



# School Lunch Menu

# January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>No School</b> 	<b>2</b> <b>No School</b>	<b>3</b> <b>No School</b>	<b>4</b> <b>Chicken Noodle Casserole</b> Peas Pears Orange Fruit & Veggie Bar Milk	<b>5</b> <b>Pork Fajita (GFw/NB)</b> Tortilla Chips Corn Apple, Peaches Fruit & Veggie Bar Milk	<b>6</b>
<b>7</b>	<b>8</b> <b>Cheese Pizza</b> Green Beans Blueberries Applesauce Fruit & Veggie Bar Milk	<b>9</b> <b>Chicken Filet (GF)</b> Homemade Dinner Roll Mashed Potatoes & Gravy Orange, Fruit Cocktail Fruit & Veggie Bar Milk	<b>10</b> <b>Mucho Nachos (GF)</b> Tortilla Chips Refried Beans Apple, Pears Fruit & Veggie Bar Milk	<b>11</b> <b>Rib Sandwich (GFw/NB)</b> Homemade Bun Smiley Fries Pineapple, Strawberries Fruit & Veggie Bar Milk	<b>12</b> <b>Teriyaki Chicken (GF)</b> Rice Broccoli Kiwi, Peaches Fruit & Veggie Bar Milk	<b>13</b>
<b>14</b>	<b>15</b> <b>No School</b> 	<b>16</b> <b>Vegetable Beef Soup (GF)</b> Cheesy Bread Mandarin Oranges Apple Fruit & Veggie Bar Milk	<b>17</b> <b>Chicken Strips</b> French Fries Kiwi Pears Fruit & Veggie Bar Milk	<b>18</b> <b>Hot Dog (GFw/NB)</b> Homemade Bun Baked Beans Apple, Tropical Fruit Salad Fruit & Veggie Bar Milk	<b>19</b> <b>Scrambled Eggs (GF)</b> Sausages Tater Tots Juice Box, Banana Fruit & Veggie Bar Milk	<b>20</b>
<b>21</b>	<b>22</b> <b>Spaghetti</b> Green Beans Applesauce Strawberries Fruit & Veggie Bar Milk	<b>23</b> <b>Creamed Turkey</b> <b>Over Biscuits</b> Peas Orange, Peaches Fruit & Veggie Bar Milk	<b>24</b> <b>Macaroni &amp; Cheese</b> Broccoli Berry Mix Fruit Cocktail Fruit & Veggie Bar Milk	<b>25</b> <b>BBQ Pork Sandwich (GFw/NB)</b> Homemade Bun Cheesy French Fries Pineapple, Mandarin Oranges Fruit & Veggie Bar Milk	<b>26</b> <b>Cheese Quesadilla</b> Tortilla Chips Refried Beans Banana, Pears Fruit & Veggie Bar Milk	<b>27</b>
<b>28</b>	<b>29</b> <b>Goulash</b> Green Beans Apple Blueberries Fruit & Veggie Bar Milk	<b>30</b> <b>Pork Steak</b> Dinner Roll Mashed Potatoes & Gravy Strawberries, Peaches Fruit & Veggie Bar Milk	<b>31</b> <b>Chicken Noodle Soup</b> Crackers Mixed Veggies Juice Box, Pears Fruit & Veggie Bar Milk			

Daily Fruit & Vegetable Bar is available to students ordering the main dish or may be ordered alone & includes vegetables, fruit, & a grain.  
 The following beverages are available everyday: Water, 1% White Milk, 1% Chocolate Milk, Fat Free Strawberry Milk

\*Menu is subject to change at anytime

\*Milk is available for students bringing cold lunch for \$0.40

(Students are encouraged to have money in their lunch account and not bring milk money to school daily.)

Fruit & Vegetable Bar will also include the following proteins:

Monday & Thursday—Yogurt, Tuesday & Friday—Cottage Cheese, Wednesday—Chef Salad Fixings (ham or turkey & shredded cheese).

GF - Gluten Free

GFw/NB - Gluten Free with no bread or bun

Student Lunch \$3.10

Reduced Price Lunch \$0.40

Extra Entrée (MS only) \$1.50

Adult Lunch \$4.60