

Put your mental health first this year!



Ready to kick off 2025 with a fresh start on how you care for your mental health?

Try First Stop Health Virtual Counseling!

Here's how we can help:



Visits take place wherever you are via phone for immediate help or short-term, solution-focused counseling sessions.

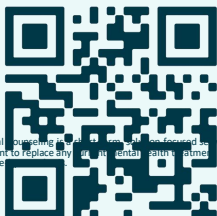


You are matched with the best counselor for you based on your personal request and background.



Support for issues big and small. Get help for anxiety, depression, substance use, work/life stress, grief, and more.

Get the app



WVWCI School Trust provides First Stop Health Virtual Counseling to medical enrolled employees and their immediate family members. A visit costs \$0.00.

Scan to get started!