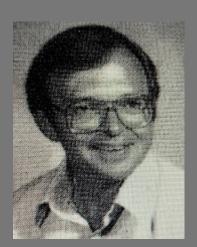


### East Central Marching Band Directors: Arlynn Still, Jerry Creger, Laura Horst

- 31 out of 33 years Division I Rating at State Marching Band
  - $\sim$  11 of 12 years received a I Rating at State Marching Band under Arlynn Still band Director and Corky Still Color Guard Director
  - ~20 of 21 years received a I rating at State Marching Band under Jerry Creger Marching Band Director and Laura Horst Color Guard Director







## **Easton Valley Hall of Fame Class of 2023**

#### Teams / Groups

#### 1969 Miles Boys Track Team



**Class C State Champions** 

Coach Arlen Krueger, Pat Cassaday, Mike Cassaday, Don Bales, Steve Seamer, Pat Kedley, Dave Gerlach, Coach Larry Stickler, Alternate Lynn Daniels not pictured

#### **Bob Feuerbach**

- 1974 Drake Relays Shot Put Champion -HS Field
- 1974 Class C State Shot Put Champion—58'04.75"
- 1975 Drake Relays Shot Put Champion—HS Field
- 1975 Class C State Shot Put Champion
- 1975 Current 1A Record Holder in Shot Put: 60'10.25"
- 1975 Class C State Discus Champion 163
- 1977 NCAA Track & Field Championships - 7th Place: Shot Put
- 1977 San Jose State All-American: Shot Put
- 1978 NCAA Track & Field Championships-4th Place: Shot Put
- 1978 San Jose State all-American: Shot Put



#### 1965 Preston Boys Track Team

**Class C State Champions** 

Dave Jargo, Al Feuerbach, Larry Meyer, Mike Koch, Doug Beck, Dick Jungen, Dale Ketelsen, Richard Hammond, Bobby Yaddof, Coach Jack McCreery, Coach Jim Matthis





#### Kevin Neill

- 1984 Boys Class 2A Golf Qualifer
- 1985 Boys Class 2A Golf Champion
- 1986 Boys Class 2A Golf Champion
- 1987 Boys Class 1A Golf Champion
- Iowa State HS Golf Hall of Fame

**Individuals** 

Easton Valley will be hosting the District ACT which will take place on October 21st at 9:00a.m. in the High School Commons. Testing will be done on a highly secure WI-FI network and because we have a high number of students signed up to take the test, we are not able to procure the testing any other time, especially during the school day. Since October 21st is a Saturday, this will help with having no disruptions or distractions for the students that are testing.

7-12 School Counselor ~ One of my roles as a school counselor is to guide our students and help them make decisions about their career planning after high school. I met with the Class of 2024 at the beginning of the school year and asked them "What they plan to do immediately after high school". I asked the same question to the Class of 2023 on the Senior Exit Survey and here are the responses that I received. It is great information to gather about our seniors as they begin their last year of high school and throughout the year. These responses will change as the year progresses and I will continue to share the data that I receive throughout the year.

"What they plan to do immediately after high school" - Class of 2024

45.9% 2 Year College

24.3% 4 Year College

16.2% Workforce

8.1% Voc /Tech School

5.4% Undecided

Class of 2023 Exit Survery responses:

34.4% 2 Year College

31.3% 4 Year College

21.8% Workforce

0% Voc/Tech School

12.5% Apprenticeship

3.1% Military

6.3% Other

3.1% No Response



If you have a student who is a Senior take note of this date: **October 1st.** This is the date that you can start your FAFSA for student aid. You do not need to wait until January. FAFSA has to be filled out if your student is attending any college. Please visit **studentaid.gov** for more information.

We welcome and encourage the posting of community events in our EV Newsletter All articles need to be approved by Administration.

<u>Fall Driver's ED:</u> Triple 'R' Driving School is offering fall driver's ed sessions through Clinton High School. All classes will be held online via Zoom. Registration forms are available online and in the HS office. Forms and payments must be mailed directly to Triple "R" Driving School.



Service Learning is a teaching and learning strategy that integrates meaningful community service with instruction and reflection to enrich the learning experience, teach civic responsibility, and strengthen communities.

<u>Service Learning Requirement:</u> Students will be required to complete service learning projects, which constitutes the required hours of volunteer service based on your grade, to be served outside of school class time. These service hours may begin in May of your 8<sup>th</sup> grade, Freshman, Sophomore, or Junior year. The service learning requirements are as follows:

- 10 service hours Freshman year
- 10 service hours Sophomore year
- 20 service hours Junior year
  - 20 service hours Senior year

These hours must be documented using the official service learning tracking form (available in the main high school office), signed off on by the supervisor of the volunteer experience, and turned into the main high school office no later than April 30th of each school year. \*\*\*SENIORS ARE REQUIRED TO TURN IN THEIR COMPLETED SERVICE LEARNING FORM NO LATER THAN APRIL 1ST IN ORDER TO MEET THE GRADUATION REQUIREMENT. Late submission of these forms may result in a student not receiving their diploma until the school board meets to revisit the student's completion of the graduation requirements.

The high school principal will be responsible for ensuring the volunteer experiences meet the designated criteria in order for him/her to sign off on the completion of hours each year. Hours will be monitored quarterly. Students who are not on pace to complete their required yearly hours will have a letter and email sent to their parents after the first and second quarter of the school year. A parent phone call will be made to parents if their child is not on pace to complete their required hours after the third quarter of the school year.

Students who do not submit documentation that they completed their required number of hours prior to April 30th will be ineligible for extra-curricular participation the following Fall until their completed forms are turned in and signed off on.



CONGRATULATIONS TO THIS YEAR'S HOMECOMING COURT!

KING CANDIDATES - Hudson Underwood, Bryar Haring, Cole Venema, John Portz,

Jarrett Driscoll (not pictured)

QUEEN CANDIDATES - Lexie Tebbe, Maria Kilburg, Meritt Rathje, Addison Messerich, Emmah Johnson (not pictured)



As we head into the winter season, this is a reminder to be mindful of the cold and flu season. It is very important that we work together to keep our children healthy. Viruses/Common Colds spread easily among children in schools, and families with school-age children have more infections than others. By keeping our children flu-free, we benefit the community as a whole. You can help prevent the spread of the flu and the common cold or help your child get better if he/she does get sick by following a few simple steps:

If possible, you and your child should get a flu shot to help prevent infections with

the flu.

- Remind your child to cover his/her nose and mouth with a tissue when sneezing or coughing and dispose of the tissue immediately. We teach them to cough or sneeze into the bend of their elbow, or to cough down into the front of their own shirt to help keep as many germs as possible off the hands.
- Remind your child to wash his/her hands frequently with soap and warm water for at least 20 seconds.
- Use hand sanitizer if they aren't close to a faucet. Always follow with soap and water as soon as it is possible.
- Disinfect frequently-touched surfaces and shared items at least once a day.
- Teach your child not to touch his/her mouth, nose and eyes.
- An important reminder for your child who is sick and has a fever is to please keep him/her home to prevent the spread of illness to others. Your child should be naturally fever free (no meds) with a temp below 100 degrees, for at least 24 hours before returning to school. THIS IS VERY IMPORTANT AND SHOULD BE FOLLOWED.
- A good rule of thumb is to keep your child at home if he/she has a fever of 100.4 degrees or more. When temperature is present in the morning prior to school (99.0 or greater) it will only climb higher as the day progresses. If your child has cold or flu symptoms as well, please do not give them Tylenol or Motrin to cover the fever and send them to school. This does not help the situation at all and only prolongs the illness because as soon as the medicine wears off, the fever will return. This only makes things worse because the child has now exposed you, their siblings and family members, classmates, teachers and others to the illness. Also, when your child has a fever, he/she is even more at risk for other illnesses/viral infections. There are many reasons why it is best to keep a sick child at home.

FLU/INFLUENZA is a serious illness and children should not come to school if they are experiencing any of the symptoms. Symptoms include fever, chills, cough, sore throat, headache, and muscle aches. You must contact your physician with these symptoms as soon as possible, so that your child can start to get some relief and feel better.

COLD symptoms include stuffy nose, sneezing, sore throat, and a hacking cough. Colds often come on gradually, and are usually not serious. However, symptoms can become severe and you may need to keep your child at home to get rest and plenty of fluids to prevent worsening of symptoms. If you are treating the symptoms with "cold medicines" at home prior to school, be sure that they are the non-drowsy type medicines so that your child will be able to stay awake. Save the "night-time" medicines for bedtime.

If you have any questions or are unsure if your child is experiencing any symptoms, please contact your physician and they can help you.

We, as your child's nurses, are also available to help, so please do not hesitate to contact us.

Nurse Amy and Nurse Kelly

#### **IMPORTANT DATES**

Staff Influenza Vaccinations - Oct 11 & Oct 18th
Genesis VNA Influenza Vaccination for K-6th - Oct 6th
Seniors CPR: 1st week of October
7th Grade Draw the Line, Stop the Line - Oct 23rd and 31st
4th Grade Health Talk - Nov 20th
5th/6th Boys Hygiene - Nov 20th
5th/6th Girls Hygiene - Nov 21st
6th Grade Draw the Line, Stop the Line - Nov 27th, 28th, 29th
8th Grade Draw the Line, Stop the Line - Dec 1st and 5th

#### SEPTEMBER IS WORLD ALZHEIMER'S MONTH

Alzheimer's disease is the most common form of dementia. Dementia is a brain condition that affects parts of the brain that control thought, memory, and language. Although everyone's brain changes as they age, it's important to understand that Alzheimer's disease is not a normal part of aging. Memory loss is typically one of the first warnings of Alzheimer's disease. There are a lot of difference stages and some of the early ones are:

- ~ Getting lost in familiar places
- ~ Repeating questions
- ~ Taking longer to complete normal daily tasks
- ~ Displaying poor judgement
- ~ Losing things or misplacing them in odd places
- ~ Displaying mood and personality changes

Alzheimer's disease-related deaths have increased over the past 16 years, and will most likely continue to in-Information was obtained from the crease as the population continues to age. CDC website



#### OCTOBER IS BREAST CANCER AWARENESS MONTH

Breast Cancer Awareness Month is held in October every year. It aims to promote screening and prevention of the disease which affects one in eight women in the United States every year and 2.3 million women worldwide.

Breast Cancer Awareness Month can be a good reminder to learn more about breast cancer, the risk factors for

you and those you love - and how to minimize them - and the importance of being screened for the disease.





#### STATISTICS:

- ~ Breast cancer is the most commonly diagnosed cancer among American women
- ~ About 85% of breast cancers occur in women who have no family history of the disease. These occur due to genetic mutations that happen as a result of the aging process and life in general, rather than inherited mutations.

Regular breast self-exams, an annual exam by your doctor, and yearly mammograms are important tools in breast cancer detection - especially

early detection, when cancers may be more tolerable.

#### Free & Reduced Meal Benefits for the 2023-2024 School Year

Applications for Free & Reduced Meal Benefits for the 2023-2024 school year are available on our website at eastonvalleyesd.com. They have also been mailed out to all Easton Valley families enrolled in our district.

All Free & Reduced applications are kept confidential.

2023-2024 Meal Prices

Breakfast - \$1.20

Elem Lunch - \$2.30 ~ JH/HS - \$2.50

Reduced Price Breakfast - \$.30/Reduced Price Lunch - \$.40

Easton Valley's Fall Production

"ELSEWHERE"

will be performed

November 10th, 11th & 12th

#### **Service Learning Opportunity:**

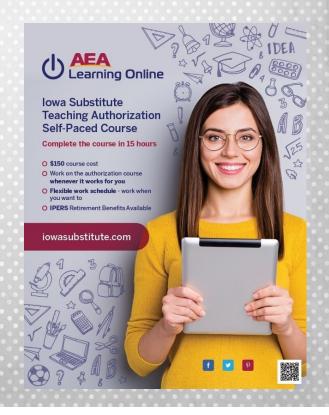
Sabula Halloween Committee is looking for high school volunteers to assist with their live Halloween display on Octber 28th from 4:40p-7:15p. It will be 3 volunteer hours. They will also provide pizza and snacks after the event. If you are interested, please contact Carrington Giddings at 563-219-5413

Don't forget to order your yearbook for the 2023-2024 school year online for \$45





We are looking for volunteers to work our concessions and gates at our athletic events. Please consider donating some time to our programs. Visit the link to sign up for a time slot at eastonvalleycsd.com.



# Athletic Passes



Family Passes - \$200

~Family passes are only for immediate family members living in the same household

Single Passes - \$100

Senior Citizen Passes - FREE - Age 60+ (If you already have one, you do not need to get a new one)

Passes need to be presented at all EV sporting events.

Passes will not be accepted for any tournaments, regional games, or district games

#### ATHLETIC PHYSICALS/CONCUSSION FORMS

All students in grades 7-12 who plan on participating in any extra-curricular activities, **MUST** read and complete the **HEADS UP—Concussion in High School Sports** form annually. All athletes **MUST** also complete an annual sports physical before they are able to participate in any sports. Forms can be downloaded from our website or are available in the JH/HS OFFICE.

#### **CURRENT SCHOOL JOB OPENINGS**

JH/HS SPECIAL ED TEACHER

HS BOYS ASST TRACK COACH

SUBSTITUTE BUS DRIVERS

SUBSTITUTE TEACHERS/PARAS/KITCHEN STAFF

AFTER SCHOOL LEAP PROGRAM

DAYCARE STAFF

All school jobs have the potential to contribute to IPERS benefits if \$1,000 is earned in two consecutive quarters

#### AFTER-SCHOOL PROGRAM HELP

Morning - 6:55am-7:50am (must be 18 yrs old)

Afternoon - 3:30pm-5:30pm (Mon/Tues/Thurs/Fri)

Wed - 1:30pm-5:30pm

\$12 per hr (must be 16 yrs old)

Contact: Andrea Reuter andrea.reuter@eastonvalleycsd.com

#### OUR ATHLETIC DEPARTMENT IS CURRENTLY NEEDING VOLUNTEERS FOR THE FOLLOWING AREAS FOR THE UPCOMING HS BASKETBALL GAMES

- ~ 1 person to run the scoreboard/game clock
- ~ 1 person to be the official scorebook keepter
  - ~ 1 person to run the shot clock

PLEASE CONTACT ACTIVITIES DIRECTOR, MS. SARA NELSON IF INTERESTED

School Board Meeting minutes can be found on the Easton Valley Website by going to Menu~DISTRICT~School Board Information

- School Board Policies
- School Board Agendas
- School Board Minutes

#### **SCHOOL BOARD OF EDUCATION**

President~Craig Thines
Jodi Meyer
Linda Skoff
Jennifer Weber
Matt Franzen
Dana Olson
Chris Matthiesen

# MILES VOLUNTEER FIRE DEPT

28 Orson Street Miles, IA

# BREAKFAST

PANCAKES & SAUSAGE

Eggs, Applesauce Coffee - Orange Juice – Milk

# SUNDAY, OCTOBER 15TH

7:00 AM TO 12:30 PM



Adults \$10 Kids 6 - 12 \$5 5 & under Free

Proceeds to benefit the Miles Volunteer Fire Dept. 501(c)3 Non-Profit Organization



Hope to see you at the

Proceeds from the Pake Sale will go warrement + Solashend Promect.