School Lunch Menu

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 <br> No School | 2 <br> Teriyaki Chicken (GF) <br> Rice <br> Mixed Veggies <br> Fruit Cocktail, Kiwi <br> Fruit \& Veggie Bar <br> Milk | 3 <br> Mucho Nachos (GF) <br> Tortilla Chips <br> Refried Beans <br> Pineapple, Oranges <br> Fruit \& Veggie Bar <br> Milk | 4 <br> Creamed Turkey <br> Over Biscuits <br> Peas <br> Peaches, Blueberries <br> Fruit \& Veggie Bar <br> Milk | 5 <br> Goulash <br> Corn <br> Pears <br> Kiwi <br> Fruit \& Veggie Bar <br> Milk | 6 |
| 7 | 8 <br> Chicken Alfredo <br> Broccoli <br> Mixed Fruit <br> Strawberries <br> Fruit \& Veggie Bar <br> Milk | 9 <br> Hot Dog (GFw/NB) <br> Homemade Bun <br> Baked Beans <br> Pears, Oranges <br> Fruit \& Veggie Bar <br> Milk | 10 <br> Pork Enchilada Torte <br> Tortilla Chips <br> Corn <br> Tropical Fruit Salad, Banana <br> Fruit \& Veggie Bar <br> Milk | 11 <br> Breaded Beef Patty <br> Homemade Dinner Roll Mashed Potatoes w/ gravy Pineapple, Oranges Fruit \& Veggie Bar Milk | 12 <br> Cheese Pizza <br> Green Beans <br> Peaches <br> Grapes <br> Fruit \& Veggie Bar <br> Milk | 13 |
| 14 +4 $\square$ Q+ <br>  $\square$ $\square$ <br> Pre-order Sack Lunch using Google Form by April 5th | 15 <br> SACK LUNCH <br> Sandwich Veggie Bag Apple Chips Milk | $16$ <br> French Toast Casserole <br> Tater Tots <br> Juice Box <br> Strawberries, Bananas <br> Fruit \& Veggie Bar <br> Milk | 17 <br> Pork Fajita <br> Tortilla Chips <br> Mixed Veggies <br> Mandarin Oranges, Grapes <br> Fruit \& Veggie Bar <br> Milk | 18 <br> Cheeseburger (GFw/NB) <br> Homemade Bun <br> French Fries <br> Pears, Apple <br> Fruit \& Veggie Bar <br> Milk | $19$ <br> Chicken Noodle Casserole <br> Corn <br> Peaches <br> Mixed Berries <br> Fruit \& Veggie Bar <br> Milk | 20 |
| 21 | 22 <br> Spaghetti <br> Broccoli <br> Tropical Fruit Salad <br> Oranges <br> Fruit \& Veggie Bar <br> Milk | 23 <br> BBQ Pork (GFw/NB) <br> Homemade Bun <br> Baked Beans <br> Strawberries, Kiwi <br> Fruit \& Veggie Bar <br> Milk | 24 <br> Cheese Quesadilla <br> Tortilla Chips <br> Green Beans <br> Pears, Blueberries <br> Fruit \& Veggie Bar <br> Milk | 25 <br> Chicken Filet (GF) <br> Homemade Dinner Roll Mashed Potatoes w/ Gravy Fruit Cocktail, Mixed Berries Fruit \& Veggie Bar Milk | 26 <br> Tuna and Noodles <br> Peas \& Carrots <br> Mandarin Oranges <br> Pineapple <br> Fruit \& Veggie Bar <br> Milk | 27 |
| 28 | 29 <br> Chicken Fried Rice (GF) <br> Mixed Veggies <br> Pears <br> Orange <br> Fruit \& Veggie Bar <br> Milk | 30 <br> Maid-Rite (loose meat) <br> Sandwich (GFw/NB) <br> Homemade Bun <br> Smiley Fries <br> Peaches, Apple <br> Fruit \& Veggie Bar, Milk |  |  |  |  |

Daily Fruit \& Vegetable Bar is available to students ordering the main dish or may be ordered alone \& includes vegetables, fruit, \& a grain. The following beverages are available everyday: Water, $1 \%$ White Milk, $1 \%$ Chocolate Milk, Fat Free Strawberry Milk
*Menu is subject to change at anytime
*Milk is available for students bringing cold lunch for $\$ 0.40$
(Students are encouraged to have money in their lunch account and not bring milk money to school daily.)

Fruit \& Vegetable Bar will also include the following proteins:
Monday \& Thursday - Yogurt, Tuesday \& Friday - Cottage Cheese, Wednesday-Chef Salad Fixings (ham or turkey \& shredded cheese).
GF - Gluten Free
GFw/NB - Gluten Free with no bread or bun
Student Lunch \$3.10 Reduced Price Lunch \$0.40

