# **Convenient Access to Care**

## **Health Center Hours & Contact Information**

You have access to multiple locations to receive care wherever it's most convenient. See below for contact information and hours for each location.

### **Brazil Health Center**

501 E. Jackson Street STE A, Brazil, IN 47834

**Phone:** 888.862.9525 ext. 4 Fax: 833.638.0098

Hours:

Mon: 9:00am - 6:00pm Thu: 7:00am - 4:00pm Fri: 7:00am - 4:00pm Tues: 7:00am - 4:00pm

Wed: 9:00am - 6:00pm

# Spencer Health Center

630 W. State Highway 46, Spencer, IN 47460

**Phone:** 888.862.9525 ext. 3 Fax: 833.638.0139

Hours:

Mon: 9:00am - 6:00pm Thu: 9:00am - 6:00pm Tues: 7:00am - 4:00pm Fri: 7:00am - 4:00pm

Wed: 7:00am - 4:00pm

## Greencastle Health Center

1001 S. Bloomington Street STE 301, Greencastle, IN 46135

**Phone:** 888.862.9525 ext. 2 **Fax:** 833.638.0119

Hours:

Thu: 9:00am - 6:00pm Mon: 9:00am - 6:00pm Fri: 7:00am - 4:00pm Tues: 7:00am - 4:00pm

Wed: 7:00am - 4:00pm

## Montezuma Health Center

617 Strawberry Rd. Montezuma, IN, 47862

Phone: '833.862.9525-ext 1 Fax: 833.638.0130

Hours:

Mon: 9:00am - 6:00pm Thu: 9:00am - 6:00pm Fri: 7:00am - 4:00pm Tues: 7:00am - 4:00pm

Wed: 7:00am - 4:00pm

#### Crawfordsville Chamber Health Center

1720 Lafayette Ave., STE A, Crawfordsville, IN 47933

Phone: 765.323.2828 Fax: 833.638.0110

Hours:

Mon: 8:00am - 5:00pm Thu: 8:00am - 5:00pm Tues: 7:00am - 4:00pm Fri: 7:00am - 4:00pm

Wed: 7:00am - 4:00pm

# Terre Haute Health Center

3495 South 4th Street, Terre Haute, IN 47802

**Phone**: 812.720.3297 Fax:833.638.0105

Hours:

Mon: 7:00am - 5:00pm Thu:8:00am-6:00pm Tues: 8:00am - 6:00pm Fri: 7:00am - 5:00pm Wed: 7:00am - 5:00pm





An on-call provider is available any time that your clinic is not open, including after Health Center hours, on the weekends, and on holidays, at no additional cost.

# The on-call provider can help you with:

- Medication advice & dosing
  And much more!
- Understanding symptoms
  Treating minor illnesses, cuts & injuries

Call the Health Center



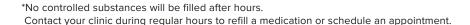
Select an option

Provider, Med Refill, Voicemail, or Information and Hours



If you select Provider...

The phone will ring to your Health Center Provider first. If there is no answer, it will transfer to the on-call provider.





# **List of Services, Medications & Labs**

#### **Prevention and Wellness**

#### Health Screening & Testing

- · Biometric Health Screening
- Blood Pressure Screening & Counseling
- Cancer Screening & Counseling
- · Cholesterol Screening & Counseling
- Diabetes Screening & Counseling
- Electrocardiogram (EKG)
- PPD/Tuberculosis Testing
- Spirometry
- STD Screening

#### Lab & Support Services

- CLIA Waived Tests
- · Glucose, Flu, Strep Urinalysis
- Pregnancy Testing
- Crisis Support
- Care Coordination
- FMLA Support
- Community Resource Navigation
- Specialist & Outside Testing Coordination

#### Physicals & Wellness Visits

- · Annual Physical Exam
- · Annual Wellness Exam
- Annual Blood Work
- Physicals (Sports, College, Employment)
- Fitness Testing

# **Diagnosis and Treatment**

#### Illnesses, Aches & Pains

- · Allergies (Seasonal)
- Bladder & Urinary Tract Infections
- Bronchitis
- Cold, Cough & Flu
- Diarrhea, Nausea & Vomiting
- Earache & Ear Infections
- Ear Wax Removal
- Fever
- Headaches & Migraines
- Joint Pain
- Laryngitis
- Minor Back Pain
- Mononucleosis (Mono)
- Nebulizer Treatment
- · Pink Eye & Styes
- Sinus Infections

- · Sore Throat & Strep Throat
- Swimmer's Ear
- Upper Respiratory Infections

#### **Skin Conditions**

- Eczema
- Head Lice & Scabies
- Hives
- Impetigo
- Mole Removal
- Oral, Mouth & Cold Sores
- Poison Ivy, Poison Oak, Poison Sumac
- $\bullet \ \mathsf{Ringworm} \\$
- Shingles (Herpes Zoster)
- Skin Infections, Irritations & Rashes
- Skin Lesion Removal
- · Skin Tag Removal

- Sunburn
- Swimmer's Itch
- Tick / Insect Bites & Stings
- Toenail Removal
- · Wart Removal / Cryotherapy

#### Minor Injuries

- Burns
- Corneal (Eye) Abrasions
- Cut & Wound Closure
- Foreign Body Removal from Eye & Ear
- Splinter Removal
- Sprains & Strains
- Staple & Suture Removal

# **Monitoring and Management**

#### **Ongoing Health Conditions**

- · Acid Reflux & Acid Indigestion
- Anxietv
- Asthma
- Cardiovascular Conditions
- Chronic Bronchitis

- Depression
- Diabetes
- Emphysema / COPD
- · Help to Quit Smoking
- High Blood Pressure / HypertensionHigh Cholestrol
- Oseteoarthritis
- Osteoporosis
- Thyroid Disorders
- Weight Management
- · Vascular Disease



#### **Medications**

- Acvclovir
- · Amlodipine Besylate
- Amoxicillin
- Atenolol
- Atorvastatin
- Azithromycin Calcium
- Azithromycin
- Benzonatate
- Buspirone
- Carvedilol
- Cefdinir
- Cephalexin

- · Ciprofloxacin, HCL
- · Citalopram Hydrobromide
- Cyclobenzaprine
- Dicyclomine
- Doxycycline Monohydrate
- Fluconazole
- Fluoxetine HCL
- Furosemide
- Glipizide
- Hydrochlorothiazide
- Ibuprofen
- Levofloxacin
- Lisinopril

- Lisinopril/HCTZ
- Losartan Potassium
- Losartan/HCTZ
- Meloxicam
- Metformin HCL
- Metformin HCL ER
- Metoprolol Tartrate
- Metronidazole
- Miconazole Nitrate
- Montelukast Sodium
- Naproxen
- Omeprazole
- Ondansetron

- Pantoprazole Sodium
- · Polytrim Opth (Eye)
- Prednisone
- Promethazine HCL
- Sertraline HCL
- Simvastatin
- Spironolactone
- Sulfameth/Trimethoprim
- Tizanadine
- Triamcinolone Acetonide

#### Labs

- · ABO Grouping
- ABO Grouping and Rho(D) Typing
- · Aerobic Bacterial Culture
- Albumin
- · Albumin, Random Urine
- Albumin/Creatinine Ratio, Urine
- Alkaline Phosphatase
- · ALT (SGPT)
- · Amylase
- · Antibody Screen
- · Antinuclear Antibodies Direct
- · AST (SGOT)
- Basic Metabolic Panel (8)
- · Beta Strep Gp A Culture
- · Bilirubin, Direct
- · Bilirubin, Total
- Bilirubin, Total/Direct, Serum
- BUN
- BUN+Creat
- · Ca+PTH Intact
- Calcium
- CBC With Differential/Platelet
- · Chlamydia trachomatis, NAA
- · Cholesterol, Total
- · Comp. Metabolic Panel (14)
- · Coombs', Direct
- · C-Peptide, Serum
- · C-Reactive Protein, Cardiac
- · C-Reactive Protein, Quant
- Creatine Kinase (CK), MB/Total
- · Creatine Kinase, Total
- · Creatine, Serum
- Creatinine
- · Creatinine, Urine
- Electrolyte Panel
- Estradiol
- · Ferritin, Serum

- · Folate (Folic Acid), Serum
- FSH and LH
- · FSH, Serum
- GGT
- Glucose
- · HBsAg Screen
- hCG,Beta Subunit,Qual,Serum
- · HCV Antibody
- · Hemoglobin A1c
- · Hep A Ab, IgM
- Hep B Surface Ab
- Hepatic Function Panel (7)
- Hepatitis B Surf Ab Quant
- · HIV Ag/Ab with Reflex
- HPV, Aptima High 16/18,45
- Insulin
- Insulin and C-Peptide, Serum
- Iron
- Iron and TIBC
- · LDH
- Lipase
- Lipid Panel w/ Chol/HDL Ratio
- Magnesium
- · Measles Antibodies, IgG
- · Mononucleosis Test, Qual
- · Mumps Antibodies, IgG
- · Neisseria gonorrhoeae, NAA
- · Nicotine Metabolite, Urine
- Ova + Parasite Exam
- · Pap IG, Aptima HPV-hr
- Pap IG, rfx Aptima HPV all pth
- Phosphorus
- Potassium
- Progesterone
- Prolactin
- · Prostate-Specific Aq, Serum
- · Protein Electro.,S

- Protein Total, Qn, 24-Hr Urine
- · Protein, Total
- · Protein,Total,Urine
- Prothrombin Time (PT)
- PT and PTT
- · PTH, Intact
- · Rapid Plasma Reagin, Quant
- Renal Panel (10)
- Reticulocyte Count
- · Rh Factor
- Rheumatoid Arthritis Factor
- RPR
- Rubella Antibodies, IgG
- · Sedimentation Rate-Westergren
- Sodium
- T3 Uptake
- T4 and TSH
- · Testosterone, Serum
- · Thyroglobulin Antibody
- · Thyroid Panel
- · Thyroid Panel With TSH
- Thyroid Peroxidase (TPO) Ab
- Thyroxine (T4)
- Thyroxine (T4) Free, Direct, S
- Triglycerides
- Triiodothyronine (T3)
- TSH
- TSH+Free T4
- Upper Respiratory Culture
- Uric Acid
- · Urinalysis, Routine
- Urine Culture, Routine Vitamin B12
- Vitamin B12 and Folate
- Vitamin D, 25-Hydroxy
- · White Blood Cells (WBC), Stool

# **Sports Physicals** for Your Family



# **Care Without Compromise-for kids!**

Bring your children to your Proactive MD Health Center for excellent, compassionate healthcare, including sports and annual physicals. These family services are fully included in your membership. We promise to care for your family as if they were our own.

Set up an appointment for your children today by calling the Spencer Health Center at

888.862.9525 Ext. 3

proactive md