

## The best ways to use your benefit in 2025!



First Stop Health is here to support your health all through 2025! Here are a few ways to use your 24/7 virtual urgent care benefit this year.



**24/7 on-demand care** for health issues like cold, flu, UTI, rash, dry skin, sinus issues and more.



One-time prescription refills when appropriate\*, including for hypertension, asthma, diabetes, anxiety and more.



Answers to your medical questions, including "Does this rash look okay?" and "Should I go to the ER for my stomachache?"





WVWCI School Trust provides First Stop Health Telemedicine to medical enrolled employees and their immediate family members. A visit costs \$0.00.

Scan to get started!